

Molina Healthcare Coding Education Hypertensive Heart Disease



Hypertensive Heart Disease is a broad term used to describe cardiac conditions associated with hypertension. These include CHF, LVH, and CAD. ICD-10-CM requires a provider to address 1) the presence or absence and type of heart failure and 2) the stage of any concomitant chronic kidney disease. It is necessary to document the type of CHF and CKD in separate diagnoses and codes.

Examples include:

ICD-10: I11.0 Hypertensive heart disease with heart failure

ICD-10: I13.11 Hypertensive heart and CKD without heart failure, with stage 5 CKD or ESRD

Accurate, specific, and complete documentation of hypertensive heart disease is important for providers and patients because thorough documentation should trigger measurement of qualities associated with improved outcomes. For Medicare and Medicaid, the NCQA HEDIS measure that must be documented for this condition is controlling blood pressure. Specific to Medicaid patients is the annual measurement of potassium and creatinine levels for patients on ACEs, ARBs, or diuretics.

Documentation Examples:

Assessment: 66 year old female with hypertension and diastolic dysfunction CHF. No orthopnea, new mild dyspnea reported. On Lisinopril 10 mg and HCTZ 25 mg daily.

BP 126/72, 2+ LE edema noted, last K 3.8 and GFR 26.

- ↗ **ICD-10 Code:** I13.0 Hypertensive heart and chronic kidney disease with heart failure and stage 1-4 chronic kidney disease, or unspecified chronic kidney disease
- ↗ **ICD-10 Code:** I50.33 Acute on chronic diastolic (congestive) heart failure
- ↗ **ICD-10 Code:** N18.4 Chronic kidney disease, stage 4 (severe)

Plan: Change HCTZ to Lasix and titrate to effect, reassess labs and follow up in clinic in 1 week.

Assessment: 77 year old male with long-standing HTN and systolic/diastolic CHF. No DOE, no PND, no SOB.

No edema noted, BP 132/71, K 4.1, GFR 68, echo shows LVEF 44 and grade I diastolic dysfunction.

- ↗ **ICD-10 Code:** I11.0 Hypertensive heart disease with heart failure
- ↗ **ICD-10 Code:** I50.42 Chronic combined systolic (congestive) and diastolic (congestive) heart failure
- ↗ **ICD-10 Code:** ICD-10 Code: N18.2 Chronic kidney disease, stage 2

Plan: Continue ARB and diuretic, reassess LVEF prior to next visit.

Have Questions?

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