

# Children and Adolescents (birth – 21 years of age) Preventive Health Guidelines



Immunizations/ Vaccines	Guidelines
<b>DTaP/Tdap</b> (Diphtheria, Tetanus Toxoids and acellular Pertussis)	<p><b>DTaP: 5 dose series</b> at ages 2 mo, 4 mo, 6 mo, 15-18 mo, and 4-6 years. May give dose #4 as early as age 12 months if 6 months have passed since dose #3.</p> <p><b>Tdap (booster):</b> One time dose for children and adolescents ages 7 years and older who did not receive Tdap, then Td booster dose every 10 years thereafter.</p> <p><b>California Law, Assembly Bill 354: Immunization Requirement</b></p> <ul style="list-style-type: none"> <li>• For 2011-2012 school years only, all student entering 7<sup>th</sup> through 12<sup>th</sup> grades will require a proof of a <b>Tdap</b> booster shot before starting school.</li> <li>• This requirement begins in July 1, 2011.</li> <li>• Required to receive 1 dose of Tdap vaccine on or after the 10<sup>th</sup> birthday.</li> <li>• Applies to all public and private schools.</li> <li>• Beginning July 1, 2012 and forwards, all students entering the 7<sup>th</sup> grade require a proof of a Tdap booster shot before entering school.</li> </ul>
<b>HepA</b> (Hepatitis A)	<p><b>2 dose series</b> to children 1 year of age (between 12 to 23 months of age). Doses given at least 6 months apart and at minimum age of 12 months.</p>
<b>HepB</b> (Hepatitis B)	<p><b>3 dose series</b> at birth, ages 1 to 2 and 6 to 18 months. If not vaccinated at birth, 3 dose series given at 0, 1, and 6 months.</p>
<b>Hib</b> (Haemophilus influenza type b)	<p><b>4 dose series</b> at ages 2 mo, 4 mo, 6 mo, 12-15 mo (booster dose). <b>3 dose series</b> at ages 2 mo, 4 mo, 12-15 mo (booster dose). Catch-up vaccine is not recommended for age 5 years and older.</p>
<b>HPV</b> (Human Papillomavirus)	<p><b>3 dose series</b> (either HPV4 or HPV2) to females at ages 11-12 years (dose #2 given, 2 months after the first dose and dose #3 given 6 months after the first dose). Minimum age to start the series is 9 years. Recommended for females aged 13-26 years of age who have not been previously vaccinated. 3 dose series (HPV4) may be given to males aged 9-26 years to reduce the likelihood of acquiring genital warts.</p>
<b>IPV</b> (Inactivated Poliovirus)	<p><b>4 dose series</b> at ages 2 mo, 4 mo, 6-18 mo, and 4-6 years. Minimum age to start the series is 6 weeks. Final dose should be given on or after the 4<sup>th</sup> birthday and at least 6 months from the previous one.</p>
<b>Flu</b> (Influenza)	<p><b>Annually</b> during flu season for ages 6 months and older. For first-time vaccines or children who did not receive 2009 H1N1: administer 2 doses for ages 6 months to 8 years (with at least 4 weeks apart between doses). Minimum age for trivalent inactivated influenza vaccine (TIV) is 6 months. Minimum age for live attenuated influenza vaccine (LAIV) is 2 years.</p>
<b>MMR</b> (Measles, Mumps, Rubella)	<p><b>2 dose series</b> at ages 12-15 months and 4-6 years of age. Minimum age to start the series is 12 months of age. Dose #2 maybe given before age 4, if at least 4 weeks since dose #1.</p>
<b>MCV4</b> (Meningococcal)	<p>One time dose of MCV4 given to adolescents ages 11 to 12 years or 13 to 18 years if not vaccinated and a booster dose at 16 years. 2 dose series of MCV4 at least 8 weeks apart to high risk children aged 2 to 10 years (children with persistent complement component deficiency, anatomic or functional asplenia, and other high risk conditions).</p>
<b>PCV</b> (Pneumococcal)	<p><b>4 dose series</b> of PCV13 at ages 2 mo, 4 mo, 6 mo, and 12-15 mo. PCV13 for all ages 2 – 59 months and children with medical conditions For children who completed the 4-dose series with PCV7, 1 supplemental dose of PCV13 should be given.</p>

Molina's Preventive Health Guidelines are adopted by the Clinical Quality Management Committee on 3/16/11 from the American Academy of Pediatrics, CDC's Advisory Committee of Immunization Practices, the U.S. Preventive Services Task Force and the American Academy of Family Physicians. Molina recommends that clinical judgments be applied and that the treatments provided to members deviate from the guidelines when individual patient considerations and specific clinical situations dictate. As with all clinical reference resources, they reflect the best understanding of the science of medicine at the time of publication; however they should be used with the clear understanding that continued research may result in new knowledge and recommendations. We recommend that the medical records contain appropriate documentation for clinical decisions. This Preventive Health Guideline is also available on the Molina website at: [www.molinahealthcare.com](http://www.molinahealthcare.com).

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<b>RV</b> (Rotavirus)	<p><b>3 dose series</b> (Rotateq®) at ages 2 mo, 4 mo, 6 mo <b>or</b></p> <p><b>2 dose series</b> (Rotarix®) at ages 2 mo, and 4 mo.</p> <p>Minimum age to start the series is 6 weeks.</p> <p><b>Do not</b> start the series for infants older than 14 weeks and 6 days.</p> <p>The final dose of the series administered by age 32 weeks (8 months 0 days).</p>
<b>Varicella</b> (Chickenpox )	<p><b>2 dose series</b> at ages 12-15 months and 4-6 years.</p> <p>Dose #2 may be given earlier if at least 3 months have passed since dose #1.</p> <p>For children ages 12 months – 12 years, 2 dose series should be given at least 3 months apart.</p> <p>For children 13 years of age and older, 2 dose series should be given with at least 4 weeks apart between doses.</p>

Screenings & Testing	Guidelines
<b>Well Child Visit</b> <b>Well Adolescent Visit</b>	<p><b>Wellness exam for all children and adolescents includes:</b></p> <ul style="list-style-type: none"> <li>• Medical History</li> <li>• Physical check-up</li> <li>• Anticipatory Guidance/Health Education</li> <li>• Length/Height/Weight</li> <li>• Developmental/ Behavioral Assessment</li> </ul> <p style="text-align: right;">At 0, 1, 2, 4, 6, 9, 12, 15, 18, 24, and 30 months of age, followed by <b>annually thereafter</b>.</p> <hr/> <ul style="list-style-type: none"> <li>• Head circumference</li> <li>• Body Mass Index</li> <li>• Blood Pressure</li> <li>• Dental/Oral health</li> <li>• Hearing</li> <li>• Vision</li> </ul> <p style="text-align: right;">At 0, 1, 2, 4, 6, 9, 12, 15, 18 and 24 months of age.</p> <p style="text-align: right;">At 24 and 30 months of age, followed by <b>annually thereafter</b>.</p> <p style="text-align: right;">At 3 years of age and <b>annually thereafter</b>.</p> <p style="text-align: right;">At 12, 18, 24 and 30 months, 3 and 6 years of age.</p> <p style="text-align: right;">At 0 months and 4, 5, 6, 8, 10 years of age.</p> <p style="text-align: right;">At 3, 4, 5, 6, 8, 10, 12, 15, and 18 years of age.</p> <p>Please visit the Molina website to obtain assessment forms and educational tip sheets: <a href="http://www.molinahealthcare.com">www.molinahealthcare.com</a> → Providers → California → Forms</p>
<b>Newborn Screening</b>	For newborns, according to the State law. California State Law requires that the Newborn Screening Test be done before a baby is six days old.
<b>Anemia/Hematocrit/ Hemoglobin</b>	Iron deficiency testing for children aged 12 months.
<b>Lead Screening</b>	At 12 and 24 months of age.
<b>Tuberculosis (TB) Screening</b>	Assess all children and adolescents for risk of exposure to TB at each health assessment visit. For details on TB topics, such as testing, diagnosis, treatments, etc., visit the CDC at <a href="http://www.cdc.gov/tb/">http://www.cdc.gov/tb/</a>
<b>Cervical Cancer Screening</b>	Within 3 years of onset of sexual activity, then at least every 3 years thereafter for females who have ever had sex and have a cervix.
<b>Cholesterol/Lipid disorder screening</b>	Between 18 to 21 years of age or as recommended
<b>STI Screening</b>	Screen sexually transmitted infections (chlamydia, gonorrhea, HIV, syphilis) and provide counseling for all sexually active adolescents.

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