Motherhood Matters® Pregnancy Program
The program strives to improve birth outcomes, reduce costly hospitalizations and guide the mother with the care of her newborn.
- Molina Healthcare’s pregnancy program is for all pregnant members of any age. (Members residing in LA County are excluded from this program. LA County members are eligible to participate in the pregnancy program offered by Health Net).

Weight Management
Molina Healthcare offers personal weight management counseling by health managers. In addition, members may access Weight Watcher’s in Sacramento, Riverside, San Bernardino and San Diego counties.
- For members with a BMI of 40 or higher, a written release by the medical provider is required for participation in Weight Watcher’s.

Smoking Cessation
Molina Healthcare provides individual, group and telephonic counseling for members of any age who use tobacco products. Individual counseling is provided by PCP’s, and members can be referred to the CA Smoking Cessation Program for telephonic counseling. We help members, including teens, pregnant smokers and tobacco chewers to quit smoking, in all Counties of operation.

- Enrollment into a program qualifies the member for 3 months of Nicotine Replacement Therapy (NRT).
- If an NRT requires a prior authorization, complete the Medication Prior Authorization Request Form and fax to (866) 508-6445.
- For a list of group counseling, support groups or classes in your county see Molina Healthcare’s website at: http://www.molinahealthcare.com/medicaid/providers/ca/forms/Pages/fuf.aspx

Disease Management Programs
Molina Healthcare offers several disease management programs including:
- Asthma
- Diabetes
- Cardiovascular Disease (Hypertension, Coronary Artery Disease, and Congestive Heart Failure)
- COPD
All programs are designed for members with confirmed diagnosis. Members are identified through internal data. (LA County members may participate in the Disease Management programs offered by Health Net).

The above programs are available to Medical, Medicare, Cal MediConnect and Covered CA members.

MolinaHealthcare.com
Referral Criteria/Process:
Motherhood Matters® pregnancy program: complete the Pregnancy Notification Form upon confirmation of a positive pregnancy test and fax back to (855) 556-1424.

Weight Management / Smoking Cessation / Disease Management: complete the Health Education Referral Form and fax back to (562) 901-1176.

Individual Health Education Behavioral Assessments (IHEBA) “Staying Healthy”
Molina Healthcare's Health Education Department also makes available patient education and provider training materials for the implementation of the required Staying Healthy Assessments.

Health Education Materials
Molina Healthcare offers a variety of low literacy health education materials to support patient education. Many of the materials are available in other languages and large font. To access materials please complete the print materials order forms, and fax back to Health Education at (562) 901-1176.

All forms and referral lists can be accessed through the Molina Healthcare website at: [http://www.molinahealthcare.com/medicaid/providers/ca/forms/Pages/fuf.aspx](http://www.molinahealthcare.com/medicaid/providers/ca/forms/Pages/fuf.aspx)

- Health Education Referral Form
- Pregnancy Notification Form
- Weight Management Print Materials Order Form
- Health Education Print Materials Order Form
- Medication Prior Authorization Request Form
- Staying Healthy Assessment Forms (available in all threshold languages)

If you have any questions, please contact your Provider Services Representative at 1-800-526-8196.

Riverside/San Bernardino
Janina Granados Ext. 127709
Lori Cadle Ext. 128007
Candice Reed Ext. 126556
Elizabeth Domiguez Ext. 123251

San Diego/Imperial
Sonya Martinez Ext. 121588
Jaclynn Thompson Ext. 126236
Jesse Vega Ext. 125682
Karine Mendez Ext. 121056
Katie McMahon Ext. 121723
Rakhi Batra Ext. 120019

Sacramento
Aide Silva Ext. 127140
Juan Carlos Garcia Ext. 126232

Los Angeles County:
Lorena Guerra Ext. 120104
Louise Salter Ext. 127690
Elizabeth Bishop Ext. 122233
Estela Garcia Ext. 127657
Estee Volper Ext. 114378
Jose Martinez Ext. 127879
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