

# Stay healthy with your Essential Plan OTC benefit!

Molina Healthcare offers the **Essential Plan Enhanced Care Benefit**. With this benefit, you can shop for over-the-counter (OTC) health essentials at no cost to you.



## How does it work?

The Essential Plan OTC benefit helps cover the cost of eligible health and wellness products. Molina members get **\$25 every month (\$300 a year)** to buy approved groceries and other health care items. Unused money **does not** carry over, so the entire amount must be spent every month.

## What can you buy?

### Health and wellness products

Vitamins	Smoking cessation
Pain relief	Diabetes care
Eye, dental and ear care	Skin care
Allergy and sinus	Sleep and snoring
Cold and flu	

### Groceries

Bakery items	Seafood
Beverages	Pantry items
Dairy	Produce
Frozen foods	Grab-and-go items
Meat and poultry	

## How to get started:

You will receive an Essential Plan OTC card in the mail. Register and activate the card at **HealthyBenefitsPlus.com/MolinaHealthyRewards**, where you can also see a full list of the qualifying OTC items you can buy.\*

\*Qualifying items are subject to change.

ATTENTION: Language assistance services, free of charge, are available to you. Call (800) 223-7242 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 223-7242 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (800) 223-7242 (TTY: 711)。

To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call 1-855-355-5777.