

## Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:

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# Mammograms

## Breast Cancer Screening



## What is a **breast cancer screening**?

Breast cancer screening means checking your breasts for cancer before there are signs or symptoms. Mammograms help your provider check your breasts for possible cancer.

## What is a **mammogram**?

A mammogram is an X- ray of the breast.

## Why should you **get a mammogram**?

A mammogram can detect breast cancer early. Breast cancer is smaller and easier to treat if found early.

## What does a **mammogram show**?

The x-ray will show any lump or mass in your breasts that does not look normal. A provider will compare your results to your previous mammogram to look for changes in each breast.

## How often should you **get a mammogram**?

Women who are 50 to 74 years of age should get a mammogram every 2 years. If you have had breast cancer, other breast problems or have a family history of breast cancer, you might need to get mammograms before age 50. You might also need to get them more often. Talk to your provider about when to start and how often you should have a mammogram.

