

Molina Healthcare Coding Education Psoriatic Arthritis



Prevalence among psoriasis patients: 10-30%¹

Diagnosis based on clinical and radiologic features, using CASPAR criteria²:

CASPAR criteria require inflammatory articular disease (joint, spine or tendon) **and** ≥ 3 points:

2 points:

- Current psoriasis

1 point each:

- Prior personal or family history of psoriasis
- Nail lesions, including onycholysis, pitting and hyperkeratosis
- Negative serum RF
- Current or history of dactylitis
- Periarticular new bone formation (excludes osteophytes) on hand or foot X-ray

Documentation Examples:

Initial diagnosis

- **Assessment:** Patient with psoriasis, joint stiffness improved with activity. Has nail findings, neg. RF
 - **ICD-10 Codes:**
 - L40.50 Arthropathic psoriasis, unspecified
- **Plan:** Psoriatic arthritis, discussed treatment options

Established diagnosis

- **Assessment:** Psoriatic arthritis, tolerating methotrexate well, check labs next visit
 - **ICD-10 Codes:**
 - L40.50 Arthropathic psoriasis, unspecified
- **Plan:** F/u with Rheumatology as planned

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- ¹National Psoriasis Foundation
 - ²UpToDate Clinical manifestations and diagnosis of psoriatic arthritis, Gladman et al Literature review current through: Apr 2013

Have Questions?

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