

## Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:  
**(888) 275-8750**

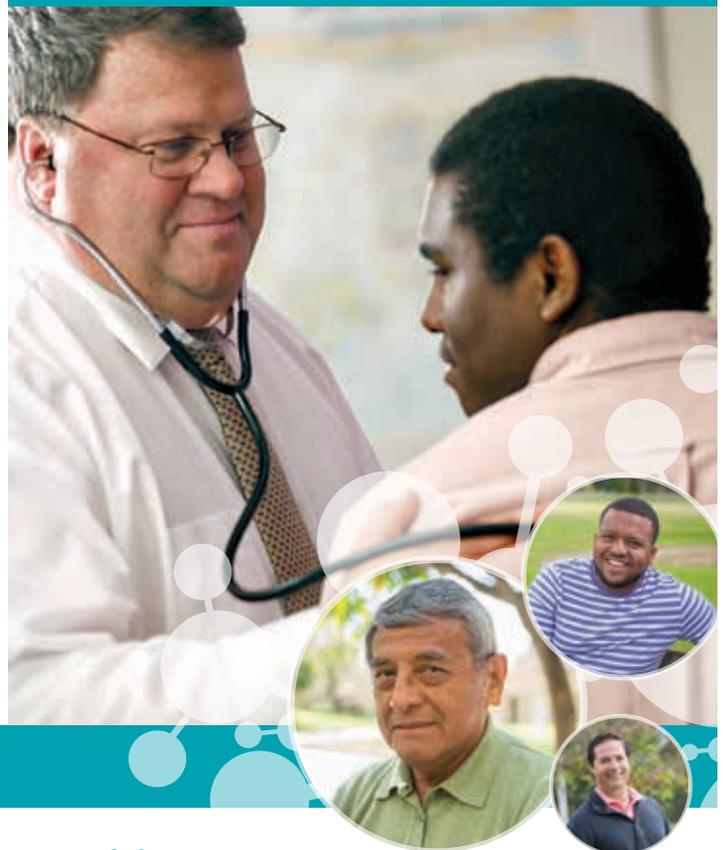
Español:  
**(866) 648-3537**

TTY/TDD:  
**711**

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All material in this brochure is for information only. It does not replace your provider's advice.

To get this information in other languages and accessible formats, please call Member Services. This number is on the back of your Member ID card.

# Men's Health



[MolinaHealthcare.com](http://MolinaHealthcare.com)



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## What are health screenings?

Screenings are tests or exams to find a condition before you have symptoms. Screenings may help find diseases or conditions early, when they are easier to treat.

## Important Screenings

### Colorectal Cancer Screening:

If you are 50 to 75 years of age, talk to your provider about screening for colorectal cancer. Treatment can cure it if it is found early. Several tests can detect this cancer. The most common test is a colonoscopy.

### Chlamydia Screening:

If you are 16-24 years of age, ask your provider if you need to test for Chlamydia and other Sexually Transmitted Infections (STIs). A Chlamydia test is not a routine screening for men. If you do test for Chlamydia, you may need to get another test if you change sex partners. Make a shared and informed decision with your provider about how to proceed.

### Bone Density Test:

If you are 67 to 85 years of age, ask your provider about bone density testing. This test will check for osteoporosis. Osteoporosis is a disease that causes bones to be fragile and more likely to break. Osteoporosis is not a “women’s health” disease. Some men are at risk for osteoporosis. Make a shared and informed decision with your provider about how to proceed.

### Dental Exams:

Schedule a dental exam every six months. Routine dental cleaning will help keep your teeth and gums healthy.

### Checkup Appointment:

After you enroll with Molina Healthcare, you should schedule your first appointment with your provider. Your provider will set up a schedule of regular appointments even if you are healthy. Remember to schedule and keep all checkup appointments. Do you need help finding a provider? Call Member Services.

