

## Provider Newsflash



A fax bulletin for the Molina Healthcare of Washington Provider Network

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## New Provider Resource UW offers Perinatal Psychiatry Consultation Line

Molina Healthcare would like to share a new Consultation resource offered by the University of Washington:

UW Perinatal Psychiatry Consultation Line (206) 685-2924

This is a free phone consultation service for any health care provider in Washington State who is caring for a pregnant or postpartum woman with mental health needs.

The line is staffed by a perinatal psychiatrist from 3 pm-5 pm on weekdays. Providers can also leave a message at any time and calls will be returned as soon as possible.

The UW program staff can consult on any mental health-related questions for patients who are pregnant, in the first year postpartum, or who have pregnancy-related complications (e.g. pregnancy loss, infertility).

Topics may include:

- Depression, anxiety, or other psychiatric disorders (e.g., bipolar disorder, PTSD)
- Adjustment to pregnancy loss, complications or difficult life events
- Risks of psychiatric medications
- Non-medication treatments

In addition, the University of Washington offers these resources for providers:

- Partnership Access Line (PAL), a child psychiatric consultation program for primary care providers, please contact: (866) 599-7257
- **Psychiatry and Addictions Case Conference series**, a weekly teleconference connecting community providers with UW psychiatrists and addiction experts: ictp.uw.edu/programs/uw-pacc.

We hope you find these resources helpful. Thank you for your continued service to Molina members.

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