

Molina Healthcare of Texas
Clinical Practice Guideline
2008
COPD Summary of Characteristics and Recommended Treatment

Therapy at Each Stage of COPD*			
I: Mild	II: Moderate	III: Severe	IV: Very Severe
<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • FEV₁ ≥ 80% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • 50% ≤ FEV₁ < 80% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • 30% ≤ FEV₁ < 50% predicted 	<ul style="list-style-type: none"> • FEV₁/FVC < 0.70 • FEV₁ < 30% predicted <i>or</i> FEV₁ < 50% predicted plus chronic respiratory failure
Active Reduction of risk factor(s); influenza vaccination →			
Add short-acting bronchodilator (when needed) →			
Add regular treatment with one or more long acting bronchodilators (when needed); Add rehabilitation		Add inhaled glucocorticosteroids if repeated exacerbations	
			Add long- term oxygen if chronic respiratory failure. Consider surgical treatments

* Postbronchodilator FEV₁ is recommended for the diagnosis and assessment of severity of COPD.