

Provider Bulletin

Molina Healthcare of California

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September 10, 2026

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Blue Zones Provider Education Toolkit

This is an advisory notification to Molina Healthcare of California (MHC) network providers applicable to the Medi-Cal line of business.

What you need to know:

Dear Riverside County Physician Office,

IEHP, Molina Health, Kaiser Permanente Health Plan, and RUHS Public Health is partnering with Blue Zones, a community transformation program that helps people live better, longer by improving the places where we live, work, and play using secrets discovered in the original Blue Zones, rare longevity hotspots around the world where people are thriving into their 100s.

Together, we are working to close HEDIS care gaps for residents across Riverside County, and we have created tools and resources to support your practice in connecting patients with community well-being resources.

You are receiving this toolkit because your specialty plays an important role in advancing preventive care and improving health outcomes across Riverside County.

Participating specialties include:

- Family Medicine
- Internal Medicine
- Pediatrics
- Obstetrics & Gynecology
- Dentistry
- Endocrinology
- Cardiology
- Gastroenterology

Provider action

Please review the Provider Education Toolkit, print and share the patient-facing materials with your patients, your office staff, and please display the included event flyer in your office when appropriate.

Provider Education Toolkit:

molinahealthcare.com/-/media/Molina/PublicWebsite/PDF/Providers/ca/Medicaid/BZP-Provider-Education-Kit.ashx

To learn more about Blue Zones Project Riverside County and upcoming community events, please visit: bluezones.com/bzprivco/

Thank you for partnering with us to build healthier communities and improve the health and well-being of Riverside County residents.

Be well,

Dr. Shunling Tsang

Deputy Public Health Officer – RUHS Public Health



What if you need assistance?

If you have any questions regarding the notification, please contact your Molina Provider Relations Representative below.

Service County Area	Provider Relations Representative	Contact Number	Email Address
Los Angeles	Clemente Arias Velma Castillo Sandra Flores Sukjin (John) Kang	562-233-1753 626-721-3089 562-266-6011 951-970-4093	Clemente.Arias@molinahealthcare.com Velma.Castillo@molinahealthcare.com Sandra.Flores1@molinahealthcare.com Sukjin.Kang@molinahealthcare.com
Orange	Maria Guimoye	562-783-0005	Maria.Guimoye@molinahealthcare.com
Sacramento	Johonna Eshalomi Angelina Gudino	916-268-1418 562-459-0762	Johonna.Eshalomi@molinahealthcare.com Angelina.Gudino@molinahealthcare.com
Inland Empire/Imperial	Cynthia Bustamante Luana McIver	619-693-0404 909-454-4247	Cynthia.Bustamante@molinahealthcare.com Luana.Mciver@molinahealthcare.com
San Diego	Christian Hernandez	619-669-3307	Christian.Hernandez@molinahealthcare.com
Behavioral Health	Representative	Contact Number	Email Address
Behavioral Health	Patricia Melendez Vanessa Lomeli	951-447-7585 909-419-3026	Patricia.Melendez@molinahealthcare.com Vanessa.Lomeli2@molinahealthcare.com
California Facilities (Hospitals, SNFs, CBAS, ICF/DD & ASC Providers)	Facility Representative	Contact Number	Email Address
Los Angeles	Laura Gonzalez	562-549-4887	Laura.Gonzalez3@molinahealthcare.com
Riverside, San Bernardino	MiMi Howard	562-455-3754	Smimi.Howard@molinahealthcare.com
Imperial, Sacramento	Valerie Chaney	714-305-9008	Valerie.Chaney@molinahealthcare.com
San Diego	Brittney Aguilar	916-216-9882	Brittney.Aguilar@molinahealthcare.com

If you are not contracted with Molina and your fax number is not shared with a contracted provider, and you wish to opt out of receiving the MHC Provider Bulletin, please email mhcproviderbulletin@molinahealthcare.com.

Please include the provider's name, NPI, county, and fax number, and you will be removed within 30 days.

Molina Healthcare of California: 200 Oceangate, Suite 100, Long Beach, CA 90802