UNIVERSITY OF UTAH
HEALTH PLANS

2015 SUMMARY OF BENEFITS
UTAH: H5628
PLAN 007

HealthyAdvantagePlus
(HMO)

January 1, 2015 – December 31, 2015

Davis, Salt Lake, Utah, and Weber

SUMMARY OF BENEFITS

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This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

You have choices about how to get your Medicare benefits

One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.

Another choice is to get your Medicare benefits by joining a Medicare health plan (such as Healthy Advantage Plus (HMO)).

Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what Healthy Advantage Plus (HMO) covers and what you pay.

If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on http://www.medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current **"Medicare & You"** handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Sections in this booklet

- Things to Know About Healthy Advantage Plus (HMO)
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.
This document may be available in a non-English language. For additional information, call us at (877) 644-0344.

Este documento puede estar disponible para personas que no hablan el idioma inglés. Para más información, llámenos al (877) 644-0344.

Things to Know About Healthy Advantage Plus (HMO)

Hours of Operation

You can call us 7 days a week from 8:00 a.m. to 8:00 p.m. Mountain Time.

Healthy Advantage Plus (HMO) Phone Numbers and Website

- If you are **a member** of this plan, call toll-free (877) 644-0344.
- If you are **not a member** of this plan, call toll-free (866) 939-5741.
- Our website**:** http://www.uhealthplan.utah.edu/healthy_advantage.html

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Who can join?

To join Healthy Advantage Plus (HMO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area.
Our service area includes the following counties in Utah: Davis, Salt Lake, Utah, and Weber.

Which doctors, hospitals, and pharmacies can I use?

Healthy Advantage Plus (HMO) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.
You can see our plan's provider and pharmacy directory at our website:
http://www.molinahealthcare.com/medicare.

Or, call us and we will send you a copy of the provider and pharmacy directories.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers - and *more*.

- **Our plan members get *all* of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare**. For others, you may pay less.
- **Our plan members also get *more than what* is covered by Original Medicare**. Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, http://www.uhealthplan.utah.edu/healthy_advantage.html.
- Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

Our plan groups each medication into one of four "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

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MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

How much is the monthly premium?	$0 per month. In addition, you must keep paying your Medicare Part B premium.
How much is the deductible?	This plan does not have a deductible.
Is there any limit on how much I will pay for my covered services?	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care. Your yearly limit(s) in this plan: • $5,400 for services you receive from in-network providers. If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.
Is there a limit on how much the plan will pay?	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.

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COVERED MEDICAL AND HOSPITAL BENEFITS

Note:

- *Services with a [1] may require Prior Authorization.*
- *Services with a [2] may require a Referral from your doctor.*

OUTPATIENT CARE AND SERVICES	
Acupuncture and Other Alternative Therapies	Not covered
Ambulance[1]	$200 copay
Chiropractic Care[1]	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): $20 copay
Dental Services[1]	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): You pay nothing
Diabetes Supplies and Services[1]	Diabetes monitoring supplies: You pay nothing Diabetes self-management training: You pay nothing Therapeutic shoes or inserts: You pay nothing *Plan provides disease management program nutritional training for diabetics.*
Diagnostic Tests, Lab and Radiology Services, and X-Rays[1,2]	Diagnostic radiology services (such as MRIs, CT scans): $225 copay Diagnostic tests and procedures: 20% of the cost Lab services: $5 copay Outpatient x-rays: $5 copay Therapeutic radiology services (such as radiation treatment for cancer): 20% of the cost *Separate Office Visit Cost Share applies, if provider bills an office visit in conjunction with this service, PCP or Specialist office visit cost share may apply.* *Medicare-covered X-Ray, and Therapeutic Radiological Services: The min copay is for the primary physician copay and the max copay is for the physician specialist copay.*

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Doctor's Office Visits[1,2]	Primary care physician visit: $5 copay Specialist visit: $40 copay
Durable Medical Equipment *(Wheelchairs, oxygen, etc.)*[1]	20% of the cost If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.
Emergency Care	$50 copay
Foot Care *(Podiatry services)*[1]	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions: $40 copay
Hearing Services	Exam to diagnose and treat hearing and balance issues: $40 copay
Home Health Care[1,2]	You pay nothing
Mental Health Care[1]	Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days. $200 copay per day for days 1 through 7 You pay nothing per day for days 8 through 90 Outpatient group therapy visit: $40 copay Outpatient individual therapy visit: $40 copay
Outpatient Rehabilitation[1,2]	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): $40 copay Occupational therapy visit: $40 copay Physical therapy and speech and language therapy visit: $40 copay

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Outpatient Substance Abuse[1]	Group therapy visit: $40 copay Individual therapy visit: $40 copay
Outpatient Surgery[1,2]	Ambulatory surgical center: $225 copay Outpatient hospital: $225 copay
Over-the-Counter Items	Please visit our website to see our list of covered over-the-counter items. *You receive a $15 monthly OTC allowance.*
Prosthetic Devices *(Braces, artificial limbs, etc.)*[1]	Prosthetic devices: 20% of the cost Related medical supplies: 20% of the cost
Renal Dialysis	20% of the cost
Transportation	Not covered
Urgent Care	$35 copay
Vision Services	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): $40 copay Eyeglasses or contact lenses after cataract surgery: You pay nothing *Separate Office Visit Cost Share: If provider bills an office visit in conjunction with this service, PCP or specialist office visit cost share may apply.* *Cost share will not be applied on any preventive services that are included in this service category.*

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PREVENTIVE CARE	
Preventive Care	You pay nothing Our plan covers many preventive services, including: • Abdominal aortic aneurysm screening • Alcohol misuse counseling • Bone mass measurement • Breast cancer screening (mammogram) • Cardiovascular disease (behavioral therapy) • Cardiovascular screenings • Cervical and vaginal cancer screening • Colonoscopy • Colorectal cancer screenings • Depression screening • Diabetes screenings • Fecal occult blood test • Flexible sigmoidoscopy • HIV screening • Medical nutrition therapy services • Obesity screening and counseling • Prostate cancer screenings (PSA) • Sexually transmitted infections screening and counseling • Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) • Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots • "Welcome to Medicare" preventive visit (one-time) • Yearly "Wellness" visit Any additional preventive services approved by Medicare during the contract year will be covered.
HOSPICE	
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.
INPATIENT CARE	
Inpatient Hospital Care[1]	Our plan covers an unlimited number of days for an inpatient hospital stay. • $250 copay per day for days 1 through 7 • You pay nothing per day for days 8 through 90 • You pay nothing per day for days 91 and beyond

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Inpatient Mental Health Care	For inpatient mental health care, see the "Mental Health Care" section of this booklet.
Skilled Nursing Facility (SNF)[1]	Our plan covers up to 100 days in a SNF. • You pay nothing per day for days 1 through 20 • $155 copay per day for days 21 through 100

PRESCRIPTION DRUG BENEFITS

How much do I pay?	For Part B drugs such as chemotherapy drugs[1]: 20% of the cost Other Part B drugs[1]: 20% of the cost
Initial Coverage	You pay the following until your total yearly drug costs reach $2,960. Total yearly drug costs are the total drug costs paid by both you and our Part D plan. You may get your drugs at network retail pharmacies and mail order pharmacies.

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STANDARD RETAIL COST-SHARING			
Tier	**One-month Supply**	**Two-month Supply**	**Three-month Supply**
Tier 1 (Generic)	$6 copay	$12 copay	$18 copay
Tier 2 (Preferred Brand)	$45 copay	$90 copay	$135 copay
Tier 3 (Non-Preferred Brand)	$95 copay	$190 copay	$285 copay
Tier 4 (Specialty Tier)	33% of the cost	**Not Offered**	**Not Offered**

STANDARD MAIL ORDER COST-SHARING			
Tier	**One-month Supply**	**Two-month Supply**	**Three-month Supply**
Tier 1 (Generic)	$6 copay	$12 copay	$18 copay
Tier 2 (Preferred Brand)	$45 copay	$90 copay	$135 copay
Tier 3 (Non-Preferred Brand)	$95 copay	$190 copay	$285 copay
Tier 4 (Specialty Tier)	33% of the cost	**Not Offered**	**Not Offered**

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.
You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy.

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Coverage Gap	Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches $2,960. After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 65% of the plan's cost for covered generic drugs until your costs total $4,700, which is the end of the coverage gap. Not everyone will enter the coverage gap.
Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $4,700, you pay the greater of: • 5% of the cost, or • $2.65 copay for generic (including brand drugs treated as generic) and a $6.60 copayment for all other drugs.

ADDITIONAL INFORMATION SECTION

At Healthy Advantage, we understand the importance of providing quality service and health care to Healthy Advantage Plus HMO Members. We care about the people we serve and are here to help.

- **24-Hour Nurse Advice Line**

- **Additional Smoking and Tobacco Use Cessation Counseling**

- **Health Education**

- **Membership in Health Club/Fitness Classes**
  Up to $20 reimbursement every month.

- **Nutritional Benefit**
  Up to 30-60 minutes of individual telephonic nutritional counseling upon referral.

- **Re-admission Prevention**
  Healthy Advantage Plus will work with hospital Case Managers to identify members who are discharged from an inpatient facility who meet criteria indicating a high risk for readmission. Within 72 hours of discharge, those members will be offered in-home or telephonic follow-up assessments.

- **Vision Benefit**
  No cost share will be applied for Medicare-covered annual glaucoma screenings for persons 65 years of age and older or others at high risk for glaucoma, individuals with a family history of glaucoma, and individuals with diabetes.

- **Worldwide Emergency Coverage**
  Up to $10,000 of worldwide emergency coverage every calendar year.