

Molina Healthcare Coding Education Coding Conditions that are Controlled or Asymptomatic



Health care providers routinely monitor the status of conditions, judging whether they are controlled, asymptomatic, chronic, require adjustment to the treatment plan etc.

Anytime a condition is monitored, measured, assessed, evaluated, treated, or a referral is made for further care, the condition is considered an active medical condition. Even if the condition is stable or asymptomatic. Common examples of these conditions include cancer that is being treated with hormone therapy (or simply monitored for recurrence), diabetes, and COPD. Other examples include:

- CHF (systolic and diastolic), compensated or asymptomatic
- Angina, stable or asymptomatic. Continue documenting for patients who are pain free due to CABG or stent
- Paroxysmal Atrial Fibrillation
- Stable and asymptomatic peripheral arterial (vascular) disease

Documentation Examples:

Established Diagnosis:

Assessment: 70 year old female with angina, no SOB. Pain free on meds.

➤ **ICD-10 Code:** I20.9 Angina unspecified

Plan: Continue nitrates

Established Diagnosis:

Assessment: 65 year old male with paroxysmal A-Fib, currently in NSR without SOB. INR at goal.

➤ **ICD-10 Code:** I48.0 Paroxysmal atrial fibrillation

Plan: Continue monitoring INR in Coumadin clinic

Initial Diagnosis:

Assessment: 68 year old female with aortic atherosclerosis. Risk factors discussed, fair control.

➤ **ICD-10 Code:** : I70.0 Atherosclerosis of aorta

Plan: Improve lipid control, start statin, low fat diet adherence, refer to dietician

Have Questions?

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