

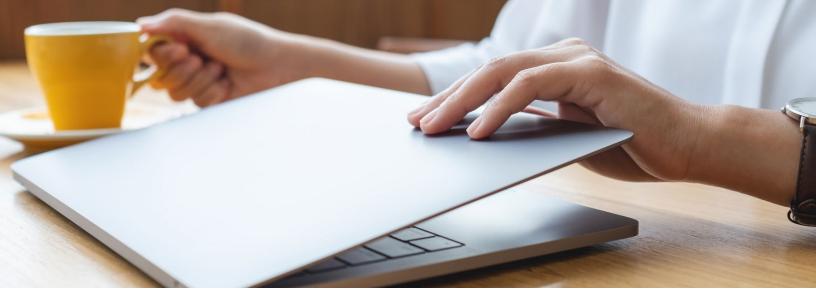
Provider Newsletter

For Molina Healthcare of Ohio, Inc. providers

Second quarter 2025

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Salesforce communications

Several Molina Healthcare departments have transitioned to Salesforce, an artificial intelligence (AI) customer relationship management (CRM) database for email communication. As a result, you will now receive emails from us via Salesforce. If you have blocked this type of communication, please unblock it to receive important messages such as approval and credentialing decisions. Work with your IT department to unblock these emails by following the steps below:

- 1. Allow Salesforce email Internet Protocol (IP) addresses to pass through your organization's email system. Below is a list of IP addresses where emails will originate.
- 2. Verify that your organization's email system supports secure connections (Transport Layer Security/TLS) with the appropriate settings.
- **3.** Ensure your organization's mail server can correctly route emails from Salesforce.
- 4. Check the authentication protocols on your organization's email server to ensure proper communication.
- The email was sent from an "@MolinaHealthcare.com" email address.

IP range: 13.108.0.0 -13.111.255.255

Description:

Salesforce primary email sending IP range

IP range: 96.43.144.0 -96.43.159.255

Description:

Additional IP range used for email relays and SMTP mail servers

IP range: 182.50.78.0 -182.50.78.255

Description:

IP range associated with specific Salesforce email services

Once these configurations are verified and set up, email communication should function properly between Salesforce and your system. Please reach out to

OHProviderRelations@MolinaHealthcare.com with any questions or technical issues.

Molina's utilization management

One of Molina's utilization management (UM) department's goals is to render appropriate UM decisions consistent with objective clinical evidence. To achieve this goal, Molina maintains the following guidelines:

- Our highly trained UM staff evaluates medical information received by our providers against nationally recognized objective- and evidence-based criteria. We also consider individual circumstances (at minimum: age, comorbidities, complications, progress of treatment, psychosocial situation and home environment, when applicable) and the local delivery system when determining the medical appropriateness of requested health care services.
- Molina's clinical criteria include:
 - MCG criteria that are utilized to conduct inpatient review (except when Change Healthcare InterQual® is contractually required)
 - American Society of Addiction Medicine (ASAM) criteria
 - National Comprehensive Cancer Network (NCCN)
 - Hayes Directories
 - Applicable Medicaid guidelines
 - Molina Clinical Policy (MCP)
 - UpToDate®
 - Other nationally recognized criteria, including technology assessments and wellcontrolled studies that meet industry standards, Molina policy, and when appropriate, third-party (outside) board-certified physician reviewers
- Molina ensures all criteria used for UM decision-making are available to practitioners upon request. The clinical policy website, MolinaClinicalPolicy.com, provides access to MCP and MCR criteria. Providers can also access the MCG Cite for Care Guideline Transparency tool through our Availity Essentials (Availity) provider portal. To obtain a copy of the UM criteria, call our UM department at (855) 322-4079.
 - Providers can also find the Molina of Ohio Medicaid-specific clinical policies on the Molina Ohio Clinical Policy page.
- As the requesting practitioner, you will receive written notification of all UM denial decisions. If you need assistance contacting a medical reviewer about a case, please call the UM department at (855) 322-4079.

It is important to remember:

- UM decision-making is based only on the appropriateness of care and service and the existence of coverage.
- Molina does not specifically reward practitioners or other individuals for issuing denials of coverage or care.
- UM decision-makers do not receive financial incentives or other types of compensation to encourage decisions that result in underutilization.
- Practitioners may freely communicate with patients about their treatment, regardless of benefit coverage.

Molina's utilization management (continued)

- Medicaid members have the right to a second opinion from a qualified practitioner. If an appropriate practitioner is not available in-network, Molina will arrange for a member to obtain a second opinion out of network at no additional cost to the member. Molina provides for a second opinion from a qualified in-network practitioner. Members from all Molina lines of business and programs should refer to their benefit documents (such as schedule of benefits and/or evidence of coverage) for second-opinion coverage benefit details, limitations and cost-share information. If an appropriate practitioner is unavailable in-network, prior authorization (PA) is required to obtain the second opinion of an out-of-network provider. Claims for out-of-network providers without a PA will be denied, unless regulation dictates otherwise. All diagnostic tests, consultations, treatments, and/or surgical procedures must be a benefit under the plan and meet all applicable medical necessity criteria to be covered.
- Some of the most common reasons for a delay or denial of a request include:
 - Insufficient or missing clinical information to provide the basis for making the decision
 - Lack of or missing progress notes or illegible documentation

Molina's UM department staff are available for inbound collect or toll-free calls during regular business hours to provide information about the UM process and the authorization of care. If you wish to speak with a member of the UM staff, please call (855) 322-4079. You may also fax a question about an UM issue to Molina. The medical director is available to answer more complex medical decision guestions and explain medical necessity denials. Please follow the standard process for requesting a Peer-to-Peer review.

Molina offers the ability to guickly and conveniently submit and check PA status through Availity.

Find a list of Molina PA fax numbers in the Prior Authorization Request Forms:

- Medicaid and MyCare Ohio Medicaid PA Form
- Marketplace PA Form
- **Marketplace Pharmacy PA Request Form**
- Medicare and MyCare Ohio PA Form
 - Medicare-Medicaid Plan (MMP) physical and behavioral health: (844) 251-1541
 - Medicare and MMP inpatient: (844) 834) 2152
- Medicare and MyCare Ohio Medicare BH PA Form
 - Medicare physical and behavioral health: (844) 251-1540
- Medicare and MyCare Ohio Medicare Pharmacy PA Form
 - Medicare Part D pharmacy: (866) 290-1309

For information about Molina's formulary PA and the exception process, please refer to the Drug Formulary and Pharmaceutical Procedures article.

Molina's regular business hours are Monday-Friday (excluding holidays), from 7 a.m. to 8 p.m., for Medicaid; 8 a.m. to 6 p.m. for MyCare Ohio; and 8 a.m. to 5 p.m. for Medicare and Marketplace. Voicemail messages and faxes received after regular business hours will be returned the following business day. Molina has language assistance and TDD/TTY services for members with language barriers, members who are deaf or hard of hearing and those with speech disabilities.

Care management

Molina offers you and your patients the opportunity to participate in our complex care management program. Members must have the most complex service needs for this voluntary program. This may include members with multiple medical conditions, high levels of dependence, conditions that require care from multiple specialties and/or additional social, psychosocial, psychological and emotional issues that exacerbate the condition, treatment regime and/or discharge plan.

The purpose of the Molina complex care management program is to:

- Conduct a needs assessment of the patient, patient's family and/or caregiver
- Provide intervention and care coordination services within the benefit structure across the continuum of care
- Empower our patients to optimize their health and level of functioning
- Facilitate access to medically necessary services and ensure they are provided at the appropriate level of care in a timely manner
- Provide a comprehensive and ongoing care plan for continuity of care in coordination with the provider, the provider's staff, the member and the member's family

If you would like to learn more about this program, speak with a complex care manager and/or refer a patient for an evaluation, call toll-free (855) 322-4079.



Important message – Updating provider information

Molina Healthcare of Ohio, Inc. needs to keep our provider network information current. Up-todate provider information allows Molina to accurately generate provider directories, process claims and communicate with our provider network. Providers must notify Molina in writing at least 30 days in advance, when possible, of changes, such as::

- Change in practice ownership or Federal Tax ID number
- Practice name change
- A change in practice address, phone or fax numbers
- Change in practice office hours

- New office site location
- Primary care providers (PCP) only: If your practice opens or closes your panel to new patients
- When a provider joins or leaves the practice

If a provider is unable to make updates through the CAQH portal for Medicare and Marketplace, changes should be submitted on the Provider Information Form, which is located on the Molina **Provider Website**

Send changes to:

Email: MHOProviderUpdates@MolinaHealthcare.com

Fax: (866) 713-1893

Contact a Provider Services representative at (855) 322-4079 if you have guestions.

Medicaid and MyCare Ohio providers must update their demographic information in the Ohio Department of Medicaid's (ODM) Provider Network Management (PNM) system within 30 days of the change. Molina may require additional information that is not available in the PNM system. For more information, please consult the Provider Data Accuracy and Validation section of the posted Provider Manual

Practitioner credentialing rights: What you need to know

Molina must protect its members by assuring their care is of the highest quality. One protection is assurance that our Medicare and Marketplace providers have been credentialed according to the strict standards established by the state regulators and accrediting organizations. As a Molina provider, your responsibility includes full disclosure of all issues and timely submission of all credentialing and re-credentialing information.

Molina is also responsible to its providers to ensure that the credentialing information it reviews is complete and accurate. As a Molina provider, you have the right to:

- Strict confidentiality of all information submitted during the credentialing process
- Non-discrimination during the credentialing process
- Be notified of information obtained during the credentialing process that varies substantially from what you submit
- Review information submitted from outside primary sources (e.g., malpractice insurance carriers, state licensing boards) to support your credentialing application, except for references, recommendations or other peer-review protected information
- Correct erroneous information

Practitioner credentialing rights: What you need to know (continued)

- Be informed of the status of your application upon request by calling the credentialing department at (855) 322-4079
- Receive notification of the credentialing decision within 60 calendar days of the committee decision or shorter timeframes as contractually required
- Receive notification of your right to appeal an adverse decision made by the committee
- Be informed of the above rights

Please review our provider manual for further details on all your rights as a Molina provider. You may review the provider manual on our website at:

- Medicare
- **Marketplace**

You also can contact a Provider Services representative at:

Phone number: (855) 322-4079

Email: OHProviderRelations@MolinaHealthcare.com

ODM is responsible for credentialing and recredentialing all Medicaid and MyCare Ohio providers. Please direct any credentialing inquiries to ODM or visit the ODM PNM & Centralized Credentialing website

- Medicaid
- **MyCare Ohio**

Drug Formulary and pharmaceutical procedures

At Molina, the Drug Formularies, sometimes referred to as a preferred drug list (PDL), and pharmacy services procedures are maintained by the National Pharmacy and Therapeutics (P&T) Committee. This committee meets quarterly or more frequently if needed.

The P&T Committee is responsible for developing and updating drug formularies that promote safety, effectiveness and affordability where state regulations allow. The committee objectively reviews new Food and Drug Administration (FDA) approved drugs, drug classes, new clinical indications for existing drugs, new line extensions and generics, new safety information, new clinical guidelines and practice trends that may impact previous formulary placement decisions. Additional committee oversight includes PA, step therapy, quantity limits, generic substitutions, medical exception protocols to allow coverage for non-formulary drugs, other drug utilization management activities that affect access, and drug utilization evaluations and intervention recommendations for Molina health plans. Drug formulary activities are inclusive of prescriberadministered specialty medications as a medical benefit and pharmacy benefit services.

The drug formularies reviewed and approved by the P&T Committee are updated quarterly and include an explanation of quantity limits, age restrictions, therapeutic class preferences and step therapy protocols. These changes and all current documents are also posted on our website at:

- Medicaid Single Pharmacy Benefit Manager (SPBM)
- **MyCare Ohio**

- Medicare
- **Marketplace**

Drug Formulary and pharmaceutical procedures (continued)

Providers may request a formulary exception for coverage of a drug outside of the drug formulary restrictions. A formulary exception should be requested to obtain a drug that is not included on a member's drug formulary or to request that a UM requirement be waived (e.g., step therapy, PA, quantity limit) for a formulary drug. Select medications on the drug formulary or drugs not listed on the formulary may require PA.. The drug formulary/PDL is available online at:

- Medicaid SPBM (Gainwell)
- **MyCare Ohio**

- Medicare
- **Marketplace**

The P&T Committee also promotes member safety. In the event of a Class II recall or voluntary drug withdrawal from the market for safety reasons, affected members and prescribing practitioners will be notified by Molina within 30 calendar days of the FDA notification. An expedited process is in place to ensure notification to affected members and prescribing practitioners of Class I recalls as quickly as possible. These notifications will be conducted by fax, mail and/or telephone.

Ohio Medicaid utilizes a SPBM to provide pharmacy services across all Ohio Medicaid Managed Care Organizations (MCO). Gainwell is the current SPBM. Gainwell is responsible for prescribing drug PA, claims and processing. To learn more, visit SPBM.

Gainwell uses the ODM Unified Preferred Drug List (UPDL). Find the current UPDL on the ODM Ohio Unified Preferred Drug List page

Resources available on Molina's provider website

Featured online at **MolingHealthcare.com**:

- Clinical practice and preventive health guidelines
- Health management programs
- Quality improvement programs
- Member rights and responsibilities

- Privacy notices
- Provider manual
- Current formulary
- Culturally and Linguistically Appropriate Services (CLAS)

If you would like to receive any of the information posted on our website in a printed format, please call (855) 322-4079.

Translation services

Molina can provide information in our members' primary languages. When members call Molina, we can arrange for an interpreter to help you speak with our members in almost any language. We also provide written materials in different languages and formats. If you need written materials in a language other than English, please contact Molina at (855) 322-4079. You can also call TTD/ TTY: 711 if a member has a hearing or speech disability.



Patient safety

Patient safety activities encompass appropriate safety projects and error avoidance for Molina members in collaboration with their PCPs.

The Molina patient safety activities address the following:

- Continued information about safe office practices
- Member education about members taking an active role in reducing the risk of errors in their care
- Member education about safe medication practices
- CLAS training
- · Improvement in the continuity and coordination of care between providers to avoid miscommunication
- Improvement in the continuity and coordination between sites of care, such as hospitals and other facilities, to ensure timely and accurate communication
- Distribution of research on proven safe clinical practices

Molina also monitors nationally recognized quality index ratings for facilities from:

- **Leapfrog Quality Index Ratings**
- The Joint Commission Quality Check®

Providers can also access the following links for additional information on patient safety:

- The Leapfrog Group
- The Joint Commission

Care for older adults

Many adults over 65 have comorbidities that often affect their quality of life. As this demographic ages, decreased physical function, cognitive ability and increased pain are common. Regular assessment of these additional health aspects can help ensure this population's needs are appropriately met.

- Advance care planning Discussions regarding treatment preferences, such as advance directives, should start before the member is seriously ill.
- Medication review All medications the member takes, including prescription and over-thecounter medications or herbal therapies, should be reviewed.
- Functional status assessment including assessments, including those for functional independence or loss of independent performance.
- Pain screening consists of notating the presence or absence of pain.

Providers should include these components in their standard well-care practice for older adults to help identify unrecognized ailments and increase their quality of life.

Hours of operation

Molina requires that providers offer Molina members hours of operation no less than the hours offered to commercial members.

Non-discrimination

All providers who join the Molina provider network must comply with the provisions and guidance set forth by the Department of Health and Human Services (HHS), the Office for Civil Rights (OCR), state law and federal program rules prohibiting discrimination. For additional information please refer to:

- **Medicaid Provider Manual**
- **MyCare Ohio Provider Manual**
- **Medicare Provider Manual**
- **Marketplace Provider Manual**

Additionally, participating providers or contracted medical groups/IPAs may not limit their practices because of a member's medical (physical or mental) condition or the expectation for frequent or high-cost care.



Member rights and responsibilities

Molina wants to inform its providers about some of the rights and responsibilities of Molina members.

Molina members have the right to:

- Receive information about Molina, its services, its practitioners and providers and member rights and responsibilities
- Be treated with respect and recognition of their dignity and their right to privacy
- Help make decisions about their health care
- Participate with practitioners in making decisions about their health care
- A candid discussion of appropriate or medically necessary treatment options for their conditions — regardless of cost or benefit coverage
- Voice complaints or appeals about Molina or the care provided
- Make recommendations regarding Molina member rights and responsibilities policy

Molina members have the responsibility to:

- Supply information (to the extent possible) that Molina and its practitioners and providers need to provide care
- Follow plans and instructions for care that they have agreed to with their practitioners
- Understand their health problems and participate in developing mutually agreed-upon treatment goals to the degree possible
- Keep appointments and be on time (If members are going to be late or cannot keep an appointment, they are instructed to call their practitioner

You can find the complete Molina Member Rights and Responsibilities Statement on our website at:

- Medicaid
- **MyCare Ohio**

- Medicare
- **Marketplace**

Written copies and more information can be obtained by contacting Provider Services at (855) 322-4079.

Population health (health education, disease management, care management and complex care management)

The tools and services described here are educational support for our members. We may change them at any time to meet their needs.

Molina offers programs to help our members and their families manage a diagnosed health condition. As a provider, you also help us identify members who may benefit from these programs. Members can request to be enrolled or disenrolled in these programs. Our programs include:

- Asthma management
- Diabetes management
- High blood pressure management
- Cardiovascular disease (CVD) management/ congestive heart disease
- Chronic obstructive pulmonary disease (COPD) management
- Depression management
- High-risk obstetrician-gynecologist (OB/ GYN) case management
- Transition of care (ToC)

You can find more information about our programs at MolinaHealthcare.com.

If you have additional questions about our programs, please call Provider Services at (855) 322-4079 (TTY/TDD at 711 Relay).



Quality improvement program

Molina's quality improvement (QI) program provides the structure and key processes that enable the health plan to carry out our commitment to ongoing improvement in members' health care and service. The QI committee assists the organization in achieving these goals. It is an evolving program that is responsive to the changing needs of the health plan's members and the standards established by the medical community and regulatory and accrediting bodies.

The key quality processes include but are not limited to:

- Implementation of programs and processes to improve members' outcomes and health status
- Collaboration with our contracted provider network to identify relevant care processes, develop tools and design meaningful measurement methodologies for provided care and service
- Evaluation of the effectiveness of programs, interventions and process improvements and determination of further actions
- Design of effective and value-added interventions
- Continuous monitoring of performance parameters and comparing to performance standards and benchmarks published by national, regional or state regulators, accrediting organizations and internal Molina thresholds
- Analysis of information and data to identify trends and opportunities and the appropriateness of care and services
- Oversight and improvement of functions that may be delegated: claims, UM and/or credentialing
- Confirmation of the quality and adequacy of the provider and health delivery organization network through appropriate contracting and credentialing processes



Quality improvement program (continued)

The QI program promotes and fosters accountability of employees, network and affiliated health personnel for the quality and safety of care and services provided to Molina members.

The effectiveness of QI program activities in producing measurable improvements in the care and service provided to members is evaluated by:

- Organizing multi-disciplinary teams including clinical experts to analyze service and process improvement opportunities, determine actions for improvement and evaluate results
- Tracking the progress of quality activities and goals through appropriate quality committee minutes and reviewing/updating the quality work plan quarterly
- Revising interventions based on analysis when indicated
- Evaluating member satisfaction with their experience of care through the Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey
- Reviewing member satisfaction with their experience with behavioral health services through survey questions and/or evaluation of behavioral health-specific complaints and appeals
- Conducting provider satisfaction surveys with specific questions about the UM process, such as determining the level of satisfaction with getting a service approved, obtaining a referral and care management

Molina would like to help you promote the important care activities you have undertaken in your practices. If you would like to have your projects and programs highlighted on the Molina website, please contact the QI department at **(855) 322-4079**.

If you would like more information about our QI program or initiatives and the progress toward meeting quality goals, you can visit our website at **MolinaHealthcare.com** and access the Health Resources drop-down menu on our provider website pages. If you would like to request a paper copy of our documents, please call the QI department at **(855) 322-4079**.



Standards for medical record documentation

Molina has established medical record documentation standards to help assure our members' highest quality of care. Medical record standards promote quality care through communication, coordination and continuity of care, as well as efficient and effective treatment.

Molina's medical record documentation standards include:

- Medical record content
- Medical record organization
- Information filed in medical records
- Ease of retrieving medical records
- Confidential patient information
- Standards and performance goals for participating providers

Below are commonly accepted standards for documentation in medical records and must be included in each medical record:

- History and physicals
- Allergies and adverse reactions
- Problem list
- Medications
- Documentation of clinical findings and evaluation for each visit
- Preventive services/risk screening

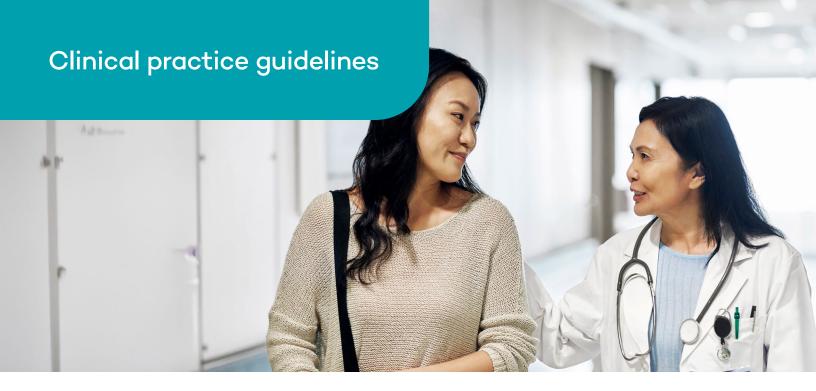
For more information, please call the QI department at (855) 322-4079.

Preventive health guidelines

Preventive health guidelines can benefit providers and their patients. Guidelines are based on scientific evidence, a review of the medical literature or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations.

These guidelines are meant to recommend a standard level of care and do not preclude the delivery of additional preventive services depending on the member's needs.

You can view all guidelines at MolinaHealthcare.com by accessing the Health Resources section on our provider website. To request printed copies of preventive health guidelines, please contact Provider Services at (855) 322-4079.



Clinical practice quidelines are based on scientific evidence, a review of the medical literature or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations. The care recommendations are suggested as guides for making clinical decisions. Providers and our members must work together to develop individual treatment plans tailored to the member's specific needs and circumstances.

Molina has adopted the following Clinical Practice and Behavioral Health Guidelines, which include but are not limited to:

- Acute stress and post-traumatic stress disorder (PTSD)
- Anxiety/panic disorder
- Asthma
- Attention deficit hyperactivity disorder (ADHD)
- Autism
- Bipolar disorder
- Children with special health care needs
- Chronic kidney disease
- Chronic obstructive pulmonary disease
- Depression
- Diabetes

- Heart failure in adults
- Hepatitis C
- Homelessness special health care needs
- Hypertension
- Parkinson's Disease
- Perinatal & Postpartum Care
- Schizophrenia
- Sickle cell disease
- Substance use disorder
- Suicide prevention
- Trauma-informed primary care
- Weight Management

You can also view all guidelines at MolinaHealthcare.com in the Health Resources section on the provider website. To request a copy of any guidelines, please contact Provider Services at (855) 322-4079...

Advance directives

Providers can assist Molina members in preparing an advance directive. Anyone 18 or older can have an advance directive, including a living will document and a durable power of attorney.

Molina complies with Ohio advance directives requirements to ensure members receive advance directives information, and that contracted providers and facilities uphold executed documents. Advance directives are a written choice for health care.

There are four types of advance directives in Ohio:

- Durable Power of Attorney for Health Care: Allows an agent to be appointed to carry out health care decisions
- Living Will: Allows choices about withholding or withdrawing life support and accepting or refusing nutrition and/or hydration
- Guardian Appointment: Allows one to nominate someone to be appointed as guardian if a court determines that a guardian is necessary
- **Declaration for Mental Health Treatment:** Allows a member to appoint a representative to make decisions while they lack the capacity to do so

The following links provide free forms and information to help create an advance directive:

- CaringInfo
- **National Library of Medicine**

Members will need two witnesses for the living will and valid notarization for a durable power of attorney.

An advance directive must be honored to the fullest extent permitted under law. Providers should discuss advance directives and provide appropriate medical advice if the member desires guidance or assistance, including any objections they may have to a directive prior to service whenever possible. Per Ohio law, if a provider cannot follow an advance directive because it goes against their conscience, they must assist the member in finding a provider who will carry out the member's directive. Providers cannot refuse treatment or otherwise discriminate against members because they completed an advance directive. Members have the right to file a complaint if they are dissatisfied with the handling of an advance directive and/or if there is a failure to comply with advance directive instructions

Providers should have materials on advance directives for members to review. Providers also should put a copy of a completed advance directive form in a prominent section of the medical record. The medical record should also document if a member chooses not to execute an advance directive. Providers should inform members that advance care planning is a part of good health care

Behavioral health

PCPs provide outpatient behavioral health services within the scope of their practice and are responsible for coordinating members' physical and behavioral health care.

Behavioral health services are a direct access benefit and are available with no required referrals; however, PCPs are responsible for assisting in coordinating access and treatment, if needed. If you or the member need assistance with obtaining behavioral health services, please contact Member Services at (855) 322-4079.

Our 24-hour Nurse Advice Line is also available to members 24 hours a day, 7 days a week, 365 days per year for mental health or substance use disorder needs. The services received will be confidential

Providers may refer to the Molina Behavioral Health Toolkit for providers for additional clinical guidance, recommendations and training/education opportunities related to behavioral health conditions

Note: OhioRISE is a special managed care program for youth with complex behavioral health and multisystem needs. Find additional details in the Medicaid Provider Manual.

Care coordination and transitions

Coordination of care during planned and unplanned transitions for Molina members

Molina is dedicated to providing quality care for our members during planned or unplanned transitions. A transition is when members move from one setting to another, such as when a Molina member is discharged from a hospital. By working together with providers, Molina makes a special effort to coordinate care during transitions to avoid potential adverse outcomes.

Molina has resources to assist you in easing the challenge of coordinating care. Our staff, including nurses, can work with all parties to ensure appropriate care.

To appropriately coordinate care, Molina will need the following information in writing from the facility within one business day of the transition from one setting to another.

- Discharge plan when the member is transferred to another setting
- A copy of the member's discharge instructions when discharged to home

Providers can locate a list of Molina PA fax numbers in the following forms:

Medicaid

Medicare

MyCare Ohio

Marketplace

Health risk assessment and self-management tools

Molina provides members with a health risk assessment (health appraisal) on the My Molina® member portal. Our members are asked questions about their health and behaviors and receive a report about possible health risks. A self-management tool is also available to offer guidance for weight management, depression, financial wellness and various other topics. Molina members can access these tools on MyMolina.com.