## FUTURE READY

## FOR TEENS AND THEIR FAMILIES

Join us each month to explore real-life topics and build skills for the journey into adulthood.



Events will take place 5:30 - 7:30 PM on each of these dates:

5/21/25 1/21/26 6/18/25 2/18/26 7/16/25 3/18/26 8/20/25 4/15/26

9/17/25 10/15/25

AT FAMILY INVOLVEMENT CENTER 5333 N. 7<sup>TH</sup> ST. SUITE A100 PHOENIX AZ 85014



## What You'll Get:

- Free monthly sessions with dinner provided
- Managing social anxiety and building confidence
- Preparing for work, school, and financial independence

- Understanding suicide prevention and mental wellness
- Spanish Interpretation and child watch available
- Presented by trusted local leaders and organizations

## Training will also be available via Zoom



**Registration is required.** Sign up on Eventbrite to attend in person or online. <a href="https://bit.ly/3RTkESY">https://bit.ly/3RTkESY</a>

Questions? Email our Parent Assistance Center at pac@familyinvolvementcenter.org



