

Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:

(888) 275-8750

Español:

(866) 648-3537

TTY/TDD:

711

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To get this information in other languages and accessible formats, please call Member Services. This number is on the back of your Member ID card.

MolinaHealthcare.com



Your Extended Family.

Attention-Deficit/ Hyperactivity Disorder (ADHD)

Mental Health



Your Extended Family.

What is ADHD?

ADHD is a mental health disorder that makes it hard to focus, control sudden urges and behave calmly. ADHD always starts in childhood. Adults may have ADHD without knowing they had it as a child.

What causes ADHD?

The cause of ADHD remains unclear.

What are signs of ADHD?

- Restless
- Mood swings
- Angry outbursts
- Fails to maintain focus
- Fails to finish tasks
- Cannot manage stress
- Quickly annoyed
- Forgetful
- Talks too much
- Fidgets or squirms

Can you treat ADHD?

Yes. Treatment often includes counseling and medicine. Your provider will help you find the best treatment for you.



Talk to your provider about your mental health. If you have ADHD, you can get treatment. Take your medicine as prescribed. Be sure to keep all your treatment appointments!