



Provider Newsflash



A fax bulletin for the Molina Healthcare of Washington Provider Network

Partnership Access Line (PAL) for Moms Free telephone consultation resource for providers

Molina Healthcare invites our provider partners to access Partnership Access Line (PAL) for Moms, a free telephone consultation service provided by the University of Washington.

PAL for Moms (formerly Perinatal Psychiatry Consultation Line) provides telephone consultation to all health care providers in Washington State treating patients with mental health needs during pregnancy and postpartum.

PAL for Moms offers the following, via faculty from the UW Department of Psychiatry and Behavioral Sciences:

- Telephone consultation and recommendations
- Referrals to community resources

UW faculty providing consultation have expertise in perinatal mental health. They can offer solutions to any mental health-related issues affecting patients who are pregnant, in the first year postpartum, or who have pregnancy-related complications.

Topics of discussion may include:

- Depression, anxiety, and other psychiatric disorders (e.g., bipolar disorder, post-traumatic stress disorder)
- Pregnancy loss or complications
- Infertility
- Difficult life events
- Risks of psychiatric medications
- Non-medication treatments

To use PAL for Moms, call (206) 685-2924 or (877) 725-4666 (PAL4MOM), Monday through Friday from 1 p.m. to 5 p.m. Please leave your name and phone number. You can expect to receive a response within one business day.

For more information, visit mcmh.uw.edu/ppcl or email PAL for Moms at ppcl@uw.edu.

Thank you for your continued service to Molina members.