

## IMPORTANT UPDATE: CONTINUOUS GLUCOSE MONITORS (CGM)

*Effective 1/1/2020, CGM are covered under the member's pharmacy benefit. Prior authorization is required, and requests should be faxed to Molina Healthcare Pharmacy Services at: (855) 571-3011. When submitting these requests, please provide the information outlined below.*

**For long term use (> 14 days)** and/or in combination with an external insulin pump, the following must be met:

**Adults who are 18 years of age or older with type 1 diabetes** (including gestational diabetes of pregnancy):

- MD is a board-certified endocrinologist or maternal fetal medicine prescribing CGM, AND
- Documentation of a comprehensive diabetic education program, AND
- Frequency of glucose self-testing at least 4 times per day during the previous month, AND
- Compliance with a plan recommended by a board-certified endocrinologist, AND
- Insulin injections are required 3 or more times per day, AND
- FDA approved device is being requested, AND
- Insulin dose is adjusted based on self-testing results, AND
  - Inadequate glycemic control despite compliance with frequent self-testing, AND
  - Fasting hyperglycemia (greater than 150mg/dl) OR
  - Recurring episodes of severe hypoglycemia (less than 50mg/dl), AND
- Persistent, recurrent unexplained severe hypoglycemic event, OR
- Hypoglycemia unawareness, OR
- Episodes of ketoacidosis, OR
- Hospitalizations for uncontrolled glucose levels, OR
- Frequent nocturnal hypoglycemia despite appropriate modifications in insulin therapy, AND
- HbA1c above 7% and have demonstrated compliance with an intensive insulin regimen and blood glucose monitoring 4 or more times a day and is willing and able to use the CGM device daily; AND
- Compliance with frequent self-monitoring of blood glucose (i.e., at least four times daily). **Note: Blood glucose logs must be included with the prior authorization request.**

**Children who are age 2-18 years with type 1 diabetes:**

- Board certified endocrinologist prescribing CGM confirms the member or caregiver is capable of using a long-term CGM system, AND
- CGM device is FDA approved for use in pediatric patients, AND
- HbA1c levels below 7.0%, and the CGM device is medically necessary to limit the risk of hypoglycemia, OR
- HbA1c levels greater than 7.5% and have demonstrated compliance with an intensive insulin regimen and blood glucose monitoring 4 or more times a day and is willing and able to use the CGM device daily. **Note: Blood glucose logs must be included with the prior authorization request.**

**Continued use/re-authorization** requires documentation of improved diabetic control AND compliance with device usage (i.e., download data).