Do you have questions?

Call our 24-hour Nurse Advice Line. We are here to help you



English: (888) 275-8750
Español: (866) 648-3537
TTY/TDD: 711

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To get this information in other languages and accessible formats, please call Member Services. This number is on the back of your Member ID card.

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Alzheimer's Disease

Behavioral Health

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What is Alzheimer's disease?

Alzheimer's disease damages the brain cells that control memory, thinking and behavior. The disease gets worse over time. It can occur in people as young as 40. It occurs most often in people 65 years of age and older.

What are the signs?

- Your memory loss affects daily life.
- It's hard to solve problems.
- It's hard to complete daily tasks.
- You are confused about time and dates.
- You have vision problems.
- You have trouble speaking or writing.
- You forget where you placed things.
- You have changes in judgment that affect how you spend money.
- You are withdrawn from social activities
- Your personality changes. You may become confused, fearful, anxious or wary.

What are the risks of getting Alzheimer's disease?

 Advanced age – You are over 60 years old.

- Family history Other family members have or had Alzheimer's disease.
- Genes You carry genes that increase the odds of getting the disease.

Would you like more information?

- Visit the Alzheimer's Association website at www.alz.org. or
- Call their 24-7 helpline at (800) 272-3900.

Alzheimer's disease is not a normal part of aging.

Learn the signs of the disease.

See your provider if you have concerns about this disease.

