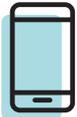


Do you have questions?

Call our 24-hour Nurse Advice Line.
We are here to help you.



English:
(888) 275-8750

Español:
(866) 648-3537

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Member ID card.



Baby Bottle Tooth Decay

Dental Care

You can prevent **tooth decay!**

Take your infant to the dentist when the first tooth appears.

Healthy baby teeth will often result in healthy adult teeth.

What is **plaque**?

Plaque is a sticky film that covers your teeth. When you eat or drink sugary foods, the plaque creates acids. The acids damage the hard, outer layer of your teeth.

What is **tooth decay**?

Tooth decay is the damage to the hard, outer layer of your teeth. Anyone can get tooth decay.

What is baby bottle **tooth decay**?

Baby bottle tooth decay occurs when you feed your baby sugary liquid in a bottle. The sugary liquid touches the teeth for a long time, causing damage to your baby's teeth.

How can you prevent **baby bottle tooth decay**?

- Do not let your baby sleep with a bottle containing milk, formula or sweet liquids.
- Do not dip a pacifier in honey, sugar or syrup.
- Clean and rub your baby's teeth to keep them clean and healthy.
- Wrap a wet towel around your finger and gently wash your baby's gums.

