

Health Education Services

Provider Resources

Motherhood Matters® Pregnancy Program

The program strives to improve birth outcomes, reduce costly hospitalizations and guide the mother with the care of her newborn.

- Molina Healthcare's pregnancy program is for all pregnant members of any age. (Members residing in LA County are excluded from this program. LA County members are eligible to participate in the pregnancy program offered by Health Net).

Weight Management

Molina Healthcare offers personal weight management counseling by health managers.

In addition, members may access Weight Watcher's in Sacramento, Riverside, San Bernardino and San Diego counties.

- For members with a BMI of 40 or higher, a written release by the medical provider is required for participation in Weight Watcher's.

Smoking Cessation

Molina Healthcare provides individual, group and telephonic counseling for members of any age who use tobacco products. Individual counseling is provided by PCP's, and members can be referred to the CA Smoking Cessation Program for telephonic counseling. We help members, including teens, pregnant smokers and tobacco chewers to quit smoking, in all Counties of operation.

The above programs are available to Medical, Medicare, Cal MediConnect and Covered CA members.

- Enrollment into a program qualifies the member for 3 months of Nicotine Replacement Therapy (NRT).
If an NRT requires a prior authorization, complete the Medication Prior Authorization Request Form and fax to (866) 508-6445.
- For a list of group counseling, support groups or classes in your county see Molina Healthcare's website at: <http://www.molinahealthcare.com/medicaid/providers/ca/forms/Pages/fuf.aspx>

Disease Management Programs

Molina Healthcare offers several disease management programs including:

- *Asthma*
- *Diabetes*
- *Cardiovascular Disease (Hypertension, Coronary Artery Disease, and Congestive Heart Failure)*
- *COPD*

All programs are designed for members with confirmed diagnosis. Members are identified through internal data. (LA County members may participate in the Disease Management programs offered by Health Net).

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Referral Criteria/Process:

Motherhood Matters® pregnancy program: complete the **Pregnancy Notification Form** upon confirmation of a positive pregnancy test and fax back to (855) 556-1424.

Weight Management / Smoking Cessation / Disease Management: complete the **Health Education Referral Form** and fax back to (562) 901-1176.

Individual Health Education Behavioral Assessments (IHEBA) -“Staying Healthy”

Molina Healthcare’s Health Education Department also makes available patient education and provider training materials for the implementation of the required Staying Healthy Assessments.

Health Education Materials

Molina Healthcare offers a variety of low literacy health education materials to support patient education. Many of the materials are available in other languages and large font. To access materials please complete the **print materials order forms**, and fax back to Health Education at (562) 901-1176.

All forms and referral lists can be accessed through the Molina Healthcare website at: <http://www.molinahealthcare.com/medicaid/providers/ca/forms/Pages/fuf.aspx>

- *Health Education Referral Form*
- *Pregnancy Notification Form*
- *Weight Management Print Materials Order Form*
- *Health Education Print Materials Order Form*
- *Medication Prior Authorization Request Form*
- *Staying Healthy Assessment Forms (available in all threshold languages)*

- *Staying Healthy Provider Training Video*
- *Staying Healthy Provider Training Attestation Sign-In Form*
- *Use of Bright Futures Notification Form*
- *Alternate IHEBA Notification Form*
- *SHA Electronic or Other Format Notification Form*
- *Smoking cessation support groups and classes*



If you have any questions, please contact your **Provider Services Representative at 1-800-526-8196.**

Riverside/San Bernardino

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San Diego/Imperial

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Katie McMahon	Ext. 121723
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Sacramento

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Los Angeles County:

Lorena Guerra	Ext. 120104
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Elizabeth Bishop	Ext. 122233
Estela Garcia	Ext. 127657
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Jose Martinez	Ext. 127879
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Your Extended Family.

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