



MOLINA HEALTHCARE OF ILLINOIS

2020 Clinical Practice Guidelines

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee and Molina Healthcare of Illinois Quality Improvement Committee.

Clinical guidelines are not used by Molina to decide benefit coverage. The guidelines are an educational tool to aid clinical decision-making. They are not a standard of care. The physician should adapt the guideline when clinical judgment so indicates.

Acute Stress and Post-Traumatic Stress Disorder (PTSD)

Molina Healthcare has adopted the guideline for Acute Stress and Post-Traumatic Stress Disorder from the Department of Veterans Affairs & Department of Defense.

The Clinical Practice Guideline may be accessed at:

<https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on March 4, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Anxiety/Panic Disorder

Molina Healthcare has adopted the guideline for Anxiety/Panic Disorder from the American Psychiatric Association.

The Clinical Practice Guideline may be accessed at:

https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/panicdisorder.pdf

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on March 4, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Asthma

Molina Healthcare has adopted the Guidelines for the Diagnosis and Management of Asthma (EPR-3) from the National Institute of Health (NIH): National Heart, Lung, and Blood Institute (NHLBI).

The Clinical Practice Guideline may be accessed at:

<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Attention Deficit Hyperactivity Disorder (ADHD)

Molina Healthcare has adopted the Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit Hyperactivity Disorder in Children and Adolescents from the Journal of the American Academy of Pediatrics (AAP).

The Clinical Practice Guideline may be accessed at:

<https://pediatrics.aappublications.org/content/pediatrics/144/4/e20192528.full.pdf>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Bipolar Disorder

Molina Healthcare has adopted the guideline for Bipolar Disorder from the American Psychiatric Association.

The Clinical Practice Guideline may be accessed at:

https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on March 4, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Chronic Kidney Disease

Molina Healthcare has adopted the Evaluation and Management of Chronic Kidney Disease Guideline from the National Kidney Foundation, Kidney Disease Outcome Quality Initiative (NKF KDOQI).

The Clinical Practice Guideline may be accessed at:

https://www.kidney.org/professionals/guidelines/guidelines_commentaries

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Chronic Obstructive Pulmonary Disease

Molina Healthcare adopted the Global Strategy for Diagnosis, Management, and Prevention of COPD from the Global Initiative for Chronic Obstructive Lung Disease (GOLD).

The Clinical Practice Guideline may be accessed at:

https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.



Depression

Molina Healthcare has adopted the Treatment of Patients with Major Depressive Disorder with the Guideline from the American Psychiatric Association (APA).

The Clinical Practice Guideline may be accessed at:

<https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Diabetes

Molina Healthcare has adopted the guideline for Diabetes from the American Diabetes Association (ADA).

The Clinical Practice Guideline may be accessed at:

<http://www.diabetes.org/>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Heart Failure in Adults

Molina Healthcare has adopted the Guideline for the Management of Heart Failure from the American College of Cardiology (ACA).

The Clinical Practice Guideline may be accessed at:

http://www.onlinejacc.org/content/70/6/776?_ga=2.77583381.1652356860.1523309672-1875103099.1523309672

You may also visit the web site below for more information.

American College of Cardiology: <http://www.acc.org/>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Hypertension

Molina Healthcare has adopted the Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults from the American College of Cardiology.

The Clinical Practice Guideline may be accessed at:

http://www.onlinejacc.org/content/71/19/e127?_ga=2.176976865.553150704.1550539575-1607157456.1550539575



The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Obesity

Molina Healthcare has adopted the Guidelines for the Comprehensive Medical Care of Patients with Obesity from the American Association of Clinical Endocrinologists (AACE).

The Clinical Practice Guideline may be accessed at:

<https://journals.aace.com/doi/pdf/10.4158/EP161365.GL>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Opioid Management

Molina Healthcare has adopted the Use of Medications in the Treatment of Addiction Involving Opioid Use Guideline from the American Society of Addiction Medicine (ASAM).

The Clinical Practice Guideline may be accessed at:

https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-pocketguide.pdf?sfvrsn=35ee6fc2_0

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Molina Healthcare has adopted the CDC Guideline for Prescribing Opioids for Chronic Pain from the Centers for Disease Control and Prevention.

The Clinical Practice Guideline may be accessed at:

<https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6501e1er.pdf>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Perinatal Care

Molina Healthcare has adopted the Guidelines for Perinatal Care from the American College of Obstetricians and Gynecologists.

The Clinical Practice Guideline may be accessed at:

<https://www.acog.org/> - **Guidelines can be reviewed by ACOG members only using a secure password.**

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.



Pregnancy Management

Molina Healthcare has adopted the Guidelines for Routine Prenatal and Postnatal Care from Michigan Quality Improvement Consortium.

The Clinical Practice Guideline may be accessed at:

http://mqic.org/pdf/mqic_routine_prenatal_and_postnatal_care_cpg.pdf

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on August 12, 2020.

Sickle Cell Disease

Molina Healthcare has adopted the Management of Sickle Cell Disease Guideline from the National Heart, Lung, and Blood Institute (NHLBI).

The Clinical Practice Guideline may be accessed at:

https://www.nhlbi.nih.gov/sites/default/files/media/docs/sickle-cell-disease-report%20020816_0.pdf

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Substance Abuse Treatment

Molina Healthcare has adopted the Guidelines for Detoxification and Substance Abuse Treatment from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The Clinical Practice Guideline may be accessed at:

<https://store.samhsa.gov/product/TIP-45-Detoxification-and-Substance-Abuse-Treatment/SMA15-4131>

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020 and Molina Healthcare of Illinois Quality Improvement Committee on March 17, 2020.

Coronary Artery Disease

Molina Healthcare of Illinois has adopted the guidelines for Coronary Artery Disease from the American Heart Association, American College of Cardiology, and American Society of Hypertension.

The Clinical Practice Guideline may be accessed at:

<http://circ.ahajournals.org/content/131/19/e435.full>

The guidelines were reviewed and adopted by the Molina Healthcare of Illinois Quality Improvement Committee on 9/16/2020.

Dental Services

Molina Healthcare of Illinois has adopted the guidelines for Dental Services from the American Dental Association.

The Clinical Practice Guideline may be accessed at:

<http://ebd.ada.org/en/evidence/evidence-by-topic>

The guidelines were reviewed and adopted by the Molina Healthcare of Illinois Quality Improvement Committee on 9/16/2020.

Family Planning

Molina Healthcare has adopted the guidelines for Providing Quality Family Planning Services from the Centers for Disease Control and Prevention and the U.S. Selected Practice Recommendations for Contraceptive Use.

The Clinical Practice Guideline may be accessed at:

<https://www.cdc.gov/mmwr/pdf/rr/rr6304.pdf>

U.S. Selected Practice Recommendations for Contraceptive Use may be accessed at:

<https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6504.pdf>

Pharmacy Services

Molina Healthcare has adopted the guidelines for Pharmacy Services from the American Pharmacists Association.

The Clinical Practice Guideline may be accessed at:

<http://www.pharmacist.com/clinical-guidelines>

The guidelines were reviewed and adopted by the Molina Healthcare of Illinois Quality Improvement Committee on 9/16/2020.

Prenatal Care - Routine

Molina Healthcare has adopted the guidelines for Clinical Practice Guidelines for Pregnant Women from the Recommendations for Pregnancy from the American Academy of Family Physicians and the US Preventive Services Task Force.

The Clinical Practice Guidelines may be accessed at:

<http://www.aafp.org/afp/2014/0201/p199.pdf>

The US Preventive Services Task Force recommendations may be accessed at:

<https://www.uspreventiveservicestaskforce.org/BrowseRec/Index>

The guidelines were reviewed and adopted by the Molina Healthcare of Illinois Quality Improvement Committee on 9/16/2020.

Transitions of Care in LTC

Molina Healthcare has adopted the guidelines for Transitions of Care in the Long-Term Care Continuum from the American Medicaid Directors Association.

The Clinical Practice Guideline may be accessed at:

http://www.sdhca.org/files/7814/0717/7944/Transitions_of_Care_in_LTC.pdf

The guidelines were reviewed and adopted by the Molina Healthcare of Illinois Quality Improvement Committee on 9/16/2020.