# MMA Benefits at a Glance

**You must get covered services by providers that are part of the Molina plan. You must also make sure that approval is obtained if needed.**

| Ambulance | Ambulance use is covered when:  
|-----------|-------------------------------|
|           | • You go to the hospital in an emergency  
|           | • You may need to be taken from one hospital to another. This will need to be approved by Molina.  
|           | • Used in a 911 situation |

| Art Therapy | Art therapy can help you with anxiety, stress, or trauma. This service provides  
|-------------|---------------------------------------------------------------|
|             | • art therapy training,  
|             | • consultations, and  
|             | • art supplies.  
|             | Prior approval is needed.  
|             | If you more info call Molina’s Member Services at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD |

<table>
<thead>
<tr>
<th>Assistive Care Services</th>
<th>Assistive Care Services are 24-hour services if you are in an assisted living facility, adult family care homes and residential treatment facilities.</th>
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<tr>
<th>Chiropractic</th>
<th>Chiropractic services are covered. Prior approval is needed for more than 10 visits.</th>
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| Dental Services | For adults over 21 years of age, Molina will cover the following services:  
|----------------|------------------------------------------------------------------|
|                | • Dental cleaning – twice a year  
|                | • Flouride treatments – twice a year  
|                | • X-rays – once a year  
|                | • Annual exams – once a year  
|                | • Restorative services as follows:  
|                | o Fillings – amalgam for 1-2 surfaces (3 per year)  
|                | o Fillings – amalgam for 3 surfaces (1 per year)  
|                | o Fillings – resin-based composite for 1-2 surfaces (3 per year)  
|                | o Fillings – resin-based composite for 3 surfaces (1 per year)  
|                | • Emergency dental for pain and infection  
|                | Children under the age of 21 are covered for the following:  
|                | • Diagnostic services  
|                | • Preventive treatment  
|                | • Restorative treatment  
|                | • Endodontic treatment  
|                | • Periodontal treatment  
|                | • Surgical procedures and/or extractions  
|                | • Orthodontic treatment  
|                | • Complete and partial dentures  
|                | • Emergency services  
|                | If you need dental services, you must go to a dentist who is part of DentaQuest. To find a dentist near you, you may call DentaQuest at 1-888-696-9541 for 1-888-466-7566 for TTY/TDD.  
<p>|                | If you have a concern or any complaint, please call the Molina’s Member Services Department at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD. |</p>
<table>
<thead>
<tr>
<th><strong>Dermatology</strong></th>
<th>Dermatology services are covered. You do not need a referral.</th>
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<tbody>
<tr>
<td><strong>Diabetes Supplies and Education</strong></td>
<td>Medically necessary equipment, supplies and services to treat diabetes. Self and education services are covered. We use the American Diabetes Association standards.</td>
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<tr>
<td><strong>Dialysis – Free Standing</strong></td>
<td>Dialysis services are covered and include:</td>
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<td></td>
<td>• Routine laboratory tests</td>
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<td></td>
<td>• Supplies</td>
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<tr>
<td></td>
<td>• Preventive care</td>
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<tr>
<td></td>
<td>• Diagnostic care</td>
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<tr>
<td><strong>Doctor Visits</strong></td>
<td>Doctor visits include:</td>
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<td></td>
<td>• Routine or sick visits to your Primary Care Physician (PCP) – No limit on monthly PCP visits</td>
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<td></td>
<td>• Specialty visits</td>
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<td></td>
<td>Molina covers up to 4 doctor home visits per month per member per specialty. This is for care of a chronic illness. This needs prior approval. Shots are covered per the U.S. Immunization Schedule for children under 21 years of age.</td>
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<tr>
<td></td>
<td>You will find these forms on our website under MemberResources/Preventive Health Guidelines. Our website is <a href="http://www.molinahealthcare.com">www.molinahealthcare.com</a>. These forms will let you know when you or your child should see the doctor.</td>
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<tr>
<td></td>
<td>You might need copies. Call the Member Services Department at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD.</td>
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<tr>
<td><strong>Durable Medical Supply Services</strong></td>
<td>Durable Medical Equipment (DME) is covered for children and adults. Adults have limited benefits.</td>
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<td>Examples of DME equipment are: wheelchairs, nebulizers, oxygen, C-PAP</td>
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<td><strong>Emergency Services</strong></td>
<td>Emergencies are covered at any hospital. They are available 24 hours a day, 7 days a week. You do not need approval. Call 911 or go to the nearest emergency room.</td>
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<tr>
<td><strong>Family Planning Services</strong></td>
<td>Family Planning Services include:</td>
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<td>• planning and referral</td>
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<td>• education and counseling</td>
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<td>• initial examination</td>
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<td>• diagnostic procedures</td>
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<td>• routine laboratory studies</td>
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<td>• contraceptive drugs and supplies</td>
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<td>• follow-up care.</td>
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<td>You may receive these services at:</td>
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<td>• Your PCP</td>
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<td>• Rural Health Centers</td>
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<td>• County Health Departments</td>
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<td>• Federal Qualified Health Centers</td>
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<td>No referral needed.</td>
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### Hearing Services

Hearing services include:
- Newborn hearing screenings,
- Medically necessary evaluation,
- Diagnostic testing,
- Hearing aids
- Hearing aid fitting and dispensing.
- Hearing aid repair and accessories

### Home Delivered Meals

Molina offers home delivered meals after an inpatient hospital stay. This needs approval. Molina will cover 3 meals a day for 7 days.

### Home Health Care and Nursing Care Services

Home Health care services include:
- Home Health visits (nurse and home health aide)
- Private duty nursing
- Personal care services for children
- Therapy services
- Medical supplies
- Durable medical equipment such as wheelchairs, nebulizers, oxygen, C-PAP

Note: Daily limit of 4

### Hospice Services

Hospice Services are calming medical care and services to meet the physical, social, emotional and spiritual needs of terminally sick members and their families.

### Imaging Services

These are services such as:
- X-rays
- Portable X-rays
- MRIs
- CTs
- PET

Note: Some services require approvals

### Immunizations

Immunizations are covered for children under the age of 21.

You will find a form under MemberResources/Preventive Health Guidelines in our website at [www.molinahealthcare.com](http://www.molinahealthcare.com).

The form is called child and adolescent immunizations. This will tell you when your child will need his or her shots. You can print it and keep if with you.

You might need copies. Call the Member Services Department at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD.

Molina will offer the following vaccines for adults 21 and over.
- Pneumonia Vaccine
- Shingles Vaccine
- Flu Vaccine (once a year)

An approval is needed
| **Inpatient Hospital Services** | Medically needed and approved hospital care when you are in a hospital. Services covered:  
- Room and board  
- Nursing care  
- Medical Supplies  
- Diagnostic services  
- Therapeutic services  
- Drugs  

For all non-pregnant adults over the age of 21, a maximum of 45 days of non-emergent services is covered. This is per fiscal year which is from July to June. |
| **Laboratory** | You doctor will send lab work to Quest Diagnostics. You might need to visit a location. You can go to [www.QuestDiagnostics.com/patient](http://www.QuestDiagnostics.com/patient) to find a location near you. You can also call Molina’s Member Services Department at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD |
| **Maternity Services**  
**Prenatal and Postpartum** | Molina covers pre and post-partum maternity care with an OBGYN that is part of the Molina Plan.  
Molina covers up to 12 prenatal visits and up to 16 prenatal visits for high-risk pregnancies. This does not need prior approval.  
Vaginal deliveries are covered for no less than 48 hours of inpatient stay. C-section deliveries are covered at least 96 hours of inpatient stay. |
| **Medically Related Lodging and Food** | This service covers housing and food for you and another person. This is when medically necessary services are needed. These services should be more than 150 miles one way from your home and one overnight stay. One overnight stay if needed.  
Housing and meals are covered up to a maximum of $125 per day. If another person will be with you, the maximum is $165 per day  
These services need approval. |
| **Outpatient Hospital Services** | Medically necessary preventive and diagnostic services provided in an outpatient hospital setting. Outpatient hospital services include:  
- needed emergency room services  
- dressings  
- splints  
- oxygen  
- physician ordered services and supplies.  
Some outpatient services may have a dollar limit of $1500 per fiscal year (July – June). Some outpatient services require prior authorization.  
These services do NOT need prior approval. They also do NOT apply to the $1500 dollar limit:  
- Diagnostic mammograms  
- Screening mammogram  
- OB ultrasounds |
| **Over the Counter (OTC) Pharmacy Benefits** | You have a $25 maximum per month for OTC drugs. You must use a Navarro Pharmacy. You can call 1-866-628-6733. You can also go to the website at [https://molina.otchs.com/molina_WEB/molina_login.asp](https://molina.otchs.com/molina_WEB/molina_login.asp). Call Member Services to find out what drugs are covered. You can also go to [www.molinahealthcare.com](https://www.molinahealthcare.com) for a list of drugs that you can choose from. |
| **Pet Therapy** | Pet Therapy are services where pets are sent to your home for regular visits. This will help you reduce your stress levels and increase your sense of well being. This benefit needs prior approval. If you need info, call Member Services at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD. |
| **Podiatric Services** | Podiatric services include:  
  - Routine services of the foot  
  - Foot conditions such as injury, ulcers, wounds or infections. |
| **Prosthetics & Orthotics** | Prosthetics & Orthotics devices are covered. They need to be medically necessary and approved. Orthotic devices help correct weak or abnormal body part. These devices aid in limiting or reducing motion in a diseased or injured part of the body. Prosthetics are artificial devices that replace all or part of a permanent body part. |
| **Renal Dialysis Services** | Dialysis services are covered and include:  
  - Routine laboratory tests  
  - Supplies  
  - Preventive care  
  - Diagnostic care |
| **Sterilization** | Sterilization is a covered benefit. Please call your doctor. He or she can help you with any needed approvals and forms. |
| **Therapy Services- Occupational, Physical, Respiratory, and Speech Therapies** | Occupational, Physical, Respiratory and Speech therapies are covered under the age of 21. These services are covered for adults ages 21 and over in an outpatient hospital setting. |
| Transplants | The following transplants are covered:  
| | • Bone Marrow  
| | • Cornea  
| | • Heart  
| | • Kidney  
| | • Liver  
| | • Lung  
| | • Pancreas  
| | Transplants must be medically necessary. They must be approved. Evaluations are covered for all transplants. Pre and Post care is covered for all transplants including those that are not covered by Molina.  
| | Donor services are NOT covered.  
| Transportation Services | Transportation Service is covered if you do not have another way of getting to a covered service. This also includes emergency transportation. You can call Logisticare at 1-866-528-0454 or 1-866-288-3133 for TTY/TDD to schedule a trip.  
| Vision Services | Unlimited eye exams and eyeglasses if medically necessary.  
| | A $100 allowance per year for upgraded lenses or frames.  
| | If you need vision care, you must go to a doctor that is part of March Vision Care. To find a vision care center near you, call 1-888-493-4070. You may also visit March Vision Care’s website at [www.marchvisioncare.com](http://www.marchvisioncare.com)  
| | If you have a concern or any complaint, please call the Molina’s Member Services Department at 1-866-472-4585 or 1-800-955-8771 for TTY/TDD |