

Sensitive Services

“Sensitive services” means those services that are defined as services related to sexual assault, substance or alcohol abuse, pregnancy, family planning, and sexually transmitted diseases for members 12 years of age and older.

Members 12 years of age and older may sign an Authorization for Treatment form for any sensitive services [without parental consent]. Parental or guardian consent is required for members under 12 years of age who seek substance or alcohol abuse treatment services, or for treatment of sexually transmitted diseases.

The member’s PCP should encourage members to use in-plan services to enhance coordination of care. However, members may access sensitive services [through out-of-network] without prior authorization.

“Family Planning [Sensitive] Services shall include, but not be limited to:

- Medical treatment and procedures defined as family planning services under current Medical scope of benefits.
- Medical contraceptive services including diagnosis, treatment, supplies, and follow-up.
- Informational and education services.

In compliance with Federal regulations, members have free access to confidential family planning services from any family planning provider or agency without obtaining prior authorization for these services. Access to sensitive services will be timely. Services to treat sexually transmitted diseases or referrals to substance and alcohol treatment are confidential.

EXAMPLES OF COVERED SERVICES:

1. Routine pregnancy testing
2. Elective therapeutic abortions
3. Birth control pills
4. “Morning after pill” to avoid pregnancy is approved by the FDA for emergency treatment only. Examples of emergency are rape and incest.
5. Depo-provera as routine birth control
6. Norplant, including device, insertion and removal
7. Intra-uterine device (IUD) including device, insertion and removal
8. Diaphragm
9. Contraceptive foam, male and female condoms, cervical caps, sponges, etc.
10. Elective tubal ligation
11. Elective vasectomy
12. Office visits for education and instruction for birth control, including Symptom-Thermal method, Billings procedure, and rhythm method, and instruction and education regarding the methods and devices listed above.
13. STD screening, testing, diagnosis, education, and referrals for treatment
14. HIV screening, testing, diagnosis, education and referrals for treatment