

# Do you need help controlling drug use?

Get treatment and support online, 24/7

**S**uffering from overuse of opioids\* (drugs)?

**T**he good news: help is available for you.

**A**re you ready to reclaim your life?

**R**ecovery is possible with caring experts who want to help you.

**T**reatment involves medication, counseling, and behavioral health therapies – at no cost to you.  
(Free to all Molina Healthcare adult members in Washington State.)



## How does the program work?

Molina members suffering from opioid use disorder (OUD) meet with doctors and recovery counselors through two-way video conferencing – not in a clinic or office – using a smartphone, tablet, or computer.

## Where do I start?

Contact Molina's provider partner Bright Heart Health to join the online OUD treatment program that includes:

- Prescription medication
- Counseling virtually from your home or wherever you choose (all program staff are part of Bright Heart Health)
- Recovery and peer support
- Molina case managers who are available to help participating members one-on-one with ongoing support and coordination of health-related services

Call Bright Heart Health at (800) 892-2695 or enter their virtual clinic at:  
[brighthousehealth.com/contact-us/](https://brighthousehealth.com/contact-us/).



## Why should I start treatment?

Overuse of opioids can cause serious health problems. The sooner you start treatment, the better chance you have at a healthy life.

Individuals who are pregnant can get treatment, too! Taking opioids during pregnancy can cause serious health problems for your developing baby. Your baby can be born dependent on drugs and with possible birth defects. It's best to start treatment right away.

## Who pays for my treatment?

If you are an adult Molina member living in Washington State, Molina will pay for the care you receive from Bright Heart Health.

## What about my privacy?

State and federal laws protect your personal information. Your participation in this program is private.

## What kind of treatment and medication are used?

The program provides Medications for Opioid Use Disorder (MOUD), previously referred to as Medication Assisted Treatment (MAT). This safe treatment uses medication, counseling, and behavioral health therapies. Bright Heart Health prescribes buprenorphine that you pick up at a pharmacy close to home.

MOUD treatment can help:

- Lower drug cravings
- Reduce emotional highs and lows
- Lower the risk of overdose
- Decrease or fully stop opioid use
- Lower the risk of drug withdrawal symptoms for babies (when used during pregnancy)

To learn more about treatment, visit: [brighthousehealth.com/services/rapid-access-opioid-use-disorder-treatment](https://brighthousehealth.com/services/rapid-access-opioid-use-disorder-treatment).

## What is Bright Heart Health?

Bright Heart Health is an organization that provides help for people to control drug use through a team of doctors, counselors, and recovery specialists via telehealth. Molina is partnering with Bright Heart Health to help members recover from opioid use.

## YOU CAN DO THIS!

*\*Examples of opioids include heroin, and prescription drugs for pain relief such as codeine, morphine, hydrocodone, oxycodone, and fentanyl.*

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