

Molina is here to help you.

You are not alone. One in five people will have depression in his or her lifetime.

You can treat depression. Medicine and “talk therapy” can help you get better.

Take your medicine as prescribed by your provider. Talk to your provider before you stop taking your medicine. This will lower your risk of having depression come back.



Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:
(888) 275-8750

Español:
(866) 648-3537

TTY/TDD:
711

Distributed by Molina Healthcare. All material in this brochure is for information only. It does not replace your provider's advice.

To get this information in other languages and accessible formats, please call Member Services. This number is on the back of your Member ID card.

[MolinaHealthcare.com](https://www.MolinaHealthcare.com)



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Taking Depression Medicine



Take Your Depression Medicine Each Day

Your medicine can take 4 to 6 weeks before it makes you feel better.

Most medicine therapy for depression lasts 6 to 9 months. If you stop taking your medicine before that time, you are at risk of having the depression return. Talk with your provider about issues you may have with taking your medicine.



What are **side effects**?

Side effects are unwanted symptoms from a medicine. Ask your provider if there might be side effects from taking your medicine.

What should you do **if you have side effects**?

Call your provider to talk about the side effects. Your provider might do one or more things to manage the side effects. Your provider may:

- Ask you to take the medicine longer (Most side effects will go away on their own.)
- Ask you to take a lower dose of medicine
- Give you different medicine to try
- Suggest ways to lessen the side effects
- Suggest ways to help you cope with the side effects

