

# Provider Bulletin

Molina Healthcare of Washington, Inc.

November 2025

## Prior Authorization Change to Medical Nutrition Therapy Services Effective November 10, 2025 (Medicaid)

Effective November 10, 2025, Molina Healthcare of Washington updated Prior Authorization (PA) requirements for medical nutrition therapy services to align with the Washington State Health Care Authority (HCA) Medical Nutrition Therapy Billing Guide. This change affects our **Apple Health, Apple Health Expansion, and IMC lines of business and does not apply to Marketplace members.**

### Update:

*Medical Nutrition Therapy services for members 21 and older (with a qualifying condition as outlined in the HCA Medical Nutrition Therapy Billing Guide) and Members 20 and younger (regardless of diagnosis) change from unlimited units to prior authorization required after the benefit limits outlined in the HCA Medical Nutrition Therapy Billing Guide have been utilized.*

Molina will require a PA for both participating and non-participating providers for claims submitted for services rendered in all settings.

Clinical notes are required for review and approval of your authorization request. Submitting clinical notes along with the PA is recommended to receive a timely and accurate decision. If a PA is required for a requested service, please fax your authorization request to Molina at (833) 552-0030 for Behavioral Health or (800) 767-7188 for Physical Medicine.

PA forms can be found on our provider website at:

- Medicaid: [MolinaHealthcare.com/providers/wa/Medicaid/forms/fuf.aspx](https://MolinaHealthcare.com/providers/wa/Medicaid/forms/fuf.aspx)

Our goal is to provide you with excellent customer service. If you have any questions or concerns, please contact your Provider Services Representative at (855) 322-4082, Monday through Friday, between 8:00 a.m. and 5:00 p.m.

Thank you for your continued service to your Molina members.