Well Child Checkups

What is a well child checkup?

A well child checkup is a provider visit for your baby, child or teen. The provider will make sure your child is growing and developing as he or she should. Checkups are important, even if your child is healthy.

What can you expect at a well child checkup?

- Physical exam
- Vision and hearing tests
- Height and weight measurements
- Education on many health topics
- Shots (if needed)
- Lead screening (if needed)
- Medical referrals to specialists (if needed)

A checkup is the best way to prevent illness and find out about health problems that might affect your child.

How can you prepare for your child's checkup?

- Bring your child's shot record to each checkup.
- Write down any questions you have about your child's health.
- Write down any changes you observe in your child's health. This could include changes in sleep habits, behavior, or school performance. It can also include concerns about home safety or bullying in school.

Does your child need a primary care provider?

Call Member Services. The number is on the back of your Member ID card.

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