



Comprehensive Diabetes Care

Best Practice

Almost 21 million Americans are living with known diabetes and an additional 3 million Americans have undiagnosed diabetes.^{1, 2} Much of the burden of the illness and cost of diabetes treatment is attributed to potentially preventable long-term complications, including heart disease, blindness, kidney disease and stroke.³ Appropriate and timely screening and treatment can significantly reduce the disease burden.

Wellness Report

Molina Healthcare annually monitors the percentage of members 18-75 years of age with diabetes (type 1 and type 2) who had each of the following:

HEDIS [®] Measure	2008 Rate	2009 Rate	Goal*
Controlling high blood pressure	49.56%	60.14%	60.00%
A1c poorly controlled >9	61.15%	41.00%	38.00%
Annual dilated retinal eye exam	47.9%	46.1%	63.00%
Annual A1c testing	74.83%	79.50%	84.00%
Annual Nephropathy monitoring	73.95%	73.80%	82.00%
Annual LDL – C screening	70.42%	74.26%	78.00%

* National NCQA 75th percentile for Medicaid HMO plans.

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¹ CDC (2008): Diabetes Disabling Disease to Double by 2050.

² National Institute of Diabetes and Digestive and Kidney Diseases. National Diabetes Statistics.

³ American Heart Association. Heart Disease and Stroke Statistics – 2008 Update.