

In Michigan, Fall Brings a Spike in Asthma Admissions-Are your Molina Members Using Their Meds?

Summer is winding down and fall will be here within a short time. During the summer, many asthma patients, who feel well, stop taking their controller medications. Asthma members who don't take their medicines in the summer are more likely to suffer in the fall. This was one of the reasons Molina Healthcare saw a sharp increase in admissions last fall.

Molina is encouraging providers to contact their patients who are asthmatics and make sure they are filling their prescriptions or see if they need refills. Last year, over 75% of pediatric admissions had no asthma medicines the month prior and 50% of Molina members did not fill their prescriptions after hospitalization.

Here are some suggestions:

- Please stress the importance of staying on a controller medicine even when feeling well
- Create an Asthma Action Plan and emphasize the importance of following the plan
- Have each patient demonstrate they know the difference in rescue and controller medications
- Evaluate the inhaler technique of each of your patients
- Peak Flow Meters are FREE. Each Molina member with asthma should have one. Contact Molina 1-866-449-6828 extension 155725 or 155426

EZ Rx Useful Information for Pharmacy Coverage:

No PA Required- QVAR 40 and 80 mcg-

Molina is using QVAR as the preferred inhaled corticosteroid. When providers write for this product there is No PA required. When an inhaled corticosteroid is needed, please consider using QVAR, Other products require prior authorization.

No PA Required- ProAir HFA.

Molina is using ProAir HFA (albuterol) as the preferred short acting beta agonist. When providers write for this product no PA is required. When your members require a short acting beta agonists, please consider ProAir HFA. All other albuterol products require a PA.

NO PA Required for Singulair chewables and Pulmicort respules for Molina members 9 years and under

Visit our website at www.MolinaHealthcare.com

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