

## Provider Quick Reference Guide: Diabetes and Hypertension Care

Molina Healthcare of Ohio, Inc., is your partner in care. This is a Quick Reference Guide to assist you to get the care and services your patients need to help manage their diabetes and/or hypertension between office visits.

Members of the Molina Healthcare of Ohio Medicaid or Molina Dual Options MyCare Ohio Medicare-Medicaid Plans (MMP) have access to available benefits to support them in this health journey. Depending on what they need and when it’s needed, this information can help connect them to quality health care programs and services.

When a Molina Medicaid or MyCare Ohio Member Needs:	
<b>Continuous Glucose Monitor</b>	<p>Medicaid: Prior Authorization (PA) is not required for network pharmacy or Durable Medical Equipment (DME) providers. A prescription is needed and can be filled by a Medicaid Single Pharmacy Benefit Manager in-network pharmacy or a Molina DME provider.</p> <p>MyCare Ohio: Start a PA on the <a href="#">Availity Essentials Portal</a> or fax to (844) 251-1451.</p> <p>Search the <a href="#">Molina Provider Directory</a> for a local network pharmacy or DME provider.</p>
<b>Diabetes Self-Management Education Program (DSME)</b>	<p>Search the <a href="#">Molina Provider Directory</a> for a local DSME provider.</p>
<b>Glucometer</b>	<p>A prescription is needed for a glucometer and diabetic supplies to be filled at a local pharmacy.</p>
<b>Home Blood Pressure (BP) monitor</b>	<p>A prescription is needed with the following information:</p> <ul style="list-style-type: none"> <li>• Member demographics (name, date of birth, address)</li> <li>• Diagnosis</li> <li>• Cuff size (standard or extra-large)</li> <li>• Molina Identification (ID) number</li> <li>• Physician signature, National Provider Identifier (NPI) number and office phone number</li> <li>• Date</li> </ul> <p>The prescription will be filled by a DME company. Depending on the company, the order can be faxed, called in or the member can take the prescription to the store. The company may ship, deliver or prefer the member pick it up at their location.</p> <p>Search the <a href="#">Molina Provider Directory</a> for a DME provider or call Molina Member Services for assistance:</p> <ul style="list-style-type: none"> <li>• Medicaid (800) 642-4168</li> <li>• MyCare Ohio: (855) 665-4623</li> </ul>

<b>Behavioral Health or Substance Use Disorder Treatment</b>	<p>For help with behavioral health and substance use treatment, a A Member Services representative can help connect members to needed care:</p> <ul style="list-style-type: none"> <li>• Medicaid (800) 642-4168</li> <li>• MyCare Ohio: (855) 665-4623</li> </ul>
<b>Care Management</b>	<p>For extra help with a health problem, a Care Manager can help connect members with community resources, set up services with a primary care doctor or specialist and more:</p> <ul style="list-style-type: none"> <li>• Medicaid (800) 642-4168</li> <li>• MyCare Ohio: (866) 891-2320</li> </ul>
<b>Disease/Health Management</b>	<p>For help managing diabetes or heart disease and making healthy lifestyle choices, educational programs are available:</p> <ul style="list-style-type: none"> <li>• Medicaid and MyCare Ohio: (866) 891-2320</li> </ul>
<b>Health Education Programs</b>	<p>For help learning about healthy eating, exercise and ways to quit smoking, educators are available to provide healthy lifestyle tips:</p> <ul style="list-style-type: none"> <li>• Medicaid and MyCare Ohio: (866) 472-9483</li> </ul>
<b>Medical Nutrition Therapy (Diabetes)</b>	<p>For medical nutrition therapy for members with diabetes, local registered dieticians can be found by visiting the Academy of Nutrition and Dietetics website: <a href="http://eatright.org/find-an-expert">eatright.org/find-an-expert</a>.</p>

<b>24-hour Nurse Advice</b>	<p>Health care advice, nurses are available to help get needed care:</p> <ul style="list-style-type: none"> <li>• Medicaid (888) 275-8750</li> <li>• MyCare Ohio (855) 895-9986</li> </ul>
<b>Non-emergency medical transportation</b>	<p>Transportation to health care appointments, Transportation Specialists are available to explain the benefit and assist:</p> <ul style="list-style-type: none"> <li>• Medicaid (866) 642-9279</li> <li>• MyCare Ohio (844) 491-4761</li> </ul>
<b>Provider Services</b>	<p>When a provider needs help, a Provider Services representative can answer plan-related questions:</p> <ul style="list-style-type: none"> <li>• Medicaid and MyCare Ohio (855) 322-4079</li> </ul>

For more information about these programs and services view the following:

- Medicaid: [What's Covered](#) page
- MyCare Ohio: [What's Covered](#) page

**Current Procedural Terminology (CPT®) II Codes:** Specific codes are needed on your claims to report BP readings and A1c values for the controlled BP and poor control A1c quality measure for the Ohio Comprehensive Primary Care Program and HEDIS®. Please be sure to include one or more of the following CPT II codes on your claims, when appropriate, to ensure that BP readings and A1c values are reported properly:

CPT®/II code	Most recent BP:
3074F	Systolic less than 130 mm Hg
3075F	Systolic 130-139mm Hg
3077F	Systolic greater than or equal 140 mm Hg
3078F	Diastolic less than 80 mm Hg
3079F	Diastolic 80-89 mm Hg
3080F	Diastolic greater than or equal 90 mm Hg

CPT®/II code	Most recent hemoglobin A1c:
3044F	Less than 7.0%
3046F	Greater than 9.0%
3051F	7.0% to less than 8.0%
3052F	8.0% to less than 9.0%