

## Addiction and Recovery Treatment Services (ARTS) Service Authorization Review Form – Extension Requests ASAM Levels 2.1/2.5/3.1/3.3/3.5/3.7/4.0

No Service Authorization Needed for ASAM Level 0.5/1.0/OTP/OBOT

## Fax Form to Respective Health Plan Using Contact Information Below PLEASE TYPE INFORMATION IN THIS FORM – MUST BE COMPLETED BY CREDENTIALED ADDICTION TREATMENT PROFESSIONAL Please use this form for submitting requests for extensions of current ASAM Level of Care.

MEMBER INFORMATION		
Member Name:		DOB:
Member ID:	If retroactively enrolled, provide enr	ollment date:

PROVIDER INFORMATION		
Provider Group/Clinic:	Clinical Contact:	
Street Address:	Physician Contact:	
City   State   Zip:	Provider ID/NPI:	
Phone:	Fax:	

(Enter prima	ICD-10 DIAGNOSIS CODE(S) ary and any applicable co-occurring ICD-10 dia	gnosis codes)
1.	3.	5.
2.	4.	6.

SERVICE AUTHORIZATION			
Existing Service Authorization Number:		Requested end date of this extension:	

ASAM LEVEL OF CARE REQUESTED AND NUMBER OF UNITS (1 unit = 1 day)					
Code/Description Units Code/Description Check Appropriate Code		Units			
H0015 ASAM 2.1   Intensive Outpatient			H0010 / rev 1002 Mod HB ASAM 3.5   Clinically Managed High Intensity Residential Services (Adults)		
Rev 0906 / H0015 ASAM 2.1   Intensive Outpatient			H0010 / rev 1002 Mod HA ASAM 3.5   Clinically Managed Medium Intensity (Adolescent)		
S0201 ASAM 2.5   Partial Hospitalization			H2036 / rev 1002 Mod HB ASAM 3.7   Medically Monitored Intensive Inpatient Services (Adults)		
Rev 0913 / S0201 ASAM 2.5   Partial Hospitalization			H2036 / rev 1002 Mod HA ASAM 3.7   Medically Monitored High Intensity Inpatient Services (Adolescent)		
H2034 ASAM 3.1   Clinically Managed Low-Intensity Residential Services			H0011 / Rev 1002 ASAM 4.0   Medically Managed Inpatient Services		
H0010 / rev 1002 Mod TG ASAM 3.3   Clinically Managed Population-Specific High- Intensity Residential Services		OF TH	ESTIMATED DURATION IS EPISODE OF CARE FOR REQUESTED ASAM LEVEL:		



	м	EDICATION			
	Please list ALL medications prescribed by substance use treatment provider, such as a buprenorphine product. Include type and dosage, frequency, start date, patient response, and prescriber below ( <b>OR ATTACH MEDICATION LIST</b> ). N/A				
Name of Medication	Type/Dosage/Frequency	Patient's Response	Prescriber		

ALCOHOL/DRUG SCREENS				
Please list the Alcohol/Drug Screens (last 3 tests)	(OR ATTACH	IN CLINICA	IL NOTE) N/A	
Alcohol/Drug Screen	Date of Specimin	Negative	Positive (if positive, list substances and level present	

	ASSESSMENT AND SCORING
	DIMENSION 1   Acute Intoxication and/or Withdrawal Potential
	No withdrawal
	Minimal Risk of severe withdrawal (ASAM Level 2.1)
	Moderate risk of severe withdrawal (ASAM Level 2.5)
	No withdrawal risk, or minimal or stable withdrawal (ASAM Level 3.1)
	At minimal risk of severe withdrawal (ASAM Level 3.3 or 3.5)
	ASAM LEVEL 3.7 ONLY: Patient has the potential for life threatening withdrawal
	(must meet at least two of the six dimensions, at least one of which is within dimension 1, 2, or 3)
	ASAM LEVEL 4.0 ONLY: Patient has life threatening withdrawal symptoms, possible or experiencing seizures or DT's or
	other adverse reactions are imminent
	e brief summary of the member's needs/strengths for Dimension 1(OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):
	mbers with an Opioid Use Disorder, please describe how you have assessed the need for and offered medication assisted treatment
(MAT):	



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Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

	DIMENSION 2   Biomedical Conditions/Complications
	None or not sufficient to distract from treatment (ASAM Level 2.1 or 2.5)
	None/stable or receiving concurrent treatment – moderate stability (3.1, 3.3, 3.5)
	Require 24-hour medical monitoring, but not intensive treatment (3.7)
	<b>ASAM LEVEL 4.0 ONLY:</b> Severe instability requires 24-hour medical care in licensed medical facility. May be the result of life threatening withdrawal or other co-morbidity
Provide	e brief summary of the member's needs/strengths for Dimension 2 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):

ASAM Level:

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

	DIMENSION 3   Emotional/Behavioral/Cognitive Conditions		
	None or very stable (ASAM Level 1.0)		
	Mild severity, with potential to distract from recovery; needs monitoring (ASAM Level 2.1)		
	Mild to moderate severity; with potential to distract from recovery; needs to stabilize (ASAM Level 2.5)		
	Non or minimal; not distracting to recovery (ASAM Level 3.1)		
	Mild to moderate severity; needs structure to focus on recovery (ASAM Level 3.3)		
	Demonstrates repeated inability to control impulses, or unstable with symptoms requiring stabilization (ASAM Level 3.5)		
	Moderate severity needs 24-hour structured setting (ASAM Level 3.7)		
	Severely unstable requires 24-hour psychiatric care (ASAM Level 4.0)		
Provide	brief summary of the member's needs/strengths for Dimension 3 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):		

ASAM Level:

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

DIMENSION 4   Readiness to Change			
Readiness for recovery but needs motivating and monitoring strategies to strengthen readiness, or needs ongoing monitoring and disease management (ASAM Level 1.0)			
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment several times per week to promote change (ASAM Level 2.1)			
Has variable engagement in treatment, lack of awareness of the seriousness of substance use and/or coexisting mental health problems. Requires treatment almost daily to promote change (ASAM Level 2.5)			
Open to recovery but requires structured environment (ASAM Level 3.1)			
Has little awareness of need for change due to cognitive limitations and addition and requires interventions to engage to stay in treatment (ASAM Level 3.3)			
Has marked difficulty with treatment or opposition due to functional issues or ongoing dangerous consequences (ASAM Level 3.5)			



	Poor impulse control, continues to use substances despite severe negative consequences (medical, physical or situational)
	and requires a 24-hour structured setting (ASAM Level 3.7)

Provide brief summary of the member's needs/strengths for Dimension 4 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):

ASAM Level:

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

DIMENSION 5   Relapse, Continued Use or Continued Problem Potential					
	Minimal support required to control use, needs support to change behaviors (ASAM Level 1.0)				
High likelihood of relapse/continued use or addictive behaviors, requires services several times per week (ASAM Leve					
	Intensification of addition and/or mental health issues and has not responded to active treatment provided in a lower levels of care. High likelihood of relapse, requires treatment almost daily to promote change (ASAM Level 2.5)				
	Understands relapse but needs structure (ASAM Level 3.1)				
	Has little awareness of need for change due to cognitive limitations and addition and requires interventions to engage to stay in treatment (ASAM Level 3.3)				
	Does not recognize the severity of treatment issues, has cognitive and functional deficits (ASAM Level 3.5)				
	Unable to control use, requires 24-hour supervision, imminent dangerous consequences (ASAM Level 3.7)				
Provide brief summary of the member's needs/strengths for Dimension 5 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):					
ASAM Level:					

Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).

DIMENSION 6   Recovery/Living Environment						
	Supportive rec	overy environment and patient has skills to cope with stressors (ASAM Level 1.0)				
	] Not a fully supportive environment but patient has some skills to cope (ASAM Level 2.1)					
	Not a supportive environment but can find outside supportive environment (ASAM Level 2.5)					
	Environment is dangerous, patient needs 24-hour structure to learn to cope (ASAM Level 3.1 or 3.3)					
	Environment is	s imminently dangerous, patient lacks skills to cope outside of a highly structured environment (ASAM Level 3.5				
	or 3.7)					
Provide brief summary of the member's needs/strengths for Dimension 6 (OR ATTACH CLINICAL NOTE WITH ASAM ASSESSMENT):						
ASAM Level:						
-	Provide all supporting clinical documentation to justify your assessment in this dimension and your recommended ASAM Level (via attachments).					



DOCUMENT THE FOLLOWING IN THE BOXES BELOW. SUPPORTING CLINICAL INFORMATION MAY BE ATTACHED TO THIS FORM.

**1**. Describe how the member is progressing under the current treatment plan.

2. Document the revised treatment goals.

3. Document the discharge plan/disposition. Include discharge level of care, agency name and any coordination that has been done with the transition provider. A full comprehensive discharge plan is required to complete this service request. For members with an Opioid Use Disorder, please describe the discharge plan for medication assisted treatment (MAT), including scheduling appointments with outpatient MAT providers.

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For members with an Opioid Use Disorder, your signature indicates that the provider has:

- Educated the member that MAT is the standard of care;
- Performed an assessment that specifically addresses MAT with specific recommendations; and



• Documented how member will receive access to MAT for both withdrawal management and maintenance, including coordination of access when clinically indicated.

SIGNATURE OF STAFF COMPLETING THE FORM				
Name (print):				
Signature/Credential:	Date:			



## PLEASE SEND FORM TO THE DESIGNATED HEALTHCARE PLAN USING THE CONTACT INFORMATION BELOW FOLLOWING THE TIME FRAME REQUIREMENTS IN THE ARTS PROVIDER MANUAL.

Please note a processing time for ASAM Level 4.0/3.7/3.5/3.3 is 1 calendar day from receipt and ASAM Level 3.1/2.5/2.1 is 3 calendar days from receipt.

CONTACT INFORMATION					
Medallion 3.0 Managed Care Organization	Phone Number	Fax Number			
Aetna Better Health	(804) 350-0816	(866) 669-2454			
Anthem Healthkeepers Plus	(800) 901-0020	(877) 434-7578 (for inpatient) (800) 505-1193 (for outpatient)			
INTotal Health	(855) 323-5588	(888)393-8978			
Kaiser	(301) 625-6104 (301) 625-6103 (301) 625-6102	(855) 414-1703			
Optima Family Care	(800) 648-8420 (757) 552-7174	(844) 366-3899 (757) 837-4878			
Virginia Premier Health Plan	(800) 727-7536 (toll –free) (804) 819-5151 (local)	(877) 739-1365			
Commonwealth Coordinated Care (CCC) Plus	Phone Number	Fax Number			
Aetna Better Health of Virginia	(804) 350-0816	(866) 669-2454			
Anthem HealthKeepers Plus	(800)901-0020	(877) 434-7578 (for inpatient) (800) 505-1193 (for outpatient)			
Molina Complete Care	(800) 424-4524	(855) 339-8179			
Optima Health Community Care	(888) 946-1168	(844) 839-4612 (757) 837-4703			
UnitedHealthcare	(877) 843-4366	(855) 368-1542			
Virginia Premier Health Plan	(844) 513-4951	(888) 237-3997			
Behavioral Health Services Administrator	Phone Number	Fax Number			
Magellan of Virginia	(800) 424-4046	N/A			