

## Additional Behavioral Health Services

Chronic Illness and Mental Health: Recognizing and Treating Depression	<a href="https://www.nimh.nih.gov/health/publications/chronic-illness-mental-health/nih-15-mh-8015_151898.pdf">https://www.nimh.nih.gov/health/publications/chronic-illness-mental-health/nih-15-mh-8015_151898.pdf</a>
Depression	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Depression-FS.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Depression-FS.pdf</a>
Dual Diagnosis	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Dual-Diagnosis-FS.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Dual-Diagnosis-FS.pdf</a>
Early and First Episode Psychosis	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/What-is-Early-and-First-Episode-Psychosis.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/What-is-Early-and-First-Episode-Psychosis.pdf</a>
Fentanyl	<a href="https://combataddiction.ny.gov/system/files/documents/2017/11/nysdohoasasprintoutad12x18-lo2.pdf">https://combataddiction.ny.gov/system/files/documents/2017/11/nysdohoasasprintoutad12x18-lo2.pdf</a>
Transition Age Youth	<a href="https://www.omh.ny.gov/omhweb/consumer_affairs/transition_youth/resources/">https://www.omh.ny.gov/omhweb/consumer_affairs/transition_youth/resources/</a>
Heroin: Drug Facts	<a href="https://www.drugabuse.gov/publications/drugfacts/heroin">https://www.drugabuse.gov/publications/drugfacts/heroin</a>
Mental Health Facts: Multicultural	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Infographics/MulticulturalMHFacts10-23-15.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Infographics/MulticulturalMHFacts10-23-15.pdf</a>
Schizophrenia	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Schizophrenia-FS.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Schizophrenia-FS.pdf</a>
Suicide	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Suicide-FS.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Suicide-FS.pdf</a>
Taking Charge of Your Mental Health	<a href="https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI-Taking-Charge-of-Your-Mental-Health.pdf">https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI-Taking-Charge-of-Your-Mental-Health.pdf</a>

## Community Support and Advocacy Services

### **Cortland County**

[Exceptional Family Resources](#)

[Cortland Housing Assistance Council](#)

[Cortland County Community Action Program, Inc.](#)

[Access to Independence of Cortland County](#)

[National Alliance on Mental Illness \(NAMI\)](#)

[Other Children's Services](#)

### **Onondaga County**

[Advocate Inc.](#)

[Arc of Onondaga](#)

[Reach CNY](#)

[Vera House](#)

[McMahon Ryan Center](#)

[Contact Community Services](#)

[Center for Community Alternatives](#)

[ARISE, Inc.](#)

[Dunbar Center](#)

[National Alliance on Mental Illness \(NAMI\)-Onondaga County](#)

[Other Children's Services](#)

### **Tompkins County**

[The Advocacy Center](#)

[Parent to Parent](#)

[TST BOCES: Educational Resources](#)

[Ithaca Youth Bureau](#)

[National Alliance on Mental Illness \(NAMI\)- Cortland and Tompkins Counties](#)

[Other Children's Services](#)

## Crisis Lines

National Suicide Prevention Lifeline: 1-800-273-8255

Onondaga County = Dial 211 - <https://www.211cny.com/>

Cortland County = Dial 211 - <http://www.211cortland.org/>

Tompkins County = Dial 211 - <https://211lifeline.org/detail.php?id=7335895>

NYS Child Abuse and Maltreatment Hotline: <https://ocfs.ny.gov/main/cps/>

Toll Free Telephone Number: 1-800-342-3720

TDD/TTY: 1-800-638-5163

Video Relay System: 1-800-342-3720

Molina Nurse Advice Line (English and Spanish): (800) 223-7242, TTY: 711

## New York State Contacts

[NY State Department of Health](#)

[NY State Office of Mental Health](#)

[NY State Office of Children and Family Services](#)

[NY State Office of Alcoholism and Substance Abuse Services](#)

[NY State Office for People with Developmental Disabilities](#)