

Routine tests during pregnancy

Staying healthy while you are pregnant



Your provider will use tests to check you and your baby's health during your pregnancy.

Test	When it is done	What it is	How it is done
Blood tests	At your first prenatal visit	Blood tests show blood type, anemia, infections, STDs, hormone levels and immunities.	Blood is drawn and sent to a lab.
First Trimester Screen	At 10-14 weeks of pregnancy	This test detects higher risk of defects in your baby. The blood test looks for certain substances. The ultrasound measures the thickness at the back of your baby's neck.	Blood is drawn and sent to a lab. The ultrasound is done in your provider's office.
Glucose Challenge Screening	At 26-28 weeks of pregnancy	This test detects a risk for gestational diabetes.	Your provider gives you a sugary drink. One hour later, you have blood drawn for testing your blood sugar level.
Urine Test	Every prenatal visit	This test can detect diabetes, infection or preeclampsia.	You collect urine in a small cup. Your provider dips test strips in the urine to detect certain substances.
Group B Strep	At 35-37 weeks of pregnancy	This test detects Group B Strep (GBS) in your vagina. This can cause infection to pass to your baby during delivery.	Your provider will swab your vagina and rectum to test for GBS.

Tests and screenings help your provider keep you and your baby healthy during your pregnancy. These tests are very safe. If you have questions about tests, be sure to ask your provider.



Do you have health questions? Call our 24-hour Nurse Advice Line. We are here to help you.
 English: (888) 275-8750
 Español: (866) 648-3537
 TTY/TDD: 711