Fall 2016 Health & Wellness Newsletter

Health Care Fraud, Waste and Abuse

Fraud, waste and abuse can increase health care costs and affect your quality of care. You can report fraud, waste, and abuse to Molina's AlertLine. You may call 24 hours a day, seven days a week. Call toll-free at (866) 606-3889 TTY 711. You may also report your concerns on the AlertLine website at https://MolinaHealthcare.AlertLine.com.

About Our Members: Protecting Your Privacy

Your privacy is important to us. We respect and protect your privacy. Molina wants you to know how we use or share your protected health information (PHI). Please visit the following link for a summary of how Molina protects your privacy:
http://tinyurl.com/MHWIQualityGuide

Our Notice of Privacy Practices gives more information about how we use and share our members' PHI. You may find our full Notice of Privacy Practices on our website at MolinaHealthcare.com. You also may ask for a copy of our Notice of Privacy Practices by calling Member Services at (888) 999-2404.

Prevent the Flu

The single best way to prevent seasonal flu is to get a **flu shot** each year. As a Molina Healthcare Member, you can receive your seasonal flu shot at no cost to you. Many pharmacies offer the flu shot for adult Members. You can also ask your provider.

All newsletters are also available at MolinaHealthcare.com.

Interpreter services are provided free of charge to you.

For help to translate or understand this, please call (888) 999-2404 (TTY/TDD: 711).

Si necesita ayuda para traducir o entender este texto, por favor llame al telefono (888) 999-2404 (TTY/TDD: 711).

Если вам не всё понятно в этом документе, позвоните по телефону (888) 999-2404 (TTY/TDD: 711).

Yog xav tau kev pab txhais cov ntaub ntawv no kom koj totaub, hu rau (888) 999-2404 (TTY/TDD: 711).

MolinaHealthcare.com

MOLINA HEALTHCARE

Your Extended Family.

Questions about Your Health?

Call Our 24-Hour
Nurse Advice Line!

English and other languages: **(888) 275-8750**
Spanish: **(866) 648-3537**

Your health is our priority!

TTY users should dial **711.**