

Stay healthy with your Essential Plan OTC benefit!

Molina Healthcare offers the **Essential Plan Enhanced Care Benefit**. With this benefit, you can shop for over-the-counter (OTC) health essentials at no cost to you.



How does it work?

The Essential Plan OTC benefit helps cover the cost of eligible health and wellness products. Molina members get **\$25 every month (\$300 a year)** to buy approved groceries and other health care items. Unused money **does not** carry over, so the entire amount must be spent every month.

What can you buy?

Health and wellness products

Vitamins
Pain relief
Eye, dental and ear care
Allergy and sinus
Cold and flu

Smoking cessation
Diabetes care
Skin care
Sleep and snoring

Groceries

Bakery items
Beverages
Dairy
Frozen foods
Meat and poultry

Seafood
Pantry items
Produce
Grab-and-go items

How to get started:

You will receive an Essential Plan OTC card in the mail. Register and activate the card at **HealthyBenefitsPlus.com/MolinaHealthyRewards**, where you can also see a full list of the qualifying OTC items you can buy.*

*Qualifying items are subject to change.

ATTENTION: Language assistance services, free of charge, are available to you. Call (800) 223-7242 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (800) 223-7242 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (800) 223-7242 (TTY: 711)。

To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-855-355-5777.