MOLINA HEALTHCARE

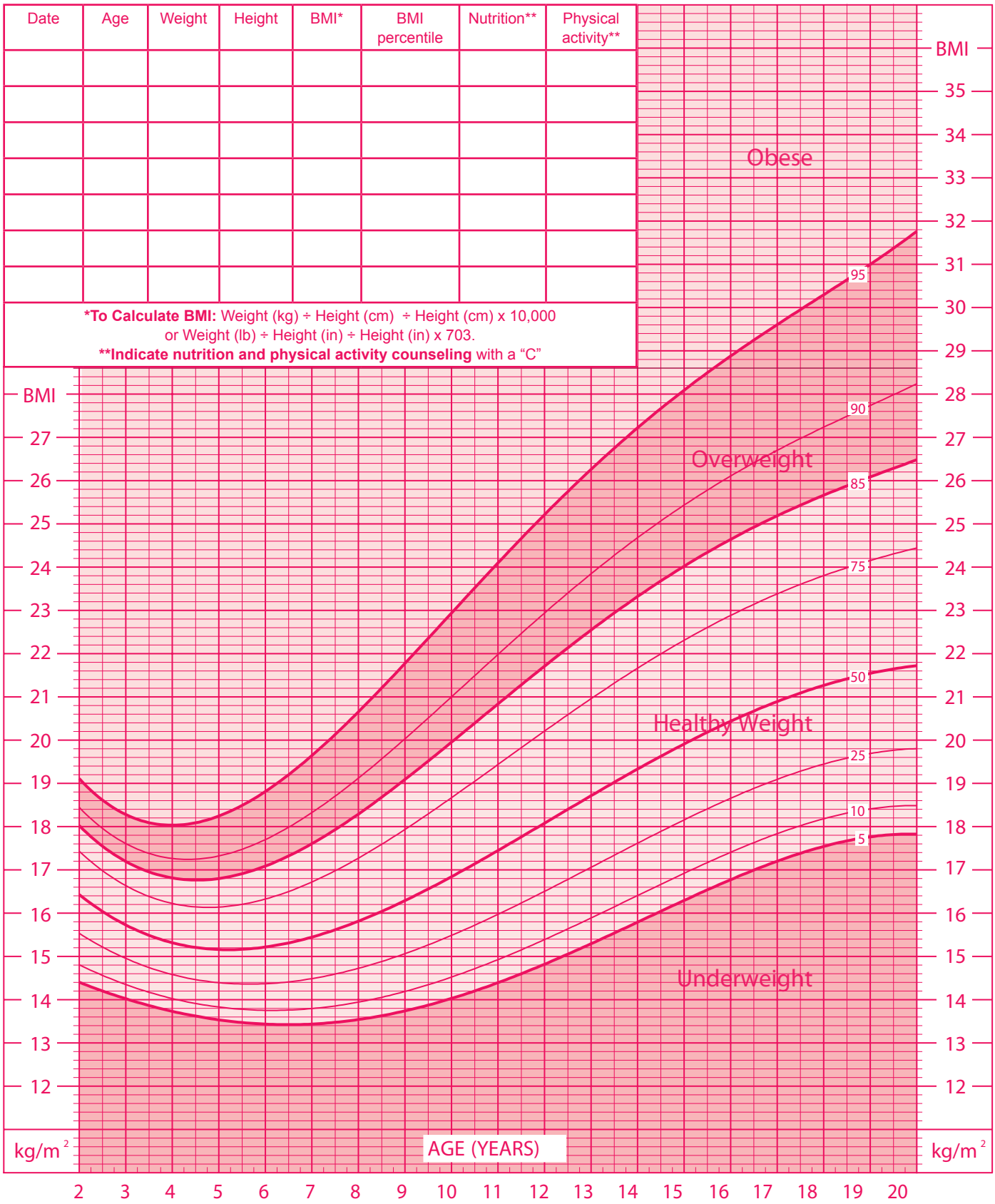
2 to 20 years: Girls
Body mass index-for-age percentiles

NAME _____

RECORD # _____

Date	Age	Weight	Height	BMI*	BMI percentile	Nutrition**	Physical activity**

***To Calculate BMI:** Weight (kg) ÷ Height (cm) ÷ Height (cm) x 10,000
or Weight (lb) ÷ Height (in) ÷ Height (in) x 703.
****Indicate nutrition and physical activity counseling** with a "C"



Adapted from the CDC Growth Charts

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