

Molina Healthcare of Texas
2008 PREVENTIVE HEALTH GUIDELINES:
Immunization and Screening Recommendations for
Healthy Children, Adults, Seniors and Pregnancy



Pregnancy

Immunizations/Vaccines	PRENATAL VISITS:			POSTPARTUM VISITS**
	First Trimester 1-12 wks	Second Trimester 13-28 wks	Third Trimester > 28 wks	
Tetanus, Diphtheria, Pertussis (Td/Tdap) ¹³ : Td booster during second and third trimester if previously vaccinated ≥ 10 years; if received Td < 10 years ago, Tdap during postpartum.		PD		
Influenza (Inactivated) ²⁶ : 1-dose to all pregnant women in the second and third trimester during the flu season;	✓	✓	PD	
Meningococcal (MPSV4) ³¹ : high risk individuals	PD			
Screenings/Laboratory Testing				
Birth Defect Tests:				
• Amniocentesis ² : between weeks 15 and 18 to screen for chromosomal disorders		✓		
• Chorionic Villus Sampling (CVS) ⁸ : before week 13 to screen for chromosomal disorders	✓			
• Maternal serum multiple marker screening (neural tube defects) ²⁹ : during 16-18 weeks of gestation		✓		
Blood Pressure ²² : at first prenatal visit and periodically throughout the pregnancy	✓	✓	✓	
Blood Tests:				
• Anemia (iron deficiency anemia) ³ : during first prenatal visit.	✓	PD		
• Diabetes screening ¹² : between 24 and 28 weeks of pregnancy.	PD		✓	
• Hepatitis B (HBsAg) ²⁰ : during first trimester/prenatal visit.	✓	PD		
• HIV ²³ : during first prenatal visit		✓		
• Rh (D) Incompatibility ³⁵ : during first visit for all pregnant women; during 24-28 weeks of gestation for unsensitized Rh(D)-negative.	✓	PD		
• Rubella Serology Screening ³⁷ : at first prenatal visit (susceptible pregnant women vaccinated during postpartum period)	✓			PD
• Syphilis Screening ³⁹ : at first prenatal visit; repeat in the third trimester and at delivery for high-risk.	✓	PD		
Cervical Tests:				
• Chlamydia Screening ⁷ : all pregnant women aged 25 years and younger and others at risk.	✓			
• Gonorrhea Screening ¹⁴ : at first prenatal visit and at third trimester for continued risk factor.	✓		PD	
• Group B streptococcus (GBS) ¹⁵ : during third trimester.			✓	
Ultrasound exam ⁴¹ : during first trimester	✓	PD		
Urine Test:				
• Asymptomatic Bacteriuria (Urine Test) ⁴ : at 12-16 weeks of gestation or as recommended by your doctor		✓		
Counseling				
Accidental injury prevention; Alcohol; Breastfeeding; Coronary Heart Disease; Healthy diet/nutrition/vitamins and supplements (0.4 mg of folic acid a day to reduce the risk of neural tube defects); STD and HIV; Car seat safety; Tobacco use prevention;				

PD – per Practitioner Discretion **Postpartum visits: recommended within 21 – 56 days (3 to 8 weeks) following delivery.

For additional information about vaccines, vaccine supply and contraindications for immunization, please visit the National Immunization Program Website at www.cdc.gov/nip or call the National Immunization Hotline at 800 232-2522. Guidelines are based on U.S. Preventive Services Task Force Recommendations (2006); American Academy of Pediatrics (2007); Recommended Immunization Schedule United States, 2007; American Academy of Pediatrics Immunization Schedule, 2007; Recommended Adult Immunization Schedule United States [October 2006-September 2007](http://www.aafp.org); AAFP Summary of Policy Recommendations for Clinical Preventive Services Revision 6.2, August 2006; Guidelines for Perinatal Care, American College of Obstetricians, 5th edition (2002).
 Approved by the Advisory Committee on Immunization Practices (ACIP) (www.cdc.gov/nip/ACIP), American Academy of Pediatrics (AAP) (www.aap.org), the American Academy of Family Physicians (AAFP) (www.aafp.org) and CDC National Center for HIV/STD/TB Prevention (www.cdc.gov/nchstp/od/nchstp.html)
 Adopted by Molina Healthcare of Texas Medical Advisory Committee May 2008