



Tiv Thaiv Koj Qhov Kev Luag Ntxhi nrog rau qhov tshuaj pleev Fluoride

Rau tus muaj hnub nyooog 1-20 xyoo/nyab xeeb/Ceev/Ua hauj lwm zoo

Qhov tshuaj pleev Fluoride yog dab tsis?

Nws yog ib txoj hau kev ua sai thiab tsis mob txhawm rau los pab koj cov hniav. Nws raug pleev xim rau ntawm cov hniav.

Vim li cas nws thiaj tseem ceeb?

- **Tiv thaiv tau ntau tus hniav kab noj txog li 33%**
- Nws yog qhov zoo siv thaum tus me nyuam mos muaj lawv cov hniav pib tuaj
- Muaj kev nyab xeeb rau me nyuam yaus, cov hluas, thiab cov neeg laus uas tseem hluas

Leej twg yuav thiaj li tsim nyog tau txais nws?

Cov me nyuam yaus thiab cov neeg laus uas tseem hluas uas muaj hnub nyooog 1-20 xyoo - yuav muaj txiaj ntsig zoo rau cov uas tseem tab tom loj hlob los sis rau lub khawb zaum hniav.

- Txawm tus me nyuam cov hniav xav tau kev pab kom muaj zog thiab noj qab nyob zoo
- Cov tub ntxhais hluas uas siv cov khawb zaum hniav **uas muaj kev pheej hmoo siab** rau cov hniav kab hnoj
- Cov neeg laus uas tseem hluas kuj xav tau kev pab ntxiv kom lawv cov hniav muaj zog thiab tsim kom muaj cov cwj pwm zoo.

Nquag the npaum li cas?

Ib lub xyoos ob zaug

Kuv tuaj yeem tau txais nws tau li cas?

Koj tuaj yeem tau txais fluoride varnish ntawm:

- Tus me nyuam tus kws kho mob los sis tsev neeg-kev mus ntsib kws kho mob
- Kev cuag tus kws kho hniav

Nug koj tus kws kho mob txog kev tau txais cov tshuaj pleev fluoride ntawm koj tus me nyuam qhov kev mus ntsib zaum tom ntej!

Nws yog Nrawm thiab Yooj Yim!

Siv ib tug pas txhuam hniav me-me ntub roj los pleev cov hniav

- Nws yuav qhuav li ntawm ob peb feeb
- Tsis mob, tsis tas tho qhov, tsis tas txhaj tshuaj
- Tej zaum cov hniav nws yuav kuj daj thaum xub thawj tab sis kev txhuam hniav rau tag kis tom ntej yuav pab cov hniav kom rov qab los ua cov xim qub!

Nrog koj tus kws kho mob los sis kws kho hniav tham hnub no txog kev tau txais cov tshuaj pleev fluoride!

Hu rau Molina Healthcare ntawm **888-665-4621**
Yog hais tias koj xav tau ib tug kws kho mob los sis kws kho hniav.

Yog tias koj muaj cov lus nug txog kev noj qab haus huv los sis cov kev txhawj xeeb tom qab kws kho mob lub chaw ua hauj lwm tau kaw lawm, hu rau Tus Kws Tu Neeg Mob Tus Xov Tooj Muab Tswv Yim Pab Cuam 24-teev.

- Tus xov tooj tham ua lus As Kiv: **888-275-8750**

