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JUST THE FAX

September 28, 2023

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THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING: COUNTIES:

COUNTIES

- ☑ Imperial☑ Riverside/San Bernardino
- □ Los Angeles
- □ Orange
- Sacramento
- 🛛 San Diego

LINES OF BUSINESS:

- 🛛 Molina Medi-Cal
- Managed Care
- □ Molina Medicare
- Molina Marketplace (Covered CA)

PROVIDER TYPES:

- Medical Group/ IPA/MSO
 Primary Care
- IPA/MSO
- ⊠ Directs

Specialists

- ⊠ Directs
- \boxtimes IPA

Hospitals

Ancillary

- □ SNF/LTC □ DME
- □ Home Health
- Other

Save The Date Workshop on Six Big Changes for Toddlers: A Developmental Approach to Promote Dietary Diversity in Young Children

This is an advisory notification to Molina Healthcare of California (MHC) network providers regarding an upcoming online workshop on Six Big Changes for Toddlers: A Developmental Approach to Promote Dietary Diversity in Young Children.

WHAT YOU NEED TO KNOW:

This engaging workshop is designed to equip providers with a simple yet effective developmental approach that can be shared with parents to foster dietary diversity among young children.

WHEN THIS IS HAPPENING:

- Details: Toddler Behavior Workshop
- Date: Friday, October 27th
- **Time**: 11:30 am 1:00 pm
- Platform: Zoom

WHAT YOU NEED TO DO:

Please see the attached flyer for registration and Continuing Education Units (CEU) information.

WHAT IF YOU NEED ASSISTANCE?

If you have any questions regarding the notification, please contact your Molina Provider Services Representative below:

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Six Big Changes for Toddlers

A Developmental Approach to Promote Dietary Diversity in Young Children

Friday, October 27, 2023 11:30 a.m. — 1 p.m. on Zoom

In this session, Dr. Heinig, Director of the Human Lactation Center at UC Davis, will provide an overview of a simple developmental approach that can be used by parents to promote dietary diversity among older babies and toddlers. Developed in collaboration with California WIC, this approach includes positive messages that can be shared efficiently with parents during well-child contacts.

CEUs will be provided by Rady Children's Hospital.







Facilitated by the UC San Diero Center for Community Health





 Describe the importance of establishing dietary diversity among toddlers.

<u>Register</u>

Here

- List six developmental changes that occur in older infants and toddlers that may result in inappropriate feeding practices.
- Describe at least three positive messages that can be used to empower parents and promote dietary diversity in their toddlers.



The Childhood Obesity Initiative is a program of *Live Well San Diego* and implemented by UCSD Center for Community Health. Made possible with funding from the County of San Diego Health and Human Services Agency. This work supports *Live Well San Diego*, a vision for a region that is Building Better Health, Living Safely, and Thriving. For more information, visit **LiveWellSD.org**.