

Ouma Health + Molina Healthcare of Utah: Extra Help for Maternity Care

Who We Are

Ouma Health is a clinician-led maternity telehealth program. We provide access to:

- Maternal-Fetal Medicine (MFM) specialists
- Behavioral-health clinicians
- Personalized nurse navigation

Why We Are a Molina Partner

Molina has partnered with Ouma to make timely prenatal care easier to get.
We support – not replace – your patient relationship. Together, we help more pregnant people get care when needed.



How We Work Together

1.

You refer new OB patients to Ouma for intake.

2.

Within 24 hours,
Ouma completes
a virtual visit that
includes history and
physical (H&P), risk
screening, and HEDIS
counseling. We can
send prescriptions
and lab orders.

3.

We send a clear H&P and care plan to your office before the first in-person visit so your team can focus on the relationship.

4.

We remain available for MFM consults, lactation help, and behavioral-health services.

