

Special Programs and Services

Family Planning Services

Family Planning Services are provided. These services include:

- Counseling to help you to decide when to have children,
- Helping you decide how many children to have,
- Providing information and prescriptions for birth control.
- Treatment for sexually transmitted diseases (STD).

You do not need a referral to receive family planning services. You can receive family planning services from any doctor or clinic.

Moms of Molina (M.O.M.) Program

If you are pregnant, Molina Healthcare has a FREE program just for you and your baby. It is called the M.O.M. program. You and your growing baby are important to us. We want you to have a healthy pregnancy and healthy baby.

Molina Healthcare has a special nurse coordinator to work with you and your doctors to make sure you and your baby get the care you need. All Molina Healthcare mothers-to-be, including teens and high risk, will receive information about the importance of prenatal care and free support services.

We can:

- help find a doctor for you and your new baby
- help set up doctor visits during pregnancy and after the baby is born
- help you stay healthy
- help with special needs while you are pregnant
- help find counseling services, and childbirth and parenting classes
- help find information for getting baby items food, housing, clothes and give you information about what to expect while pregnant
- keep in touch with you and your doctor

It is good to get early and regular prenatal care and to keep all visits with the doctor even if this is not your first baby. Call our Member Services Department at 1-888-898-7969 and ask for Health Education.