

# Molina's myhealthmylife

a newsletter just for Kentucky members

Summer 2025



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A close-up photograph of a doctor in a white lab coat with a stethoscope around their neck, holding a patient's hand. The doctor's face is partially visible, and the patient's hand is in the foreground. The background is blurred.

## Women's Health: Gynecologists

It's important for everyone to go for a yearly check-up, called a well-visit. What happens at this visit can depend on your age, gender, and health history. Many women get their preventive care during these visits, but they can also see a gynecologist for a yearly well-woman exam.

### **What is a Gynecologist?**

A gynecologist is a doctor who specializes in women's reproductive health. They help with health issues related to reproductive organs, breasts, and hormones. Some gynecologists are also obstetricians, known as OBGYNs. Obstetricians take care of people during pregnancy, labor, and after childbirth. These doctors play a key role in women's healthcare.

### **When Should You Start Seeing a Gynecologist or OBGYN?**

This can vary for everyone. Some may start seeing a gynecologist in their teenage years for issues with their menstrual cycle or puberty. Other teens might continue to see their pediatrician for women's health care. It's a good idea to talk to your pediatrician about when to start seeing a gynecologist. If you are 20 years old and haven't had a visit with a gynecologist or OBGYN, it is recommended that you get your first well-woman visit scheduled.

Having a gynecologist and completing regular preventive care is important when you want to plan a family. Having an OBGYN you trust before you get pregnant will help you get the care you need during pregnancy.

If there isn't a gynecologist near you, talk to your primary care doctor about getting your well-woman visits with your doctor, and they can help you find an OBGYN when you're ready to start a family. Every woman deserves the specialized care of a gynecologist, so make sure to schedule your yearly well-woman exam.

# Your online portal... open day and night

**MyMolina.com** is easy to use and lets you look after your health care online.

You can:

- Print a Member ID Card
- Request a new card if you have lost yours
- Change your doctor
- Check your eligibility
- Update your contact info
- Get reminders for health services that you need

You can also view:

- Your history of services such as doctor visits
- Info and resources to help you and your family stay healthy
- Services offered for Passport members only

## Register today

Just follow these easy steps:

**Step 1:** Go to **MyMolina.com**

**Step 2:** Enter your Member ID number, date of birth and zip code

**Step 3:** Enter your email address

**Step 4:** Create a password

**Step 5:** Now you're ready to login and use My Passport Health Plan!

## Forgot your password?

Click on "Forgot my Password" and go through the steps to have it reset.



## Where To Go for Care






When you are sick, you should first call your primary care provider or “PCP” to schedule an appointment. Your PCP is the main doctor or nurse practitioner who sees you when you feel sick or need your yearly check up. Unless you are having a true emergency, always call your PCP first.

You can call your PCP’s office anytime of the day or night— 24 hours a day, 7 days a week. If you call after hours, the provider on call will tell you if your issue can wait until you can see your PCP or if you need to get care more quickly.

You can also call the Nurse Advice Line when you are not sure what type of care you need. Call **(800) 606-9880** and a registered nurse will answer your questions and help you decide what to do next.



You have several choices of care, below is a table that outlines your options of care. It is important to seek a proper level of care based on your health need.

Care Options	Hours	Description
 <b>Your PCP's Office</b>	Office hours vary and may include some evening and weekend hours.	Your PCP is usually where you go when you need non-emergency care like your annual physical exam or short term illnesses.
 <b>In-Network Retail Health Clinic</b>	Typically normal, weekday business hours plus weekend hours.	Walk-in clinics are inside stores or pharmacies and can treat minor medical problems.
 <b>Urgent Care Center</b>	Typically evenings, weekends and holidays	Urgent care centers are used when you need immediate care and your doctor cannot see you. Call your PCP first to see if your medical need requires urgent care.
 <b>Emergency Room (ER)</b>	24 hours/day, 7 days/week	For medical emergencies that will threaten your life or long-term health if you do not get care right away.
 <b>Nurse Advice Line</b>	24/7 advice from a registered nurse	Answers health-related questions and helps you decide where to seek care.

Visit us at a  
**One Stop  
Help Center**



## **New One Stop Help Center Location!**

Located on Broadway in West Louisville  
Opening this summer, be on the lookout for our  
grand opening celebration!



# One-Stop Help Centers are a great source for free events and health education resources! Visit the OSHC near you to participate in one of these many free events!

## Owensboro

410 Southtown Blvd., Suite 3

- Expungement Clinic  
June 17 - 2 p.m. to 5 p.m.
- June Summer Free Lunch Program
- Resource Day  
June 6 - 12 p.m. to 2 p.m.
- July Summer Free Lunch Program
- Back to School Health Fair  
July 10 - 12 p.m. to 2 p.m.
- Resource Day  
August 1

## Covington

1613 Madison Avenue

- Back to School Vaccinations  
Covington OSHC, July 25 - 11 a.m. to 2 p.m.

## Hazard

124 Grand Vue Plaza

- Hybrid Hidden in Plain Sight Training  
10 a.m.
- Expungement Clinic  
June 26 - 10 a.m. to 12 p.m.
- Back to School Event  
July 23 - 10 a.m. to 12 p.m.
- Hybrid Generation Rx Training  
July 27 - 10 a.m. to 11:30 a.m.
- Community Resource Fair  
August 21 - 10 a.m. to 12 p.m.
- Generation Rx Training  
August 25 - 10 a.m.
- Hybrid QPR Training  
September 22 - 10 a.m.

## Lexington

127 W. Tiverton Way, Suite 128, Unit 4

*All times listed are EST*

- Community Baby Shower  
July 11 - 4:30 p.m. to 6:30 p.m.
- Rope and Hope - Jump into Better Health Every  
Monday in July - 5:30 p.m. to 6:30 p.m.
- Back to School Clinic  
July 19 (tentative) - 3 p.m. to 5:30 p.m.

## Bowling Green

636 US 31 W. By-Pass, Suite A

*All times listed are CST*

- Baby Shower  
June 3 - 2 p.m. to 4 p.m.
- QPR Suicide Prevention Training  
June 18 - 12 p.m.
- Nutrition Education  
June 18 - 1 p.m.
- Nutrition Education  
July 16 - 1 p.m.
- QPR Suicide Prevention Training  
July 29 - 1 p.m.
- Back To School/Resource Event  
July 30 - 10 a.m. to 2 p.m.
- Vaping 101  
July 31 - 1 p.m.
- Nutrition Education  
August 20 - 1 p.m.
- Baby Shower  
September 3 - 10 a.m. to 12 p.m.
- Expungement Clinic  
October 21 - 4 p.m. to 6 p.m.

For a full listing of Passport  
Community Engagement events, visit  
[PassportHealthPlan.com/events](https://PassportHealthPlan.com/events)

# Passport by Molina Healthcare

has great programs and services to help you get the care you need so you can be as healthy as possible.

To learn all about the programs and services we offer, see our **Guide to Getting Quality Health Care (the Guide)**. View or print a copy online at [www.PassportHealthPlan.com](http://www.PassportHealthPlan.com).

**The Guide helps you learn about the programs and services offered to you. You can read about our:**



## Quality Improvement Program

- Passport uses surveys and tools to review all of the services and care you receive each year.
- We collect information on services such as shots, well-check exams and diabetes care to improve our services.
- We help you take better care of yourself and your family by:
  - Mailing or calling to remind you to get well-check exams and shots.
  - Telling you about special services.
  - Helping you learn about any ongoing health issues.



## Population Health Management

- Passport has services to keep you healthy and take care of any health condition you may have.
- We have programs on care management, transitions of care, pregnancy and more. These programs:
  - Tell you how you can get extra help.
  - Give you tips to stay healthy.
  - Help you find and get services.
  - Help coordinate your move from one setting to another.
  - Connect you to community resources if you have an ongoing health condition.
  - Tell you how to enroll and opt in or out of these programs.



# This Guide gives you details about how we:

## 1 Protect you. We:

- Protect your privacy by keeping your Protected Healthcare Information (PHI) private. PHI includes your name, address, phone number, race, ethnicity, social needs, social risks, sexual orientation, gender identity or anything that identifies you.
- Use and share your information only to provide benefits, carry out treatment, payment and health care operations.
- Work with network doctors to make sure you get safe health care.
- Review new advances to make sure new services are proven to be safe.
- Give you the steps to file a grievance (complaint) if you have problems with your care or our service.

## 2 Make choices about your health care. We:

- Look at new services offered as part of the benefits we cover.
- Tell you about your rights and responsibilities as a member.

## 3 Help you with health care actions. We:

- Guide you in how to get health care after hours or during an emergency.
- Help you find answers to drug benefit questions.
- Give you details about mental health, behavioral health and substance use services.
- Give you tips on how to get a second opinion from another doctor.
- Show you how to get care outside the Passport network.
- Give you the steps to appeal a denied service or a claim when it's not paid.
- Tell you how to find information about network doctors in the Provider Online Directory.
- Help you learn how to fill out an Advance Directive to make health care decisions if you cannot speak for yourself.

## 4 Meet your communication needs. We:

- Offer you TTY/TDD services if you need help with hearing or speech.
- Offer language translation services if you need them.
- Tell you how to use online tools such as the member portal.

You can print out the Guide and any other information you need from our website. To get the Guide in your preferred language or accessible format, call Member Services at **(800) 578-0603** (TTY/TDD: **711**). You can call Monday-Friday, 7 a.m. to 7 p.m. EST. You may also ask us to mail you a copy of the materials.

# Behavioral Health Support: Your Path to Wellness







Your feelings and how you handle life's ups and downs are very important for your well-being. If you're feeling sad or hopeless for a long time, worrying a lot, using drugs or alcohol in a way that disrupts your life, or having trouble focusing, it might be time to look into getting help for your mental health.

At Passport by Molina Healthcare, we offer a wide range of services for mental health and substance use. Whether you need help in an office or treatment in a hospital, we're here to support you.

## Getting the Help You Need

If you're ready to get help, we can help you find a counselor or provider that fits your needs. Just call our Member Services at (800) 578-0603 (TTY: 711) from Monday to Friday, 7 a.m. to 7 p.m. Eastern Time. You can also use our Provider Search Tool at [www.PassportHealthPlan.com/ProviderSearch](http://www.PassportHealthPlan.com/ProviderSearch).

When you contact Member Services, if you need additional help, you can ask for a Care Manager. They will help you learn how to take care of your behavioral health conditions so that you feel better, access resources you need such as food and housing, and guide you through the health care system.

If you are thinking about suicide or are in a crisis situation, you can call the Behavioral Health Crisis Line, 24 hours a day, 7 days a week at 844-800-5154 or call 988 to reach the Suicide and Crisis Lifeline.

Your mental health matters, and we're here to help you get the support you deserve. Don't hesitate to reach out; we're just a call away!



# Your Path to a Tobacco-Free Life

Have you been thinking about quitting smoking, vaping, or using other nicotine products? Congratulations! Thinking about quitting is the first step to quitting.

When you quit smoking or vaping you gain a new sense of control over your life. You'll get fewer colds, improve your taste and sense of smell, have more energy, reduce your risk of serious illness like cancer, heart disease or stroke, and have more spending money for other things. If you live with other people, you'll also reduce their risk of health problems from secondhand smoke.

## Health Benefits of Quitting

- *20 Minutes After Quitting:* You'll feel your heart rate coming back to a healthier level—what a fantastic feeling!
- *12 Hours After Quitting:* The carbon monoxide levels in your blood return to normal. You are already making a difference!
- *2 Weeks to 3 Months After Quitting:* Your lung function improves, making it easier to take deep breaths.
- *1 Year After Quitting:* Wow! Your risk of heart disease is cut in half—this is such an accomplishment!

## Tips to Tackle Cravings

*1. Delay and Distract:* When a craving sneaks up on you, try to hold off for just 10 minutes. During this time, take a stroll, enjoy a glass of water, or reach out to a friend for a chat.

*2. Chew Something:* Keep your mouth busy with sugar-free gum or crunchy veggies! Sunflower seeds are also a great way to mimic that hand-to-mouth action, helping you stay focused on your goal.





**3. Change Your Routine:** Embrace change! Add a new morning beverage to your routine, or find a new route to work so you can sidestep those pesky triggers that make you want to smoke.

**4. Breathe Deeply:** Take a moment to breathe and center yourself. Breathe in through your nose for 4 seconds, hold it for 7 seconds, and breathe out through your mouth for 8 seconds. This simple practice can help calm your mind and ease any worry.

## Celebrate Every Win

Pushed past a craving? Reached a quit milestone? Pat yourself on the back and celebrate. Make your favorite dinner that night or go out with friends and family for a treat. Every day without smoking or vaping is a healthier day. You deserve to celebrate the healthy life you are creating!

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Your smoke-free life is within reach—let's start this amazing journey together today!

## Resources & Support

### Kentucky Quitline

Reach out for free support on your quitting journey! Call 1-800-QUIT-NOW or check out [www.quitnowkentucky.org](http://www.quitnowkentucky.org) for more information.

### My Life, My Quit

A fantastic program for teens and tweens seeking support to quit smoking or vaping.

If you're 17 or younger, call (855) 891-9989 or text "START MY QUIT" to 36072.

### Talk to Your Doctor

Your doctor is an ally in your quest to quit. They can offer support, answer any questions, and discuss helpful medications called nicotine replacement therapy. Many choices like patches and gums may even be covered by insurance.

### Call Passport

Our care managers are here to support you! Just dial 1-800-578-0603/TTY 711 and ask for care management; a health coach will get in touch to help you start your journey.

### Passport Website Health and Wellness Resources

Check out "YES, You Can! Quit Smoking" for helpful tips and uplifting support.

# Back-to-School and Well-Child Immunizations:

## Give Your Child a Healthy Start

As families gear up for the new school year, it's the perfect time to plan your child's yearly well-child check-up if they have not had one yet this year. These essential visits help track your child's growth, let you discuss important health topics with their doctor, and ensure they're up to date with their immunizations.

Shots are a safe and helpful way to protect against preventable diseases like measles, mumps, rubella, tetanus, and whooping cough. Many schools ask for current immunization records for enrollment, and now is the perfect time to make sure your child is up to date on all recommended shots.

In addition to immunizations, a well-child visit is a great chance to discuss your child's growth and development, behavior, mental health, eating habits, and any concerns you may have. It's a chance to ask questions and get support from your pediatrician as your child enters a new stage of learning and growth.

Don't wait until the last minute—visits fill up fast as the school year approaches. Schedule your child's well-child visit today and start the school year with peace of mind, knowing your child is healthy, protected, and ready to learn. Your child's health is the first step toward a great school year!

## 2025 Healthy Rewards

The Details	Who's Eligible	The Value
<b>Vaccines/immunizations</b>		
Up to \$190 in gift card credits for members who complete the following vaccine series* <u>on or before child's 2nd birthday</u> (provider attestation required)*:		
<ul style="list-style-type: none"> <li>• Rotavirus (\$10)</li> <li>• Hep A (\$10)</li> <li>• Hep B (\$10)</li> <li>• Tdap (\$10)</li> <li>• Hib (\$10)</li> </ul>	<ul style="list-style-type: none"> <li>• PCV (\$10)</li> <li>• MMR (\$10)</li> <li>• Varicella (\$10)</li> <li>• Polio (\$10)</li> </ul>	Influenza (\$100) <ul style="list-style-type: none"> <li>• 1st shot (\$50)</li> <li>• 2nd shot (\$50)</li> </ul>
Up to \$100 in gift card credits for members who complete the HPV vaccine series:		
<ul style="list-style-type: none"> <li>• 1st HPV, between ages 9 - 12 years (\$50)</li> <li>• 2nd HPV, between ages 9- 12 years (\$50)</li> </ul>		
<b>Other Rewards</b>		
Stay connected and opt-in to email/text reminders as the head of household* (\$10 gift card credit)		

\*Verification of services is required in the form of claims submission or provider attestation form. Attestation form can be found at [www.passporthealthplan.com/benefits](http://www.passporthealthplan.com/benefits) or members can call Passport member services at (800) 578-0603 and request a form be mailed to them.



## 2025 Healthy Rewards Program

### Member form

Now it's easier than ever to get your Passport by Molina Healthcare healthy rewards! Simply fill out this form and send it back to our rewards team. Instructions and information on how rewards may be redeemed are at the end of the form.

All Passport members who meet the criteria and complete the screening(s) below can earn gift card credits. These important health screenings are covered by Passport at no cost to you.

**\* Rewards must be claimed within 90 calendar days of receiving the qualifying service and member must be currently enrolled with Passport Medicaid at the time of claiming the reward.**

### ADULT/PEDIATRIC

What visit did you have?  Check it below!

#### Annual preventative screening

- ☐ All members ages 22+ who get an annual preventative screening visit can earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

#### Annual young adult wellness visit

- ☐ Annual young adult wellness visit: Ages 13-21. Complete an annual wellness visit and earn a \$50 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items



## Well-child visits

- ☐ Well-child visits: Ages birth to 30 months. Complete up to 8 well-child visits on time and earn a \$10 gift card credit per visit (up to \$80).

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

- ☐ Annual well-child visit: Ages 3-12. Complete annual well-child visit and earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Cancer screenings

- ☐ Breast cancer screening: Women\*\* between the ages of 40-74 who get a mammogram can earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

- ☐ Cervical cancer screening: Women\*\* between the ages of 21-64 who get a pap smear can earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

- ☐ Colon cancer screening: Members between the ages of 45-75 who get a colon cancer screening test can earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Chlamydia screening

- ☐ Women\*\* between the ages of 16-24 who get a chlamydia screening can earn a \$25 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Dental screenings

- ☐ Dental exam: All members who get an annual dental exam can earn a \$50 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Diabetes screenings

- ☐ Diabetic eye exam: Diabetic members between the ages of 18-75 who get a diabetic eye exam can earn a \$50 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

- ☐ Diabetic HbA1c test:  
Diabetic members between the ages of 18-75 who get a HbA1c test can earn a \$50 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

- ☐ Diabetic Self Management Education and Support (DSMES) classes: All members with type I or type II diabetes who complete all classes can earn a \$25 gift card credit.

Date of completion: \_\_\_\_\_ Class location: \_\_\_\_\_

Instructor signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items



## Inpatient hospital follow-up

- ☐ All members who complete a PCP/ Behavioral Health follow-up within 7 days of discharge from a related inpatient hospital stay can earn a \$50 gift card credit.

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Maternity screenings

- ☐ Prenatal visit: All members who visit their provider during the first 3 months of pregnancy or within 42 days of joining Passport can earn a \$100 baby care gift card credit.

Date of visit: \_\_\_\_\_ Provider name/Clinic: \_\_\_\_\_

Weeks pregnant at visit: \_\_\_\_\_ Number of babies: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Baby items (Prenatal visits are eligible for baby care items only).

- ☐ Postpartum visit: All members who visit their provider between 7 and 84 days after birth of new baby can earn a \$50 baby care gift card credit.

Date of visit: \_\_\_\_\_ Delivery date: \_\_\_\_\_

Provider name/Clinic: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

Gift card credit choice: ☐ Baby items (Postpartum visits are eligible for baby care items only).

## Immunizations (Shots)

- ☐ Childhood immunizations: Members who complete the following vaccine series on or before their 2nd birthday can earn up to \$190 in gift card credits.\*\*

Date of visit: \_\_\_\_\_ Provider/Clinic name: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Provider NPI: \_\_\_\_\_

☐ Rotavirus (\$10) ☐ Hep A (\$10) ☐ Hep B (\$10) ☐ DTAP (\$10) ☐ Hib (\$10)

☐ Influenza\*\* (\$100) ☐ PCV (\$10) ☐ MMR (\$10) ☐ Polio (\$10) ☐ Varicella (\$10)

\*\*\$50 for first shot, \$50 for second shot

Gift card credit choice: ☐ Whole care ☐ Gas at the pump ☐ Baby items

## Immunizations (Shots)

- ☐ Adolescent immunizations: Members who complete the following vaccines between ages 9 and 12 can earn up to \$100 in gift card credits.\*\*

**Date of visit:** \_\_\_\_\_ **Provider/Clinic name:** \_\_\_\_\_

**Physician signature:** \_\_\_\_\_ **Provider NPI:** \_\_\_\_\_

☐ 1st HPV Vaccine (\$50)

☐ 2nd HPV Vaccine (\$50)

**Gift card credit choice:** ☐ Whole care ☐ Gas at the pump ☐ Baby items



## TO RECEIVE YOUR REWARD:

Please COMPLETE this form. Print clearly and send it back to Molina in any of the following ways:

**Email**

[MEInquiries@MolinaHealthcare.com](mailto:MEInquiries@MolinaHealthcare.com)

**Fax**

(833) 858-0430

**Mail**

Attn: Healthy Rewards and VAB Program  
300 Oceangate, 6th Floor  
Long Beach, CA 90802

Member name: \_\_\_\_\_

Member ID: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Unit: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip code: \_\_\_\_\_

Home phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

## HEALTH RISK ASSESSMENT (HRA)

All members who complete a HRA form can earn a \$25 gift card credit.

Completing your HRA allows us to better understand your unique needs so we can connect you with additional supports and services you might need. HRAs are located on our website at:  
<https://www.molinahealthcare.com/members/ky/en-us/mem/medicaid/hra.aspx>.

Send us your completed Health Risk Assessment Form (HRA) to Passport at  
[kycaremanagement@molinahealthcare.com](mailto:kycaremanagement@molinahealthcare.com) or mail to:

Passport by Molina Healthcare  
Attn: Care Management Dept.  
5100 Commerce Crossing Drive, Louisville, KY 40229

**After submitting your HRA, please call Passport healthy rewards at (833) 986-0072 to request your gift card.**

Some exclusions apply. Benefits subject to change. To qualify, members must have Passport by Molina Healthcare Medicaid at both the time of service that earned the reward and at the time the reward is requested. If reward is offered for both Molina Medicaid and Medicare, it can only be claimed once and will be provided by member's primary insurance.

\* Rewards must be claimed within 90 calendar days of receiving the qualifying service and member must be currently enrolled with Passport Medicaid at the time of claiming the reward. \*\*Members assigned female at birth.

## HOW TO USE YOUR REWARD CARD

Depending on which category you selected when filling out the Healthy Rewards form, you can spend your gift credits in a number of ways. Prenatal and postpartum care will be rewarded with baby items credits. All other screenings may be redeemed for any category listed below.

### Baby items:

- Infant diapers
- Toddler pull-ups
- Baby wipes
- Formula
- Pack-n-play\*
- Car seat\*

### Gas at the pump:

- Eligible ONLY when paying directly at the pump, not in-store

### Whole care:

- Eligible groceries (same as eligible SNAP benefits)
- Over-the-counter products
- Home and personal supplies (body soap, shampoo, conditioner, dental care, paper towels, toilet paper, bathroom supplies, household cleaners, fan, air conditioner, space heaters)
- Bill pay (monthly expenses such as mortgage, electric, heating, gas, sanitation, water, internet and phone)
- Pest control
- Assistive devices (grab bars, raised toilet seats, bedroom safety aids)
- Pet care
- Disaster recovery supplies
- Non-medical transportation

### In-store:

Your rewards card works at a number of retail locations, some examples include (but are not limited to):

- CVS
- Dollar General
- Food Lion
- Kroger
- Ruler
- Save-a-Lot
- Walgreens
- Walmart
- Food City
- And more!

### Online:

Shop online at participating retailers. Checkout using your card details.

### At the pump:

Pay for gas directly at the pump only.

Use the store finder at [HealthyBenefitsPlus.com/PassportHealthyRewards](https://HealthyBenefitsPlus.com/PassportHealthyRewards) for a complete list.

### Exclusions:

Your rewards card can be used to buy thousands of eligible items, but there are some things that do not qualify. Some examples include (but are not limited to) alcohol, tobacco, firearms and cosmetics. The card cannot be used at an ATM for cash, and you cannot get cash back from purchases made with your rewards card.

For a full listing of eligible items, retail locations and exclusions, visit [HealthyBenefitsPlus.com/PassportHealthyRewards](https://HealthyBenefitsPlus.com/PassportHealthyRewards)

\* Can only be purchased at Walmart (online or in store).

### IMPORTANT INFORMATION!

Gift cards are reloadable. Do NOT throw your card away after use, future rewards will be added to your previously issued card. Replacement cards will cost \$6.50.

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Louisville, KY 40229



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## Get Vaccinated!

Today, there is a lot of confusing information and sometimes wrong information about vaccines on the internet, especially on social media. It's important to remember that not everything you see online is true. If you have concerns or questions about vaccines, talk to your doctor. Your doctor can give you the facts. You can also find good information online from trusted sources like your doctor.

Vaccines are one of the most important medical improvements over the last 100 years. They have saved many lives. Vaccines help protect us from diseases so that we don't have to miss time at work, school, with family, and fun activities due to illness. Getting the vaccines you need helps keep you and others around you healthy. A vaccine might not stop you from getting sick every time, but it can help keep you and those you love from getting really sick or needing to go to the hospital. Your health matters. Let's help keep each other safe and healthy by choosing to get vaccinated.

