

Adolescent Health Mini Needs Assessment

Sharing on behalf of the Washington State Department of Health

In the Adolescent and Young Adult Health Unit, we want young Washingtonians to have access to healthcare services that meet their individual needs and can use the full range of available health services. To learn more about the state of Adolescent Healthcare in Washington, including the challenges, barriers, and potential improvements to consider, we launched a mini-needs assessment. The goal is to hear from teens, young adults, and their healthcare providers about healthcare access, services, and delivery, including adolescent well-visits and mental and behavioral health.

We're looking for individuals in Washington, ages 13-22 to take an anonymous online survey. Please use the survey link: redcap.doh.wa.gov/surveys/?s=9AEFREWRJX, or use the camera on your phone to scan the QR below to get started.



For youth-serving health care providers:

We want to hear from medical and behavioral health providers serving teens and young adults about adolescent healthcare challenges, needs, and successes. This feedback will guide adolescent health support and training for youth-serving providers.

We have three ways to share:

- **Take an online survey**. The survey should take about 20 minutes and has mostly open-ended questions: <u>Introduction</u> (wa.gov)
- Participate in one of our virtual listening sessions on April 9th, 2024. The first is scheduled at 7:00 am and the second at 12:00 pm. We will also share feedback from youth engagement activities during this time. Use the Zoom meeting registration link to register: <u>Webinar Registration Zoom</u>
- Participate in a critical informant interview; please email<u>adolescenthealthunit@doh.wa.gov</u> to schedule.

Please help us spread the word! Share this information with eligible teens, young adults, and youth-serving healthcare provider organization, networks.

- To find more information about this project, please visit the <u>Adolescent and Young Adult Health Needs Assessment</u> <u>Healthier Washington Collaboration Portal (waportal.org)</u>
- To find resources and information for young teens, please visit: <u>Teen Health Hub WA | Washington State</u> <u>Department of Health</u>