

Molina Healthcare Of New Mexico

DME Providers who will Stock a Practitioner Site Asthma Closet



Identification of Issues

Evidence presented in regional Asthma Summits occurring in New Mexico and Molina Healthcare's internal Quality Improvement process have noted Asthma prevalence disparities in sections of the state. The most significant disparity being noted in Region four (4), i.e. the Southeastern quadrant of New Mexico. Practitioners in the community have noted there are access issues related to time sensitive supplies which may also be a factor in providing care in the office, versus transfer to the ER and/or subsequent hospitalization.

Process to Reduce ER Visits and Hospitalizations and Increase Patient Compliance with Self Monitoring and Medication use.

Identified Durable Medical Equipment (DME) providers have agreed to assist practitioner sites in stocking an "Asthma Closet" as a service to the provider. The Practitioner office site notifies the supplier who stocks the items in the practitioners office. Items to be stocked are Nebulizers and Peak Flow Meters. **You may want to contact your local DME Provider to see if they would be willing to provide this service.**

- ❖ As needed the Practitioner uses the items.
- ❖ The Practitioner office notifies the DME company by phone or other means of DME use and identifies the Patient as a Molina Healthcare Member.
- ❖ The DME provider restocks the item and then bills Molina Healthcare.

Molina Healthcare does not require Prior Authorization for the above noted equipment.

Medication for Nebulizer Treatments in office

- ❖ Your Pharmacy representatives may be able to stock sample medication and saline for your use with patients.
- ❖ Your local hospital affiliation may allow for medication and saline purchase from the hospital pharmacy at a reduced cost.
- ❖ It is appropriate to bill Molina Healthcare for the nebulizer medication but only at the cost incurred.
- ❖ It is appropriate to bill Molina Healthcare via procedural codes for administration of nebulizer medication

Aerochambers for Inhalers

Aerochambers are distributed by pharmacies with prescription fills

- ❖ Write for Aerochamber when writing inhaler medication
- ❖ Molina Healthcare Members can get two aerochambers a year without a prior authorization from Molina Healthcare

Referral to Molina Healthcare Asthma Disease Management Program

A referral to the Molina Healthcare Asthma Disease Management Program is strongly recommended. Asthma Disease management program contacts are conducted by Registered Nurses. This adjunctive service acts as another set of hands and eyes to assist the practitioner in reinforcing Asthma interventions. The Asthma Disease Management Program will forward regular routine reports to the practitioner for the purposes of coordination of care.

Referrals to the Asthma Disease Management Program can be made by phone or by faxing a Disease Management Referral Form

Molina Healthcare Disease Management Programs

8801 Horizon Blvd, Albuquerque, NM 87113

PHONE: (505) 342-4660 ext: 182618 FAX: (505) 798-7315

Outside Albuquerque: (800) 377-9594 ext: 182618

Disease Management Referral Forms can be accessed at the Molina Healthcare Website: Molinahealthcare.com

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GOALS OF THERAPY: ASTHMA CONTROL

Peak flow meters are designed as monitoring, not as diagnostic, tools in the office.

Whether peak flow monitoring, symptom monitoring (available data show similar benefits for each), or a combination of approaches is used, self-monitoring is important to the effective self-management of asthma.

Patients should be taught to recognize symptom patterns indicating inadequate asthma control and the need for additional therapy

❖ Consider peak flow monitoring for patients who have moderate or severe persistent asthma, patients who have a history of severe exacerbations and patients who poorly perceive airflow obstruction and worsening asthma.

Long-term daily peak flow monitoring can be helpful to:

- ❖ Detect early changes in asthma control that require adjustment in treatment.
- ❖ Evaluate responses to changes in treatment.
- ❖ Provide a quantitative measure of impairment.

MEASURES FOR PERIODIC ASSESSMENT AND MONITORING OF ASTHMA CONTROL

The Expert Panel recommends that ongoing monitoring of asthma control be performed to determine whether all the goals of therapy are met—that is, reducing both impairment and risk.

The Expert Panel recommends that the frequency of visits to a clinician for review of asthma control is a matter of clinical judgment; in general, patients who have intermittent or mild persistent asthma that has been under control for at least 3 months should be seen by a clinician about every 6 months, and patients who have uncontrolled and/or severe persistent asthma and those who need additional supervision to help them follow their treatment plan need to be seen more often

Evidence for the Above Recommendations

The citations are excerpted from: National Asthma Education and Prevention Program Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma Bethesda (MD): U.S. Department of Health and Human Services, Public Health Service, National Institutes of Health, National Heart, Lung and Blood Institute; 2007 Aug. 362 p.

You can access a adapted copy of the National Clinical Practice Guideline at the Molina Healthcare Internet site at:

<http://www.molinahealthcare.com/mhnm/provider/linkedddocuments/CPG01.pdf>

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Molina Healthcare Contracted DME Providers who can assist in stocking an "Asthma Closet"

DME Provider Name	Address	City	State	ZIP	Phone	Fax	Areas Served	Will Stock Office	Carry Nebulizer and Peak Flow Meter	Take Molina Medicaid Medicare and SCI
Apria Healthcare Inc - Albuquerque	4401 McLeod Rd NE Ste C	Albuquerque	NM	87109	(505) 881-9111	(505)-884-6906	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Sandia Surgical Inc	6120 Signal Ave NE	Albuquerque	NM	87113	(505) 883-2817 1-800-753-1589	(505) 888-4552	Sandia Surgical offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Acoma/Canoncito/Laguna Indian Hospital (Apria)	1570 Pacheco St	Santa Fe	NM	87501	(505) 982-2901	(505)-884-6906	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Apria Healthcare Inc - Farmington	1014 A Butler Ave	Farmington	NM	87401	(505) 325-7575	(505) 325-8412	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Apria Healthcare Inc - Clovis	1202 W 21st St	Clovis	NM	88101	(575) 763-0202	(575) 769-2899	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Apria Healthcare Inc - Hobbs	2827 N Del Paso Ste 101	Hobbs	NM	88240	(575) 392-0202	(575) 392-7014	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes
Apria Healthcare Inc - Las Cruces	1630 Hickory Loop E & F	Las Cruces	NM	88005	(575) 525-2494	(575) 525-0750	Apria offers statewide service via either hand delivery or drop shipment.	Yes	Yes	Yes