

Zoo siab tos txais rau
Molina Healthcare.
Koj Lwm Cov Neeg Hauv Yim Neeg.

MolinaHealthcare.com



Your Extended Family.



California Tswv Cuab Phau Ntawv Qhia
Tes Hauj Lwm Medi-Cal 2017

Non Discrimination Notice

Discrimination is against the law. Molina Healthcare follows Federal civil rights laws. Molina Healthcare does not discriminate, exclude people, or treat them differently because of race, color, national origin, age, disability, or sex.

Molina Healthcare provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
 - ✓ Qualified sign language interpreters
 - ✓ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
 - ✓ Qualified interpreters
 - ✓ Information written in other languages

If you need these services, contact Molina Healthcare between 7:00 a.m.-7:00 p.m. by calling 1-888-665-4621. Or, if you cannot hear or speak well, please call 711.

HOW TO FILE A GRIEVANCE

If you believe that Molina Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with Molina Healthcare. You can file a grievance by phone, in writing, in person, or electronically:

- By phone: Contact Molina Healthcare between 8:30 a.m. – 5:30 p.m. PST by calling 1-866-606-3889. Or, if you cannot hear or speak well, please call 711.
- In writing: Fill out a complaint form or write a letter and send it to:

Molina Healthcare of California
Civil Rights Coordinator
200 Oceangate, Suite 100
Long Beach, CA 90802
Fax: 310-507-6186
- In person: Visit your doctor's office or Molina Healthcare and say you want to file a grievance.
- Electronically: Visit Molina Healthcare website at www.molinahealthcare.com or email civil.rights@molinahealthcare.com

OFFICE OF CIVIL RIGHTS

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

- By phone: Call **1-800-368-1019**. If you cannot speak or hear well, please call **TTY/TDD 1-800-537-7697**.
- In writing: Fill out a complaint form or send a letter to:

**U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201**

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

- Electronically: Visit the Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>.



"LANGUAGE ASSISTANCE"

LANGUAGE ASSISTANCE

English

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-665-4621 (TTY: 711).

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-665-4621 (TTY: 711).

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-665-4621 (TTY: 711).

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-665-4621 (TTY: 711).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-665-4621 (TTY: 711)번으로 전화해 주십시오.

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-665-4621 (TTY: 711)。

Հայերեն (Armenian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցությունները : Ձանգահարեք 1-888-665-4621 (TTY (հեռատիպ)՝ 711):

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-665-4621 (телетайп: 711).

فارسی (Farsi)

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) 1-888-665-4621 تماس بگیرید.

日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-888-665-4621 (TTY: 711) まで、お電話にてご連絡ください。

Hmoob (Hmong)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-888-665-4621 (TTY: 711).

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-888-665-4621 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

آرعبى (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-888-665-4621

(رقم هاتف الصم والبكم: 711).

हदी (Hindi)

ध्यान दें: यदि आप हदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-888-665-4621 (TTY: 711) पर कॉल करें।

ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-888-665-4621 (TTY: 711).

ខ្មែរ (Cambodian)

ប្រយ័ត្ន: បរិស្ថានជំនួយភាសាខ្មែរ, បសវនករជំនួយខ្លួនភាសា បោលមិនគិតថ្លៃ គឺអាចមានសំរាប់បរិស្ថាន។ ចូរ ទូរស័ព្ទ 1-888-665-4621 (TTY: 711)។

ພາສາລາວ (Lao)

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-888-665-4621 (TTY: 711).

Ua tsaug qhov koj xaiv Molina Healthcare!

Suav txij li hnuv peb tau teeb tsa, Dr. C. David Molina, tau qhib nws thawj lub chaw kuaj mob xyoo 1980, nws tau dhau ua peb lub luag haujlwm los muab cov kev kho mob muaj txiaj ntsig zoo rau txhua tus neeg. Peb nyob ntawm no pab koj. Thiab niaj hnuv no, raws li qhov ib txwm muaj, peb saib xyuas peb cov tswv cuab ib yam nkaus li yog ib tse neeg.

Phau ntawv qhia nthuav tawm tshiab tam sim no muaj nyob ntawm [MolinaHealthcare.com](https://www.molinahealthcare.com)

Hauv phau ntawv qhia no koj yuav pom cov ntaub ntawv muaj txiaj ntsig zoo ntsig txog:

Koj Qhov Kev Ua Tswv Cuab (nplooj ntawv 6)

- Daim Npav ID Ua Tswvcuab
- Cov Ntaub Ntawv Ua Pov Thawj Sai
- Cov Npawb Xovtooj

Koj Tus Kws Kho Mob (nplooj ntawv 10)

- Nrhiav koj Tus Kws Kho Mob
- Teem Caij Koj Qhov Mus Ntsib Thawj Zaug
- Kev Pabcuam Txhais Lus

Koj Cov Nyiaj Pab (nplooj ntawv 14)

- Molina Cov Chaw Haujlwm Koom Tes Nrog
- Cov Tshuaj Tau Pab Them
- Lub Zeem Muag

Koj Cov Tshwj Xeeb Ntxiv (nplooj ntawv 18)

- Kawm Paub Txog kev Mob Nkeeg
- Cov Kev Pab Cuam Noj Qab Haus Huv
- Cov Chaw Pabcuam Hauv Zej Zog
- Kev taug kev

Koj Tsab Cai (nplooj ntawv 22)

- Pab Them
- Kev Them Nqi
- Cov Cai thiab Cov Luag Haujlwm

NCO NTSOOV: Yog tias koj muaj teebmeem txog kev nyeem lossis nkag siab txog qhov no lossis Molina Healthcare ib qho ntaub ntawv twg, hu rau Lub Chaw Pabcuam Tswvcuab ntawm (888) 665-4621 (TTY: 711). Peb tuaj yeem piav qhia ua lus Askiv lossis ua koj hom lus hais. Peb yuav muab cov ntawv no luam ua lwm hom lus. Tej zaum koj yuav thov kom sau nws ua cov ntawv neeg dig muag, luam tus ntawv loj, lossis ua suab lus. Yog tias koj muaj qhov xiam oos qhab lossis yog Tsis Hnov Lus, peb muab cov kev pab raws li qhov koj xav tau.

Kev saib xyuas noj qab haus huv yog ib qho tsis paub kawg thiab koj yog ib feem uas tseemceeb:



1. Tshuaj Xyuas koj Cov Cuab Yeej Tos Txais

Koj yuav tsum tau txais koj daim npav Molina Healthcare ID. Muaj ib daim rau koj thiab koj tsev neeg ib leeg ib daim. Thov nqa nrog koj txhua lub sij hawm. Yog tias koj tseem tsis tau txais koj daim npav ID dua, mus saib hauv [MyMolina.com](https://www.mymolina.com) lossis hu rau Chaw Pabcuam Tswvcuab.



2. Rau npe nkag hauv MyMolina

Kev rau npe nkag yog ib qho yooj yim. Mus saib hauv [MyMolina.com](https://www.mymolina.com) txhawm rau hloov koj Thawj Tus Kws Kho Mob (PCP), tshuaj xyuas keeb kwm kev pab dhau los, thov daim npav ID tshiab thiab ntau yam ntxiv. Txuas mus rau ib lub cuab yeej twg los tau, txhua lub sij hawm!



3. Tham txog koj li kev noj qab haus huv

Peb yuav hu rau koj txhawm rau xam phaj me ntsis txog koj li kev noj qab haus huv. Nws yuav pab peb xaiv seb yuav muab qhov kev pab kho mob kom zoo tshaj rau koj li cas. Thov qhia rau peb paub yog tias koj cov ntaub ntawv tiv toj muaj qhov hloov pauv.



4. Thov caw mus paub txog koj tus PCP

PCP txhais los ntawm lo lus Thawj Tus Kws Kho Mob. Nws yuav yog koj tus kheej tus kws kho mob. Txhawm rau xaiv lossis hloov koj tus kws kho mob, mus rau hauv [MyMolina.com](https://www.mymolina.com) los sis hu rau Lub Chaw Pabcuam Tswvcuab. Hu rau koj tus kws kho mob nyob hauv 120 hnuv tom ntej txhawm rau teem sij hawm koj mus ntsib kws kho mob thawj hnuv thiab pib Kuaj Ntsuas Mob ((IHA), qhov piv txwv ntsuas txhua yam ntawm kev noj qab haus huv. Txog cov menyuam hnuv nyoog 2 xyoo thiab qis dua, IHA yuav tsum rau npe nkag nyob hauv 120 hnuv no, lossis American Academy of Pediatrics yog tus teev lub sij hawm, qhov twg los xij uas luv dua.



5. Paub txog koj cov nyiaj pab

Nyob hauv Molina koj muaj nyiaj pab them nqi kho mob thiab cov kev pab pub dawb ntxiv. Peb muaj kev pab caij tsheb mus los pub dawb rau cov tswv cuab haum rau qhov kev pab thiab qhia paub txog kev noj qab haus huv. Thiab cov neeg mob siab rau saib xyuas koj.

Koj Qhov Kev Ua Tswv Cuab

Daim Npav ID

Txhua tus tswv cuab muaj ib leeg ib daim npav ID.

Koj lub npe

Member:



ID #:
DOB:

Provider:

PCP Phone:

Provider Group:

24Hours Nurse Help Line: (888) 275-8750
Para Enfermera En Español: (866) 648-3537
RX Questions: Caremark/CVS (800) 770-8014
Hospital Admission Notification: (800) 526-8196
Member Services: (888) 665-4621 Eligibility Info: (800) 357-0172
ER Notification: (800) 357-0163

RxBIN:
RxPCN:
RxGRP:

MC

THIS CARD IS FOR IDENTIFICATION PURPOSES ONLY AND DOES NOT PROVE ELIGIBILITY FOR SERVICE.

Provider: Notify the Health Plan within 24 hours of any inpatient admission at the "Hospital Admission Notification" number printed on the front of this card.

Member: Emergencies (24 Hrs): When a medical emergency might lead to disability or death, call 911 immediately or go to the nearest Emergency Room. No prior authorization is required for emergency care.

Miembro: Emergencias (24 horas): Cuando una emergencia puede resultar en muerte o discapacidad, llame al 911 inmediatamente o vaya a la sala de emergencia mas cercana. No requiere autorización para servicios de emergencia.

Remit Claims to: Molina Healthcare San Diego
P.O. Box 22702, Long Beach, CA 90802

MC_SD

www.molinahealthcare.com

AWSDX
Koj tus kws
kho mob tus
npawb xovtooj

Koj yuav tsum muaj koj daim npav ID txhawm rau:



Mus cuag koj tus kws
kho mob, kws tshaj
lij lossis lwm tus
kws kho mob



Mus hauv chav kho
mob kub ntxhov



Mus hauv chav kho
mob maj ceev



Mus hauv tsev
kho mob



Tau txais cov cuab
yeej kho mob thiab/
lossis cov ntawv xaj
yuav tshuaj



Muaj cov kev
kuaj mob

Cov Ntaub Ntawv Ua Pov Thawj Sai

Xav tau Cov kev coj ua	Xwm txheej kub ntxhov	NkagMus Hauv Online <ul style="list-style-type: none">- Nrhiav lossis hloov koj tus kws kho mob- Hloov kho koj cov ntaub ntawv tiv toj- Thov ib daim npav ID- Tau txais cov ntawv ceebtoom kho mob- Nrhiav cov chaw haujlwm mus ntsib	Tau Txais Kev Kho Mob <ul style="list-style-type: none">- Kho mob Maj rawm- Cov mob tsis heev- Cov kev raug mob loj- Kho thiab kuaj mob lub cev- Kev kho mob tiv thaiv- Kev txhaj tshuaj tiv thaiv kab mob (txhaj)
	Hu rau 911	Mus hauv MyMolina.com thiab rau npe nkag Nrhiav qhov chaw kho mob ntawm: MolinaHealthcare.com/ProviderSearch	Hu Rau Koj Tus Kws Kho Mob: Npe thiab Npawb Xovtooj Cov Chaw Kho Mob Maj Rawm Nrhiav ib qho chaw kho mob lossis lub tsev kho mob maj rawm MolinaHealthcare.com/ProviderSearch Tus Xov Tooj Neeg Tu Mob 24 Teev (888) 275-8750 (Lus Askiv) (866) 648-3537 (Lus Mev) TTY: 711 MolinaClinics.com Nrhiav Molina Lub Chaw Kho Mob Xub Thawj nyob ze koj

Cov Ntsiab Lus Koj Qhov Kev Npaj Kho Mob

- Cov lus nug ntsig txog koj qhov kev npaj kho mob
- Cov lus nug ntsig txog txoj haujlwm lossis cov kev pab
- Tsim daim npav ID
- Kev pab txhais lus
- Kev taug kev
- Pab nrog koj cov kev mus ntsib
- Saib xyuas ua ntej yug menyuam
- Cov menyuam most sis muaj mob mus ntsib (PCP) lossis OB/GYN

Chaw Pabcuam Tswvcuab

(888) 665-4621

Monday txog Friday,

7:00 teev sawv ntxov – 7:00 teev tsaus ntuj.

Txhawm rau teem sij hawm caij tsheb mus cuag kws kho mob

(844) 292-2688

Saib nplooj ntawv 51 & 55 kom paub cov ntaub ntawv ntau ntxiv.

Hloov Pauv/Cov Xwm Txheej Hauv Lub Neej

- Rau Npe Nkag Rau Koj Tus Menyuum Yug Tshiab
- Cov Ntaub Ntawv Tiv Toj

Chaw Pabcuam Tswvcuab

(888) 665-4621

Lossis hu rau California Lub Chaw Haujlwm Pab Cuam Kev Kho Mob (DHCS), Medi-Cal Chav Tuav Tswj Kev Kho Mob

TDD

(877) 735-2929

DHCS Lub Chaw

Haujlwm Ombudsman

(888) 452-8609

Cov Kev Xaiv Kho Mob

(HCO) (800) 430-4263,

TTY: 1 (800) 430-7077

Koj Tus Kws Kho Mob



Nrhiav Koj Tus Kws Kho Mob

Koj Thawj Tus Kws Kho Mob (PCP) paub koj zoo thiab saib xyuas txhua yam kev kho mob uas koj xav tau. Nws yog ib qho tseem ceeb kom muaj ib tus kws kho mob uas koj muaj kev yooj yim. Nws yog ib qho yooj yim xaiv ib tug hauv peb Cov Npe Chaw Kho Mob, uas muaj cov npe kws kho mob nyob hauv. Koj tuaj yeem xaiv ib tus kws kho mob rau koj thiab lwm tus kws kho mob rau lwm tus neeg hauv koj tsev neeg, lossis ib tus kws kho mob los saib xyuas koj tsev neeg txhua tus.

Teem caij mus ntsib thawj zaug kom paub koj tus kws kho mob. Hu rau Molina Healthcare ntawm (888) 665-4621 yog tias koj xav tau kev pab teem caij ntsib lossis nrhiav ib tus kws kho mob.

Yog tias koj tsis xaiv ib tus kws kho mob, Molina yuav xaiv rau koj. Molina yuav xaiv ib tus kws kho mob raws li koj qhov chaw nyob, hom lus uas xav tau thiab cov kws kho mob uas koj tsev neeg tau mus ntsib yav tas los.

Teem Caij Koj Qhov Mus Ntsib Thawj Zaug

Kawm paub ntau ntxiv txog koj li kev noj qab haus huv. Thiab qhia koj tus kws kho mob kom paub ntau ntxiv txog koj. Hu rau koj tus kws kho mob nyob hauv 120 hnuv tom ntej txhawm rau teem sij hawm koj mus ntsib kws kho mob thawj hnuv thiab pib Kuaj Ntsuas Mob ((IHA), qhov piv txwv ntsuas txhua yam ntawm kev noj qab haus huv. Txog txhua tus tswvcuab, IHA yuav tsum tau rau npe nkag hauv sij hawm 120 hnuv. Txog cov menyuam hnuv nyoog 2 xyoo thiab qis dua, IHA yuav tsum rau npe nkag nyob hauv 120 hnuv no, lossis American Academy of Pediatrics yog tus teev lub sij hawm, qhov twg los xij uas luv dua.

Koj tus kws kho mob yuav:

- Kho koj qhov mob uas yuav tsum tau kho xwm yeem
- Tshuaj xyuas koj cov kev ntsuas mob thiab cov ntsuas tau los
- Sau ntawv xaj yuav tshuaj
- Xa koj mus rau lwm tus kws kho mob (cov kws kho mob tshwj xeeb)
- Rau npe koj nkag hauv tsev kho mob yog tias xav tau

Kev Pabcuam Txhais Lus

Yog tias koj xav tham lus ua koj hom lus hais, peb tuaj yeem nrhiav ib tus kws pab txhais lus los tham nrog koj 24 xuaj moos toj ib hnuv. Lawv kuj tuaj yeem pab koj tham nrog koj tus kws kho mob lossis kws saib xyuas mob nkeeg. Ib tus kws pab txhais lus tuaj yeem pab koj:

- Teem caij ntsib
- Tham nrog koj tus kws kho mob lossis kws tu neeg mob
- Tau txais kev pab kho mob kub ntxhov
- Sau ntawv hais qhov tsis txaus siab, ntawv foob, lossis foob
- Tau txais cov ntaub ntawv ntsig txog kev noj tshuaj
- Tshuaj xyuas txog cov ntawv tso cai ua ntej uas koj xav tau txhawm rau kev kho mob
- Pab txhais lus piav tes

Yog koj xav tau ib tus kws pab txhais lus, hu rau Lub Chaw Haujlwm Pabcuam Tswvcuab. Cov naj npawb xov tooj sau tseg nyob sab nraub qaum ntawm koj daim npav ID. Koj kuj tuaj yeem nug koj lub chaw kho mob cov neeg ua haujlwm kom hu rau Lub Chaw Haujlwm Pab Cuam Tswv Cuab rau koj. Lawv yuav pab koj kom tau txais ib tus kws txhais lus los pab koj thaum koj teem caij ntsib.

Koj yuav tsum mus ntsib ib tus kws kho mob uas yog ib feem ntawm Molina.

Yog tias muaj ib qho laj thawj uas koj xav hloov koj thawj tus kws kho mob, mus rau hauv [MyMolina.com](https://www.mymolina.com). Koj kuj hu tau rau Chaw Pabcuam Tswvcuab.

Yog tias koj hloov koj tus kws kho mob, koj yuav tau txais ib daim npav ID tshiab. Koj tuaj yeem txuas ntxiv siv tib daim npav ID, kom txog thaum koj tau txais daim tshiab.



Nco ntsoov, koj tuaj yeem hu rau Tus Npawb Kws Saib Xyuas Neeg Mob tau txhua lub sij hawm. Peb cov kws saib xyuas neeg mob tuaj yeem pab yog tias koj xav tau kev kho mob maj rawm.

Koj Cov Nyiaj Pab

A white stethoscope icon is centered within a light gray circular background on the left side of the page.

Molina Cov Chaw Haujlwm Koom Tes Nrog

Peb muaj qhov kev nthuav dav ntawm cov kws kho mob thiab cov tsev kho mob. Thiab lawv npaj yuav los pab koj tau. Mus saib cov chaw kho mob uas koom nrog Molina. Koj tuaj yeem nrhiav pom cov npe chaw kho mob no ntawm [MolinaHealthcare.com/ProviderSearch](https://www.molinahealthcare.com/providersearch). Hu rau Chaw Pab Cuam Tswv Cuab yog tias koj xav luam daim ntawv theej ntawm cov npe no.

Cov npe hauv online muaj chaw kho mob cov ntaub ntawv xws li npe, npawb xovtooj, chaw nyob, feem kev paub tshwj xeeb thiab yam uas ua tau tshaj lij.

Txog tag nrho cov npe chaw kho mob uas pab them nyiaj, thiab kom pom seb yam kev pab twg yuav tsum tau txais kev tso cai ua ntej, thov mus saib nplooj ntawv 33.



Lub Zeem Muag

Peb xav kom nej txhua tus muaj lub dag zog zoo, suav nrog koj lub qhov muag.

Thov txheeb xyuas koj Cov Npe Chaw Kho Mob Hauv Molina Healthcare kom nrhiav cov kws kho menyuum yaus lossis kws kho lub cev uas tuaj yeem muab kev pab no rau koj ntawm [MyMolina.com](https://www.mymolina.com).

Cov Tshuaj Tau Pab Them

Molina Healthcare pab them rau koj txhua cov tshuaj kho mob tsim nyog.

Peb siv cov npe tshuaj uas yuav tsum siv (cov npe tshuaj). Nov yog cov tshuaj peb xav kom koj tus kws kho mob sau rau hauv daim ntawv xaj yuav tshuaj.

Cov tshuaj txog caj ces feem ntau muaj nyob hauv cov npe no. Koj tuaj yeem nrhiav cov npe tshuaj uas yuav tsum siv ntawm [MyMolina.com](https://www.molinahc.com).

Kuj tseem muaj cov tshuaj uas tsis pab them nyob hauv thiab. Piv txwv li, cov tshuaj ua kom xav sib deev, tshuaj ua kom qhov hnyav poob qis, cov tshuaj ua kom zoo nkauj zoo nraug thiab tshuaj ua kom tsis pub muaj menyuam yuav tsis pab them.

Peb nyob ntawm koj qhov chaw. Peb yuav ua haujlwm nrog koj tus kws kho mob txhawm rau xaiv seb hom tshuaj twg zoo tshaj rau koj.



Koj Qhov Tshwj Xeeb Ntxiv

MyMolina.com: Tuav tswj koj qhov kev npaj kho mob hauv online

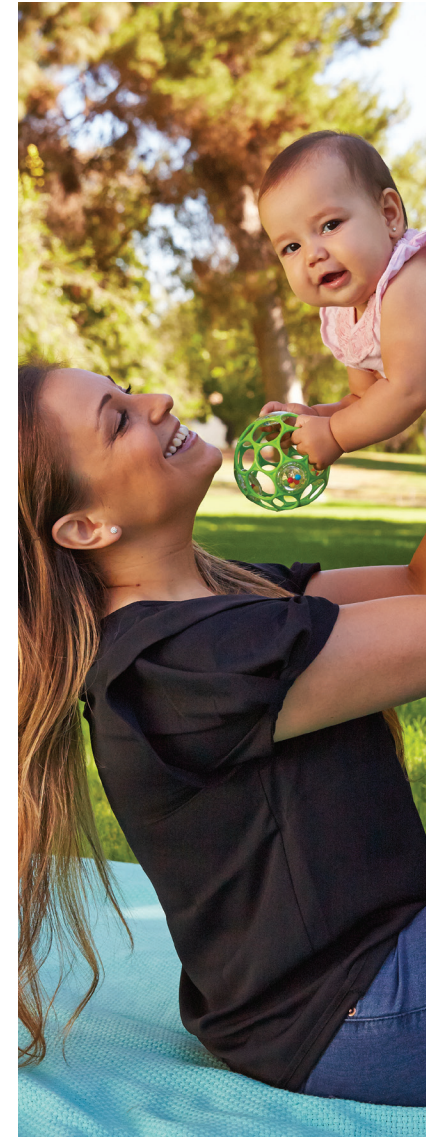
Txuas nrog peb cov kab ke kev nyab xeeb ntawm ib lub cuab yeej, qhov twg los xij uas koj nyob. Hloov koj tus kws kho mob, hloov kho koj cov ntaub ntawv tiv toj, thov daim npav ID tshiab thiab ntau dua ntxiv. Xav rau npe nkag, mus saib hauv [MyMolina.com](https://www.mymolina.com).

Txoj Haujlwm Qhia Kev Paub thiab Muab Cov Kev Pab

Nyob zoo thiab muaj lub dab zog khov kho! Peb cov haujlwm pub dawb pab koj tuav tswj koj qhov lub cev hanyav, thum luam yeeb lossis tau txais kev pab saib xyuas tus mob tsis zoo tu qab. Koj tau txais cov cuab yeej kawm paub, cov lus qhia saib xyuas thiab ntau ntxiv. Peb kuj tseem muaj cov haujlwm rau cov yuav tau ua leej niam. Yog tias koj muaj mob hawb pob, mob ntshav qab zib, mob plawv lossis lwm yam mob tsis zoo tu qab, ib tus kws saib xyuas neeg mob lossis Tus Thawj Kho Mob yuav tiv toj koj. Koj kuj tuaj yeem rau npe nkag ntawm [MyMolina.com](https://www.mymolina.com), peb qhov chaw saib xyuas cov neeg li kev nyab xeeb, lossis hu tias Chav Lis Haujlwm Tuav Tswj Kev Kho Mob ntawm (866) 472-9483 (TTY: 711).

Khoom Plig Cev Xeeb Tub

Puas yog koj tab tom yuav muaj menyuam mos? Molina Healthcare xav kom tus niam thiab tus menyuam mos muaj lub dag zog zoo. Koj tuaj yeem tau txais cov khoom plig los ntawm peb cov haujlwm, Cov Khoom Plig Pojniam Cev Xeeb Tub! Nws yooj yim. Rau npe ntawm [MyMolina.com](https://www.mymolina.com), peb qhov chaw saib xyuas kev nyab xeeb, lossis hu rau (888) 665-4621. Molina yuav xa koj cov ntaub ntawv hauv chaw xa ntawv.



Kev taug kev

Peb muaj kev pab caij tsheb mus los. Yog li koj tsis yas yuav plam koj qhov mus ntsib zaum txuas ntxiv.

Hauv qhov xwm txheej kub ntxhov, thaum yog kev kho mob tsim nyog, Molina pab them cov nqi tsheb thauj neeg mob hla kev hu rau 911.

Molina muab Tus Nqi Caij Tsheb Mus Los Tsis Yog Kho Mob Kub Ntxhov (NEMT) thaum koj tsis tuaj yeem mus ntsib koj tus kws kho mob raws li sijhawm teem tseg los ntawm kev caij tsheb, tsheb npav, tsheb ciav hlau, los yog lub tsheb tavxij, thiab lub hom phiaj uas them rau koj qhov kev kho mob lossis mob lub cev. Tej zaum Molina kuj yuav muab cov kev pab Tsis Yog-Kev Kho Mob Caij Tsheb Mus Los (Non-Medical Transportation (NMT)) rau koj qhov teem caij ntsib kho mob rau qhov kev npaj pab them nqi kho mob los ntawm cov neeg uas tsis yog cov kws kho mob Medi-Cal.

Kom paub cov ntaub ntawv ntau ntxiv txog txhua yam kev pab caij tsheb mus los, thov saib ntawm nplooj ntawv 51 & 55 hauv phau ntawv qhia no.

Txoj Haujlwm Bridge2Access® Ombudsman

Ombudsman tuaj yeem pab koj txhawb rau yam koj xav tau lossis tau txais lo lus teb ntawm lo lus nug lossis kev txhawj xeeb uas tej zaum koj tseem tsis tau txais los ntawm Chaw Pabcuam Tswvcuab. Txog cov ntsiab lus, thov saib nplooj 65 hauv phau ntawv qhia no.





Tswj Txoj Hauj Lwm

Molina Lub Chaw Haujlwm Tuav Tswj Kev Kho Mob npaj pab koj tau.

Lub hom phiaj Tuav Tswj Kev Kho Mob yog txhawm rau pab txhim kho koj li kev noj qab haus huv thiab noj qab nyob zoo. Peb qhia kev paub rau koj txog koj li kev kho mob. Peb kuj tseem, pab koj kom tau txais cov kev pab saib xyuas noj qab haus huv. Molina Healthcare yuav mus saib tau koj li kev kho mob, tshuaj xyuas cov kev pab thiab cov chaw pab cuam. Peb yuav ua haujlwm nrog koj cov kws kho mob txhawm rau pib qhov kev npaj kho mob nrog rau cov hom phiaj uas koj tau pom zoo nrog. Molina Healthcare yuav pab koj thaum koj muaj kev hloov chaw ntawm lub tsev kho mob, lub chaw saib xyuas neeg mob thiab hauv koj lub tsev. Peb muab kev pab rau koj kom muaj qhov mus ntsib tsev kho mob tsawg. Peb cov kev ua haujlwm yog mob siab rau saib xyuas koj. Qhov ntawv txhais tau tias peb tham nrog koj tas li-nws yog ib qho tseem ceeb kom pab koj ua kom nyab xeeb thiab muaj kev noj qab nyob zoo hauv tsev.

Cov Chaw Pabcuam Hauv Zej Zog

Peb yog ib feem ntawm koj lub zej zog. Thiab peb ua haujlwm hnyav kom nws noj qab nyob zoo dua qub. Muaj cov chaw pab cuam hauv zej zog, cov koom txoos kev noj qab haus huv thiab cov koom haum hauv zej zog rau koj. Lawv muab cov kev pab zoo thiab cov kev pab muaj kev yooj yim. Txhua yam zoo, feem ntau yog pub dawb lossis sau tus nqi qis rau koj

- Hu rau 211. Nov yog qhov kev pab pub-dawb, tsis pub lwm tus neeg paub uas yuav pab koj nrhiav cov chaw pab cuam hauv zej zog. Ua haujlwm 24/7.
- Pojniam, Menyuum Mos, Menyuum Yaus (WIC)

Cov Ntsiab Lus Hauv Kuv Tsab Cai

Qhov Molina Healthcare of California Partner Plan Inc. no (Molina lossis Molina Healthcare) qhia cov kev pab them nyiaj rau cov nroog txuas ntxiv no:

Ob Lub Nroog Piv Txwv Ntawm Qhov Kev Npaj: Nroog Imperial, Riverside, and San Bernardino
Cov Nroog Ua Piv Txwv Kev Pabcuam Raws Thaj Chaw (Geographic Managed Care (GMC)): Nroog Sacramento thiab San Diego

Phau ntawv no yuav luam ua lus English, Spanish, Arabic, Chinese, Hmoob, Russian thiab Vietnamese.

Nov Muaj Daim Qauv Ntawv Pov Thawj Pab Them/Nthuav Tawm (Ntawv Pab Qhia Cov Tswvcuab) tsuas muaj luv luv txog cov phiaj xwm kev kho mob xwb. Daim ntawv cog lus txog phiaj xwm kev kho mob yuav tsum tau sib tham kom mee txog qhov duav tau thiab tes hauj lwm. Tej zaum koj kuj yuav tau saib ib daim ntawv cog lus ua ntej uas hu thov los ntawm Molina Healthcare. Hus rau Chaw Pabcuam Tswvcuab tus npawb hu dawb ntawm 1 (888) 665-4621 (TTY: 711), Monday txog Friday, 7:00 teev sawv ntxov txog 7:00 teev tsaus ntuj, txog cov ntaub ntawv thaum tsim nyog.

Tus Thawj Kws Kho Mob yog dab tsi?

Thawj Tus Kws Kho Mob lossis Thawj Tus Kws Kho Mob Lub Cev (PCP) yog koj tus kws khomob tseem ceeb, tus yuav los saib xyuas yam kev kho mob uas koj xav tau feem ntau. Tus PCP paub koj thiab koj tsev neeg zoo thiab saib xyuas koj li kev noj qab haus huv. Thaum koj los yog ib tus neeg hauv koj tsev neeg muaj mob thiab koj tsis paub tias yuav ua li cas, hu rau koj tus PCP. Koj tsis tas yuav tsum mus rau Chaw Kho Mob Kub Ntxhov tshwj tsis yog thaum muaj kev txaus ntshai rau txoj sia.

Koj tus PCP xav ntsib koj ua ntej koj yuav muaj mob. Mus paub nrog koj tus PCP. Qhov no yuav pab lawv muab kev pab rau koj zoo dua.

Ib xyoos mus-kuaj ib zaug txhawm rau nyob muaj lub dag zog zoo. Mus cuag koj tus PCP kom kuaj lub cev, ntsuas, txhaj tshuaj, thiab – tshwj xeeb mas yog – thaum koj muaj mob. Mus kuaj mob pab koj tus PCP pom cov teebmeem mob thaum ntxov. Yog koj lossis koj tus me nyuam yuav tsum tau kho mob tshwj xeeb, koj tus PCP tuaj yeem pab koj. Koj tus PCP ua haujlwm nrog koj ua kom koj thiab koj tsev neeg muaj lub dag zog zoo.

Yog koj xav paub ntau txog koj tus PCP lossis lwm tus kws kho mob hauv Molina Healthcare, hu rau Lub Chaw Pabcuam Tswvcuab lossis mus ntsib ntawm **[MolinaHealthcare.com/ProviderSearch](https://www.molinahealthcare.com/ProviderSearch)**.

Kev Xaiv Koj Tus Kws Khomob lossis Lwm Qhov Chaw Khomob

Kom tau pab them nyiaj los ntawm Molina Healthcare, cov kev pab yuav tsum yog muab los ntawm Molina Healthcare cov kws kho mob, tsev kho mob, kws kho mob tshwj xeeb lossis chaw kuaj mob uas raug xaiv rau koj. Peb ua cov kev zam rau kev khomob Xwm Txheej Kub Ntxhov, cov kev khomob maj rawm nyob sab nraud thaj chaw, lossis cov kev pab poob rau feem "Yam twg Pab Them Raws Kuv Qhov Kev Npaj" ntawm phau ntawv no. Thov saib nplooj ntawv 28 txog cov kev pab them rau Kev Khomob Kub Ntxhov thiab nplooj ntawv 33 txog tshooj "Yam Twg Pab Them Raws Li Kuv Qhov Kev Npaj".

Kuv Yuav Xaiv Thawj Tus Kws Kho Mob li Cas?

When you filled out the Medi-Cal enrollment form from Health Thaum koj sau daim foos rau npe nkag Medi-Cal ntawm Cov Kev Xaiv Khomob (Health Care Options (HCO)) koj raug nug kom xaiv Thawj Tus Kws Khomob (PCP). Qee zaus koj yuav tsis tuaj yeem tau txais tus PCP uas koj xaiv. Tej zaum nws kuj yuav tshwm sim vim:

- Tus kws khomob uas tsis nyob hauv Molina Healthcare lawm
- Tus kws khomob twb muaj cov neeg mob uas nws tuaj yeem muab kekv pab rau tam sim no
- Tus kws khomob tsuas yog mus ntsib cov neeg mob muaj ib lub hnuv nyoog twg xwb lossis rau cov pojniam (OB/GYN) xwb

Yog koj tsis tau txais tus PCP uas koj xaiv, thov hu rau Chaw Pabcuam Tswvcuab thiab peb tuaj yeem pab koj xaiv ib tug. Koj kuj tuaj yeem siv peb Cov Npe Chaw Khomob kom xaiv los ntawm cov npe kws kho mob. Koj tuaj yeem xaiv ib tus kws kho mob rau tag nrho koj tsev neeg. Lossis xaiv ib tus rau koj thiab ib tus rau lwm tus neeg hauv koj tsev neeg los tau.

Molina Healthcare kuj tuaj yeem pab koj nrhiav ib tug PCP uas zoo rau koj. Tsuas yog qhia rau peb txog yam uas tseem ceeb rau koj, thiab peb yuav zoo siab los pab koj.

Tsoom Fwv Cov Tsev Kho Mob Zoo

Tsoom Cov Chaw Khomob Tau Zoo (Federally Qualified Health Center (FQHC)) yog lub chaw kuaj mob, thiab tuaj yeem yog koj tus kws khomob PCP. FQHCs muaj npe nyob ntawm peb Cov Npe Chaw Khomob. Yog koj xav tau kev saib xyuas los ntawm FQHC, koj tuaj yeem xa rau ib lub FQHC uas muaj ntawv cog lus nrog Molina Healthcare.

Yuav ua li cas Yog tias kuv tsis xaiv Thawj Tus Kws Kho Mob?

Molina Healthcare xav kom koj xaiv ib tug PCP tsis pub dhau peb caug (30) hnuv tom qab koom nrog Molina Healthcare. Yog koj tsis xaiv ib tug PCP, Molina Healthcare yuav xaiv ib tug rau koj.

Cov Tswvcuab Nyob Hauv Riverside thiab San Bernardino uas muaj Health Net

Molina Healthcare muaj cov ntawv cov lus nrog Health Net Community Solutions (Health Net) hauv nroog Riverside thiab San Bernardino. Yog koj nyob hauv Nroog Riverside lossis San Bernardino thiab koj tau xaiv ib tus PCP uas nyob hauv Health Net, Health Net yuav npaj pabcuam khomob rau koj. Koj kuj yuav tau txais koj cov tshuaj khomob (tshuaj) los ntawm cov chaw muag tshuaj uas cog lus nrog Health Net thiab siv Health Net Cov Tshuaj Teev Tseg. Yog tias koj xav tau txais ib daim ntawv luam txog Health Net Cov Tshuaj Teev Tseg lossis yog koj muaj lus nug, hu rau Chaw Pabcuam Tswvcuab ntawm (888) 665-4621 (TTY: 711).

Kev Hloov Koj Tus Kws Kho Mob

Yuav ua li cas yog tias kuv xav hloov kuv tus Thawj Kws Kho Mob?

Koj tuaj yeem hloov koj tus Thawj Kws Kho Mob (PCP) tau txhua lub sij hawm. Yog koj xaiv tus kws khomob tshiab hnuv tim 15 ntawm lub hli, koj yuav tau txais ib tus kws khomob tshiab hauv tib lub hlis. Yog koj xaiv tus kws khomob tshiab tom qab hnuv tim 15, kev hloov pauv yuav tshwm sim rau thawj hnuv ntawm lub hli txuas ntxiv.

Mus paub nrog koj tus PCP ua ntej koj txiav txim siab hloov cov kws khomob. Muaj kev sib raug zoo nrog koj tus PCP yog ib qho tseem ceeb rau koj li kev noj qab haus huv. Hu rau Chaw Pabcuam Tswvcuab yog koj xav paub ntau ntxiv txog koj tus kws kho mob hauv Molina.

Yuav ua li cas hloov kuv tus Thawj kws kho mob?

Txhawm rau hloov koj tus PCP, hu rau Chaw Pabcuam Tswvcuab, lossis mus hauv **MolinaHealthcare.com** lossis **MyMolina.com**, peb tus tswv cuab lub qhov rooj nkag. Peb tus website thiab lub qhov rooj nkag kuj tseem muaj co npe kws kho mob.

Kuv tus kws kho mob puas muaj cai tias kom kuv hloov mus rau lwm tus Thawj kws kho mob?

Koj tus kws kho mob kuj yuav muaj cai hais kom koj hloov mus rau lwm tus PCP rau cov teeb meem li hauv qab no:

- Koj tsis ua raws li qib duas kev kho mob uas nws qhia (Tsis muaj-cwj pwm kev tsis txaus siab)
- Koj npau taws, yuam, lossis muaj tus cwj pwm ua siab kub
- Kws kho mob-neeg mob txoj kev sib raug zoo tau tu lawm

Yuav ua cas yog kuv tus kws kho mob lossis tsev kho mob yuav tawm hauv Molina Healthcare lawm?

Yog koj tus kws kho mob (PCP lossis kws kho mob tshwj xeeb) lossis lub tsev kho mob yuav tawm hauv Molina Healthcare, peb yuav xa ib tsab ntawv tuaj qhia koj paub. Tsab ntawv yuav qhia koj tias kev hloov pauv yuav cuam

tshuam koj li cas. Yog koj tus PCP tsis nyob nrog Molina Healthcare ntxiv lawm, tsab ntawv yuav qhia koj txog tias koj tus kws kho mob tshiab yog leej twg. Yog tias koj xav tau lwm tus kws kho mob, Lub Chaw Pabcuam Tswvcuab tuaj yeem pab koj xaiv ib tug.

Yog tias koj tau txais ib qho Kev Khomob Tshwj Xeeb los ntawm ib tus kws khomob lossis lub tsev khomob uas tsis ua haujlwm nrog Molina Healthcare ntxiv lawm, koj tuaj yeem thov khomob txuas ntxiv ntawm cov kws khomob los yog lub tsev khomob. Molina tej zaum yuav tso cai koj nyob nrog koj lub koom haum kho mob qub no ntev txog 12 lub hlis.

Kho Mob Tshwj Xeeb txhais tau tias koj tab tom tau txais kev kho mob los ntawm ib tug kws kho mob lossis tsev kho mob nyob rau cov nqe lus hauv qab no:

- Koj muaj Tus Mob Hnyav Tsis Zoo Tus Qab vim yog muaj kab mob, muaj mob lossis lwm qhov teebmeem kho mob lossis ib yam mob uas yeej ib txwm mob hnyav, thiab muaj ob qho txuas ntxiv no:
 - Mob ntev tsis muaj qhov zoo lossis zoo qeeb yuav tau siv sij hawm maj mam kho
 - Yuav tau kho ua ntu zus txhawm rau kho lossis tiv thaiv nws los ntawm qhov kev tsis zoo
- Yog tias koj Muaj Tus Mob Hnyav Tsis Zoo Tu Qab, koj yuav tau nyob nrog kws kho mob lossis tsev khomob muab Cov Kev Khomob Tshwj Xeeb ntev txog kaum ob (12) lub hlis
- Koj cev xeeb tub. Koj tuaj yeem yuav nyob nrog koj tus kws kho mob lossis tsev kho mob kom ntev li ncuaj koj suab me nyuam
- Yog koj muaj Mob Hnyav Sai yog ib qhov kev

khomob uas pib sai sai thiab yuav tau txais kev saib xyuas tam sim. Tus Mob Hnyav sai sai feem ntau yog mob luv dua li cov mob hnyav tsis zoo tus qab. Thaum zoo li no, koj tuaj yeem nyob nrog koj tus kws kho mob lossis tsev kho mob kom txog thaum Koj Tus Mob Hnyav Zoo

- Koj tus nyuam yug tshiab lossis tus muaj hnuv nyoog ntau txog peb caug rau (36) hli. Koj tus me nyuam yuav tau nyob nrog kws kho mob lossis tsev kho mob ntev txog kaum ob (12) lub hlis
- Koj muaj mob ceev. Yog tias koj muaj yam mob uas koj tsis muaj kev cia siab tias yuav zoo tau los, koj tuaj yeem nyob nrog tus kws khomob lossis lub tsev khomob raws li lub sij hawm kho mob
- Koj tau txais kev tso cai phais mob lossis lwm qhov txheej txheem kho mob nyob rau sij hawm ib puas yim caum (180) hnuv uas koj tus kws kho mob thiab lub tsev kho mob yuav tsis nyob nrog Molina Healthcare lossis nyob rau ib puas yim caum (180) hnuv thaum koj sau npe nrog Molina Healthcare
- Koj tau raug sau ntawv txwv los ntawm Medi-Cal txog kom tsis lav koj li kev kho mob. Molina Healthcare yuav soj ntsuam cov ntaub ntawv uas tau txais los ntawm Rooj Tsav Xwm Saib XYuas Kev Kho Mob (DHCS). Peb yuav qhia koj paub yog tias koj tseem yuav tau kev saib xyuas los ntawm koj tus kws kho mob
- Koj raug hloov los ntawm Medi-Cal Cov Nqi Pab Cuam mus rau Molina Healthcare. Koj tuaj yeem thov khob mob txuas ntxiv nrog Medi-Cal cov chaw khomob uas koj tau siv dua los lawm kaum ob (12) hlis ua ntej yuav los koom nrog Molina Healthcare

Kev muaj cai txais tsis nce rau caij ces ntawm koj tus mob.

Txawm tias Molina Healthcare qhov kev tso cai kom txuas ntxiv mus ntsib tus kws khomob uas tawm ntawm kev koom tes nrog los xij, koj tus kws khomob lossis lub tsev khomob tej zaum yuav tsis pom zoo kom txuas ntxiv muab cov kev khomob. Yog nws muaj li ntawv, Molina Healthcare yuav muab koj cob rau ib tug kws kho mob tshiab lossis xa koj mus kho rau lub tsev kho mob tshiab.

Yog koj thov kom cia koj nyob nrog tus kws kho mob lossis lub tsev kho mob qub, koj lossis koj tus kws kho mob tuaj yeem hu rau Chaw Pabcuam Tswvcuab. Koj kuj tuaj yeem thov Molina Healthcare luam txoj cai uas hais txog kev nyob nrog tus kws kho mob lossis tsev kho mob.

Yog koj tau txais kev kho los ntawm ib tug kws kho mob lossis tsev kho mob, koj yuav muaj cai kho ntawm tus kws kho mob lossis kho ntawm tib lub tsev kho mob rau lub sij hawm ib ntus. Hu rau Chaw Pabcuam Tswvcuab. Yog tias koj muaj lus nug ntxiv, peb txhawb koj kom tiv toj Lub Chaw Haujlwm Tswj Hwm Kev Kho Mob (Department of Managed Health Care, DMHC), uas tiv thaiv cov neeg siv hauv Lub Koom Haum Tswj Hwm Kho Mob (Health Maintenance Organization, HMO). Hu rau (888) HMO-2219 (888 466-2219); TTY cov neeg siv tuaj yeem ntaus (877) 688-9891, npawb hu dawb. Koj kuj tuaj yeem mus hauv rau hmohelp.ca.gov.

Yog tias koj raug xaiv rau qhov kev xaiv cov kws khomob koom tes nrog sab nrauv lossis xaiv kom txuas ntxiv qhov kev npaj khomob dhau los, thiab koj tau xaiv kom hloov mus rau Molina Healthcare qhov kev npaj khomob, ces qhov kev xaiv txuas ntxiv khomob no yuav siv tsis tau rau koj.

Yog tias koj raug xaiv rau ib Tug Kws Kho Mob Ywj Pheej (IPA) lossis lub tsev kho mob uas daim ntawv cog lus kawg nrog Molina Healthcare, ces peb yuav sau ntawv ceeb toom rau koj ua ntej raws li lub caij uas daim ntawv cog lus lossis kev cai lij choj.

Phau Ntawv Qhia Teem Caij Kho Mob Cuag Sij Hawm

Koj tus kws kho mob lub chaw haujlwm yuav tsum muab cov ntaub ntawv teem caij ntsib rau koj uas sau cov sij hawm mus ntsib rau hauv no:

Hom Kev Teem Caij Ntsib	Yuav Tsum Tau Teem Sijhawm Ntsib
PCP – Kev Khomob Maj Ceev tsis tas yuav tso cai ua ntej	Thov nyob rau sij haum 48 teev
PCP – Kev Khomob Maj Ceev yuav tsum tau txais kev tso cai ua ntej	Thov nyob rau sij haum 96 teev
PCP – Txhua hnuv/Saib Xyuas-Tsis Maj Rawm	Thov nyob rau sij haum 10 hnuv
PCP – Kuaj Me Nyuam/Saib Xyuas-Tiv Thaiv Kab Mob	Thov nyob rau sij haum 7 hnuv
PCP – Saib Xyuas-Tiv Thaiv Kab Mob Rau Cov Laus	Thov nyob rau sij haum 20 hnuv
Kho mob feem ntau nrog cov tsis yog kws kho mob hauv cov koom haum kho mob	Thov nyob rau sij haum 10 hnuv

Hom Kev Teem Caij Ntsib	Yuav Tsum Tau Teem Sijhawm Ntsib
PCP – Chav Ua Hauj Lwm Tos	Nyob rau 30 feeb txog lub sij hawm teem tseg
Kws kho mob tshwj xeeb – Kev Khomob Maj Ceev tsis tas yuav tso cai ua ntej	Thov nyob rau sij haum 48 teev
Kws kho mob tshwj xeeb – Kev Khomob Maj Ceev yuav tsum tau txais kev tso cai ua ntej	Thov nyob rau sij haum 96 teev
Kws kho mob tshwj xeeb – Txhua hnuv/Saib Xyuas-Tsis Maj Rawm	Thov nyob rau sij haum 15 hnuv
Tom qab-ib teev muaj sij hawm	Tom qab -ib teev nkag mus rau Hom qauv kev sib teem
Tom qab -ib teev uas tsim nyob qhia txog thaum Ti Tes Ti Taw	Yog tias nws yog Ti tes ti taw cuam tshuam txog lub neej txoj sia, thov tsa lub xov tooj es hu rau 911
Kws kho mob teb tom qab ib teev uas hu xov tooj/phab	Tsis dhau 30 feeb

Kev Teem Caij Kho Mob Ntsig Txog Cwj Pwm (BH)	Yuav Tsum Tau Teem Sijhawm Ntsib BH
BH – Kev Khomob Maj Ceev tsis tas yuav tso cai ua ntej	Thov nyob rau sij haum 48 teev

Kev Teem Caij Kho Hom Mob Ntsig Txog Cwj Pwm (BH)	Yuav Tsum Tau Teem Sijhawm Ntsib BH
BH – Kev Khomob Maj Ceev yuav tsum tau txais tso cai ua ntej	Thov nyob rau sij haum 96 teev
BH – Txhua hnuv/Saib Xyuas-Tsis Maj Rawm	Thov nyob rau sij haum 10 hnuv
BH – Tsis-yog Yam Ti Tes Ti Taw	Thov nyob rau sij haum 6 teev

Hom Kev Pabcuam Teem Caij Ntxiv	Kev Pabcuam Ntxiv Teem Sijhawm Ntsib
Cov kev pab ntxiv yog tej yam xws li kev khomob ua tsis taus haujlwm thiab kho hais lus, kev pab khoom noj muaj txiaj ntsig zoo thiab tswj qhov lub cev hnyav. Teem caij tsis-maj rawm thov kev pab cuam	Tsis dhau 15 hnuv

Tus Xov Tooj Neeg Tu Mob 24 Teev

Yog tias koj muaj lus nug lossis ntxhov siab txog koj tsev neeg lub dag zog, hu peb tau 24-teev Lub Xov Tooj Neeg Tu Mob ntwam (888) 275-8750 (TTY: 711). Muaj cov kws kho mob rau npe nkag los pab 24 xuaj moos hauv ib hnuv, txhua hnuv. Peb hais koj hom lus. Thiab peb muab cov kev pab txhais lus tsis tau them nqi yog tias koj xav tau kev pab tom qab lawj haujlwm.

Pab Saib Xyuas Ti Tes Ti Taw thiab Maj Rawm Kuv yuav tau txais kev kho mob thaum Ti tes ti taw li cas?

Muaj kev kho mob kub ntxhov 24/7 rau Molina Healthcare cov tswvcuab ntwam txhav Chav Kho Mob Kub Ntxhov.

Xwm Txheej Kub Ntxhov yog dab tsi?

Cov kev pab khomob xwm txheej kub ntxhov yog yam yuav tsum tau txais kev khomob kiag tam sim txhawm rau ntsuas lossis yam mob Uas Yuav Tsum Tau Kho Mob Kub Ntxhov. Kev Kho Yam Mob Kub Ntxhov yog ib qho kev kho mob lossis yam mob tsis meej pem uas mob sai thiab tus tsos mob hnyav (suav nrog muaj qhov mob hnyav) uas yuav tsum tau kho kiab tam sim txhawm rau tiv thaiv:

- Ua rau tus neeg mob muaj qhov mob hnyav phom sij
- Muaj qhov puas tsuaj loj lossis puas tsuaj txog lub cev ua haujlwm
- Puas tsuaj nyhav rau lub cev lossis ib yam khoom hauv lub nrog cev

Kev kho mob ti tes ti taw kuj muaj cov tshuaj pab kho thaum ti tes ti taw. Nthuav mus saib rau phab 54 txhawm rau paub ntau ntxiv.

Kev kho mob xwm txheej kub ntxhov Kev Kho Mob Maj Ceev uas, yog tias ua qeeb ces yuav muaj kev puas tsuaj rau tus neeg mob li kev noj qab haus huv.

Yog koj xav tias koj muaj qhov mob Kub Ntxhov:

- Hu ncaj qha rau 911
- Mus rau lub tsev kho mob uas ze tshaj plaws lossis Chav Kho Mob Xwm Txheej Kub Ntxhov

Thaum koj mus kho mob ti tes ti taw, nco ntsoov nqa Molina Healthcare daim yuaj ID.

Yog koj tsis paub meej tias koj puas yuav tsum tau saib xyuas yam Mob Xwm Txheej Kub Ntxhov, hu rau koj Thawj Tus Kws Kho Mob (PCP) lossis hu rau peb tau 24-teev Hu rau cov kws kho mob ntawm (888) 275-8750. (TTY: 711). Neeg ua haujlwm los ntawm Cov Kws Kho Mob Rau Npe Nkag, Tus Npawb Hu Ncaj Qha Rau Cov Kws Saib Xyuas Neeg Mob muaj 24 xuaj moos hauv ib hnuv, txhua hnuv.

Lub Tsev Kho Mob Chav Kho Mob Xwm Txheej Kub Ntxhov yog txhawm rau kev kho mob kub ntxhov tiag xwb. Thov tsis txhob mus rau ntawm chav kho mob xwm txheej kub ntxhov yog tias koj tus mob tsis yog yam mob xwm txheej Kub Ntxhov.

Yog tias koj xav tau kev pab khomob tsis yog-Kev Kho Mob Xwm Txheej Kub Ntxhov tom qab sij hawm ua haujlwm, hu rau koj tus PCP lossis hu rau peb Tus Npawb Kws Saib Xyuas Neeg Mob 24-Teev ntawm (888) 275-8750.

Yog tias koj tau txais Kev kho mob kub ntxhov, thov hu rau Chaw Pabcuam Tswvcuab sai npaum li sai tau uas koj tuaj yeem qhia peb:

- Yog koj hu rau 911 lossis
- Yog koj tau mus Kho Mob Xwm Txheej Kub Ntxhov tau

Tej zaum koj kuj yuav kom ib tug neeg ua hauj lwm hauv tsev kho mob lossis Chav Kho Mob Xwm Txheej Kub Ntxhov hu rau Moliina Healthcare rau koj.

Kuv yuav ua cas yog tias kuv tsis nyob ze cheeb tsam Molina Healthcare thiab kuv ho yuav tsum tau Kho Mob Xwm Txheej Kub Ntxhov?

Mus kho rau ntawm ib Chav Kho Mob Xwm Txheej Kub Ntxhov nyob ze tshaj plaws. Thov tiv toj rau Molina Healthcare nyob hauv 24 teev lossis sai npaum li sai tau tom qab tau txais Kev Khomob Xwm Txheej Kub Ntxhov.

Thaim koj nyob deb ntawm cheeb tsam Molina Healthcare lawm, tsuas yog duav tau kev kho mob thaum ti tes ti taw xwb. Tsis muaj kev pab duav tau cov tsis nyob hauv teb chaws Meskas, txhwj tsis yog pab Kho Mob Kub Ntxhov nyob rau tsev kho mob Canada lossis Mexico.

Kev Saib Xyuas-Tom Qab Tus Mob Zoo thiab Tshuaj-Xyuas Tom Qab Khomob Xwm Txheej Kub Ntxhov

Yog tias koj los yog koj tus menyuam tau mus khomob ntawm lub tsev khomob uas tsis tau cog lus nrog Molina Healthcare (“tsis muaj ntawv cog lus hauv tsev khomob”) thiab tsis muaj tus mob kub ntxhov tshwm sim lwm vim tias tus Mob Xwm Txheej Kub Ntxhov twb kho zoo lawm, Molina Healthcare yuav ua haujlwm nrog lub tsev khomob tsis tau cog lus nrog kom ntseeg tias koj lossis koj tus menyuam tuaj yeem muaj kev nyab xeeb qhov rhais chaw mus rau lub tsev khomob uas yog Molina cov tsev khomob cog lus nrog. Hauv qhov xwm txheej uas koj los yog koj tus menyuam puav leej tawm ntawm lub tsev khomob lossis Molina tus kws khomob ua lub luag haujlwm saib xyuas rau koj lossis koj tus menyuam, Molina yuav npaj thiab them rau koj thiab koj tus menyuam kom rhais chaw los ntawm lub tsev khomob tsis-muaj ntawv cog lus mus rau lub tsev khomob muaj ntawv cog lus nrog.

Hauv qhov xwm txheej uas Molina Healthcare txiav txim siab tias koj lossis koj tus menyuam yuav tsum tau hloov chaw mus rau lub tsev khomob cog lus nrog, thiab koj lossis koj tus txij nkawm lossis menyuam tus neeg saib xyuas raug cai tsis pom zoo rau hloov chaw mus, koj yuav tsum tau them rau txhua tus nqi khomob (“cov nqi khomob tom qab zoo lawm”) uas tau muab rau koj los yog koj tus menyuam ntawm lub tsev khomob tsis cog lus nrog tom qab tus mob Xwm Txheej Kub Ntxhov tau ntaug lawm.

Pab tom qab sij hawm ua hauj lwm lossis Maj Rawm

Qee zaum koj lossis koj tus me nyuam ho tau mob tom qab li lub puav kab yeeb sij hawm. Yog koj ua tau, tsis txhob nrhiav kev kho mob kom txog hnuv tom ntej thaum tus kws kho mob lub chaw haujlwm qhib. Koj kuj tuaj yeem hu rau peb Tus Npawb Chaw Pab Cuam Neeg Mob 24 Xuaj moos ntawm (888) 275-8750 txhawm rau nrhiav seb yuav ua li cas lossis yuav mus kho mob qhov twg. Nws kuj tseem yog ib lub tswv yim zoo kom nug koj tus PCP tam sim no txog lub chaw kho mob maj ceev thiab lub tsev kho mob uas koj yuav tsum tau mus ntsib yog tias koj xav tau kev kho mob tom qab xuaj moos ua haujlwm.

Kev Pab Khomob Maj Ceev yog cov kev khomob uas yuav pab tswj koj tus mob kom tsis txhob mob hnyav uas yuav ua rau muaj mob lossis raug mob. Kev Pab Kho Mob Maj Ceev muaj nyob sab hauv thiab sab nraud Molina feem cov kev pab.

Tsis muaj kev pab duav tau cov tsis nyob hauv Tebcahws Asmeskas, txhwj tsis yog pab kho mob ti tes ti taw nyob rau tsev kho mob Canada lossis Mexico.

Mus Cuag Tsev Kho Mob Ua Ntu Zus

Molina Healthcare muab (lossis npaj) kom tau mus cuag cov chaw kho mob tau raws caij nyoog. Thov hu rau Tus Npawb Neeg Tu Mob 24 Teev ntawm (888) 275-8750, 7 hnuv ib asthiv, 24 teev ib hnuv txhawm rau mus kuaj thiab sim ntsuas mob. The Department of Managed Health Care (DMHC) tau kho txoj kev cai tshiab (Title 28, Section 1300.67.2.2) txog kev mus cuag tsev kho mob ua ntu zus rau cov tub koom xeeb.

Kev Cai Lij Choj Neeg Xiam Oob Khab Asmesliskas

Kev Cai Lij Choj Neeg Xiam Oob Khab Asmesliskas (ADA) txwv kev ciav cais los ntawm kee xiam oob khab. Txoj cai ADA kom Molina Healthcare thiab nws cov chaw cog lus nrog kom muab kev pab tsim nyog rau cov neeg mob uas xiam oob khab.

Kev Nkag Mus Los

Molina Healthcare tau ua txhua txoj hauv kev kom peb cov chav ua hauj lwm thiab Molina cov kws kho mob chav ua hauj lwm yuav tsum muaj kev nkag mus los tau yooj yim rau cov neeg xiam oob qhab. Yog tias koj tsis tuaj yeem nrhiav ib tug kws kho mob uas koj xav tau, thov hu Chaw Pabcuam Tswvcuab. Peb yuav pab koj nrhiav ib tug kws kho mob.

Au Txais Kev Pab Txhais Lus Piav Tes

Qhia rau peb paub yog tias koj xav tau ib tug neeg piav tes txhais lus thaum lub sij hawm koj teem mus cuag kws kho mob. Thov hu rau Chaw Pab Cuam Tswvcuab yam tsawg kawg 72 xuaj moos ua ntej koj qhov teem caij ntsib txhawm rau ua cov kev npaj. Peb tuaj yeem muaj ib tus kws txhais lus nrog koj nyob hauv tus kws kho mob chav ua hauj lwm.

Mus Cuag Tau Kev Sib Txuas Lus

Phau ntawv qhia Cov Pov Thawj Kev Pab Them Nyiaj (EOC) thiab lwm cov ntaub ntawv npaj tseem ceeb muaj sau ua yam qauv ntaub ntawv uas mus saib tau. Qhov no suav nrog luam ua tus ntawv loj, cov ntawv hauv electronic, ntawv rau neeg dig muag, thiab lub mloog pob ntseg. Cov cuab yeej siv cuam tshuam txog koj qhov kev kho mob los ntawm cov kws kho mob thiab cov chaw muag tshuaj tuaj yeem muab sau ua cov ntaub ntawv uas mus siv tau. Txhawm rau thov ib qho ntawm no, hu rau Chaw Pabcuam Tswvcuab. Koj kuj tuaj yeem hu rau Molina Healthcare li Bridge2Access® Qhov Kev Pab Ombudsman rau kev pab cuam ib leeg nyob ntawm (877) 665-4627.

Yog koj ntseeg Molina Healthcare lossis lawv cov kws kho mob tau ua tsis yog rau koj qhov kev mus los uas xiam oos khab, koj tuaj yeem hais qhov kev tsis txaus siab no nrog Molina Healthcare.

Tswj Yam Mob Nyuab Ntxov

Nyob nrog kev muaj mob thiab kev tswj tus mob yog ib qho hnyav heev. Muaj ob hom kev tswj xyuas kho mob: Yooj yim thiab nyuaj. Cov kev tswj xyuas teebmeem yooj yim tau muab los ntawm PCP nrog kev pab los ntawm Molina Healthcare. Tus PCP yuav:

- Muab Kev Pib Kuaj Ntsuas Mob (Initial Health Assessment (IHA))
- Kom Nyob Nrog Kev Ntsuas Noj Qab Haus Huv (SHA) lossis Kev Ntsuas Tus Kheej Qhov Kev Qhia Paub Coj Tus Cwj Pwm (IHEBA) (ib feem ntawm IHA)
- Xa koj mus rau lwm tus kws khomob lossis lwm qhov chaw pab

- Qhia kev paub rau koj
- Tham nrog koj thiab koj tsev neeg
- Xa koj mus rau hauv nroog lossis hauv zej zog

Molina Healthcare muaj kev pab Tswj Xyuas Cov Teebmeem Nyuaj rau cov tswvcuab uas muaj teebmeem mob kho nyuaj. Tes hauj lwm no kuj cia koj tham nrog ib tug neeg tu mob thiab/lossis ib tug neeg pab tib teeg txog teeb meem kev mob nkeeg. Ib tug neeg tswj tes hauj lwm yuav pab koj:

- Siv koj qhov kev npaj kho mob kom zoo tshaj plaws
- Ua hauj lwm nrog koj cov kws kho mob
- Teem cov sijhawm mus ntsib thiab ntsuas
- Nrhiav kev pab txhawb koj lub dag zog kom zoo
- Tau txais cov ntaub ntawv los pab koj thiab/lossis koj cov neeg saib xyuas rau ib qho kev khomob tshwj xeeb uas xav tau

Txhawm rau koom nrog qhov kev pab no, koj yuav tsum haum raws li yam yuav tsum muaj. Tes hauj lwm no yog nyob ntawm siab xwb. Koj tuaj yeem tso tseg txhau lub sijhawm. Yog koj xav paub ntau txog tes hauj lwm no, thov hu rau cov neeg pab Tub Koom Xeeb.

Kev Hloov Kev Saib Xyuas

Kev los tom tsev kho mob rau tom tsev tuaj yeem yog ib lub sijhawm muaj kev ntshov siab thiab tsis kaj siab. Molina Healthcare tuaj yeem pab tau. Kev Hloov hauj lwm kho mob yog muaj rau cov tswvcuab uas tau rho tawm ib lub tsev kho mob lossis cov neeg tu mob tsev. Txoj haujlwm no yuav pab cov neeg ua qhov kom yog txhawm rau tus mob zoo tom tsev yog li lawv tsis tas yuav rov mus tom tsev khomob lossis tsev saib xyuas mob hauv tsev.

Qhov kev pab Hloov Chaw Kho Mob qhia kev pab (tus kws saib xyuas neeg mob, lossis tus ua haujlwm pab cuam) ua haujlwm nrog koj thiab koj tsev neeg. Lawv yuav pab koj tshuaj xyuas kev mus khomob thiab lwm yam kev kho mob uas xav tau. Lawv ua haujlwm nrog koj tus PCP thiab/lossis cov kws kho mob tshwj xeeb.

Koj tus kws cob qhia yuav qhia seb yuav paub tau li cas yog koj tus mob tsis zoo thiab yuav qhia koj tias yuav hu xovtooj rau leej twg. Lawv kuj tau saib xyuas koj cov tshuaj.

Tes hauj lwm no yuav kawg rau 4 asthiv tom qab koj tawm hauv tsev kho mob los lossis tsev tus neeg mob. Kev koom nrog txog haujlwm yog koj txoj kev xaiv-koj tuaj yeem tawm tau txhua lub sij hawm. Kom tau txais cov ntaub ntawv ntau ntxiv, thov hu rau Chaw Pabcuam Tswvcuab.

Kev Saib Xyuas Pojniaam Cev Xeeb Tub thiab Cov Menyuam Mos Liab

Yog koj xav tias koj yog pojniaam cev xeeb tub – lossis sai npaum li sai tau uas koj paub tias koj cev xeeb tub – thov hu mus teem caij ntsib kom pib saib xyuas koj li cev xeeb tub. Kev saib xyuas thaum ntxov – hu tias kev saib xyuas ua ntej yug menyuam – yog ib qho tseem ceeb heev rau koj thiab koj tus menyuam hauv plab li kev noj qab haus huv thiab nyob zoo.

Koj tuaj yeem yuav xaiv ib yam hauv qab no ua kev saib xyuas niam lub dag zog:

- Tus kws Pab yug me nyuam/Kws me nyuam (OB/GYN)

- Niam Tsev Tu Mob Uas Muaj Ntawv Pov Thawj (CNM)
- Neeg Xyaum Tu Mob (tau kawm paub txog kho poj niam)

Koj tsis tas yuav tsum mus ntsib koj Thawj Tus Kws Khomob (PCP) ua ntej thaum koj yog pojniaam cev xeeb tub. Koj yuav tau xaiv ib tug OB/GYN, CNM, lossis tus kws khomob los ntawm koj tus PCP cov koom nrog. Koj kuj tuaj yeem tau txais cov kev pab CNM sab nrauv qhov kev npaj.

Yog tias koj xav tau kev pab xaiv ib tus kws khomob lossis muaj lus nug dab tsi, thov hu rau Chaw Pabcuam Tswvcuab. Peb zoo siab yuav pab.

Kev kho mob yuav duav tau koj tus me nyuam thawj lub hli thaum nyuam qhuav yug los tom qab ib hlis lawm hauv Medi-Cal. Koj yuav tsum mus sau npe tus me nyuam tshiab rau Molina Healthcare txhawm rau kev kho mob duav mus rau yav tom ntej. Txhawm rau sau npe koj tus me nyuam tshiab rau Molina Healthcare, koj yuav tsum hu rau koj tus neeg ua hauj lwm saib kev tsim nyog kom sai li sai tau tom qab yog tau txhawm rau tso npe rau Medi-Cal.

Yog koj muaj lus nug dab tsi txog sau koj tus me nyuam tshiab npe rau Molina Healthcare, hu rau Chaw Pabcuam Tswvcuab.

Tes Hauj Lwm Leej Niam® Txoj Haujlwm

Molina Healthcare muaj cov kev tshwj xeeb hu tias Motherhood Matters rau peb cov tswvcuab muaj menyuam. Nws muab xov xwm tseem ceeb txog kev noj haus zoo, tawm dag zog, thiab lwm yam ntsig txog koj lub cev xeeb tub.

Yam uas koj ua thaum koj muaj menyuam hauv plab tuaj yeem muaj qhov sib txawv ntau heev rau lub dag zog ntawm koj tus menyuam – txawm yog tom qab yug los xij. Txoj haujlwm no pab koj kom tau txais kev qhia paub thiab kev pab uas koj xav tau. Peb yuav xa phau ntawv qhia cov neeg cev xeeb tub rau koj thiab lwm cov chaw pab thaum koj koom nrog txoj haujlwm. Cov ntaub ntawv no muaj ua ntau hom lus.

Nws yuav ib txwm yog ib tus neeg ntawm Molina Healthcare kom tham nrog koj txog koj qhov cev xeeb tub. Lawv yuav qhia koj tias koj yuav tau ua li cas. Yog tias muaj teeb meem tshwm sim, ib tug neeg tu mob yuav ua hauj lwm ze koj thiab koj tus kws kho mob los pab. Koj kuj tuaj yeem raug xa mus rau cov chaw pabcuam hauv zej zog txhawm rau cov pojniam cev xeeb tub. Los nyob rau ib feem ntawm tes dej num no thiab cov ntawv qhia hauv qab no yuav pab koj kom cev tsis tab seeb nyob tau kaj siab lug thiab tus me nyuam muaj zog.

Koj Tus Me Nyuam Muaj Lub Dag Zog Zoo Pib Los Thaum Koj Lub Cev Pib Xeeb Tub. Hla Txoj Haujlwm Pab Motherhood Matters, koj kawm paub:

- Yuav ua li cas thiaj hnov zoo me ntsis thaum muaj menyuam
- Yam khoom noj zoo tshaj rau koj thiab koj tus menyuam
- Yam dab tsi uas yuav tau zam
- Yuav tiv toj kom tau txais kev pab ntawm peb li cas
- Vim li cas kevmus cuag koj tus kws kho mob thiaj tseem ceeb
- Thaum twg uas koj yuav tau hu ncaj qha rau kws kho mob

Koom nrog kev hu xovtooj los ntawm Chaw Saib Xyuas Cov Niam Tsev Cev Xeeb Tub thiab kom ntseeg tias koj mus cuag kws kho mob txhua zaus tau teem caij ntsib. Yog tias koj tsis khoom li lub sij hawm tus kws kho mob teem tseg, thov hu kom rov teem sij hawm dua. Nov yuav muab txoj hauv kev zoo uas tau tus me nyuam muaj lub dag zog zoo. Hu Rau Chaw Saib Xyuas Niam Tsev Cev Xeeb Tub (866) 891-2320 (TTY: 711) yog tias koj xav tau kev pab txog qhov no.

Kev Coj Tsis Ncaj

Vim tias qee lub tsev khomob thiab cov chaw khomob muaj txoj kev ntseeg sib txawv, lawv yuav tsis muab tib cov kev pab zoo ib yam uas koj xav tau, txawm tias cov kev pab tau them raws li koj daim ntawv cog lus npaj khomob los xij. Qhov no hu tias kev tsis pom zoo nrog lub tswv yim. Molina Healthcare tuaj yeem pab hauv qhov xwm txheej no. Cov no kuj muaj, kev tawm tswv yim phiaj xwm kev yug me nyuam, thiab pab tswj kev yug me nyuam sib nrog rau kev yug me nyuam ti tes ti taw, kev ua tshob (nrog rau khi nyhuv me nyuam thaum lub sij hawm phais lossis yug me nyuam tshiab), lossis kev thau me nyuam tawm.

Yog koj muaj lus nug txog kev pab, hu rau koj tus kws kho mob, pab pawg tshuaj, lossis clinic, lossis Chaw Pabcuam Tswvcuab ntawm.

Kev pab Duav tau

Feem no qhia koj txog yam kev kho mob uas Molina Healthcare duav tau. Txhawm rau kom ib qho kev pab kho mob raug duav tau, nws yuav tsum yog Kev Khomob Tsim Nyog. Koj tuaj yeem sau ntawv foob yog tias qhov kev pab raug tsis kam lees. Nthuav mus rau nplooj ntawv 71 txhawm rau kawm paub txog yuav tshuaj xyuas koj cov ntaub ntawv li cas.

Txhua yam kev kho mob uas duav tau raws li hauv qab no kho tsis tau poob nyiaj txhawm rau muaj cai yog ib tug tub koom xeeb ntawm tes hauj lwm Medi-Cal. Kev txo nqi thiab sib pab-them yog cov nyiaj uas txhua tus neeg yuav tau them txhawm rau tau txais kev pab kho mob. Koj tsis tau pab-them lossis lov nqe nyob rau Medi-Cal.

Cov Txheej Txheem Tso Cai

Cov kev pab feem ntau muaj rau koj yam tsis tas Tso Cai Ua Ntej, nrog rau hu Thov Tso Cai Ua Ntej (PA). Txawm li cas los xij, qee cov kev pab tsis tas yuav muaj nws. Kev Tso Cai Ua Ntej yog qhov kev thov rau cov kev pab los ntawm koj tus kws kho mob. Molina Healthcare cov neeg ua haujlwm kho mob thiab koj tus kws khomob tshuaj xyuas yam uas yuav tsum tau kho mob rau koj ua ntej muab kev kho mob. Ua li no, lawv tuaj yeem ntseeg tias nws tsim nyog rau koj qhov kho mob tshwj xeeb.

Txog cov npe kho mob pab them uas yuav tsum tau thiab tsis tas yuav tsum tau txais kev Tso Cai Ua Ntej, thov saib raws Cov Npe Kev Kho Mob Pab Them. Koj kuj tseem tuaj yeem ntsib **MolinaHealthcare.com** lossis hu rau Chaw Pabcuam Tswvcuab.

Cov Npe Kev Tso Cai Ua Ntej no yuav raug hloov pauv. Hu rau Chaw Pabcuam Tswvcuab txhawm rau nug seb yam kev pab puas yog yuav tsum Tau Txais Tso Cai Ua Ntej. Yog koj tsis tau kev tso cai ua ntej kho mob tiav koj yuav

tau them tus nqe kho. Molina Healthcare kev pom zoo Tso Cai Ua Ntej raws li yam kev khomob uas yuav tsum kho. Yog koj muaj lus nug txog qhov seb cov kev pab puas tau pom zoo, thov hu xovtooj rau Chaw Pabcuam Tswvcuab. Peb txaus siab xa cov lus piav qhia txog yuav txiav txim siab cov Kev Tso Cai Ua Ntej li cas.

Kev pab Duav tau	
<p>Kev nkaug koob</p> <p>Kev Kho Mob Nkaug Koob yog suav nrog kev pab tiv thaiv, hloov kho lossis ua kom tus mob tsis txhob mob heev, cov tsos mob uas tseem hnov mob feem ntau lyog los ntawm kev siv tshuaj kho mob. Kev kho mob nkaug koob txwv tsis pub kho tshaj ob (2) zaug nyob hauv ib lub hli.*</p> <p>*Tsis muaj qhov txwv kev nkaug koob ntau npaum cas rau cov tswvcuab uas tau txais cov kev pab hla Cov Kev Pab Thaum Ntxov, thiab Cov Kuaj Mob Raws Caij Nyoog, Kev Kuaj Ntsuas Mob, thiab Qhov Kev Pab Kho Mob</p>	<p>Tsis tas yuav tsum muaj PA</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kev Kho Mob Tus Cwj Pwm thiab Kho Cov Mob Kev Txuas Lus</p> <p>Molina Healthcare tau pab them kev kho mob tus cwj pwm (BHT) txog tej kev kho mob kev txuas lus (ASD). Hom kev kho mob no kuj muaj kev soj ntsuam tus cwj pwm thiab lwm yam kev pab uas tshwm sim. Qhov no txhais tau tias qhov kev cuam tau raug soj ntsuam thiab tau phiaj yeeg rau txoj hauj lwm. QHov kev pab yuav tsum txhim kho lossis kho kom rov zoo, kom ntau li ntau tau, tej hauj lwm txhua hnuv rau ib tug tub koom xeeb nrog ASD. BHT cov kev pab cuam yuav tsum:</p> <ul style="list-style-type: none"> • Yuav Tsum Tau Siv Tshuaj; thiab • Muaj ntawv yuav tshuaj los ntawm cov khws kho mob lossis kws tshuaj uas muaj ntawv tso cai; thiab • Pom zoo los ntawm qhov phiaj xwm kho mob; thiab • Muab ib txoj kev tias cia ua raws li tus tub koom xeeb qhov phiaj xwm-pom zoo kho mob. <p>Tej zaum koj kuj yuav muaj cai txaiskev pab cuam BTH yog:</p> <ul style="list-style-type: none"> • Koj hnuv yog qis dua nees nkaum ib (21) xyoos; thiab • Muaj tus mob ASD; thiab • Muaj tus cwj pwm mus tsim teeb meem rau tsev neeg lossis neeg hauv zej zog. Piv txwv tias muaj kev quab yuam, ua txhaum, tsim txom tus kheej, khiav lawm, lossis tsis yog neeg muaj tswv yim ua si thiab/lossis kev sib tham. 	<p>Cov Kev Pab Kho Coj Tus Cwj Pwm yuav tsum muaj PA</p>

Kev Kho Mob Tus Cwj Pwm thiab Kho Cov Mob Kev Txuas Lus (txuas ntxiv)

Tej tsis muaj cai txais kev pab cuam BTH yog koj:

- Tsis yog cov kev khomob zoo lawm; thiab
- Yuav tsum tau siv tshuaj lossis neeg tu mob 24 teev; lossis
- Muaj qhov xiam oob khab lub hlwb (ICF/ID) thiab yuav tsum kho raws txheej txheem raws hauv tsev kho mob lossis hauv cov tsev saib xyuas qib nrab.

Koj tuaj yeem hu rau Chaw Pabcuam Tswvcuab, yog tias koj muaj lus nug dab tsi nug koj tus PCP kom nws kuaj, ntaus nqi thiab kho ASD.

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Clinic Sim Kho Cancer Molina Healthcare duav tau cov nqe tshuaj rau cov tub koom xeeb nyob uas koom rau cov clinic uas sim kho cancer thiab. Koj yuav tsis sau npe rau cov clinic sim kho uas tsis tau kev pom zoo los ntawm koj. Txhawm rau yuav muaj cai txais xws li duav tau tus tub koom xeeb yuav tsum:</p> <ul style="list-style-type: none"> • Soj ntsuam pom muaj cancer lawm • Tau pom zoo rau clinic sim kho kab mob cancer • Tau qhia los ntawm Molina Healthcare ib tug kws kho mob <p>Kev kho yuav tsum tau pom zoo los ntawm ib qhov hauv qab no: 1) the National Institute of Health, FDA, the U.S. Department of Defense, lossis the U.S. Department of Veterans Affairs, lossis 2) cov tshuaj uas txwv los ntawm tsoom fwv txoj cai los ntawm kev siv cov tshuaj tshiab. Txhua yam yuav tsum tau pom zoo thiab tso cai uas siv tau rau cov kev khomob niaj hnuv yog zoo ib yam rau cov tswvcuab txawm lawv yuav koom nrog cov chaw sim khomob thiab tsis koom los xij. Hu rau Molina Healthcare lossis koj tus PCP yog xav paub ntxiv.</p>	<p>Kev Kuaj Hauv Chaw Kuaj Mob Khees Xaws yuav tsum muaj PA</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Cov kev pab ntawm tus kws pab yug menyuam raug tso cai</p>	<p>Tsis tas yuav tsum muaj PA.</p>
<p>Kev pab los ntawm cov kws kho mob raug tso cai</p>	<p>Tsis tas yuav tsum muaj PA.</p>
<p>Kev pab kho zuaj ib ce (nraub qaum)* (Nroog Sacramento thiab San Diego tsuas yog – txwv kev lees txais cov tswvcuab) Kev pab kho zuaj ib ce tau muab ntawm Tsoomfwv Cov Chaw Kho Mob Tau Txais Txiaj Ntsig Zoo thiab Cov Chaw Kho Mob Nyob Yav Hauv Sab tau txais pab them rau txhua tus tswvcuab txawm yuav nyob lub nroog twg los xij. Kev kho zuaj ib ce yog kho cov pob txha nqaj qaum uas yog siv phau ntawv qhia thiab txwv tsis pub kho tshaj ob (2) zaug toj ib lub hlis. X-rays yuav tsum muab los ntawm koj tus PCP txhawm rau thov kev pom zoo.</p>	<p>Kev kho zuaj ib ce yuav tsum muaj PA.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kev Pabcuam Kho Cov Neeg Loj Hauv-Zej Zog</p> <p>Yeej Pab Cuam Neeg Laus Hauv Zos (CBAS) yog ib txoj kev pab uas tej zaum koj yuav tsim nyog tau txais yog tias koj muaj teeb meem txog kev mob nkeeg uas uas rau nyuab koj tsis tuaj yeem yuav saib xyuas tau tus kheej thiab koj yuav tsum muaj kev pab saib xyuas ntxiv. Yog tias koj tsim nyog tau txais CBAS, Molina Healthcare yuav xa cov tsev kho mob uas zoo haum rau koj tus mob rau koj. Yog tias tsis muaj cov tsev kho mob haum rau koj tus mob nyob hauv koj lub nroog, Molina Healthcare yuav yuav ua txhua txoj hau kev pab koj kom tau kev kho mob los ntawm lwm lub koom haum kho mob. Nyob rau hauv yeej CBAS, koj tuaj yeem tau txais kev pab sib txawv. Muaj xws li:</p> <ul style="list-style-type: none"> • Neeg tu mob/neeg pab tu • Pab tib neeg • Sab laj txog khoom noj haus • Zaub mov sov so ib zaug txhua hnuab • Pab qoj tes taw • Pab kev hais lus • Kev pab roj tes taw tas li • Tsheb thaum mus los ntawm chaw kho mob 	<p>CBAS yuav tsum muaj PA</p>

Lub Chaw Pab Cov Neeg Laus Hauv Zos (txuas ntxiv)

Yeej CBAS kuj tau pab cob qhia thiab pab txhawb koj tsev neeg lossis tus neeg tuaj pab saib xyuas koj. Tej zaum koj kuj yuav muaj cai txais CBAS yog:

- Koj keev tau qhov kev pab los ntawm Yeej Zov Cov Neeg Laus Nruab Hnub (ADHC) thiab koj keev tau txais CBAS dua lawm
- Koj tus PCP qhia koj txog CBAS thiab koj tau pom zoo txais CBAS los ntawm Molina Healthcare
- Koj raug qhia rau CBAS los ntawm ib lub tsev kho mob, SNF, lossis koom haum sawv cev pej xeem thiab koj rau pom zoo txais CBAS los ntawm Molina Healthcare

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Khoom Siv Rau Ntshav Qab Zib thiab Cov Khoom Siv</p> <p>Molina Healthcare duav tau cov khoom hauv qab no thiab muab koj los kho cov ntshav qab zib, thaum muaj chaw siv:</p> <ul style="list-style-type: none"> • Lub ntsuas piam thaj hauv cov ntshav thiab lub kuaj piam thaj • Kev soj ntsuam piam thaj hauv cov ntshav yog ua los pab cov tsis pom kev zoo lossis dig muag • Lub nqus cov tshuaj zoo ntshav qab zib thiab tag nrho cov khoom siv • Lub ntsuas zis Ketone • Raim thiab cov cov cuab yeej raim • Tus cwj mem ntsuas cov tshuaj kho ntshav qab zib • Qhov cuab yeej siv tiv thaiv lossis kho ntshav qab zib ntsig txog kev mob ko lawm • Tus koob nqus tshuaj zoo ntshav qab zib <p>Pab qhov muag pom kev, tsis suav tsom iav, los pab kom pom kev zoo nrog rau tso tshuaj zoo ntshav qab zib</p>	<p>Tsis tas yuav tsum muaj PA</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Cov Cuab yeej Kho mob zoo</p> <ul style="list-style-type: none"> • Cov Cuab Yeej Kho Mob Siv Ib Ntus (Durable Medical Equipment (DME)) tau pab them thaum Yog Kev Kho Mob Tsim Nyog uas yuav tsum Tau Txais Kev Tso Cai Ua Ntej. Hu rau Chaw Pabcuam Tswvcuab yog koj li DME xav paub tias koj qhov kev kho mob puas yuav tsum tau Tso Cai Ua Ntej • DME yog cov khoom ua los pab los rau cov neeg mob siv hauv tsev. Nws yuav tsis yog tej khoom uas siv kom koj xis nyob lossis yooj yim yog tias koj xav tau DME, Molina Healthcare yuav qiv lossis yuav cov khoom no • Kho, saib, thiab pab tej khoom kho thiab lwm yam uas yuav siv nrog cov khoom kuj duav tau. Koj yuav yog tus kho lossis lav yog tias koj koj mus siv tsis raug thiab koj ua ploj lawm • Cov khoom siv yuav tsum yog yuav los ntawm cov tub lag luam muaj ntawv cog lus nrog Molina Healthcare 	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

<p>Cov Cuab yeej Kho Mob Siv Ib Ntus (txuas ntxiv)</p> <ul style="list-style-type: none"> • Cov khoom siv pab them muaj li hauv no (tab kuj tsis tag li no): <ul style="list-style-type: none"> - Cov pas nrig - Oxygen thiab cov khoom tso oxygen - Lub soj ntsuam ntshav qab zib - Lub soj ntsuam kev ua pa - PulmoAides thiab cov khoom siv cuam tshuam - Lub tshuab tshuaj, ntaub npog qhov ncauj, thooob, lub ntsuas ua pa thiab lwm yam khoom siv muaj feem xyuam - Khoom Spacer siv coj los ntsuas kev ua pa - Hnab colotomy, txoj xov tso zis thiab khoom siv - Cov tog zaum muaj log 	
<p>Cov Kev Kho Mob Xwm Txheej Kub Ntxhov Pab thaum muaj mob ti tes ti taw yuav tau soj ntsuam lossis nyob twj ywm hauv Chav Kho Mob Ti Tes Ti Taw, uas yog tsis nyob ces yuav tswm sim mob nyhav lossis tag lub neej txoj sia. Hu rau 911 lossis mus kho mob rau Chav Kho Mob Kub Ntxhov ze tshaj plaws, tab txawm koj yuav tsis nyob hauv Molina Healthcare cov nevwaj los xij. Hauv qhov Xwm Txheej Kub Ntxhov, yam tseem ceeb tshaj plaws yog kom tau txais kev pab. Tsis muaj kev pab duav tau cov tsis nyob hauv teb chaws Meskas, txhwj tsis yog pab kho mob ti tes ti taw nyob rau tsev kho mob Canada lossis Mexico.</p>	<p>Tsis tas yuav tsum muaj PA.</p>

<p>Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv</p>	
<p>Cov Khoom Pab Khoom Noj Haus Molina Healthcare pab them cov nqi khomob uas muaj cov khoom noj muaj txiaj ntsig zoo thiab cov khoom siv. Koj tus kws kho mob yuav tsum kuaj koj kom paub meej tias puas yuav tau siv cov khoom pab khoom noj haus. Koj tsis tuaj yeem yuav tau cov khoom pab khoom noj haus los ntawm WIC. Tsis tas yuav tau txais kev tso cai los ntawm Molina Healthcare thiaj tau txais cov khoom muaj txiaj ntsig zoo rau lub cev. Koj tus kws khomob yuav xa ib daim ntawv thov rau Molina Healthcare ib lub chaw khomob cog lus nrog thiab yuav muab cov tshuaj xa tuaj rau koj.</p>	<p>Tsis tas yuav tsum muaj PA.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Cov Kev Pab thiab Cov Cuab Yeej Ua Kom Muaj Menyuam Sib</p> <p>Phiaj xwm kev yug me nyuam yuav muaj pab rau cov tub koom xeeb uas yug me nyuam tuab kom lawv txawj npaj kom sib. Cov mo kuj muaj cov kev yuav ua li cas me nyuam thiaj sib uas tau npaj los ntawm Tsoom Fwv Tswj Khoom Noj Haus thiab Tshuaj (FDA). Raws li uas yog ib tug tub koom xeeb, koj siv ib tug kws kho mob kom nyob ze koj thiab tus uas yuav muab qhov kev pab koj xav tau. Peb cov PCPs thiab OB/GYN tshwj xeeb muaj rau kev pab phiaj xwm kev yug me nyuam. Hais txog kev pab phiaj xwm kev yug me nyuam, koj tuaj yeem xiv kws kho mob lossis clinic uas tsis txuas rau Molina Healthcare. Koj tsis tas yuav tsum tau txais kev tso cai los ntawm Molina Healthcare. Molina Healthcare yuav yog tus them nqe rau tus kws kho mob lossis lub clinic uas pab qhia koj cov phiaj xwm kev yug me nyuam. Nov tsis muaj cwj ciam nyob rau kev pab phiaj xwm kev yug me nyuam uas yuav ua tiav log tsis nyob rau Molina healthcare cov nevwawj.</p>	<p>Tsis tas yuav tsum muaj PA.</p>

<p>Cov Kev Pab thiab Cov Cuab Yeej Ua Kom Muaj Menyuam Sib (txuas ntxiv)</p> <p>Pab phiaj xwm kev yug me nyuam muaj:</p> <ul style="list-style-type: none"> • Kev Qhia Paub Txog Noj Qab Haus Huv thiab kev sab laj • Muaj cov ntaub ntawv dhau los tsawg thiab kev ntsuas lub cev • Kuaj hauv tsev tov tshuaj yog tias yuav tau siv tshuaj los ua kom muaj me nyuam sib • Muaj tshuaj ua noj kom me nyuam sib, cuab yeej, hnab, lossis tej cuab yeej siv ua kom me nyuam sib, Depo-Provera (txhaj tshuaj kom muaj menyuam sib) • Kho ntxiv tej teeb meem uas yuav ua rau muaj me nyuam sib uas tso tawm los ntawm cov pab phiaj xwm kom me nyuam sib hauv tsev neeg • Yug me nyuam ti tes ti taw thaum sau los ntawm ib tug kws tshuaj uas muaj ntawv cog lus, lossis los ntawm ib lub koom haum kho mob uas tsis muaj ntawv cog lus, thaum muaj teeb meem ti tes ti taw • Kev ua tshob uas nyias yeem nyias, khi txoj hlab zaus qe, (poj niam) txoj hlab noob qes (txiv neej) • Kuaj cev tsis tab seeb thiab kev tawm tswv yim • Kuaj thiab kho kab mob sib kis los ntawm kev sib deev (STDs) yog pom tau tias yuav tau siv tshuaj 	
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<p>Cov Kev Pab thiab Cov Cuab Yeej Ua Kom Muaj Menyuam Sib (txuas ntxiv)</p> <ul style="list-style-type: none"> • Kuaj, sim thiab tawm tswv yim txog kev phom sij txog kev kis kab mob lauj ej HIV, thiab qhia txog kev kho <p>Xov xwm ntau ntxiv txog Pab Teeb Tsa Phiaj Xwm Kev Yug Menyuam muaj nyob rau koj cheeb tsam, hu rau Rooj Tsav Xwm Pab Kev kho Mob Hauv Xeev, Chav Hais Kam Pab Phiaj Xwm Kev Yug Me Nyuam, hu-dawb ntawm (800) 942-1054.</p> <p>NCO NTSOOV: Qee cov tsev khomob lossis chaw khomob yuav tsis muab txhua yam kev pab npaj muaj menyuam sib uas muaj npe saum toj saud. Saib nplooj ntawv 32 kom paub ntau ntxiv txog cov qauv kev ncaj ncees.</p>	
<p>Tsoomfwv Lub Chaw Kho Mob Tau Txais Txiaj Ntsig Zoo lossis Lub Chaw Kuaj Mob Nyob Yav Hauv Sab</p>	<p>Tsis tas yuav tsum muaj PA.</p>
<p>Kho los ntawm Kev Ntseeg lossis Kev Cai Dab Qhuas (GMC Cov Cheeb Nroog Sacramento & San Diego xwb) "Kho los ntawm kev ntseeg thiab kev cai dab qhuas" yog duav tau ib tug xib fwb ntseeg los pab.</p>	<p>Kev Kho Mob Los Ntawm Kev Teev Hawm lossis Ua Neeb Ua Yaig yuav tsum muaj PA</p>

<p>Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv</p>	
<p>Kev Kho Mob Hauv Tsev</p> <p>Qhov kev pab saib xyuas hauv tsev no yog duav tau thaum muaj mob thiab hais los ntawm koj tus PCP:</p> <ul style="list-style-type: none"> • Pab tu li ib nrab-sij hawm • Neeg tu mob los saib • Pab kho mob nyob hauv-tsev • Kho zuaj ib ce, zuaj ib ce tas li, lossis qhia hais lus* • Pab kho mob rau tib neeg • Pab kho mob hauv vaj hauv tsev • Pab tshuaj kho mob • Cvo cuab yeej siv rau neeg mob 	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>
<p>Tu thaum tsev kho mob tsis lav lawm Yog tias koj mob nyhav dhau lawm, cov kev pab no yuav duav tau:</p> <ul style="list-style-type: none"> • Chav-ntiag tug nyob rau cov tsev tu neeg mob nyhav • Kev pab sab laj cov khoom noj haus • Neeg tu mob • Pab kho mob rau tib neeg • Pab kho mob hauv vaj hauv tsev thiab ua hauj lwm • Pab kws kho mob • Tshuaj • Tshuaj kho mob thiab khoom siv 	<p>Tsis tas yuav tsum muaj PA.</p>

<p>Tu thaum tsev kho mob tsis lav lawm (txuas ntxiv)</p> <ul style="list-style-type: none"> • Pab thaum so sij hawm ntev txog 7 hnuv. Pab thaum so yog kev pab ib ncuu thaum nyob hauv tsev kho mob txhawm rau kom zoo sai pab rau koj xwb • Tawm tswv yim pab koj thiab koj tsev neeg • Teeb tsa ib tsab phiaj xwm kev saib xyuas rau koj • Saib xyuas ncuu luv thaum nyob tsev kho mob • Tswj kom txhob mob • Tswj tus cwj pwm • Kev kho mob roj ib ce, kho cov mob tuag tes tuag taw, thiab tsis txawj hais lus thaum muaj kev pab tswj tus cwj pwm mob lossis kho tus mob tej kev nti mus los thiab lub cev kev paub ntawm tus mob <p>Txaj ntsim ntu kawg yog cov neeg yuav nyob tau tsis ntev lawm (nyob tau ntev txog 12 hlis lossis luv dua). Lawv tuaj yeem xaiv nyob tsev tos lossis ua neeb ua yaig nws kuj duav tau hauv qhov phiaj xwm. Thov hu rau Molina Healthcare txhawm rau paub xov xwm ntxiv. Koj yuav tsum tau txais kev pom zoo txhua qhov kev pab Saib Xyuas Thaum Kawg. Yog tias koj tus me nyuam nyob rau mob nyhav duav tau los ntawm Kev Pab Me Nyuam Yaus hauv California (CCS) thiab koj xaiv saib xyuas thaum kawg, koj tus me nyuam yuav tsis tau txais CCS.</p>	
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<p>Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv</p>	
<p>Neeg Khab Kev Pab Kho Mob Txhua tus neeg tau ua Neeg Meskas muaj cai txais kev kho mob los ntawm tsev kho mob Neeg Khab Kev Pab Kho Mob. Tsis tas yuav pom zoo los ntawm koj tud PCP. Milina Healthcare yuav them tus nqe pab thiab tsev kho mob. Koj kuj muaj cai tsis sau npe nyob rau phiaj xwm kho mob, lossis tsis sau los ntawm ib qho phiaj xwm tsis muaj dab tsi tshwm sim. Yog tias koj xav tau kev pab nyob ntawm Lub Chaw Kuaj Mob Neeg Is-Dias, thov hu rau Chaw Pabcuam Tswvcuab lossis mus ntsib MolinaHealthcare.com.</p>	<p>Tsis tas yuav tsum muaj PA</p>

<p>Cov kev pab tsis pw hauv tsev kho mob</p> <p>Yog koj tau mus kho rau ib lub tsev kho mob lossis tau xa mus hauv tsev kho mob yam ti tes ti taw lossis nyob deb cheeb tsam kho mob maj rawm, koj tus nqe pw tsev kho mob yuav duav tau. Yog koj taug kev, tsis muaj kev pab them rau cov tsis nyob hauv Tebchaws Meskas, tshwj tsis yog pab kho mob Xwm Txheej Kub Ntxhov nyob rau tebchaws Canada lossis Mexico. Kev pab hauv tsev kho mob duav tau muaj:</p> <ul style="list-style-type: none"> • Nqe chav pw (nyob rau chav 2 leeg lossis coob dua) • Khoom noj, nrog rau cov khoom noj tshwj xeeb uas tus mob yuav tau noj 	<p>Cov kev pab kho mob tsis pw hauv tsev kho mob (zam rau cov kev rau npe kho mob kub ntxhov) thiab kev xaiv rau npe nkag, suav nrog cov kev pab pojniam yug menyuam, thiab txhua yam kev phais mob tsis pw hauv tsev kho mob yuav tsum muaj PA. Kev ceebtoom rau Molina Healthcare yuav tsum muaj nyob hauv 24 xuaj moos thaum rau npe nkag lossis nyob rau hnuv ua haujlwm tom ntej rau qhov kev rau npe nkag kho mob kub ntxhov.</p>	<p>Kev Kho Mob Tsis Pw Hauv Tsev Kho Mob (txuas ntxiv)</p> <ul style="list-style-type: none"> • Neeg tu mob, thiab tej hauj lwm uas neeg tu mob yuav tau ua yog tias muaj • Txaj tshuaj loog, suav nrog cov tshuaj loog siv rau kev kho hniav thaum xav tau hauv lub chaw khommob tsim nyog • Txheej txheem phais mob • Chav phais mob, saib xyuas thaum mob nyhav, mon plawv, thiab hauv chav pw cov neeg mob nyhav • Pab hauv chav tov tshuaj thiab xoo hluav taws xob • Tshuaj • Kho uas siv khesmis (Chemotherapy) • Kho uas siv x-ray, radium lossis lwm yam uas hu ua kev kuaj lub suab radioactive • Tswj fwm ntshav thiab nrhiav ntshav • Lim ntshav (raum cuav) • Kho zuaj ib ce, zuaj ib ce tas li, thiab qhia hais lus* • Phais mis (phais ib sab mis tawm), phais cov kua faj siv daj (phais thiab/lossis tshem tawm), thiab phais rov kho kom zoo thiab/lossis hloov khoom nruab nrog cev (khoom cuav) khoom pab tus cwj pwm kom rov zoo (kom haum). Qhov nyob hauv tsev kho mob ntev li cas txog phais mis thiab kua faj siv daj yuav tsom xam los ntawm koj tus kws kho mob tom qab tham nrog koj. Qhov ntev nce rau ntawm cov thawj kws kho mob thiab cov txheej txheem 	
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<p>Kev Kho Mob Tsis Pw Hauv Tsev Kho Mob (txuas ntxiv)</p> <ul style="list-style-type: none"> Phais kho kom zoo yog phais kho lossis kho tej yam ntawm lub cev uas muaj qhov txawv txav thaum yug los; muaj tej yam tshwm sim txawv; tej qhov to; kis kab mob; nqaij hlav; lossis kab mob. Nws yog kev phais uas yuav tsum tau ua txhawm rau txhawb kom lub cev rov los nyob tau zoo li qub Phiaj xwm tawm hauv tsev kho mob, nrog rau phiaj xwm kev saib xyuas ua ntu zus 		<p>Kev kuaj ntshav, X-ray, thiab Pab Sau Ntawv Yuav shuaj (txuas ntxiv)</p> <ul style="list-style-type: none"> Kuaj qhov tsis hauj tshuaj thiab kho Kho kom hnov lus thiab pab kho pob ntseg* Ntshav thiab kua faj siv daj Khoom pab neeg mob (piv txwv, ceg, caj npab cuav) Kev peem tsheej Kho zuaj ib ce, zuaj ib ce tas li, thiab qhia hais lus* Kev pab kho tes taw (foot/feet)* Phais mis (phais mis tawm), phais cov kua faj siv daj (phais thiab/lossis tshem tawm), thiab phais rov kho kom zoo thiab/lossis hloov khoom nruab nrog cev (khoom cuav) khoom pab tus cwj pwm kom rov zoo (kom haum) 	
<p>Tsev thov tshuaj, X-ray, thiab pab tshuaj kho</p> <p>Cov kev kho no raug pab them thaum yog Kev Khomob Tsim Nyog:</p> <ul style="list-style-type: none"> Kuaj hauv tsev tov tshuaj Xoo x-ray Kuaj lwm yam mob uas yuav tau siv tshuaj, xws li electrocardiograms (EKG) thiab electro-encephalograms (EEG) 	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>	<ul style="list-style-type: none"> Phais kho kom zoo yog phais kho lossis kho tej yam ntawm lub cev txhais tias muaj qhov txawv txav thaum yug los; muaj tej yam tshwm sim txawv; tej qhov to; kis kab mob; nqaij hlav; lossis kab mob txhawm rau kho lossis kho tshiab kom zoo sawv daws Lees kuaj mob cancer Kuaj, soj ntsuam, thiab kho mis mob cancer Kuaj thiab kho mob Phenylketonuria (PKU) 	

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kev pab yug menyuam (Kev saib xyuas yug menyuam: kev npaj yug menyuam thiab tom qab yug menyuam suav nrog thaum-qhov kev pab cuam rau cov pojniam cev xeeb tub muaj pheej hmoo, kev kis kab mob thaum cev xeeb tub, Alpha-Fetoprotein [AFP] them nqi kev kuaj xyuas los ntawm Xeev California), kev kho neeg mob tsis pw hauv tsev kho mob rau sij hawm 48 xuaj moos tom qab kev yug menyuam ntawm chaw mos lossis 96 xuaj moos kev phais menyuam tawm los ntawm Kev Pab Phais menyuam (C-Section). Kev nyob ntev tsaj no yuav tsum tau kev tso cai los ntawm Molina Healthcare thiab cov kev pab saib xyuas.</p> <p>Yog koj tus kws kho mob, tom qab tham nrog koj, txiav txim cia koj thiab koj tus menyuam yug tshiab tawm ua ntej 48 lossis 96 xuaj moos, Molina Healthcare yuav pab them cov nqe pab tu tom qab lub sij hawm tawm tsev khomob. Molina Healthcare kuj pab muab neeg tu mob saib xyuas nyob rau 48 teev thaum tawm ntawm tsev kho mob lawm.</p> <p>Qhov kev pab no yuav muaj qhia tus menyuam, qhia pub mis menyuam, kev pub taub-mis, thiab saib tus me nyuam thiab tus niam kom paub meej tias koj noj qab nyob zoo lawm tso.</p>	<p>Tsis tas yuav tsum muaj PA.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kev pab yug menyuam (txuas ntxiv). Tus neeg tu mob yuav kuaj koj thiab tus me nyuam mos yog tias xav kuaj. Koj thiab koj tus kws kho mob yuav txiav txim siab tias kev mus cuag kws kho mob yuav nyob ntawm tsev, tsev kho mob lossis ntawm tus kws kho mob chav ua hauj lwm. Nov yuav saib los ntawm kev siv tsheb thauj mus los ntawm koj thiablwm yam uas muaj feem xyuam tseem ceeb.</p> <p>NCO NTSOOV: Thov ua hauj lwm nrog koj tus kws kho mob kom paub meej tias koj tus me nyuam tau txais kev saib xyuas yam tsim nyog.</p>	
<p>Cov Kev Pab Neeg Mob Tsis Pw Hauv Tsev Khomob</p>	<p>Qee yam kev kho mob tsis pw hauv tsev kho mob yuav tsum muaj PA.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Pab Kho Cov Mob Hlwb Sab Nrauv Molina Healthcare pab them cov kev khomob hlwb tsis pw tsev khomob. Koj tuaj yeem hu Molina Healthcare lossis nug koj tus PCP txog cov npe chaw kho cov mob hlwb. Cov kev pab no yog kho txoj kev xav kom tsis txhob mob hlwb uas muaj xws li:*</p> <ul style="list-style-type: none"> • Soj ntsuam thiab kho kev mob hlwb rau txhua leej thiab pabpawg (psychotherapy) • Kuaj ntsuas mob kev xav, thaum yuav tsum tau ntsuas yam kev mob hlwb • Kuaj hauv tsev tov tshuaj cov neeg sab nrauv, tshuaj, pab khoom thiab khoom noj ntxiv • Pab cov neeg mob sab nrauv soj ntsuam kev siv tshuaj thiab • muab kev sab laj txog lub tswv yim <p>Koj kuj tseem yuav tuaj yeem tau txais kev pab tshwj xeeb txog kho mob hlwb los ntawm lub nroog qhov phiaj xwm kho mob hlwb thiab.</p> <p>Kev pab kho cov mob uas ntsig txog mob hlwb tsis duav. Nov muaj tawm tswv yim rau ob nuam txiv, lossis tsev neeg hais txog cov teeb meem uas ntsig txog.**</p> <p>**Raws li kev tshab txhais los ntawm Diagnostic thiab Statistical Manual ntawm Mental Disorders (DSM)</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kws Khomob Cov Kev Pab</p> <p>Cov kev pab no duav tau:</p> <ul style="list-style-type: none"> • Tiv thaiv, kuaj mob, thiab kev kho mob lossis kho raug mob • Mus cuag kws kho mob hauv chav ua hauj lwm • Kuaj ntshav qab zib thiab kuaj mob rau neeg loj • Tham nrog kws kho mob tshwj xeeb thaum koj tus PCP kom ua li (piv txwv, kws kho mob plawv lossis mob cancer) • Txhaj tshuaj, kuaj qhov tsis haum tshuaj, thiab pab kho raws li koj tus PCP hais • Kws kho mob saib nyob sab hauv thiab sab nrauv tsev kho mob • Ntau yam kev pab tiv thaiv kab mob, nrog rau qhia kev txuag lub dag zog, tawm tswv yim, tes hauj lwm kuaj CHDP nrog rau saib xyuas me nyuam yaus <p>Yog tias koj yog poj niam, koj kuj yuav xaiv tau ib tug neeg OB/GYN nyob rau koj tus PCP nev vawj kom tau kuaj thiab saib xyuas ua ntu zus. Koj tsis tag yuav kom koj tus PCP pom zoo, tiam sis kuj yuav nug seb nws qhia ib tug OB/GYN rau koj.</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Kev Rho Menyuum Tawm Ua Ntej (Rho Menyuum)</p> <p>Kev nthau me nyuam uas raug kev cai hauv California. Kev thau me nyuam feem ntau siv sij hawm me ntsis thiab koj tsis tag yuav pw hauv tsev kho mob. Yog tias koj yuav tsum tau pw hauv tsev kho mob koj yuav tau txais kev pom zoo (Tso Cai Ua Ntej). Kev pom zoo no yuav tsis yog kev thau me nyuam. Nws tsuas yog pom zoo pw hauv tsev kho mob xwb. Kev pab thau me nyuam nrog rau kev siv Mifepristone (Mifeprex) paub zoo yog hu ua RU-486. Kev pab cev tsis tab seeb kawg tsis tag yuav ua nyob rau Molina Healthcare cov nevwawj koom haum kho mob.</p>	<p>Tsis tas yuav tsum muaj PA</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Cov tshuaj muaj ntawv yuav tshuaj, suav nrog cov tshuaj muag ncaj qha rau tus neeg muaj daim ntawv xaj yuav tshuaj, yuav tau txais pab them thaum:</p> <ul style="list-style-type: none"> • Cov tshuaj raug xaj los ntawm koj tus kws khomob lossis lwm tus kws khomob uas kho koj lossis koj tus menyuum, thiab cov tshuaj uas muaj npe ntawm Molina Healthcare cov Npe Tshua Teev Tseg • Lawv tau muab rau koj thaum koj tseem nyob rau hauv chav kho mob ti tes ti taw lossis tsev kho mob • Cov tshuaj tau muab thaum koj nyob hauv tsev, khomob hauv tsev, lossis lub tsev so khomob. Nws raug pab them thaum nws tau xaj los ntawm Qhov Kev Npaj Cov Kws Khomob rau cov kev pab them thiab mus nqa cov tshuaj los ntawm lub chaw muag tshuaj hauv Molina Healthcare Cov Chaw Muag Tshuaj Koom Nrog • Cov tshuaj raug sau los ntawm tus kws khomob npaj muaj menyuum sib lossis lwm tus kws khomob uas cov kev pab tsis tas yuav tau tso cai 	<p>Cov tshuaj raug xaiv, suav nrog kev txhaj tshuaj thiab qee yam tshuaj tsis muaj ntawv yuav tshuaj, yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

<p>Cov Tshuaj Muaj Ntawv Yuav Tshuaj (txuas ntxiv)</p> <p>Thaum koj muaj Xwm Txheej Kub Ntxhov thiab yuav tau siv tshuaj, Molina Healthcare yuav muab tshuaj pab sij hawm ntev txog 72 teev. Nov yuav muab sij hawm rau koj sau koj cov ntawv yuav tshuaj. Koj muaj cai xa ib daim ntawv foob tsis txaus siab yog tias koj tsis tau txais cov tshuaj raws li qhov xav tau kev khomob tom qab mus Khomob Xwm Txheej Kub Ntxhov ntawm Molina Healthcare ib lub chaw khomob cog lus nrog. Molina Healthcare muaj cov ntawv cog lus nrog cov chaw muag tshuaj nyob hauv xeev California. Cov ntawv xaj yuav tshuaj raug pab them thaum tau mus nqa cov tshuaj ntawm cov chaw muag tshuaj no. Ntawv yuav tshuaj kuj raug pab them nyob sab nrauv ntawm xeev California (tawm sab nrauv) tsuas yog thaum mob Kub Ntxhov lossis Khomob Maj Rawm xwb.</p> <p>Yog koj yuav tsis tau cov tshuaj los ntawm tsev muag tshuaj, thov tsis txhob them cov nqe tshuaj. Hu rau Chaw Pabcuam Tswvcuab. Tom qab lawj haujlwm, thov hu rau peb Tus Npawb Kws Kho Mob 24 xuaj moos ntawm (888) 275-8750. Chaw Pabcuam Tswvcuab kuj tuaj yeem pab tau yog tias koj xav tau ib tus kws txhais lus los pab sib tham nrog lub chaw muag tshuaj txog koj cov tshuaj khomob. Koj tuaj</p>	
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<p>Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv</p>	
<p>Cov Tshuaj Muaj Ntawv Yuav Tshuaj (txuas ntxiv)</p> <p>yeem tshuaj xyuas cov npe chaw muag tshuaj ntawm <u>MolinaHealthcare.com</u>. Thov mus saib rau nplooj ntawv 53 txhawm rau paub ntau ntxiv.</p>	
<p>Kho tiv thaiv rau me nyuam yaus thiab Cov Hluas</p> <p>Cov kho tiv thaiv mob no duav tau thiab xav kom txhua tus me nyuam yaus thiab cov hluas uas:</p> <ul style="list-style-type: none"> • Sau txog kev kho mob dhau los • Kuaj mob nrog rau soj ntsuam seb puas hlob zoo • Soj ntsuam khoom noj haus nrog rau soj ntsuam qhov nyhav ntawm lub cev • Kev kuaj ntsuas qhov muag, kuaj hniav, kuaj pob ntseg, thiab kuaj mob Ntsws Qhuav (TB) • Topical Fluoride Varnish (muaj rau cov me nyuam hnuv nyoog qis dua rau (6) xyoo, ntau txog peb (3) zaug nyob rau ncuva sij hawm (12) lub hlis) • Hno tshuaj tiv thaiv** • Kuaj hauv chav tov tshuaj, nrog rau kuaj anemia, ntshav qab zib, rog (cholesterol) thiab zis • Kuaj sickle cell trait, thaum tsim nyog • Qhia paub txog kev mob nkeeg • Koom sab laj nrog niam txiv, tus saib xyuas lossis tus tsom kwm tham txog qhov ntsiab lus uas kuaj 	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

<p>Kho tiv thaiv rau me nyuam yaus thiab Cov Hluas (txaus ntxiv)</p> <ul style="list-style-type: none"> • Kuaj cov quav txhuas hauv cov ntshav. Niam txiv lossis tus tsum kwm raug cai rau ib tug tub koom xeeb uas muaj hnuv nyoog rau 6 – 72 lub hlis muaj cai tau txais kev cob qhia ua ntaub ntawv lossis qhia ua lus los ntawm lawv Thawj Tus Kws Kho Mob (PCP). Nov nws nce raws li tus me nyuam yuav raug kev tsis zoo los ntawm cov tshuaj txhuas, tshwj xeeb mas yog cov kuab tshuaj txhuas. Thaum koj tus PCP ua kev soj ntsuam kuaj quav txhuas hauv cov ntshav, nws yog ib qho tseem ceeb heev uas yuav tau ua raws thiab nqa kom tau cov kuaj tau los. Tiv toj nrog koj tus PCP yog muaj lus nug dab tsi • Kev pab tiv thaiv me nyuam yaus kev xiam oob khab (CHDP). Txhua yam kev pab CHDP txij thaum yug txog hnuv nyoog 21 xyoos yog raug pab them. Qhov no suav nrog txhua yam txuas ntxiv no: <ul style="list-style-type: none"> - Kuaj cov me nyuam uas tsis muaj mob (suav nrog kuaj qhov muag thiab kuaj pob ntseg ntawm PCP chav ua hauj lwm) - Kev loj hlob thiab muaj mob tag los - Kev kuaj mob lub cev raws caij nyoog - Ntsuas kev loj hlob - Hno tshuaj tiv thaiv 		<p>Kho tiv thaiv rau me nyuam yaus thiab Cov Hluas (txaus ntxiv)</p> <ul style="list-style-type: none"> - Ntsuas kev noj haus - Kev kuaj ntsuas hais lus, kuaj pob ntseg thiab kuaj qhov muag - Cov txheej txheem kuaj ntshav tshwj xeeb 	
		<p>Kho tiv thaiv rau me nyuam yaus thiab Cov Hluas (txaus ntxiv)</p> <ul style="list-style-type: none"> • Tes hauj lwm pab cuam kho cov kab mob tsis zoo (CPSP) <p>Tag nrho CPSP cov kev pab cuam puav leej duav tau. Qhov no suav nrog: Saib me nyuam yug tshiab, saib kev yug me nyuam, qhia kev yug me nyuam sib; soj ntsuam kev noj haus thiab lub dag zog. (Saib ntawm Cev tsis tab seeb thiab Saib xyuas Niam Lub dag zog)</p> <ul style="list-style-type: none"> • Kuaj thiab saib xyuas thaum ntov ua ntu zus, kho, thiab Tes hauj lwm pab cuam kho cov kab mob tsis zoo (CPSP)ab kho mob (EPSDT) <p>Kev saib xyuas EPSDT raug pab them rau cov tswvcuab muaj hnuv nyoog qis dua 21 xyoos. Qhov kev pab tau muaj qhov ntsuas raws li sijhawm thiab ua ntu zus, kev saib xyuas ua ntu zus, kev khomob, thiab kev saib xyuas ntxiv.</p> <p>**Yog tias koj coj koj tus me nyuam mus hno tshuaj rau hauv tsev kho mob lossis hauv zej zos, yuav tau nco ntsoo khaws cov ntaub ntawv loosis sau cim cia rau (daim yuaj hno tshuaj tiv thaiv) rau koj tus me nyuam tus PCP.</p>	

<p>Kev Pab Tiv Thaiv Mob Rau Cov Neeg Loj</p> <p>Cov kho tiv thaiv mob no duav tau thiab xav kom txhua tus neeg loj thiab cov laus uas:</p> <ul style="list-style-type: none"> • Kho mob dhau los thiah kuaj mob • Kuaj ntshav siab • Kuaj rog (Cholesterol) 	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>	<p>Kev Pab Tiv Thaiv Mob Rau Cov Neeg Loj (txuas ntxiv)</p> <ul style="list-style-type: none"> • Kuaj mob txha po rau poj niam (nce rau hnuv nyoog ntawm koj) • Hno tshuaj tiv thaiv • Kuaj hauv tsev tov tshuaj ua kev tshawb nrhiav mob thiab kho (nrog rau zis qab zib thiab STD) • Qhia paub txog kev mob nkeeg • Pab phiaj xwm kev yug me nyuam • Saib chaw mos thiab saib tom qab yug me nyuam tag 	
<p>Kev Pab Tiv Thaiv Mob Rau Cov Neeg Loj (txuas ntxiv)</p> <ul style="list-style-type: none"> • Kuaj qhov muag kauj kab mob qhov muag tawv thiab kuaj ntshav qab zib (nce rau hnuv nyoog ntawm koj) • Kuaj mis rau cov poj niam (nce rau hnuv nyoog ntawm koj) • Kuaj tsev me nyuam rau poj niam (nce rau hnuv nyoog ntawm koj) • Kuaj pap smear rau poj niam (nce rau hnuv nyoog ntawm koj) thiab lub dag zog thiab kuaj cov kab mob papilloma virus (HPV) thiab txhaj tshuav tiv thaiv mob • Kuaj kab mob sib kis los ntawm kev sib deev (STD) nrog rau chlamydia • Kev kuaj ntsuas TB • Kuaj cancer colorectal (nce rau hnuv nyoog ntawm koj) 		<p>Thawj Kws kho Mob Cov Kev Pab</p>	<p>Tsis tas yuav tsum muaj PA.</p>
		<p>Kev txhaj tshuaj (tshaj tshuaj tiv thaiv kab mob)</p>	<p>Tsis tas yuav tsum muaj PA.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Chaw Tu mob los ntawm cov neeg Txawj tu mob</p> <p>Tsev Pab Tu Neeg mob (SNF) yog duav tau thaum muaj mob thiab hais los ntawm koj tus PCP. Kev pab hauv SNF duav tau muaj:</p> <ul style="list-style-type: none"> • Chav pw thiab khoom noj • Kev pab ntawm kws kho mob thiab neeg tu mob • Cov tshuaj (tshuaj) • Txhaj tshuaj <p>Saib xyuas ntawm ib SNFyog duav tau lub hli uas mus rau thiab ib lub hli txuas ntxiv. Ces koj yuav raug pab them los ntawm Medi-Cal (cov hauj lwm pab dawb). Koj yuav tau thov kev pom zoo ua ntej yuav pib cov kev pab khomob no. Koj tuaj yeem yuav tau txais kev saib xyuas uas tsis rau khuam dab tsi.</p>	<p>Cov Kev Pab Ntawm Chaw Saib Xyuas Neeg Mob yuav tsum muaj PA</p>
<p>Cov Kev Pab Ntawm Kws Kho Mob Tshwj Xeeb</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Tshuaj Siv Pab Rau Tiv Thaiv Kev Nyuab Siab</p> <p>Kuaj kev siv dej cawv yuam kev tham sim no kuj yogib qho zoo uas duav tau los ntawm Molina Healthcare rau txhua tus tub koom xeeb muaj hnuv nyoog (18) xyoo nce mus. Cov kev pab rau kev siv dej cawv yuam kev**:</p> <ul style="list-style-type: none"> • Kuaj ib zaug ntxiv txog kev phom sij kev siv dej cawv nyob rau ib xyoos • Muaj peb (3) zaug uas 15-feeb tham tshab txog kev phom sij kev siv dej cawv nyob rau ib xyoos <p>Yam Duav Tsis Tau:</p> <ul style="list-style-type: none"> • Molina Healthcare duav tsis tau cov kev pab txog teeb meem dej cawv, tiam sis tej zaum koj yuav nyiam mus siv Tes dej num Tshuaj thiab Dej cawv hauv lub Nroog dua (County Alcohol and Drug Program). <p>**Kuaj, Qhia paub, thiam Qhia Qhov Chaw Kho (SBIRT)</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Mis Therapeutic Hom Tshuaj Khomob Therapeutic yog ib yam tshuaj tshwj xeeb rau cov mos ab me nyuam lossis uas tsis haum khoom noj thiab/lossis lub dag zog tsis zoo heev thiab noj khoom noj tsis tau zoo xwm yeem. Hom tshuaj no pab them los ntawm Molina Healthcare thaum nws yuav tsum tau tiv thaiv kab mob thiab txhawm kev loj hlob. Koj tus kws kho mob yuav tsum kuaj koj tus mos ab lossis me nyuam kom paub meej tias puas yuav tau siv cov mis tshwj xeeb no. Yog tias koj tus menyuam muaj hnuv nyoog qis dua 5 xyoos, koj tuaj yeem tau txais cov npe tshuaj teev tseg no los ntawm Txoj Haujlwm Pabcuam Khoom Noj Zoo Ntxiv Rau Pojnim, Menyuam Mos, thiab Menyuam Yaus (WIC). Yog tias koj tus menyuam tsis muaj cai tau txais kev pab WIC lossis WIC tsis muaj yam kev pab uas koj tus menyuam xav tau, koj tus kws khomob yuav xa ib daim ntawv thov mus rau Molina lub chaw khomob cog lus nrog thiab yuav muab yam kev pab ntawv rau koj. Molina cov kws kho mob muaj cov npe uas pom zoo tau cov tshuaj tshwj xeeb no thiab cov npe chaw muab cov khoom siv no rau lawv. Yog tias koj tus menyuam</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv	
<p>Mis Therapeutic (txuas ntxiv) mos lossis menyuam yaus xav tau yam tshuaj khomob tshwj xeeb hauv Xwm Txheej Kub Ntxhov, koj tus kws khomob yuav xaj thiab siv nws. Qhov no tuaj yeem ua ua ntej pom zoo los ntawm Molina.</p>	
<p>Cov Kev Pab Uas Tau Pab Them – Txuas Ntxiv Thaum mob thaum ti tes ti taw (tsheb thauj mob), lossis pab tsheb thauj mob los ntawm "911" kev pab ti tes ti taw, yuav dua tau thaum muaj mob ti tes ti taw.</p>	<p>Tsis tas yuav tsum muaj PA</p>
<p>Kev Pab Caij Tsheb Mus Los-Kev Caij Tsheb Mus Los Tsis-Yog Kho Mob Xwm Txheej Kub Ntxhov Koj mtuaj yeem siv qhov Thauj Thaum Tsis-Mob Ti Tes Ti Taw (NEMT) thaum koj tsis tuaj yeem mus ntsib koj tus kws kho mob raws li sijhawm teem tseg los ntawm kev caij tsheb, tsheb npav, tsheb ciav hlau, los yog lub tsheb tavxij, thiab lub hom phiaj uas them rau koj qhov kev kho mob lossis mob lub cev. NEMT yog ib lub tsheb thauj neeg mob, tsheb tub lossis lub laub zaum thawb mus rau hauv tsheb. NEMT tsis yog lub tsheb, tsheb npav, lossis tavxij.</p>	<p>Qee cov kev pab yuav tsum muaj PA. Thov hu rau Molina Healthcare txhawm rau tshuaj xyuas seb yam kev pab twg yuav tsum muaj PA los yog tsis muaj.</p>

<p>Kev Pab Caij Tsheb Mus Los-Kev Caij Tsheb Mus Los Tsis-Yog Kho Mob Xwm Txheej Kub Ntxhov (txuas ntxiv)</p> <p>Molina Healthcare tso cai koj siv lub tsheb NEMT uas tus nqi pheed yig tshaj plaws rau koj kev kho mob xav tau kev pab thaum koj xav tau tsheb caij mus ntsib koj tus kws kho mob raws lub sij hawm teem sib ntsib. Txhais tau tias, piv txwv li, yog tias lub tsheb tub me muaj rooj log thauj tau koj, Molina Healthcare yuav tsis them nqi rau lub tsheb thauj neeg mob. Tuaj yeem siv tau lub tsheb NEMT thaum:</p> <ul style="list-style-type: none"> • Xav Tau Kev Kho Mob; • Koj tuaj yeem siv tau tsheb npav, tsheb tavxij, tsheb los yog tsheb tub mus cuag koj lub sij hawm teem tseg; • Thov los ntawm Molina Healthcare ib lub chaw muab kev pab kho mob; thiab • Tau pom zoo ua ntej los ntawm Molina Healthcare. 	
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<p>Cov Kev Kho Mob Uas Pab Them – Txuas Ntxiv</p>	
<p>Kev Pab Caij Tsheb Mus Los-Kev Caij Tsheb Mus Los Tsis-Yog Kho Mob Xwm Txheej Kub Ntxhov (txuas ntxiv)</p> <p>Yuav thov rau NEMT, thov hu rau Kev Ruaj Ntseg Tsheb thauj mus los ntawm (844) 292-2688 tsawg kawg peb (3) hnuv ua hauj lwm (Hnuv Vascas-Vasxuv) ua ntej koj lub sij hawm teem sib ntsib. Los yog hu rau kom sai li sai tau thaum koj muaj ib qho sibhawm teem sib ntsib maj ceev heev. Thov npaj koj tus nab npawb ID ntawm koj daim npav tub koom xeeb kom txhij thaum koj hu tuaj. Yuav tsis muaj cov kev txwv yog tias koj muaj raws li cov nqe lus saum toj no. Kev mus cuag koj li kev kho mob raws li lub sij hawm los ntawm kev caij tsheb, tsheb npav, tsheb tavxij, los yog dav hlau yuav siv tsis tau. Yuav tsis muab tsheb thauj mus los yog hais tias cov kev pab cuam ntawv tsis yog duav los ntawm Molina Healthcare. Daim ntawv cov npe ntawm kev pab them cov kev pab cuam yog nyob rau hauv phau ntawv qhia tswvcuab. Tsis tau them nqi dab tsi li yog thaum kev thauj mus los tau kev tso cai los ntawm Molina Healthcare.</p>	

<p>Cov Kev Pab Kuaj Qhov Muag (Ntsiab Muag), suav nrog Tsom lav</p> <p>Cov kev kho qhov muag no duav tau los ntawm Molina Healthcare:</p> <ul style="list-style-type: none"> • Kuaj qhov muag ua ntus zus los ntawm ib tug kws kho mob lossis ib tug kws kho qhov muag <ul style="list-style-type: none"> - Kuaj qhov muag 1 zaug txhua 2 xyoos • Daim tsom iav thiab lub ntsiab muag txhua 2 xyoos thaum tau xaj los ntawm tus kws khomob lub cev lossis kws kho qhov muag rau cov tswvcuab muaj hnuv nyoog qis dua 21 xyoos, cov pojniam cev xeeb tub uas muaj qhov kev khomob tsim nyog, lossis cov tswvcuab nyob hauv lub chaw khomob tsu txais kev tso cai ua Lub Chaw Muaj Txij Ci Khomob • lav ntsiab muag thaum yuav tsum tau kho • Ntsuas mob ntshav qab zib 	<p>Tsis tas yuav tsum muaj PA.</p>
<p>Neeg Mob Yeem Ntawm Tus Kheej Ntxuav Kuab Lom Tawm</p> <p>Molina Healthcare pab them rau tus neeg mob yeem ntawm tus kheej ntxuav cov kuab lom tawm (VID) hauv lub tsev khomob sai thaum haum raws li qhov kev khomob tsim nyog.</p>	<p>Cov kev pab VID yuav tsum muaj PA.</p>

*Thov saib mus raws nplooj ntawv 59 qhia meej txog cwj ciam txiaj ntsim thiab qhov uas siv tau thiab qhov zam.

Cov Sijhawm Pom Zoo Ua Ntej

Kev Tso Cai Ua Ntej tuaj yeem ua tau sai dua thaum yog qhov kev khomob tsim nyog, tab sis cov kev thov Tso Cai Ua Ntej li txhua zaus yuav raug ua tiav hauv 5-14 hnuv ua haujlwm thaum tau txais daim ntawv thov. Yog tias koj muaj tus mob hanyav thiab yuav tau txais kev khomob maj ceev kom zoo, Molina Healthcare yuav hais daws koj daim ntawv thov nyob hauv 72 teev. Molina Healthcare khiav cov hauj lwm maj rawm no uas siv xov tooj hu.

Molina Healthcare tsis muab khoom pliag lossis nplua cov kws khomob rau qhov tso cai. Peb yuav tsis muaj nyiaj phaj tshab lossis lwm yam nyiaj khoom plig rau peb cov kws kho mob qhov ntawv yuav ua rau lawv xav khomob rau koj tsawg dua li qhov koj xav tau. Yog tias kev kho mob tsis yog Kev Khomob Tsim Nyog lossis tsis nyob rau qhov txiaj ntsim kho mob yuav pab them tej zaum kev thov yuav tsis tau txais kev pom zoo. Thaum qhov no tshwm sim, koj yuav tau txais ib tsab ntawv qhia koj tias vim li cas nws thiaj tsis kam lees. Koj lossis koj tus kws khomob tuaj yeem thov kom tshuaj xyuas cov kev txiaj txim siab. Qhov no hu tias kev sau ntawv foob. Tsab ntawv yuav qhia tias koj yuav thov li cas. Cov lus qhia txog kev thov muaj nyob rau nplooj ntawv 68 hauv phau ntawv no.

Ntawv pom zoo ntev

Yog tias koj xav tau kev khomob tshwj xeeb txuas ntxiv, koj tuaj yeem tau txais daim ntawv pom zoo ntev. Daim ntawv pom zoo ntev ua rau koj tau mus cuag tus kws khomob tshwj xeeb yam tsis tas Tso Cai Ua Ntej txhua zaus koj mus ntsib tus kws khomob tshwj xeeb ntawv. Yog tias koj tus

mob lossis tus kab mob yuav ua rau tuag tau, mob hnyav, los yog yuav ua rau koj xiam oos qhab, koj tuaj yeem tau txais daim ntawv pom zoo ntev rau tus kws khomob tshwj xeeb lossis lub chaw khomob tshwj xeeb uas muaj cov kws tshaj lij los koj koj tus mob lossis tus kab mob.

Txhawm rau thov daim ntawv pom zoo ntev, hu rau koj tus PCP. Koj tus PCP yuav ua hauj lwm nrog Molina Healthcare cov kws kho mob thiab cov kws kho mob tshwj xeeb kom tau txais cov kev npaj khomob rau koj raws li qhov koj xav tau. Yog hais tias koj muaj teebmeem qhov tau txais kev tso cai sijhawm ntev, thov hu rau Chaw Pabcuam Tswvcuab (TTY: 711). Yog tias koj hu peb thiab xav tias tsis tau txais kev pab raws li qhov koj xav tau, thov hais mus rau Molina Healthcare cov txheej txheem foob kev tsis zoo siab nyob nplooj ntawv 68.

Kev Xaiv Thib Ob

Koj lossis koj tus PCP yuav tau kom lwm tus kws kho mob pab soj ntsuam tus mob. Yog tias qhov no tshwm sim, tus kws khomob thib ob yuav saib koj cov ntaub ntawv sau tseg kev khomob thiab yuav tsum tau ntsib koj ib leeg. Tus kws kho mob tshiab no tej zaum yuav hais rau qhov phiaj xwm kho mob kom kam. Nov hu ua lub tswv yim thib lub tswv yim.

Yog koj xaiv lub tswv yim thib ob, Molina Healthcare yuav qhia koj paub yog tias lub tswv yim thib ob no tau pom zoo lawm. Thaum twg los tau, koj yuav tau hnov lub tswv yim no nyob rau 72 teev. Yog Molina Healthcare pom zoo lub tswv yim thib ob lawm, lawv yuav teem koj mus ntsib dua

ib tug kws kho mob uas muaj peev xwm kho koj tus mob no. Molina Healthcare yuav npaj rau koj mus ntsib tus kws kho mob nyob sab nraud Molina Healthcare yog tias cov kws kho mob sab hauv tsis tuaj yeem muab lub tswv yim thob ob rau koj.

Yog Molina Healthcare tsis yeem ua raws lub tswv yim thib ob, koj yuav tau txais ib tsab ntawv los ntawm peb qhia tias ua cas ho tsis pom zoo. Koj lossis koj tus kws kho mob yuav yog tus thov txiav txim. Tsab ntawv uas Molina Healthcare sau tuaj yuav qhia tias koj yuav thov li cas.

Qee yam laj thawj uas koj yuav xav tau lub tswv yim thib ob muaj xws li:

- Koj tus mob muaj tus cwj pwm txawv thiab nyuab. Koj tus kws kho mob tsis ntseeg tias yog li cas tiag tiag.
- Koj tau ua raws li koj tus kws kho mob qhia ib ntus lawm tab tsis muaj qhov zoo zuj zus.
- Koj tsis ntseeg tias koj puas yuav tau phais lossis xav tias yuav tsum tau phais.
- Koj tsis pom zoo li koj tus kws kho mob xav yog koj qhov teeb meem. Koj tsis pom zoo raws li koj tus phiaj xwm qhov kho mob.
- Koj tus kws kho mob teb tsis tau koj cov lus nug txog kev kho mob lossis phiaj xwm kho mob.

Tus kws kho mob thib ob yuav sau ib tsab ntawv qhia raws li qhov nws tau soj ntsuam paub. Koj thiab koj tus kws kho mob yuav tau sau ib tsab ntawv qhia txhawm rau tau txais lub tswv yim thib ob.

Daim Ntawv Tso Cai Pab Menyuum Yaus (Kev pab uas tsis tas yuav kom Niam Txiv Tso Cai)

Nyob rau txoj cai lij choj hauv California cov muaj hnuv 18 xyoo tuaj yeem yuav tau txais kev pab cov hauv qab no uas tsis tas tso cai los ntawm niam txiv lossis tus saib xyuas:

- Kev yuam cai deev, nrog rau kev quab yuam
- Kev quav tshuaj lossis quav cawv rau cov menyuum yaus hnuv nyoog 12 xyoos lossis laus dua
- Cev Tsis Tab Seeb
- Phiaj xwm kev yug me nyuam
- STDs (tau tsim los ntawm Lub Chaw Haujlwm Pabcuam Kev Noj Qab Haus Huv) rau cov menyuum yaus hnuv nyoog 12 xyoos lossis laus dua
- Cov kev pab kho mob hlwb tsis pw hauv tsev khomob rau cov menyuum yaus hnuv nyoog 12 xyoos lossis laus dua raws li qhov xwm txheej

Yog tus tswvcuab menyuum yaus thov cov kwv pab no, nws yuav yog ib qho qhia tsis tau leej twg los ntawm tus neeg thiab qhov chaw kho mob. Cov xov xwm yuav tsis pub niam txiv tus tsom kwm paub tshwj tsis yog tau kev tso cai tej yam me.

Thaum yog ib tus tswvcuab, koj siv ib tug kws kho mob kom nyob ze koj thiab tus uas yuav muab qhov kev pab koj xav tau. Peb cov PCPs thiab OB/GYN kws khomob tshwj xeeb muaj rau cov menyuum cog lus pabcuam. Tej zaum koj yuav xaiv ib tug kws kho mob lossis ib lub clinic uas tsis nyob rau Molina Healthcare yam tsis muaj kev tso cai los ntawm Molina Healthcare.

Molina Healthcare yuav yog tus them nge rau tus kws kho mob lossis lub clinic qhov kev pab me nyuam yaus no. Nov tsis muaj cwj ciam nyob rau kev pab me nyuam yaus uas yuav ua tiav log tsis nyob rau Molina healthcare cov nevwaj. Kom paub cov ntaub ntawv ntau ntxiv hu rau Chaw Pabcuam Tswvcuab.

Ntawv Yuav Tshuaj thia Tshuaj Cov Npe Tshuaj (Cov Tshuaj Pom Zoo Lawm)

Molina Healthcare siv cov npe tshuaj (tshuaj khomob) uas tau pom zoo lawm uas tus kws kho mob tuaj yeem sau yuav rau koj. Nov hu ua "Cov npe tshuaj." Cov npe no yog suav sau los ntawm pab pawg kws kho mob thiab cov kws tshuaj. Lawv sib ntsib txhua 3 lub hli thiab tshuaj xyuas cov tshuaj tshiab thiab cov kev hloov pauv kev kho mob txhawm rau nrhiav cov tshuaj zoo tshaj los kho ntau yam mob. Cov tshuaj uas ho muab tshem tawm ntawm Cov Npe Tshuaj kuj nce rau kev hloov kev kho mob, tevnasulauszis kho mob, thiab thaum muaj hom tshuaj tshiab zoo dua lawm.

Koj tuaj yeem mus saib peb Cov Qauv Npe Tshuaj nyob ntawm **MolinaHealthcare.com**. Koj kuj tseem tuaj yeem nug Molina Healthcare Lub Chaw Haujlwm Saib Xyuas Khw Muag Tshuaj txog cov npe no. Hu rau (888) 665-4621 Monday txog Friday, 8:30 teev sawv ntxov txog – 5:00 teev tsaus ntu (TTY: 711). Yog tias koj xav tau, peb tuaj yeem muab daim ntawv theej ntawm Cov Npe Tshuaj No xa rau koj. Nco ntsoov tias: tsuas yog cov tshuaj nyob rau cov Npe Tshuaj kuj tsis lav tias koj tus kws kho mob yuav kom muab koj los siv rau koj tus mob.

Yog koj tus kws kho mob kom koj yuav cov tshuaj uas tsis muaj npe nyob rau cov Npe Tshuaj Teev Tseg uas nws xav tias yuav zoo rau koj, Koj tus kws kho mob tuaj neeg nug los ntawm Molina Healthcare Lub Chaw Haujlwm Chaw Muag Tshuaj Kho Mob. Molina yuav qhia koj tus kws kho mob paub nyob hauv sij hawm 24 teev lossis li ib hnuv ua hauj lwm. Yog tias peb duav tsis tau cov tshuaj peb yuav xa ib tsab ntawv rau koj thiab koj tus kws kho mob qhia tias vim li cas thiaj tsis kam lees.

Yog tias koj siv cov tshuaj uas yuav tsis siv hauv peb cov Npe Tshuaj lawm, koj tus kws kho mob yuav nug kom peb yuav tsum them rau uas yog xa ib tsab Ntawv Tso Cai Ua ntej thov nws. Cov tshuaj yuav tsum muaj kev nyab xeeb thiab zoo rau koj tus mob. Koj tus kws kho mob yuav tsum sau cov tshuaj kom npaum li ib txwm siv rau koj.

Tshuaj Feem Ntau (Tshuaj)

Feem ntau cov tshuaj muaj tib yam kuab tshuaj raws li cov npe tshuaj thiab feem ntau raug xaj los kho tib tus mob. Txhawm rau FDA lossis tsoom fww pom zoo cov tshuaj feem ntau yuav tsum muaj yam xyaw ib yam, muaj zog ib yam, thiab tus cwj (cov npe tshuaj) thooj ib yam li cov tshuaj muaj npe kev lag luam. Cov tuam txhab ua tshuaj feem ntau yuav tsum muaj qhov pov thawj rau FDA tias cov tshuaj siv tau muaj kev nyab xeeb thiab zoo thooj ib yam cov tshuaj muaj npe kev lag luam.

Yog tias koj tus kws kho mob kom yuav cov tshuaj muaj npe lag luam tab ho muaj cov tshuaj li feem ntau, Molina Healthcare yuav duav tau tus nqe ntawm cov tshuaj li feem ntau. Yog tias koj tus kws kho mob tias koj yuav tsum tau siv

cov tshuaj muaj npe lag luam tsis yog cov feem ntau, nws yuav tau sau ib daim ntawv thov kev tso cai tuaj rau Molina Healthcare lub Chaw Haujlwm Saib Xyuas Khw Muag Tshuaj.

Tshuaj Txiaiv Luam Yeeb

Molina Healthcare pab them tag nrho FDA-pom zoo cov tshuaj los pab koj txiaiv luam yeeb. Ib txhia ntawm cov tshuaj no yuav tsum Tau Ntawv Tso Cai Siv. Koj tuaj yeem kawm paub ntau txog kev xaiv ntawm koj uas hu rau Molina Healthcare lub Lub Chaw Haujlwm Saib Xyuas Kev Kawm ntawm (866) 472-9483 (TTY: 711), Monday - Friday, 8:30 teev sawv ntxov - 5:30 teev tsaus ntuj Koj tus kws kho mob tuaj yeem pab koj xaiv seb yam tshuaj tswg zoo rau koj tshaj plaws. Koj tuaj yeem yuav tau txhua pab ntev txog 90 hnuv pab koj txiaiv luam yeeb.

Tshuaj Tsis Pub Muaj Me Nyuam (Tshuaj) thiab Khoom (Kev Xaiv Kev Tswj Tsis Pub Muaj Me Nyuam)

Molina pab them tag nrho FDA-pom zoo lawm cov tshuaj xaiv yug me nyuam. Thov hu rau Molina Healthcare lub Chaw Haujlwm Saib Xyuas Kev Kawm ntawm (866) 472-9483 (TTY: 711) txhawm rau kawm paub ntau ntxiv txog koj cov kev xaiv. Nov yog qee qhov tseeb uas yuav tau saib:

- Ib tug kws kho mob yuav muab qee cov txheej txheem xws li txhaj tshuaj Depo- Provera
- Lossis koj tuaj yeem tau txais ntawv yuav tshuaj los ntawm koj tus kws kho mob. Cov no tej zaum muaj tshuaj yug me nyuam sib lossis khoom rau chaw mos ua ntej sib deev
- Koj tuaj yeem tau txais kev kho Mob Kub Ntxhov kev tswj yug me nyuam kom sib (tshuaj noj kom txhob muaj me nyuam) los ntawm ib lub chaw muag

tshuaj. Kev mus cuag kws kho mob ua ntej tau txais nws yog ib qho zoo tab sis tsis tas yuav tsum ua. Koj yuav tsum tau siv nyob rau 72 teev tom qab - muaj kev sib deev. Koj yuav tsum tau siv li no yog koj tsis siv tus cwj muaj me nyuam sib, lossis yog koj xav koj siv txoj kev uas tsis tau hauj lwm.

Tes Hauj Lwm Tsev Tshuaj Kho Mob (Pharmacy Home Program)

Molina Healthcare xav kom ntseeg tau tias koj nyob tau nyab xeeb thiab noj qab haus huv. Vim li no peb thiaj tsim muaj Tes Hauj Lwm Tsev Tshuaj Kho Mob. Yog tias koj tau txais ib daim ntawv yuav cov tshuaj raug txwv ntau dua 2 lub chaw muag tshuaj hauv 2 hli, koj tuaj yeem rau npe nkag hauv qhov no. Yog tias koj mus nqa hom tshuaj muaj yees hauv koj daim ntawv yuav tshuaj ntau dua ib lub chaw muag tshuaj, koj yuav tau txais ib tsab ntawv tuaj ntawm Molina Healthcare qhia koj txog Txoj Haujlwm Chaw Muag Tshuaj Hauv Tsev. Txoj haujlwm no qhia kom koj xaiv lub chaw muag tshuaj uas koj xav tau txais txhua yam tshuaj tsis yog-tshuaj kho mob Xwm Txheej Kub Kub Ntxhov txog 12 hli. Koj tuaj yeem hloov lub tsev muag tshuaj uas koj xaiv yog tias koj hloov chaw ua hauj lwm. Koj tuaj yeem thov tawm Txoj Hauj Lwm Tsev Tshuaj Kho Mob. Yog tias koj tsim nyog tawm. Koj kuj tuaj yeem thov tsum txoj hauj lwm no yog kawg ncuaj sij hawm kaum-ob (12) lub hlis. Yog koj muaj lwm lo lus nug dab tsi txog Tes Hauj Lwm Tsev Muag Tshuaj Kho Mob Hauv Tsev, thov hu rau Lub Chaw Pabcuam Tswvcuab.

Xa Ntawv Xaj Cov Kev Pab

Koj tuaj yeem xaiv kom muab cov npe tshuaj no xa hauv chaw xa ntawv tuaj rau koj yam tsis muaj nqi xa, qhov kev

pab yog muab los ntawm CVS Caremark xa ntawv xaj khw muag tshuaj. Tes hauj lwm no muaj rau ib txhia tshuaj uas koj siv txhua hnuv (tshuaj kho ua ntu zus). Koj tuaj yeem siv tau ntau txog 60 hnuv xa ntawv rau koj. Nws yuav siv sij hawm ntau txog 10 hnuv cov tshuaj mam mus txog, yog li yuav tsum ntseeg tias koj muaj tshuaj txaus noj ua ntej cov tshuaj no tuaj txog. Thov xaj koj cov tshuaj yam tsawg kawg 10 hnuv ua ntej.

Txhawm rau xaj, hu rau (800) 875-0867 lossis TTY (800) 231-4403. Yog tias koj cov tshuaj tag ua ntej cov tshuaj yuav los tshiab, koj tuaj yeem hu rau Chaw Pabcuam Tswvcuab kom pab lossis thov koj lub chaw muag tshuaj hauv cheeb tsam kom tiv toj Molina Healthcare. Feem ntau, lawv tuaj yeem pab koj kom tau txais cov tshuaj uas xav tau kom txog thaum koj tau txais cov tshuaj uas koj xa ntawv xaj. Paub ntau ntxiv txog seb koj cov tshuaj puas muaj cai yuav kom lawv xa tuaj, hu rau Chaw Pabcuam Tswvcuab. Koj kuj puav leej nug koj tus kws kho mob kom nws hu rau CVS Caremark rau koj.

Thauj Thaum Tsis-Mob

Molina Healthcare tej zaum yuav muab kev thauj mus los ntawm lub tsheb, tsheb tavxij, los yog lwm txoj kev rau koj mus cuag koj qhov kev sib teem kho mob lub sij hawm rau txoj kev npaj them kev kho mob cov kev pab los ntawm cov neeg muab kev pab kho mob uas tsis Medi-Cal. Molina Healthcare tso cai koj siv qhov Kev Thauj Mus Los Tsis Yog-Kho Mob (NMT) uas tus nqi pheej yig tshaj plaws rau koj kev kho mob xav tau uas muaj nyob raws lub sij hawm teem sib ntsib ntawv.

Koj tuaj yeem siv tau NMT thaum koj:

1. Tab tom mus cuag thiab rov qab los ntawm qhov kev teem sib hawm sib ntsib nrog kws khomob rau kev kuaj xyuas thiab / los yog yuav tsum tau kev kho mob cov kev pab them nyob rau hauv qhov Kev Ntsuam Xyuas Thaum Ntxov thiab Ua Ntu Zus, Kev Kuaj thiab Kho mob (EPSDT) qhov kev pab cuam; LOS YOG
2. yog ib tug tub koom xeeb uas tsim nyog tau txais cov kev pab cuam NMT nyob rau hauv cov kev sib pab raws li tau sau tseg. Yuav kom pom tau tias koj muaj cai tsim nyog tau kev pab, thov hu rau Member Services.

Yog hais tias koj yog ib tug koom xeeb EPSDT, tej zaum koj yuav hu rau Kev Ruaj Ntseg Tsheb thauj mus los ntawm (844) 292-2688 tsawg kawg peb (3) hnuv ua hauj lwm (Hnuv Vascas-Vasxuv) ua ntej koj lub sij hawm teem sib ntsib.

Rau tag nrho lwm cov koom xeeb, thaum koj tau paub tseeb hais tias koj muaj cai tsim nyog tau kev pab thiab yuav tsum tau siv NMT cov kev pab cuam rau mus ntsib ib tug kws kho mob raws lub sijhawm teev tseg, tej zaum koj yuav hu rau Kev Ruaj Ntseg Tsheb thauj mus los ntawm (844) 292-2688 tsawg kawg peb (3) hnuv ua hauj lwm (Monday-Friday) ua ntej koj lub sij hawm teem sib ntsib.

Rau tag nrho cov koom xeeb uas tsim nyog tau txais, yog tias koj muaj ib qho kev teem sij hawm maj rawm, thov hu rau Ruaj Ntseg Tsheb thauj mus los kom sai li sai tau txhawm rau npaj koj qhov kev thauj mus los. Thov npaj koj tus nab npawb ID ntawm koj daim npav tub koom xeeb kom txhij thaum koj hu tuaj.

Cov Txwv ntawm NMT:

1. Tsis muaj kev txwv rau kev caij mus los yog los txhawm rau kev kho mob raws li tau teem tseg uas them nyob rau hauv lub EPSDT cov kev pab cuam.
2. Kev pab NMT dua li ntawm lub EPSDT cov kev pab cuam no yog rau cov koom xeeb uas muaj cai tsim nyog tau txais kev pab thiab muaj qhov txwv rau kev teem tseg kev kho mob thiab nres ntawm lub tsev muag tshuaj tuaj tos daim ntawv tshuaj yog tias qhov nres no yog tom qab qhov sij hawm teem kho mob.
3. Kev pab NMT yuav tsis sua qhov kev thauj mus los ntawm kev muaj mob, raug mob, tsis rau raws li, kev sov kho tom qab raug mob, raug zog lossis tsis yog li kev thauj tus koom xeeb yuav siv tsheb thauj neeg mob, tsheb tub me los yog tsheb tub muaj rooj rog uas muaj ntawv tso cai, ua thiab nruab nyob rau hauv raws li lub xeev thiab lub zos cov kev cai li choj, txoj kab ke los yog kev tswj.

Yuav Siv Tsis Tau Rau Dab Tsi?

Siv tsis tau NMT yog hais tias:

1. Lub tsheb thauj neeg mob, tsheb tub, lub laub zaum thawb mus rau hauv tsheb, los yog lwm yam ntawm NEMT yog yam yuav tsum tau txhawm rau tau qhov kev pab them.
2. Qhov kev pab cuam no tsis yog duav los ntawm Molina Healthcare. Daim ntawv cov npe ntawm kev pab them cov kev pab cuam yog nyob rau hauv phau ntawv tub koom xeeb no (los yog hu ua EOC).

Nqi Rau Tub Koom Xeeb Them:

Tsis tau them nqi dab tsi li yog thaum kev thauj mus los tau kev tso cai los ntawm Molina Healthcare.

1. Cov tswvcuab uas muaj hnuv nyoog tsis tau nto nees nkaum ib (21) xyoo tej zaum yuav tau txais ntau cov kev pab cuam los ntawm lub teb chaws qhov kev pab cuam hu ua qhov Kev Ntsuam Xyuas Thaum Ntxov thiab Ua Ntu Zus, Kev Kuaj thiab Kho mob (EPSDT). Qhov no muaj xws li tus kws kho mob, poj nai mom thiab kev pab cuam tsev kho mob. Nws kuj muaj xws li lub cev, kev hais lus / hom lus, hauj lwm kev kho mob thiab cov tsev kho mob cov kev pab cuam. Lwm yam kev pab uas nws duav yog cov khoom kev kho mob, khoom siv, thiab khoom siv; kev kho mob rau fab kev puas hlwb thiab siv yeeb tshuaj, thiab kev kho mob rau lub qhov muag, pob ntseg thiab cov teeb meem rau lub qhov ncauj. Yog koj muaj lwm lo lus nug dab tsi txog EPSDT, thov hu rau Lub Chaw Pabcuam Tswvcuab.

Lwm Tus Ua Koj Raug Mob

Yog muaj lwm tus (lwm tus neeg) ua koj raug mob, Molina kuaj dua tau kev kho mob. Lub Chaw Haujlwm Pabcuam Kev Noj Qab Haus Huv (DHCS) tej zaum yuav thov lwm tus neeg kom pab them rau cov kev pab kho mob no. DHCS yuav thov koj kom pab cuam qhov no. Yog tias koj tau txais nyiaj los ntawm lwm tus lawm koj yuav tsum them rau DHCS cov nqe uas Molina Healthcare tau muab pab kho koj.

Kev kuaj sim thiab/lossis Pab Nrhiav Qhov Tseeb

Koj yuav raug thov kom koom nrog Sim thiab/lossis Tshawb Nrhiav Qhov Tseeb. Nov yog kev siv cov tshuaj, cuab yeej siv, khomob lossis cov kev phais mob uas tsis paub tias yog kev kho tus tsos mob, tus mob, kab mob lossis qhov raug mob ua tau kho. Cov kev pab no raug pab them raws li qhov tsim nyog thaum haum raws li cov qauv teev tseg. Ko tus kws khomob yuav tsum xa cov ntaub ntawv khomob mus rau Molina Healthcare kuaj xyuas cov kev khomob no.

Cov Kev Kho Mob Uas Tsis Pab Them

Molina Healthcare yuav tsis them rau cov kev pab lossis cov khoom siv uas tau txais yam tsis tas ua raws cov lus qhia hauv phau ntawv qhia no.

Dhau ntawm

Molina Healthcare duav tsis tau qee yam kev pab. Txawm li cas los xij, Molina Healthcare tsis txwv cov kev pab uas tau pab them los ntawm Medi-Cal. Yog tias koj xav tau ib qho kev pab, Medi-Cal yuav tsis rau npe koj ntawm Molina Healthcare – koj tseem yuav tau txais koj li kev pab Medi-Cal li qub, tab sis los ntawm Cov Medi-Cal Li Txhua Zaus (Tus Nqi rau Lub Chaw Pabcuam).

Hauv qab no yog cov npe kev pab ntawv. Kev pab txog Regular Medi-Cal (Cov Kev Pab Khomob Dawb) tsim nyog tau txais txiaj ntsim, koj tuaj yeem yuav hu rau Rooj Tsav Xwm Pab Kho Mob tswj kev saib xyuasS) Medi-Cal tus neeg kuaj mob Ombudsman tus npawb hus dawb ntawm (888) 452-8609. Koj kuj tuaj yeem hu rau Molina Healthcare txhawm rau thov kev pab.

- Hloov Khoom Nruab Nrog Cev
Koj tus kws kho mob yuav txiav txim yog yuav tsum tau hloov. Nws yuav pab koj nrhiav qhov kev pab uas koj xav tau los ntawm Regular Medi-Cal (Cov Kev Pab Khomob Dawb) lossis California Lub Chaw Pabcuam Menyuam Yaus (CCS).

Hloov khoom nruab nrog cev yog:

- Hloov txha
- Hloov plawv
- Hloov siab
- Hloov ntsws
- Hloov plawv/ntsws
- Hloov siab/nyhuv me
- Hloov nyhuv me

Yog koj xav hloov raum, koj tej zaum yuav tau xaiv nyob nrog Molina Healthcare.

Kev Kho Mob Sij Hawm Ntev Cov kev khomob rau cov tswvcuab uas yog nyob hauv chaw tus neeg mob, chaw khomob sijhawm nruab nrab lossis chaw khomob sijhawm ntev raug peb them rau cov tswvcuab uas haum raws li cov qauv xaiv muaj cai. Hauv Nroog Sacramento thiab Imperial, cov kev pab rau cov tswvcuab hauv chaw tu neeg mob, chaw khomob sijhawm nruab nrab, lossis chaw khomob sijhawm ntev rau sijhawm ntev dua lub hli rau npe nkag ntxiv rau lub hli tom qab yog tis raug pab them los ntawm Molina Healthcare. Cov kev pab no pab them los ntawm Regular Medi-Cal (Cov Kev Kho Mob-Pub Dawb). Yog koj

xav tau saib xyuas ntev, koj yuav tsum tau tawm hauv Molina Healthcare txhawm rau tau txais qhov kev pab no.

- Cov Kev Zam Raws Li Medi-Cal Hauv Tsev thiab Hauv Zej Zog
Medi-Cal cov kev zam yog cov kev pab raws li Medi-Cal uas muab cov kev pab ntxiv rau cov pawg neeg tshwj xeeb. Cov Kev Zam hla DHCS suav nrog Cov Kev Zam Phais Mob Hauv Tsev, Cov Kev Zam Chaw Saib Xyuas Mob/Tsev Kho Mob Hnyav (NF/AH), Qhov Kev Zam Kev Xiam Oos Qhab Kev Loj Hlob (DD), Qhov Kev Zam Pabcuam Kev Noj Nyob (ALW) thiab Qhov Kev Zam HIV/AIDS.
- Cov Kev Pab Thaum Kawg Ntawm Lub Neej
Cov kev pab thaum kawg ntawm lub neej suav nrog kev sab laj thiab cov tshuaj muaj ntawv yuav tshuaj thaum tag sim neej. Yog tias tus mob haum rau qhov no, cov tswv cuab muaj mob uas muaj hnuv nyoog 18 xyoo lossis laus dua thiab muaj peev xwm txiav txim siab txog kev kho mob yuav tau txais daim ntawv xaj cov tshuaj thaum tag sim neej. Cov kev pab no duav los ntawm Regular Medi-Cal (Cov Kev Kho Mob-Pub Dawb).

Kev pab uas tsis duav los ntawm Molina Healthcare lossis Regular Medi-Cal

Cov kev pab no yuav tsis muab los ntawm Molina Healthcare lossis Regular Medi-Cal (Cov Kev Kho Mob-Pub Dawb):

- Txhawb xyuas lossis ntxig nug txog kev siv

tshuaj, khoom pab, txheej txheem (tshwj tsis yog tias tau pom zoo)

- Tshawb xyuas cov neeg (OTC) cov tshuaj (tshwj tsis yog tias muaj ke pom zoo)
- Yam ua rau ntiag tug thiab yooj yim rau tus kheej
- Hauj lwm ntiag tug neeg tu mob (tsis suav thaum muaj kev kho mob)
- Xaiv kev peem tsheej
- Kev pab khomob nkaug koob thiab kho zaws rau cov tswvcuab hauv Ob Lub Nroog Npaj Tseg (Imperial/Riverside/San Bernardino)
- Kev dhia kom muaj zog uas cov tseev kawm lub luag hauj lwm lossis dhia ua si
- Sau cov food rau ib tug neeg xiam oob khab, Poj niam, Me nyuam mos liab, thiab Me nyuam yaus thov Tes Dej Num Cov Khoom Noj Haus Pab (WIC), Rooj Tsav Xwm Tsheb (DMV)
- Kev Pab Cuam Kom Txawj Tais Lus*
- Kev pab cuam kho kaw taw*
- Kev pab cua kho pob ntseg tsis ua/ntawv tshuaj los ntawm kws kho mob nyob rau kws kho mob qhov chaw ua hauj lwm*
- Kev pab cuam kho hniav*
- Kho cov tsis nyob hauv teb chaws Meskas, txhwj tsis yog pab kho mob ti tes ti taw nyob rau tsev kho mob Canada lossis Mexico.

Lawv yuav tshwj cov kev pab kho uas tsis duav los ntawm Molina Healthcare lossis Medi-Cal uas tau kos ua lub hnuv qub (). Thov saib feem lub npe " Dab tsi yog yam tsis suav?" nyob phab 59 tshawm rau ua kev paub yav tom ntej.

Dab tsi yog yam Tsis suav?

Cov nyiaj pab thiab cov kev pab uas sau tseg hauv lub cim hnuv qub ntawm phau ntawv qhia no tsuas yog muaj rau cov tswvcuab uas haum raws li cov qauv xaiv muaj npe hauv qab no:

- Hnuv nyoog qis dua 21 xyoos
- Nyob rau hauv cov tsev tu mob (Theem A lossis B; nov suav cov chaw kho mob me)
- Cev xeeb tub (Yog tias koj cev tsis tab seeb, koj tuaj yeem yuav txais kev saib xyuas ua ntu zus ntsig txog txiaj ntsim kev pab. Koj tuaj yeem tau txais lwm yam txiaj ntsim thiab kev pab sau tseg sab sauv txhawm rau kho uas, yog tias tsis kho ces yuav cuam tshuam rau kev suab me nyuam. Nov muaj kev kho hniav, ua kev nyiam huv thiab kho mob hniav sov. Kho hniab thiab lwm yam txiaj ntsim thiab kev pab tej zaum yuav muaj txog 60 hnuv tom qab yug tus me nyuam;)
- Tau txais txiaj ntsim pab los ntawm tes dej num CCS
- Tau txais txiaj ntsim los ntawm ib Tes Hauj Lwm Saib Xyuas Txhua Yam-Nyob Hauv rau Cov Laus

Yog tias koj tsis tau txais cov kev pab hais los sauv los koj yeej tseem yuav tau txais txiaj ntsim lov tus nqe.

Koj tuaj yeem yuav tau txais qee lossis tag nrho cov txiaj ntsim lov nqe, thiab kho hniav yog koj yuav kho:

- Tau txais kev pab los ntawm Tes Hauj Lwm Genetically Handicapped Persons Program
- Tau txais txiaj ntsim los ntawm County Mental Health Program

- Tau txais txiaj ntsig los ntawm Medicare Part B program
- Tau txais kev pab ncaj qha los ntawm koj tus kws kho mob

Koj yuav tsum hu koj tus kws kho mob lossis tus kws kho hniav yog koj muaj kev hloov dab tsi.

Cov no yog qee yam txiaj ntsim thiab kev pabuas koj tuaj yeem tau txais yog koj tsis ncaj rau qhov yuav tau zam.

- Koj tuaj yeem yuav tau txais txiaj ntsim thiab kev pab saib cov cim lub hnuv qub yog mob ti tes ti taw tshwm sim thiab cov txiaj ntsim no yuav tau siv los kho thaum mob Kub Ntxhov.
- Qee qhov kev pab kho mob thiab phais mob muab los ntawm tus kws kho hniav yuav dua tau ua ntu zus. Nug koj tus kws kho hniav txhawm rau paub ntau ntxiv.
- Qee qhov txiaj ntsim thiab kev pab uas tsis cim lub hnuv qub tej zaum kuj muaj pub nyob rau:
 - hauv rooj tsav xwm neeg mob sab nrauv thiab clinic
 - hauv Tsoom Fwv Cov Tsev Kho Mob Zoo (FQHCs)
 - hauv Cov Clinic Kho Mob Nyob Rug Deb
 - hauv Neeg Khab Kev Pab Kho Mob
 - los ntaum ib txhia koom haum kho mob hauv tsev

Nug ntawm koj tus Thawj Kws Kho Mob (PCP) thov kev pom zoo.

- Qee qhov txiaj ntsim thiab kev pab uas tsis cim lub hnuv qub tej zaum kuj muaj pub txuas ntxiv. Nov nws yuav tswm sim yog koj muaj hnuv nyoog 21 xyoos lossis laus dua thiab pib kho thaum lub sij hawm koj txog 21 (Txiaj ntsim Kev Kho Mob Tsim Nyog yuav pab them ua ntu zus). Nug koj tus PCP txhawm rau paub ntau ntxiv.
- Qee qhov txiaj ntsim thiab kev pab cim lub hnuv qub tej zaum kuj yuav tau txuas ntxiv yog koj tseem tab tom kho yuav zog Xya Hli tim 1, 2009 uas tau txav thaum Xyahli tim 1 tag los los txog ntua lub sij hawm uas kho tiav.
- Lub rooj tsav xwm kho mob nkeeg hauv nej lub nroog tej zaum kuj yuav muaj qee qhov txiaj ntsim thiab kev pab yuav tsis muaj los ntawm Medi-Cal.
- Yog koj muaj hnuv nyoog 21 xyoo lossis laus dua, tsuas yog pab kev xyaum hais lus xwb uas muaj rau cov mob nyhav qaij to thiab txhaws hlab ntsha tob hau muaj los ntawm Molina Healthcare.
- Yog koj hnuv nyoog 21 lossis laus dua, tsuas yog kho ntshav qab zib rau cov mob ntshav qab zib uas yog zuaj cov leeg tes taw (teeb meem yog cov leeg feem ntau ntawm tes thiab taw) muaj pab los ntawm Molina Healthcare.

Koj muaj cai tsis txaus siab lossis txwv ib qho kev pab twg uas hais los no. Nthuav mus phab 71 cov ntaub ntawv Kev Soj Ntsuam Los Ntawm (IMR) thiab phab 72 txog cov ntaub ntawv Kev Soj Ntsuam Los Ntawm Ib tug Neeg Sab Nrauv txog kev txwv kev sim/sij ntsuam zuaj.

Dad Tsi Uas Tej Zaum Yuav Tsis Duav?

Kev Muaj Cwj Ciam

Molina Healthcare tej zaum duav tsis tau lwm kev pab. Koj tseem yuav yog tus tswvcuab ntawm Molina Healthcare, tab sis Regular Medi-Cal (Cov Kev Kho Mob-Pub Dawb) muab qhov kev saib xyuas no. Peb yuav pab koj kom tau qhov kev pab no yog koj xav tau nws:

- California Children's Services (CCS)

Qhov kev pab CCS yog rau cov menyuam yaus muaj cai tau txais CCS txij thaum yug txog hnub nyooq 21 xyoos xwb. CCS yuav tiv toj koj nrog cov kws khomob thiab cov neeg qhia paub kev noj qab haus huv uas paub txog qhov yuav khomob rau koj tus menyuam uas xav tau kev khomob tshwj xeeb. Qee qhov piv txwv kev kho mob tswj xeeb muaj:

- Mob Ntsws Sijhawm Ntev (Cystic Fibrosis)
- Hemophilia
- Hlwb tsis ua hauj lwm
- Kab Mob Plawv
- Cancer
- Mob Qhov Txhab
- Kis Kab Mob

Koj Thawj Tus Kws Khomob (PCP) yuav pab koj thov rau qhov kev pab yog tias koj tus menyuam muaj cai. CCS yuav qhia koj paub yog koj tus me nyuam raug txais lawm.

Yog koj tus me nyuam muaj cai txais kev saib xyuas CCS, koj tus me nyuam kuj tseem yog tus

tswvcaub ntawm Molina. Koj tus menyuam yuav muaj tus kws kho mob CCS lossis cov kws kho mob saib xyuas teebmeem mob, thiab Molina Healthcare tus kws kho mob rau txhua lwm qhov kev kho mob. Qhov no txhais tau tias koj tus me nyuam yuav mus cuag nws PCP Molina Healthcare txhua yam thiab hno tshuaj.

Koj tuaj yeem kawm paub ntau txog tes hauj lwm CCS uas hu rau Chaw Pabcuam Tswvcuab.

- Mental Health (lub dag zog hauv koj txoj kev xav lossis kev zoo siab) Koj tus kws kho mob yuav kho qee qhov kev mob hlwb (xws li kev nyuab siab).

Koj tus PCP tsis muaj cov kev pab hauv qab no, tab kuj yuav pab koj kom koj tau txais:

- Pab kho cov vwm
- Pab kho cov mob pw hauv tsev kho mob
- Pab kws kho mob hlwb
- Pab kws kho mob tshwj xeeb
- Pab pw kho mob
- Pab tswv yim kev sib yuav
- Pab tswv yim rau tsev neeg thiab me nyuam
- Pab cov clinic thiab neeg pab hauj lwm

Molina Healthcare tsis pab them kev saib xyuas mob hauv tsev kho mob thiab cov kws kho mob hlwb tshwj xeeb. Medi-Cal pab dawb, lossis the County Mental Health Department, muab kev pab hom mob no.

- Kho Cawv thiab Tshuaj muaj yees Molina Healthcare duav tau “pab txiav tshuaj thiab cawv” saib xyuas ntawm tsev kho mob thaum qaug tshuaj muaj yees. Li cas los xij, yog koj xav tau kev pab kho dej cawv thiab tshuaj muaj yees, lawv yuav qhia koj rau tes hauj lwm kho dej cawv thiab tshuaj muaj yees. Nov nws muaj txhuav cov kuab lom cawv lossis tshuaj muaj yees tawm.
- Kev Pab Cuam Kho Hniav Molina Healthcare yuav tsis muaj kev kho hniav rau koj. Kev kho hniav tej zaum yuav duav tau los ntawm Medi-Cal (Cov Kev Kho Mob Pub Dawb). Koj tus PCP yuav kuaj koj cov kaus hniav thiab qhia koj rau kws kho hniav kho koj. Thov hu rau Denti-Cal ntawm (800) 322-6384 txhawm rau kev kho hniav thiab cov lus nug txog cov kev pab.
- Kho Mob Ntsws Qhuav (TB) Koj tus PCP yuav qhia koj yog koj yuav tsum tau kho mob TB. Yog koj xav tau kev kho, koj yuav raug xa mus rau ib lub tsev kho mob hauv zos.
- Poj niam, Menyuum mos ab thiab Me nyuam yaus thiab Kev Pab Khoom Noj Haus Ntxiv (WIC)
- Koom Haum Pab Kev Kawm Hauv Zos (Local Education Agency Services)
- Pab Tuav Tswj Cov Raug Kuab Los Quav Txhuas (Childhood Lead Poisoning Case Management Services)
- Kho HIV/AIDS thiab siab ntsws rau cov haus tshuaj muaj yees
- Pab rau kev ntseeg lossis kev cai dab qhuas nyob rau qee qhov

Yog tias koj yog ib tug Tub koom xeeb ntawm Medi-Cal / Medicare, nws yog ib qho tseem ceeb heev uas koj paub Medicare, tsis yog Medi-Cal yuav them rau cov tshuaj feem ntau. Kom tau txais cov ntaub ntawv ntau ntxiv, thov hu rau Chaw Pabcuam Tswvcuab. Koj tuaj yeem hu rau Medicare tus npawb hu dawb ntawm (800) MEDICARE (TTY: tus npawb hu dawb (877) 486-2048). Koj tuaj yeem mus ntsib hauv Medicare.gov.

Yog koj muaj lus nug dab tsi txog koj qhov duav tau, thov hu rau Chaw Pabcuam Tswvcuab. Lossis hu rau Rooj Tsav Xwm Pab Kho Mob Nkeeg, Medi-Cal Tuav Tswj Kev Khomob Ombudsman Lub Chaw Haujlwm tus npawb hu-dawb ntawm (888) 452-8609.

Molina Them Nyiaj Rau Cov Chaw Kho mob Rau Koj Cov Kev Kho Mob Li Cas?

Molina Healthcare cov ntawv cog lus nrog cov tsev kho mob muaj ntau txoj hauv kev. Molina Healthcare qee cov chaw kho mob tau them tus nqi rau cov kev pab. Qhov no txhais tau tias lawv tau them txhua zaus lawv saib xyuas koj thiab rau txhua qhov kev phais mob uas lawv tau ua. Lwm qhov chaw kho mob tau them pob nyiaj rau txhua lub hli uas tus tswvcuab raug xaiv rau lawv kho mob, txawm tias lawv yuav saib xyuas ts tswvcuab thiab tsis saib xyuas los xij.

Qee cov kws kho mob yuav muab cov khoom plig rau cov neeg tiv thaiv kab mob tau zoo thiab tshuaj xyuas kev siv lub tsev kho mob cov kev pab. Molina Healthcare tsis muab khoom plig rau cov chaw kho mob lossis cov neeg ua haujlwm qhov tsis kam lees maub cov kev pab them nqi kho mob lossis cov kev pab. Molina Healthcare tsis muab cov

phaj tshab rau cov chaw kho mob kom muab kev kho mob tsawg rau koj. Kom paub cov ntaub ntawv ntau ntxiv txog yuav them nyiaj rau cov chaw kho mob li cas, thov hu rau Chaw Pabcuam Tswvcuab. Koj kuj tseem tuaj yeem hu rau kws kho mob lub chaw haujlwm, koj tus kws kho mob pab pawg kho mob, lossis Lub Koom Haum Kws Kho Mob Tsis Nce Rau Leej Twg (IPA) kom paub cov ntaub ntawv no.

Kev Them Nyiaj thiab Cov Ntawv Sau Nqi

Koj tsis tas yuav tau them ib qho pab-them lossis lov cov nqe pab uas duav tau. Li cas los xij, koj yuav tau them nqe kho mob thaum:

- Koj thov thiab tau txais kho mob uas tsis pab them los ntawm Medi-Cal
- Koj thov thiab tau kev kho mob uas tsis yog Ti tes ti taw lossis nyob deb sab nrauv Pab Kho Mob Maj Rawm los ntawm ib tug kws kho mob lossis tsev kho mob uas tsis nyob rau Molina Healthcare uas tsis tau kev tso cai los ntawm koj tus Thawj Kws Kho Mob (PCP) lossis Molina Healthcare
- Koj kom, thiab tau txais kev pab kho mob uas tsis nyob hauv teb chaws Meskas, txhwj tsis yog pab kho mob Ti tes ti taw nyob rau tsev kho mob Canada lossis Mexico

Yog Molina Healthcare tsis them nyiaj rau Molina Healthcare cov koom haum kho mob uas muab kev pab duav tau rau koj lawm, koj tsis tas yuav tau them rau cov koom haum kho mob no. Txoj cai lij choj hauv xeev California kom Molina Healthcare yuav tsum muab cov lus no tso rau lawv cov ntawv cog lus nrog cov koom haum kho mob. Nws tsis muaj tseeb uas yuav muaj cov tsev kho mob tsis muaj

ntawv cog lus nrog Molina Healthcare. Hais txog xov xwm tias yuav hais qhov tsis txaus siab li cas tham koj tau txais daim ntawv sau nqe, thov saib raws li hauv qab no.

Yuav uas li cas yog kuv tau them nqe kho mob lossis nqe tshuaj lawm? (Hais txog qhov them nyiaj rov qab)

Yog koj tau them tus nqe kho mob lossis tshuaj uas tau pom zoo lawm lossis cov uas tsis tag yuav thov pom zoo, Molina Healthcare yuav them rov qab rau koj. Koj yuav tau fax lossis xa rau peb daim ntawv them nyiaj los ntawm tus kws kho mob, tsev kho mob, lossis chaw muag tshuaj thiab luam ib daim cia rau koj. Yog tias daim ntawv them nyiaj yog yuav tshuaj, koj yuav tau luam daim ntawv tshuaj thiab. Xa cov ntaub ntawv no rau Chaw Pabcuam Tswvcuab. Chaw nyob muaj nyob rau thawj phab ntawm phau ntawv qhia no.

Tom qab peb tau txais koj tsab ntawv lawm, peb yuav teb rov qab rau koj tsis dhau 30 hnuv. Yog tias koj daim ntawv rov nyiaj tau pom zoo lawm, peb yuav xa ib daim tshev rau koj. Yog tsis pom zoo, peb yuav xa ib tsab ntawv qhia koj tias vim li cas. Yog koj tsis pom zoo nrog qhov no, koj tuaj yeem sau ntawv foob uas yogh u rau Chaw Pabcuam Tswvcuab.

Kev Ntsuas Thev Naus Laus Zis Tshiab Saib ntawm Qhov Tawm Tshiab

Peb saib ntawm hom kev pab tawm tshiab, thiab peb saib ntawm txoj hauv kev tshiab los muab cov kev apb no. Peb tshuaj xyuas qhov kev tshawb fawb tshiab kom pom seb cov kev pab tshiab twg yuav muaj kev nyab xeeb rau ntxiv

cov kev pab tau. Molina Healthcare tshuaj xyuas hom cov kev pab uas muaj npe hauv qab no yam tsawg kawg ib zaug ib xyoo:

- Cov kev pab siv tshuaj kho mob
- Kev pab kho mob hlwb
- Cov tshuaj kho mob
- Cov cuab yeej kho mob

Molina Healthcare Txhim Kho Kev Pab Ua Ntu Zus Tas Li

Molina Healthcare mob siab rau muab kev pab kho mob rau koj uas zoo kawg nkaus li qhov zoo tau. Peb cov txheej txheem ua kom tshwm sim muaj tseeb hu ua “Cov Txheej Txheem Kev Txhim Kho Kom Ua Tau Zoo.” Molina Healthcare tau ua kev soj ntsuam ntau zaus nyob rau ib xyoos. Yog peb pom ib qho twg uas yuav hloov kho tshiab, peb ua raws cov kauj ruam los muab cov kev pab thiab kho mob zoo tshaj qub.

Yog koj xav paub ntau txog yam peb ua los kho lossis yog koj xav thov luam peb ib daim ntawv hauv tsev kho mob lossis cov cai tuav tswj thiab cov txheej txheem, hu rau Chaw Pabcuam Tswvcuab.

Kev Tuaj Koom Ntawm Cov Thawj Tub Koom Xeeb

Peb xav hnov los ntawm koj seb koj xav li cas rau Molina Healthcare. Peb tau teeb tsa Pab Pawg Tswvcuab Koom Tes Nrog los nres nej cov kev txhawj xeeb. Cov thawj yog ib pab neeg zoo ib yam li koj uas muaj kev sib sab laj txhua

txhua 3 lub hlis thiab qhia peb seb yuav hloov kho tshiab li cas. Cov thawj uas hais no tuaj yeem los saib cov phiaj xwm kho mob thiab tawm tswv yim rau Molina Healthcare cov Thawj Coj. Yog tias koj xav koom nrog Pab Pawg Koom Ua Tswvcuab, thov hu rau (855) 665-4621 (TTY: 711), Monday txog Friday, 10:00 teev sawv ntxov txog 9:00 teev tsaus ntuj, Saturday, 10:00 teev sawv ntxov txog 8:00 teev tsaus ntuj, thiab Sunday, 11:00 teev sawv ntxov txog 7:00 teev tsaus ntuj Koom Nrog peb Pab Pawg Koom Ua Tswvcuab hnuv no!

Pab Qhia Kev Kawm Paub Kho Mob

Molina Healthcare lub Health Education Department tau cog lus pab koj kom koj tau kev noj qab haus huv. Peb kuj muaj txoj hauj lwm los pab koj tswj koj txoj kev kho mob tam sim no. Txhawm rau nug txog cov kev pab uas peb muab lossis thov cov ntaub ntawv, hu rau (866) 472-9483 (TTY: 711), Monday txog Friday, 8:30 teev sawv ntxov – 5:30 teev tsaus ntuj Molina Healthcare muaj cov haujlwm thiab cov kev pab txuas ntxiv no:

Txoj Hauj Lwm Txiaiv Luam Yeeb

Txoj haujlwm no tau tsim los pab koj thum luam yeeb. Muaj kev kho mob tshwj xeeb rau cov hluas, poj niam cev tsis tab seeb thiab cov zom luam yeeb. Tej zaum koj kuj muaj cai txais tshuaj kho txiaiv luam yeeb. Mus ntsib koj tus kws kho mob txhawm rau kev sab laj thiab kev kho mob, lossis hu ncaj qha rau peb kom rau npe nkag. Muaj cov cuab yeej qhia kev paub thiab kev hu xovtooj sab laj txhawm rau pab koj thum.

Txoj Haujlwm Pab Kho Ua Pa nrog EaseSM Kho Mob Hawb Pob

Txoj hauj lwm no muaj rau cov me hluas thiab cov menyuam yaus hnuv nyoog 2 xyoo thiab tshaj saud. Koj thiab/lossis koj tus me nyuam yuav kawm paub:

- Hais txog qhov pib ntawm mob ntshav tsuag
- Hais txog qhov yeeb yam uas pib mob
- Yuav siv cov tshuaj zoo mob ntshav tsuag kom raug li cas
- Yuav ua hauj lwm nrog kws kho mob li cas kom tus mob ntshav tsuav tsis loj hlob
- Yuav siv qhov cuab yeej ntsuas ua pa (peak flow meter) thiab lub nqus (inhaler) nrog lub voj voom (spacer)

Koj kuj tseem tuaj yeem tau txais lub qhww kom tsis txhob fab tshuaj lossis lwm yam khoom pab.

Txoj Haujlwm Pab Qhov Nyob Nyuaj Nrog Tus Mob Ntshav Qab ZibSM

Txoj hauj lwm no muaj rau cov neeg laus hnuv nyoog 18 xyoo nce mus uas muaj mob ntshav qab zib. Koj yuav kawm paub:

- Txog cov hom mob ntshav qab zib
- Txog kev saib xyuas tus kheej thaum muaj mob ntshav qab zib (phiaj xwm kev noj haus, tawm dag zog, tshuaj zoo ntshav qab zib thiab ntau yam)
- Yuav ua hauj lwm li cas nrog tus kws kho mob thiab lwm tus neeg hauv chaw kho mob kom tus mob ntshav qab zib kom tswj tau

Koj tuaj yeem kawm txhua yam no hauv tsev, xov tooj, lossis hauv chav kawm. Koj Tej zaum koj kuj tseem yuav tau txais lwm yam ntaum ntawv los pab koj tswj tus mob ntshav qab zib.

Tes Hauj Lwm Tswj Lub Cev Nyhav

Txog cov tswvcuab muaj hnuv nyoog 17 xyoo thiab laus dua uas npaj yuav txo lub cev hnyav, koj yuav kawm paub txog yam khoom noj haus zoo thiab ua ev-xaws-xais. Thaum koj nkag siab thiab pom zoo cov qauv xaiv kev koom nrog, koj tuaj yeem raug npe nkag hauv txoj haujlwm. Koj tuaj yeem koom nrog hauv chav kawm hauv koj cheeb tsam lossis tau muab kev hu sab laj hauv xovtooj ntawm tus thawj saib xyuas kev noj qab haus huv.

Ntawv Xv Xwm

Tsab ntawv tshaj xov xwm tau nthuav tawm ntawm **MolinaHealthcare.com** tus website yam tsawg kawg 2 zaug hauv ib xyoos. Cov ntsiab lus sau los ntawm cov tub koom xeeb ib yam li ko. Cov lus qhia yuav muaj qhov pab tau koj thiab tsev neeg noj qab nyob zoo.

Ntawv Qhia Kev Kawm Paub Kho Mob

Qee qhov ncauj lus suav nrog khoom noj haus zoo, cov ntawv qhia pab tiv thaiv, tswj kev chim siab, ua ev-xaws-xais, tswj cov roj hauv cov ntshav, menyuam yaus kev nyab xeeb, mob hawb pob, mob ntshav qab zib thiab lwm lub ncauj lus. Muaj ntau cov ua ntau hom lus. Kom tau txais cov cuab yeej no, hu rau koj tus kws kho mob lossis hu rau (866) 472-9483 (TTY: 711).

Molina Healthcare Txoj Hauj Lwm Bridge2Access® (Yog kev pab cuab yeej rau cov laus thiab cov xiam oob khab)

Lub dag zog thiab kev noj qab nyob zoo kom zoo ib yam li cov neeg uas tsis xiam oob khab thiab lawv cov hauj lwm. Txoj Haujlwm Bridge2Access® yog tsim tsa los txhawb kev pab saib xyuas lub dag zog zoo. Peb yuav pab nrhiav ib tug kws kho mob kom raug raws li qhov koj xav tau. Peb yuav muab ib daim phiaj neeg txhais lus lossis xov xwm txog cov ntawv su, suab cov ntawv loj rau koj uas tsis tau them nyiaj. Thov hu rau Chaw Pabcuam Tswvcuab kom saib xyuas yam uas koj yuav tsum tau ntsuas. Kom paub ntau ntxiv, mus saib [MolinaHealthcare.com/bridge2access](https://www.molinahealthcare.com/bridge2access).

Molina Healthcare Tes Hauj Lwm Bridge2Access® Ombudsman

Yog koj tsis tau txais qhov kev pab uas koj xav tau, koj tuaj yeem hu tau rau Bridge2Access® Txoj Haujlwm Ombudsman tus npawb hu dawb ntawm (877) 665-4627 (TTY: 711). Tuaj yeem xa Email mus rau bridge2access@molinahealthcare.com. Koj kuj tuaj yeem sau ntawv rau Molina Healthcare qhov Bridge2Access® Txoj Haujlwm Ombudsman ntawm:

Molina Healthcare
Attn: Ombudsman
Kuaj Cov Xiam Oob Khab & Cov Laus
200 Oceangate, Suite 100
Long Beach, CA 90802

Txoj haujlwm no tsis yog ua lub luag haujlwm cov txheej txheem hais kev tsis txaus siab; - txhua qhov teebmeem nrog qhov kev npaj kws kho mob lossis Molina Healthcare tau muab ua ib qho kev hais qhov tsis txaus siab. Qhov Bridge2Access® Txoj Haujlwm Ombudsman pab koj txhawb rau yam koj xav tau. Nws kuj tuaj yeem pab koj kom tau txais cov lus teb uas tej zaum koj tseem tsis tau txais los ntawm Lub Chaw Pabcuam Tswvcuab.

Kev Tsim Nyog Tau Txais thiab Kev Sau Npe Nkag

Leej twg thiaj tsim nyog tau txais Molina Healthcare?

Koj lossis koj cov me nyuam nyob ib leeg yuav sau npe tau hauv Molina Healthcare yog tias:

1. Koj tuaj yeem tau txais txiaj ntsig Medi-Cal
2. Koj nyob rau ib lub nroog uas Molina Healthcare muaj kev saib xyuas mob nyob rau hauv

Ib tug me nyuam ywj pheej yuav yog:

- koj tus me nyuam koj yug
- Me nyuam qhuav
- Me nyuam niam/txiv tshiab
- Me nyuam tu
- Ib tug me nyuam uas koj pab

Kuv yuav sau npe rau hauv Molina Healthcare li cas?

Koj "ib tug neeg ua hauj lwm saib xyuas qhov tsim nyog hauv lub county" tuaj yeem qhia koj yog koj tau txais txiaj ntsim Medi-Cal. Yog tias koj tuaj yeem tau txais kev pab Medi-Cal, koj tuaj yeem sau daim qauv sau npe hauv Molina Healthcare. Cov qauv sau npe muaj los raws Kev Xaiv Kev Kho Mob (HCO). HCO rau npe ua tub koom xeeb

Medi-Cal los ua phiaj xwm kev kho mob. Koj tuaj yeem xaiv Molina Healthcare los ntawm cov npe. Tom qab koj rau npe nkag, nws siv sij hawm txog 45 hnuv ua ntej koj yuav dhau los ua ib tug tswvcuab.

Kuv yuav paub tau li cas tias kuv yog ib tug tub koom xeeb ntawm Molina Healthcare?

Koj yuav tau txais ib daim npav ID los ntawm Molina Healthcare. Koj daim npav ID yuav sau koj cov kws kho mob cov npe thiab npawb xov tooj. Nqa koj daim yuaj ID nrog koj txhua lub sij hawm. Koj yuav tsum muab koj daim yuaj ID rau lawv saib txhua zaum koj mus kho mob.

Kuv yuav ua li cas yog kuv ua daim npav ID ploj?

Yog tias koj ua daim npav no ploj, thov hu rau Chaw Pabcuam Tswvcuab. Peb yuav zoo siab xa dua ib daim yuaj ID tshiab rau koj.

Tso Tseg Kev Ua Tswvcuab

Koj qhov ua tswvcuab nrog Molina Healthcare Yuav tag sij hawm yog tias:

- Koj tsis muaj cai txais Medi-Cal ntxiv lawm
- Koj tsiv tawm hauv Molina Healthcare Cheeb tsam lawm
- Koj txiav txim siab tsis ua tub koom xeeb thiab tsis sau npe hau Molina Healthcare
- Koj raug muab yuam kev rau Molina Healthcare los ntawm Health Care Options (HCO) Program. HCO yog pab pawg nyob rau DHCS yog tus uas ua txoj hauj lwm hauv Medi-Cal Cov Kev Xaiv

Yog koj tsiv tawm ntawm Molina Healthcare Thaj Chaw Muab Kev Pab, lossis koj txiav txim siab tsis ua tswvcuab nrog Molina Healthcare, nws siv sij hawm 15-45 hnuv kawg qhov ua tub koom xeeb suav txij hnuv koj ceeb toom rau HCO. Yog koj tsis muaj cai txais Medi-Cal, koj yuav tau txais xov xwm los ntawm koj tus neeg ua hauj lwm.

Tag Sij Hawm Koj Qhov Ua Tswvcuab Kuv Yuav Rho Npe tawm ntawm Molina Healthcare tau li cas?

Koj yuav thov nrho npe tawm ntawm Molina Healthcare tau txhua lub sij hawm yam tsis muaj dab tsi. Kev rho npe yuav ua raws li txoj cai rho npe uas siv ib ncuva sij hawm.

Txhawm rau thov rho npe tawm, cov tswvcuab txuas ntxiv no tuaj yeem hu rau HCO tus npawb hu dawb ntawm (800) 430-4263 hais Lus Askiv thiab (800) 430-3003 hais Lus Mev. Ib daim qauv ntawv rho npe tawm yuav xa tuaj rau koj. Kev thov rho npe tawm yuav soj ntsuam los ntawm lub xeev ua kev txiav txim siab zaum kawg. Nws yuav siv sij hawm 15-45 hnuv los khiav txhawm rau mam rho npe tawm tau. Sij hawm koj daim ntawv thov rho npe tawm txog thaum hnuv uas tau rho npe tawm. Koj yuav tsum tseem tau kev saib xyuas los ntawm koj tus Thawj Kws Kho Mob (PCP) txog thaum koj daim ntawv thov rau npe tawm.

Peb xav kom koj zoo siab rau koj qhov kev saib xyuas kev kho mob. Yog koj txiav txim siab rho npe tawm ntawm thov hu rau Chaw Pabcuam Tswvcuab. Peb xav paub tias yog vim li cas koj ho txiav txim siab hloov phiaj xwm kev kho mob.

Kuv Yuav Rho Npe Tawm Sai Sai Tau Li Cas?

Muaj qee zaum, koj tuaj yeem thov rho npe kom tau sai dua. Txhawm rau pab kev tsis rau npe nkag, cov tswvcuab txuas ntxiv no tuaj yeem hu rau HCO tus npawb hu dawb ntawm (800) 430-4263 hais Lus Askiv thiab (800) 430-3003 hais Lus Mev. Qee yam uas pab rho npe tau sai muaj:

- Cov me nyuam uas tau txais kev pab los ntawm Foster Care lossis Adoption Assistance Programs
- Cov tub koom xeeb uas yuav tau saib xyuas tshwj xeeb, xws li hloov khoom nruab nrog cev, tus uas tau txais kev pab ua ntu zus los ntawm Medi-Cal (Cov Kev Kho Mob Pub Dawb)
- Cov tub koom xeeb ntawm lwm qhov phiaj xwm kho mob uas tau sau npe rau lwm lub Medi-Cal, Medicare lossis phiaj xwm kho mob kev lag luam lawm
- Neeg Khab Asmesliskas muaj cai rho npe ntawm Molina Healthcare tsis muaj teeb meem txhua lub sij hawm

Dab tsi yog Hloov Medi-Cal Duav tau?

Koj muaj cai thov Hloov Medi-Cal (TMC) yog koj poob koj qhov nyiaj pab vim tias cov nyiaj khwv tau ntau dua lawm. TMC kuj paub tias yog “Medi-Cal rau cov neeg ua hauj lwm.” TMC tsuas yog rau cov tau nqe dag zog lossis cov ua hauj lwm saib xyuas thiab lawv cov me nyuam tus uas lawv poob lawv txiaj ntsim ua ntu zus los ntawm Medi-Cal (Cov Kev Kho Mob Pub Dawb). Li no kuj tuaj yeem tshwm sim vim cov nyiaj khwv tau ntau ntxiv los ntawm kev ua hauj lwm. Yog koj raug raws qhov teev tseg TMC, koj yuav ua

ntu zus tsis-poob Medi-Cal dv tau ntev txog 12 hlis txuas ntxiv, ces tag nrho yog 24 hlis.

Yog koj poob koj qhov Medi-Cal tam sim no lawm, koj kuj nug koj tus neeg pab hauj lwm muaj cai txais seb koj puas muaj cai txais TMC ncaj qa. Yog tias koj muaj cai txais TMC, tej zaum koj tseem yuav yog tub koom xeeb nrog Molina Healthcare lossis qhov phiaj xwm kho mob uas koj xaiv.

Molina Healthcare Puas Tuaj Yeem Tso Tseg Kuv Qhov Ua Tswvcuab?

Molina Healthcare yuav thov koj tshem npe tawm yog:

- Koj tso cai ib tug neeg twg siv koj qhov txiaj ntsim hauv Molina Healthcare lossis siv koj daim npav ID.
- Koj yuav dhau ua neeg txhaum lossis yuam cai thiab txhaum rau tus ua hauj lwm nrog Molina Healthcare
- Koj tiv thaiv Molina Healthcare, lossis txhua tus ua hauj lwm nrog Molina Healthcare, txhawm rau muab tau kev pab rau koj thiab lwm tus tswvcuab
- Nws ua rau plam kev phooj ywg nrog koj tus kws kho mob thiab Molina Healthcare ua rau tsis muaj lwm tus kws kho mob uas koj yuav mus cuag tau lawm. Nov yuav tsis siv rau cov tswvcuab uas tsis kam lees siv kev kho mob

Yog tias Molina Healthcare thov koj tuaj rho npe tawm, peb yuav xa ib tsab ntawv tuaj qhia koj paub. Thaum lub sij hawm ntawv, koj tuaj yeem thov kev tsis txaus siab. Molina Healthcare yuav qhia koj paub yam tsawg 10 hnuv ua ntej txog hnuv rho npe tawm.

Yog koj tias peb muab koj qhov kev pab duav tau kaw vim kev mob lossis qhov thov kho mob, tej zaum yuav tau soj ntsuam txog koj. Txhawm rau thov kev soj ntsuam hu rau the Department of Managed Health Care (DMHC) uas hu-dawb ntawm (800) 400-0815. Koj kuj tuaj yeem hu Medi-Cal Ombudsman hu-dawb ntawm (888) 452-8609 thiab koj kuj sau ntawv thov rau Medi-Cal Feem Hais Kev Ncaj Ncees uas hu-dawb rau (800) 952-5253.

Tsis-Ciav Cais

Molina Healthcare yuav tsis muaj kev sib cais raws li haiv neeg, cev nqaij daim tawv, kev ntseeg, pojniam txivneej, kev nyiam pojniam txivneej, hnuv nyoog, kev xiam oos qhab, lub tebchaws yug, ua qub tub rog, ntseeg kev cai dab qhuas, kev noj qab haus huv, lossis xav tau kev pab saib xyuas noj qab haus huv hauv qhov tau txais kev saib xyuas noj qab haus huv. Yog koj xav tias koj tsis tau txais kev ncaj ncees, hu rau Chaw Pabcuam Tswvcuab.

Pub Khoom Nruab Nrog Cev

Koj tuaj yeem yog ib tug uas yuav kam muab khoom nruab nrog cev pub lwm tus. Cov kev kho mob tevnauslauszis uas hloov khoom nruab nrog cev tau pab tau coob tus neeg mob. Li cas los xij, cov khoom nruab nrog cev uas muaj nws tsawg dua li cvo khoom uas cov neeg mob xav tau. Koj tuaj yeem xaiv yuav ua tus pub khoom nruab nrog cev uas hu rau Department of Motor Vehicles (DMV) txhawm rau tau daim yuaj pub khoom nruab nrog cev.

Kev Sau Ntawv Foob thiab Kev Hais Plaub Kev Sau Ntawv Foob Tsis Txaus Siab

Yog tias koj tsis txaus siab nrog ib qho twg ntsig txog Molina Healthcare lossis nws cov kws kho mob, koj yuav tsum tiv toj peb sai npaum li sai tau. Qhov no suav nrog thaum koj tsis pom zoo nrog peb qhov kev txiav txim. Koj, lossis ib tus neeg uas koj xav kom hais rau koj, tuaj yeem tiv toj peb. Yog tias koj xav kom ib tus neeg ua tus tham rau koj, koj yuav tsum tau hais qhia peb paub txog qhov no. Molina Healthcare xav kom koj tiv toj rau peb yog li peb thiaj tuaj yeem pab tau koj.

Koj tuaj yeem sau ntawv foob (hais qhov tsis txaus siab) lossis ntawv foob sawv cev ntawm ib tus tswvcuab hnuv nyoog qis dua 18 xyoo yam tsis tas sau ntawv tso cai ua ntej thaum tus neeg sau ntawv foob lossis ntawv hais qhov tsis txaus siab yog tus tswvcuab ntawv niam txiv lossis tus saib xyuas raug cai.

Txhawm rau tiv toj peb koj tuaj yeem:

- Hus Tus Pab Chaw PabcuamTswvcuab ntawm (888) 665-4621 (TTY: 711) lossis
- Mus ntsib **MolinaHealthcare.com** txhawm rau sau ntawv foob hauv online lossis qhov **MyMolina.com**, peb tus npawb kev nyab xeeb rau tswvcuab, txhawm rau sau koj cov ntawv foob hauv online.
- Xa email mus rau: MHCMemberGandA@MolinaHealthcare.com
- Sau ntawv qhia rau peb tias vim li cas koj thiaj tsis zoo siab. Nco ntsoov sau koj lub npe thiab lub xeeb, tus npawb nyob tom hauv ntej ntawm

koj Molina Healthcare daim npav ID ua tswvcuab, thiab koj qhov chaw nyob thiab npawb xovtooj yog li peb thiaj tuaj yeem tiv toj rau koj, yog tias xav tau. Koj yuav tsum xa txhua cov ntaub ntawv uas pab piav qhia txog koj qhov teebmeem.

- Xa koj daim ntawv foos lossis tsab ntawv hauv qhov chaw xa ntawv:
Molina Healthcare
Grievance and Appeals Unit
200 Oceangate, Suite 100
Long Beach, California 90802
- Koj kuj tuaj yeem fev daim ntawv foos lossis koj tsab ntawv mus rau:
(562) 499-0757
- Tej zaum koj kuj yuav hais qhov kev tsis txaus siab, uas yog sau ntawv lossis hais, ncaj qha rau Molina Healthcare lossis ib tug neeg hauv peb cov chaw kho mob chav lis haujlwm

Daim qauv ntawv muaj nyob txhua qhov chaw ua hauj lwm ntawm txhua tus Thawj Kws Kho Mob (PCP). TCov foos no tuaj yeem rub tau thiab luam los ntawm Molina Healthcare lub vas sab ntawm <http://www.molinahealthcare.com/members/ca/en-US/mem/medicaid/medical/quality/cna/Pages/compliant.aspx> lossis **MyMolina.com**, peb tus npawb kev nyab xeeb rau cov tswvcuab.

Molina Healthcare yuav xa qee yam ntaub ntawv rau koj yog tias peb tau txiav txi siab txog:

- Tsis kam lees koj daim ntawv thov kom pab them koj cov nqi kho mob

- Hloov kho daim ntawv thov kom pab them koj cov nqi kho mob
- Txo qis, lossis tso tseg cov kev pab ua ntej koj tau txais txhua yam kev pab uas tau raug tso cai lossis
- Tsis kam lees them nyiaj rau cov kev pab koj tau txais uas tsis pab them los ntawm Molina Healthcare

Yog tias qhov no tshwm sim, koj yuav tau txais Tsab Ntawv Ceebtoom Kev Txiaj Txim. Nov yog ib tsab ntawv raug cai qhia rau koj txog yam uas ua tiav. Yog koj tau txais Ceeb Toom Kev Coj Ua los ntawm Molina Healthcare, koj muaj 3 txoj kev xaiv:

- Sau ntawv foob nrog Molina Healthcare ntev txog 90 hnuv txij hnuv Tab Ntawv Ceebtoom Txiaj Txim No
- Thov Lub Xeev Chav Lis Haujlwm Pab Cuam Tib Neeg(DSS) nyob rau 90 hnuv. Thov saib feem hais txog Rooj Tsav Xwm Tuav Kev Ncaj Ncee hauv Xeev nyob rau Phau Tub Koom Xeeb Ntawv Qhia
- Thov Lub Chaw Tshuaj Xyuas Tsis Nce Rau Leej Twg (Independent Medical Review (IMR)) los ntawm Department of Managed Health Care (DMHC). Thov saib feem hais txog Independent Medical Review nyob rau Phau Tub Koom Xeeb Ntawv Qhia.

Koj tuaj yeem yuav hais tau cov kev tsis txaus siab uas tsis ntsig txog tsab Ceeb Toom. Koj yuav tsum tau hais koj qhov kev tsis txaus siab nyob rau 180 hnuv txij hnuv muaj teeb meem uas ua rau koj tsis zoo siab.

Tej zaum koj kuj hais koj qhov kev tsis txaus siab, uas sau ua ntawv, ua e-mail, fev, TTY lossis xov tooj. Tsis dhau

tsib 5 hnuv uas tau txais tau koj tsab ntawv tsis txaus siab lossis hais plaub, peb yuav xa ib tsab ntawv tuaj qhia koj paub tias peb txais tau koj tsab ntawv tsis txaus siab lossis daim ntawv foob lawm. Tsis dhau 30 hnuv uas tau txais tau koj tsab ntawv tsis txaus siab lossis hais plaub, peb yuav xa dua ib tsab ntawv tuaj qhia koj paub tias koj qhov kev tsis txaus siab lossis ntawv foob hais daws li cas.

Yog tam sim no koj tseem txais cov kev kho mob uas tau pom zoo los ntawm Molina Healthcare ua ntej, koj yuav tau txais kev saib xyuas mus ntxiv txog thaum daws koj tej teeb meem tiav tag.

Peb kuj tseem yuav xa qee yam ntawv rau koj yog tias, txog sij hawm peb tsis teb, raws li hnuv uas peb yuav tsum tau teb koj:

- Kev txiav txim siab seb puas pab them cov nqi kho mob raws li tau thov rau koj lossis
- Muab lus teb rau qee yam koj qhia peb tias koj muaj kev tsis txaus siab txog.

Soj Ntsuam Maj Rawm

Yog tias koj qhov kev tsis txaus siab muaj qhov uas tseem tab tom yuav tshwm sim thiabkho koj tus mob nyhav, Molina Healthcare yuav mob siab ua kev soj ntsuam maj rawm rau koj. Piv txwv kev mob yuav tshwm sim thiab kho mob nyhav muaj, tiam sis kuj tsis tag rau mob heev, muaj qhov phom sij txog lub neej txoj sia, tes taw, lossis lub cev. Molina Healthcare yuav sau ib tsab ntawv lossis qhia rau koj tsis qeeb tshaj 72 teev tom qab koj hu rau peb thawj zaug.

Thaum koj hu rau Molina Healthcare, Koj yuav raug qhia koj txoj cai hu rau DMHC. Koj tsis tas yuav hais qhov kev tsis txaus siab nrog Molina Healthcare ua ntej koj hu rau DMHC.

Rooj Tsav Xwm Tuav Tswj Kev Kho Mob Txoj kev pab

Rooj Tsav Xwm Tuav Tswj Kev Kho Mob hauv California koj hauj lwm yog tswj txoj cai pab phiaj xwm kev kho mob. Yog tias koj muaj qhov tsis zoo siab txog koj qhov phiaj xwm kho mob, koj yuav tau hu rau koj qhov phiaj xwm kev kho mob ua ntej uas yog hu-dawb ntawm **(888) 665-4621, TTY cov neeg siv hu rau 711**, thiab siv koj qhov phiaj xwm kho mob tus txheej txem tsis zoo siab ua ntej hu rau lub rooj tsav xwm no. Siv txiaj ntsim cov txheej txem kev tsis txaus siab no tsis tau txwv kev yuav txhaum kev cai lossis tshuaj uas muaj rau koj. Yog koj xav tau kev pab hais kev tsis txaus siab muaj feem xyuam txog mob ti tes ti taw, cov kev tsis txaus siab uas tsis tau daws los ntawm koj qhov phiaj xwm kho mob, lossis cov teeb meem uas tsis tau daws los ntev tshaj pebcaug (30) hnuv, koj yuav tau hu rau lub rooj tsav xwm pab koj. Koj kuj yuav muaj cai txais Independent Medical Review (IMR). Yog koj muaj cai txais IMR, txheej txheem IMR yuav muab soj ntsuam ib txhia kev txiav txim siab uas muaj los ntawm phiaj xwm kho mob uas ntsig txog qhov yuav tau kho mob lossis kho, duav tau kev txiav txim siab sim tshuaj lossis soj ntsuam thiab cov nqe them rau kev kho mob xwm txheej kub ntxhov. Lub rooj tsav xwm kuj muaj xov tooj hu-dawb **(1-888-HMO-2219) 1-888-466-2219** thiab hu-dawb TTD (1-877-688-9891) rau cov tsis hnov lus thiab hais tsis tau lus. Lub chaw haujlwm qhov Internet website <http://www.hmohelp.ca.gov> muaj daim foos tsis txaus siab thiab, foos thov IMR thiab lus qhia online.

Roaj Tsav Xwm Tuav Kev Ncaj Ncee hauv Xeev

Koj muaj cai thov kom Lub Xeev Saib Xyuas Kev Ncaj Ncees.

Tej zaum koj yuav thov Lub Xeev Saib Xyuas Kev Ncaj Ncees uas yog tiv toj Xeev California Lub Chaw Haujlwm Pabcuam Tib Neeg (DSS) ntawm:

California Department of Social Services
State Hearings Division
P.O. Box 944243, Mail Station 9-17-37
Sacramento, CA 94244-2340
Xov tooj: (800) 952-5253 (Saub lus) /
(800) 952-8349 (TDD) /
Fev: (916) 651-5210 or (916) 651-2789

<http://www.dss.cahwnet.gov/shd/PG1110.htm>

Koj, koj tus kws khomob, lossis lwm tus neeg ntxiv, nrog koj sau daim ntawv pom zoo, tuaj yeem hu lossis sau ntawv thov Lub Xeev Saib Xyuas Kev Ncaj Ncees. Koj tuaj yeem thov kom Lub Xeev Saib Xyuas Kev Ncaj Ncees tau txhua lub sij hawm thaum ua cov txheej txheem foob. Koj tuaj yeem thov Feem Hais Kev Ncaj Ncees tab txawm tias koj tsis tau hais ib qho kev tsis txaus siab nrog Molina Healthcare los xij. Koj kuj puav leej thov tau Feem Hais Kev Ncaj Ncees yog ib qho kev pab kho mob koj lossis koj tus kwv kho mob thov tsis tau, qeeb, lossis raug hloov kho los ntawm Molina Healthcare. Koj yuav tsum thov kom saib xyuas kev ncaj ncees hauv 90 hnuv lossis tsawg dua txij thaum txiav txim.

Koj yuav tau txais ib tsab ntawv tuaj ntawm tus neeg ua haujlwm saib xyuas kev ncaj ncees. Tsab ntawv yuav qhia koj txog hnuv tim thiab lub sij hawm saib xyuas kev ncaj ncees.

Tsab ntawv qhia koj yuav npaj txhij rau lub rooj saib xyuas kev ncaj ncees li cas. Tej zaum koj yuav muaj lub rooj sib tham hauv xovtooj los yog nrog tus neeg tham. Koj muaj lub caij nyoog los pias qhia tias vim li cas koj thiaj thov kom muab cov kev pab. Koj muaj cai yuav coj ib tug neeg uas paub zoo txog koj cov lus mus koom kev sib tham nrog koj. Koj tuaj yeem nrhiav ib tug kws lij choj mus hais tam koj tau. Kom paub ntau txog kev tau txais kev pab hais cai lij choj dawb, hu rau DSS ntawm lawv tus xov tooj hu-dawb muaj npe saum toj saud.

Lawv yuav muab ib daim ntawv txiav txim zaum kawg rau koj. Qhov no tshwm sim 90 hnuv lossis tsawg dua txij hnuv koj nug kom muaj lub rooj xais xyuas kev ncaj ncees.

Yog tam sim no koj tseem tau txais kev pab kho mob uas nws yuav txo qis lossis tso tseg, koj tseem yuav txuas ntxiv tau txais qee yam kev pab kho mob kom txog thaum hais cov kev tsis txaus siab tas nyob hauv 10 hnuv txij hnuv tsab ntawv tsis kam lees xa tuaj txog rau koj, lossis hnuv koj yuav tsum tau kho mob lossis ua ntej hnuv yam kev kho mob uas koj xav tau.

Roaj Tsav Xwm Tuav Kev Ncaj Ncee hauv Xeev Maj Rawm

Yog muaj mob ntsig txog txoj sia, lub dag zog lossis peev xwm kev paub, kho lub cev lossis tej yam muaj kev phom sij uas yuav tau mus raws txheej txheem ntawm Feem Hais Kev Ncaj Ncees tus qauv, koj lossis koj qhov chaw kho mob yuav tau thov Kev Kho Mob Maj Rawm ntawm State Hearing uas yog hu rau DSS ntawm (800) 952-5253 fex koj cov ntawv thov mus (916) 651-2727. Koj kuj tuaj yeem hu tau rau Chaw Pabcuam Tswvcuab.

Peb tuaj yeem yuav pab koj sau koj daim ntawv thovhauv xov tooj tau. Thaum DSS Feem Tuav Kev Ncaj Ncees txiav txim tias koj qhov lus thov raug raws tus cwj hais mauj rawm thiab thaum txhua yam ntaub ntawv hauv clinic tau txais lawm, kev taug kev ncaj ncee yuav teem caij hais. Yog tias qhov lus tsis raug raws tus qauv, ces cov lus yuav teem tseg rau Feem Hais Kev Ncaj Ncees tus qauv hais uas tsis maj rawm li hais los sab sauv. Xeev California yuav tsum ua tau kev txiav txim siab rau Feem Hais Kev Ncaj Ncees tsis pub dhau 3 hnuv txij hnuv tau txais Feem Hais Kev Ncaj Ncees tsab ntawv thov.

Lub Chaw Haujlwm Saib Xyuas Kev Kho Mob Txoj Haujlwm Medi-Cal Managed Care Molina Healthcare Ombudsman

Tes Dej Num DHCS Medi-Cal Managed Care Ombudsman tuaj yeem pab Medi-Cal Tswj Kev Saib Xyuas cov tub koom xeeb hais tej kev tsis txaus siab thiab hais plaub. Yog tias koj xav tiv toj rau DHCS txhawm rau tham txog koj cov teebmeem txhawj xeeb, lossis cov lus tsis txaus siab, thov hu rau Medi-Cal Managed Care Ombudsman Program tus npawb hu dawb ntawm (888) 452-8609 (TTY: (711), Monday txog Friday, txij 8:00 teev sawv ntxov txog 5:00 teev tsaus ntuj.

Soj Ntsuam Kev Kho Mob

Tej zauj koj kuj thov kev soj ntsuam kev kho mob (IMR) uas yog kev tsis sib haum xeeb txog kev kho mob los ntawm Rooj Tsav Xwm Pab Kho Mob Nkeeg (DMHC) yog koj hnov tias kev kho mob raug txwv txiav los yam tsis ncaj ncees, kho tshiab, lossis qeeb los ntawm Molina Healthcare lossis ib qho twg ntawm lawv cov koom haum kho mob. Ib qho "kev tsis haum xeeb txog kev kho mob" yog kev kho mob uas tsem nyog tau txais kev dua tau thiab them nyiaj uas

raug txwv, kho tshiab, losse lossis is qeeb los ntawm Molina Healthcar ib qho twg ntawm nws cov koom haum kho mob, nyob rau tag nrho lossis ib txhia vim tias kev pab tsis tag yuav siv tshuaj.

Cov txheej txheem IMR yuav tsis muaj yog koj twb hais rau Txoov Kav Pov Tswj Xeev Tuav Kev Ncaj Ncee lawm. Tsis tau them nyiaj lossis them nqi rau IMR. Koj muaj cai muab tej ntaub ntawv pab txhawb qhov kev thov rau IMR.

Molina Healthcare yuav muab IMR cov qauv ntawv nrog rau cov ntaub ntawv uas txwv, kho tshiab, lossis pab kho mob qeeb. Yog koj txiav txim siab ntawm IMR, nws yuav muaj feem xyuam txog koj poob txoj cai hais nrog Molina healthcare txog qhov kev tsis sib haum xeeb txog kev kho mob.

DMHC yuav soj ntsuam koj li IMR cov ntawv thov txhawm rau lees paub tias:

1. A. Koj tus kws khomob tau hais qhia txog cov kev pab kho mob uas yog Kev Kho Mob Tsim Nyog, lossis
B. Koj tau txais Yam Kev Kho Mob Maj Ceev lossis Kev Pab Xwm Txheej Kub Ntxov uas tus kws kho mob tau txiav txim tias yog Kev Kho Mob Tsim Nyog, lossis
C. Tus kws kho mob hauv qhov kev npaj tau tuaj ntsib koj txhawm rau kuaj mob lossis kho mob rau tus mob uas koj thov IMR kom kho;
2. Kev tsis txaus saib txog kev kho mob tau txwv, kho tshiab, lossis qeeb los ntawm Molina Healthcare lossis ib qho twg ntawm nws cov koom haum kho mob, nyob rau tag nrho lossis ib txhia vim tias kev

- pab tsis tag yuav siv tshuaj: thiab
3. Koj twb tau hais qhov kev tsis txaus siab nrog Molina Healthcare lossis nws cov koom haum cog lus thiab qhov kev tsis haum xeeb tau txiav txim rov hais lossis kev tsis txaus siab tseem tsis tau daws tom qab sij hawm 30 hnuv. Koj tsis tag yuav tos lus teb los ntawm Molina Healthcare ntau tshaj 30 hnuv. Yog koj muaj lus tsis txaus siab uas yuav tsum siv Kev Soj Ntsuam Maj Rawm koj cia li nqa ncaj qha mus rau DMHC saib xyuas. Koj tsis tag yuav tos lus teb los ntawm Molina Healthcare ntau tshaj peb caug (3) hnuv. DMHC yuav txiav txim tias koj tsis tag ua raws Molina Healthcare yus txheej txheem hais kev tsis zoo siab nyob rau qee qhov tshwj xeeb.

Yog tias koj qhov lus no tsim nyog rau IMR hais, kev tsis haum xeeb yuav raug tso rau ib tug kws kho mob tshwj xeeb uas yuav muaj kev txiav txim siab tias kev saib xyuas puas tsim nyog siv tshuaj lossis kho. Hais txog qhaum tsis-ti tes ti taw, kev txiav txim siab yuav tsum txiav txim nyob hauv 30 hnuv txij tau txais koj tsab ntawv thov IMR thiab cov ntawv pov thawj nrog. Hais txog qhov maj rawm uas yuav tau kho ngaij to thiab mob nyhav rau koj kev tus mob, nrog rau tab kuj tsis tag li, mob loj, mob uas muaj feem txog txoj sia, ltes taw, losis ntsig txog lub cev, lossis cov tam sim thiab mob loj rau koj lub cev, kev txiav txim siab yuav tsum tau txiav txim tsis pub dhau 3 hnuv tom qab tau txais koj tsab ntawv thov IMR thiab cov ntawv pov thawj. Koj yuav tau txais ib daim ntawv yog kev soj ntsuam. Yog tias IMR soj ntsuam tsim nyog kho tshuaj, Molina Healthcare yuav pab qhov kev kho mob no.

Kom paub ntau ntxiv txog IMR cov txheej txeem, lossis daim qauv ntawv thov, thov hu rau Chaw Pabcuam Tswv cuab.

Soj Ntsuam Kev Kho Mob uas Tsis Lees Kevsim/ Kev tshawb fawb

Tej zaum koj kuj yuav thov tau Kev Soj Ntsuam Ywj Pheej (IMR) rau qhov txwv kev kho mob lossis qoj tes taw lossis sim lossis kev ntsuam xyuas. Tus mob yuav tsum mob heev lossis mob nyhav heev.

Peb yuav sau ntawv qhia koj paub txog koj txoj cai uasthov IMR tsis pub dhau 5 hnuv rau kev txiav txim siab txwv kev duav tau. Koj tsis tag yuav tsum tau koom rau qhov phiaj xwm txheej txheem hais kev tsis txaus siab ua ntej thov IMR. IMR kev txiav txim siab yuav tsum txiav txim nyob rau 30 hnuv txij tau txais koj tsab ntawv thov IMR thiab cov ntawv pov thawj nrog. Yog koj tus kws kho mob xav tias kev kho mob lossis kev qoj tes taw yuav zoo tsis txaus yog tias nws tsis npaj kom sai, IMR kev txiav txim siab yuav ua koj tau tsis pub dhau 7 hnuv txij hnuv tau thov kom muaj kev soj ntsuam.

Cov Cai thiab Cov Luag Haujlwm

Cov cai thiab cov luag haujlwm no tau muab tshaj tawm hauv kws kho mob lub chaw haujlwm. Cov ntawv no kuj tseem muab tshaj tawm ntawm **MolinaHealthcare.com**.

Koj Txoj Cai

Koj muaj cai kom:

- Tau txais kev kho mob yam saib siab thiab lees paub los ntawm txhua leej uas ua hauj lwm nrog Molina Healthcare
- Tau xov xwm txog Molina Healthcare, peb cov tsev

- kho mob, kws kho mob, peb txoj kev pab thiab peb cov tswvcuab txoj cai thiab txoj hauj lwm
- Xaiv koj tus “thawj” kaws kho mob los ntawm Molina Healthcare cov koom tes nrog (Tus kws khomob no hu tias yog Koj Thawj Tus Kws Khomob lossis PCP)
 - Qhia paub txog koj lub dag zog. Yog tias koj muaj mob, koj muaj cai m lawv qhia txhua yam uas yuav kho txog tus nqe thiab txiaj ntsim uas duav tau. Koj muaj cai tau txais cov lus teb koj cov lus nug txog tag nrho koj li kev noj qab haus huv
 - Pab muab kev txiav txim siab txog kev kho koj tus mob. Koj muaj cai tsis lees siv cov kev kho mob
 - Koj muaj cai rau Fab Ntiag tug. Molina Healthcare khaws koj cov ntaub ntawv kho mob tsis pub leej twg paub*
 - Saib koj cov ntaub ntawv kho mob thiab cov txiaj ntsim Kev soj ntsuam Thawj zaug (IHA). Koj kuj muaj cai tau txais luam ib tsab thiab kom raug, txog koj cov ntawv kho mob yog kev cai lij choj tso cai*
 - Tsis zoo siab txog Molina Healthcare lossis koj cov kev kho mob. Koj tuaj yeem hu, fev, sau email lossis rau ntawv rau Chaw Pabcuam Tswvcua
 - Hais kev tsis zoo siab txog Appeal Molina Healthcare qhov kev txiav txim siab. Koj muaj cai nrhiav ib tug hais sawv cev rau koj thaum muaj kev tsis txaus siab
 - Nug Lub Xeev Chav Lis Haujlwm Saib Xyuas Kev Ncaj Ncees uas yog hu-dawb rau (800) 952-5253. Koj kuj tseem muaj cai nug txog tias yuav nrhiav tus neeg hauv Chav Haujlwm Tuav Kev Ncaj Ncee hauv Xeev kom sai li sai tau
- Rho npe tawm ntawm Molina Healthcare (tawm ntawm Molina Healthcare qhov kev npaj kho mob)
 - Thov lub tswv yim thib ob txog koj tus mob
 - Nug ib tus neeg sab nraud Molina Healthcare los saib qhov kev sim kho lossis ua tiav los ntawm ib feem ntawm kev sim kho
 - Txiaiv txim siab ua ntej tias koj yuav ua cas yog tias mob lossis raug mob nyhav uas yuav puas txoj sia tau
 - Muaj ib tus kws pab txhais lus tau 24 teev uas koj tsis tau them nyiaj. Qhov kev pab no yuav pab koj tham nrog tus kws kho mob lossis Molina Healthcare yog tias koj xav hais lwm hom lus uas tsis yog lus Askiv
 - Tsis tas yuav tau coj cov menyuam yaus, phooj ywg, lossis ib tug neeg hauv tsev los ua tus pab txhais lus
 - Tau txais xov xwm txog Molina Healthcare, koj lub koom haum kho mob, lossis koj cov ntaub ntawv kho mob ua koj hom lus (Koj muaj cai thov cov ntaub ntawv txhai ua koj hom lus)
 - Thov thiab nug yuav cov ntaub ntawv ua lwm yam xws li tus ntawv loj, ua suab, thiab thov ua tus ntawv su. Peb yuav muab cov ntaub ntawv no rau koj kom tau raws lub caij nyoog hom ntawv uas koj thov, thiab ua raws li txoj kev cai hauv lub xeev
 - Thov luam ib daim Molina Healthcare cov npe tshuaj uas tau pom zoo (npe tshuaj) uas thov
 - Xa ib daim ntawv tsis txaus siab yog koj tsis tau txais cov tshuaj lossis 72 xuab moos uas yog muab los ntawm Molina Healthcare Cov chaw

muag tshuaj koom tes nrog tom qab mus cuag
Chav Kho Mob Kub Ntxhov nyob rau Molina
Healthcare cov tsev kho mob uas muaj kev cog lus

- Tau nkag rau phiaj xwm kev muaj me nyuam sib, Tsoom Fwv Cov Tsev Kho Mob, Tsev Kho Mob Cov Neeg Khab, pab kho kab mob sib kis los ntawm kev sib deev (STD), thiab pab thaum mob ti tes ti taw uas tsis nyob rau Molina Healthcare cov nev vawj raws li tsoom fwv txoj cai. Koj tsis tag yuav tos kev pom zoo los ntawm Molina Healthcare ua ntej
- Kev Lees Pab Qee Yam
- Tsis tau txais kev saib tsis taus los ntawm Molina Healthcare, koj tus kws kho mob lossis Rooj Tsav Xwm Pab Kho Mob Nkeeg (DHCS) ua tus sawv cev cov cai no
- Muab cov lus taw qhia txog Molina Healthcare txoj cai hais txog kev muaj cai ntawm cov tub koom xeeb thiab lawv txoj hauj lwm
- Tsis muaj kev quab yuam lossis ua kom tau chaw ti, rau txim lossis pauj kua zaub ntsuab
- Sau ntawv qhia kev tsis txaus siab lossis kev tsis zoo siab yog koj ntseeg tias koj cov lus ua tsis tau raws los ntawm Molina Healthcare

*Hais Raws Tsoom Fwv thiab Lub Xeev TSab Cai Lij Choj

Koj Txoj Hauj Lwm

koj muaj txoj hauj lwm uas:

- Kawm paub thiab nug txog txiaj ntsim kev kho mob ntawm koj. Yog koj muaj lus nug dab tsi txog koj qhov txiaj ntsim, thov hu rau Chaw Pabcuam Tswvcuab

- Muab ntaub ntawv rau koj tus kws kho mob, koom haum kho mob, lossis Molina Healthcare uas yuav kho koj
- Mob siab rau txiav txim siab txog kev kho koj tus mob
- Ua raws li qhov phiaj xwm kev kho mob thiab cov lus qhia rau koj uas koj tau pom zoo nrog koj tus(cov) kws kho mob
- Tsim kev sib raug zoo ruaj nrees ntawm tus neeg mob-tus kws kho mob kom nyob khov kho. Koom tes nrog koj tus kws kho mob thiab cov neeg ua hauj lwm. Nco ntsoov teem sij hawm thiab mus raws sij hawm. Yog tias koj mus lig lossis tsis tuaj yeem mus tau raws li teem caij tseg, hu rau koj tus kws kho mob chav ua hauj lwm
- Nqa Molina Healthcare thiab Lub xeev daim yuaj thaum mus kho mob. Tsis txhob muab koj daim npav rau lwm tus siv
- Hais qhia rau Molina Healthcare lossis lub xeev paub tog txhua yam kev ua txhaum lossis ua tsis raug. Molina Healthcare Tus Npawb Ceebtoom muaj rau hu tau 24 teev, 7 hnuv hauv ib asthiv. Txhawm rau qhia teeb meem hauv xov tooj, hu-dawb ntawm (866) 606-3889.
- Nkag siab txog koj li kev noj qab haus huv thiab koom tes tsim kev pom zoo teeb tsa hom phiaj kho mob raws li qhov koj pab tau

Mob Siab Rau Kho Koj

Phiaj Xwm Ua Ntej

- Teem lub sij hawm uas zoo rau koj
- Nug teem lub sij hawm thaum chav ua hauj lwm khoom yog tias koj nyuab siab tsam tau tos ntev heev
- Sau cov lus nug uas koj muaj yuav nug kws kho mob\
- Saib koj daim ntawv yuav tshuaj ua ntej koj cov tshuaj yuav tag

Yam Yuav Tau Ua Thaum Kws Kho Mob Los Saib

- Nug koj tus kws kho mob
- Nug txog tej kev siv tshuaj seb puas muaj qhov hloov pauv li cas
- Qhia koj tus kws kho mob yog tias koj haus tshuaj yej lossis haus tshuaj ntsuab. Qhia koj tus kws kho mob txog tej tsuaj qab los lossis tej tshuaj uas koj tau noj dhau los
- Mus cuag koj tus kws kho mob thaum koj muaj mob. Qhia koj tus kws kho mob paub txog koj tus mob kom ntau li qhov koj tuaj yeem qhia tau
- Qhia koj tus kws kho mob yog tias tus mob tseem mob ntxiv lawm lossis tus mob nws puas tseem nyob li qub
- Qhia koj tus kws kho mob yog koj noj dab tsi lawm

Yog koj xav paub ntau ntxiv, thov hu rau Lub Chaw Pabcuam Tswvcuab.

Daim Ntawv Sau Qhia Ua Ntej

Daim Ntawv Sau Qhia Ua Ntej yog ib daim qauv uas qhia cov koom haum kho mob paub tias yam kev pab dab tsi uas koj xav tau yog koj tsis tuaj yeem hais tau lus. Ntawv Coj Kev Ua Ntej yog sau ua ntej thaum koj muaj mob ti tes ti taw. Nov yog ib txoj kev uas kom lwm tus neeg txiav txim siab rau kev kho mob rau koj yog koj tsis tau zoo txaus uas yuav pab tau koj. Ib daig “Ntawv Tso Cai Rau Kev Kho Mob” lossis “Ntawv Lees Paub Txog kev Kho Tus Mob” yog yam uas yuav tau sau ua Ntawv Coj Kev Ua Ntej. Koj muaj cai sau daim Ntawv Coj Kev Ua Ntej. Koj Thawj Tus Kws Kho Mob (PCP) tuaj yeem yuav teb tau cov lus nug txog Ntawv Sau Qhia Ua Ntej.

Tej zaum koj kuj nug Molina Healthcare txog cov xov xwm Cai Lij Choj nyob rau tsab Ntawv Coj Kev Ua Ntej thiab hloov mus ua txoj cai Daim Ntawv Sau Qhia Ua Ntej. Molina Healthcare kho cov xov xwm txog ntawv sau qhia ua ntej tsis pub dhau 90 hnuv tom qab tau txais kev ceeb toom kev hloov txoj cai lij choj hauv lub xeev. Kom tau txais cov ntaub ntawv ntau ntxiv, thov hu rau Chaw Pabcuam Tswvcuab.

Kev Dag Noj, Luam Thuam thiab Ua Txhaum

Kev Dag Noj, Luam Thuam thiab Ua Txhaum

Molina Healthcare cov txiaj ntsig Npaj Kev Dag, Luam Thuam, Ua Txhaum Molina, nws cov neeg ua haujlwm, cov tswvcuab, cov chaw pabcuam, cov neeg them nyiaj thiab cov saib xyuas kev cai los ntawm kev txhawb kom ua haujlwm tau zoo dua qub, txo qis kev luam thuam, thiab txhawb cov kev pab kom muaj txiaj ntsig zoo. Molina Healthcare ua cov kev tiv thaiv, kev nrhiav kom tau thiab tshawb nrhiav qhov tseeb ntawm qhov kev dag, luam thuam

thiab ua txhaum hnyav, thiab ua raws li lub xeev thiab tsoomfwv cov kev cai lij choj. Molina Healthcare tshawb nrhiav qhov tseeb txhua qhov kev dag, luam thuam thiab ua txhaum thiab hais qhia kiag tam sim rau tsoomfwv cov chaw haujlwm thaum tsim nyog. Molina Healthcare yuav rau txim raws li qhov tsim nyog, suav nrog tab sis tsis tas rau, laij tawm haujlwm, tshem tawm ntawm kev ua tus kws kho mob, thiab/lossis tshem tawm ntawm kev ua tswvcuab.

Koj tuaj yeem hais qhia txog qhov muaj feem dag, luam thuam thiab ua txhaum yam tsis qhia npe rau peb. Txhawm rau hais qhia qhov uas pom tias Medi-Cal ua txhaum, tiv toj rau Molina Healthcare Tus Npawb Ceeb Toom Ncaj Qha hu raws ntawm (866) 606-3889 lossis sau daim ntawv foos hais qhia hauv online ntawm: <https://www.molinahealthcare.alertline.com>

Txhais ntsiab:

“Kev ua txhaum” txhais tau tias cov kws kho mob tsis ua raws li cov peev nyiaj, cov kev lag luam, lossis cov kev kho mob, thiab cov txiaj ntsig uas tsis tsim nyog tus nqi rau qhov kev pab Medicaid lossis kev them nyiaj rov qab rau cov kev pab uas tsis yog kev kho mob tsim nyog lossis ua tsis tau raws li cov txheej txheem uas lees paub ntawm kev kho mob. Nws kuj tseem suav nrog cov neeg tau txais kev kho mob uas tau them tus nqi tsis tsim nyog rau qhov kev pab Medicaid. (42 CFR §455.2)

“Kev dag” txhais tau tias txhob txwm dag lossis tsis hais tawm ntawm ib tus neeg uas paub txog tias yog dag yuav ua rau tau txais qee yam kev pab uas tsis raug cai rau lawv

lossis lwm tus neeg. Nws suav nrog ib qho kev coj ua uas xam tias yog kev tsis ncaj ncees raws li Tsoomfwv lossis Lub Xeev tsab kev cai lij choj. (42 CFR § 455.2)

“Kev Luam Thuam” txhais tau tias qee yam kev siv nyiaj kho mob uas tuaj yeem txiav tawm yam tsis tas yuav txo qhov ua tau zoo ntawm kev kho mob. Kev Luam Thuam Kho Mob suav nrog, siv ntau dhau, siv tsawg dhau, thiab siv tsis muaj txiaj ntsig. Kev Siv Luam Thuam Tsis Muaj Txiaj Ntsig suav nrog siv tsis muaj qab hau, ua qeeb, thiab ua cov txheej txheem tsis tsim nyog. Piv txwv li: kev txhob txwm ua kom tau txais them nyiaj rau tej yam khoom lossis kev pab uas tsis tau txhob txwm dag lossis tsis qhia qhov tseeb, txawm li cas los xij qhov ua tsis tau zoo lossis cov txheej txheem sau nyiaj tsis muaj txiaj ntsig zoo (xws li tus ntawv cim) ua rau muaj tus nqi tsis tsim nyog rau qhov kev pab Medicaid/Medicare.

Nov yog qee txoj hau kev koj tuaj yeem pab tso tseg kev dag:

- Tsis txhob muab koj daim npav ID Molina Healthcare, Daim Npav ID Medical, lossis tus npawb ID rau lwm tus neeg uas tsis yog cov chaw kho mob, chaw kuaj mob, lossis tsev kho mob, thiab tsuas yog thaum tau txais kev kho mob xwb
- Tsis txhob pub lwm tus neeg qiv koj daim npav ID Molina Healthcare
- Tsis txhob kos npe rau lub tuam txhab pab kas phais cov ntawv foos
- Ceev faj tsis txhob qhia koj tus npawb social security rau lwm tus

Tswvcuab Tus Kheej Ntiag Tug

Koj tus kheej ntiag tug tseem ceeb heev rau peb. Peb saib siab thiab tiv thaiv koj tus kheej ntiag tug. Molina Healthcare siv thiab faib koj li ntaub ntawv kho mob txhawm rau muab txiaj ntsim kev kho mob. Peb xav qhia koj paub tias koj cov ntaub ntawv yuav raug siv thiab qhia rau lwm tus li cas

Kev Tiv Thaiv Koj Cov Ntaub Ntawv Kho Mob

PHI txhais tias kev tiv thaiv cov ntaub ntawv kho mob. PHI yog cov ntaub ntawv kho mob muaj koj lub npe, tus naj npawb tswvcuab lossis lwm qhov qhia txog tus kheej, thiab siv, lossis nthuav tawm los ntawm Molina.

Vim li cas Molina thiaj siv thiab qhia tawm koj Cov Ntaub Ntawv Tiv Thaiv Kev Kho Mob (PHI)?

- Txhawm rau kho koj tus mob
- Txhawm rau them koj cov nqi kho mob
- Txhawm rau soj ntsuam qhov kev kho mob zoo uas koj tau txais
- Txhawm rau qhia txog txoj kev uas koj xaiv
- Txhawm rau khiav peb qhov npaj kho mob
- Txhawm rau qhia PHI raws li xav tau lossis cog lus los ntawm kev cai lij choj

Thaum twg uas Molina Health yuav kom koj sau ntawv tso cai (pom zoo) rau siv lossis faib koj cov PHI?

Molina Healthcare yuav kom koj sau ntawv pom zoo los siv lossis faib koj cov PHI rau lub hom phiaj uas tsis tau hais los sab sauv.

Dab tsi uas yog koj li cai ntiag tug?

- Muaj cai saib koj cov PHI
- Muaj cai luam koj cov PHI
- Muaj cai kho koj cov PHI
- Muaj cai nug peb tsis txhob pub siv lossis faib koj cov PHI nyob rau qee txoj kev
- Muaj cai tau txais daim npe cov neeg lossis thaj chaw peb muab koj cov PHI rau lawv

Molina Healthcare pov hwm koj cov PHI li cas?

Molina Healthcare siv ntau txoj kev tuav pov hwm koj cov PHI nyob rau hauv cov phiaj xwm kho mob. Nov muaj PHI uas sau ua ntaub ntawv, hais ua lus, lossis hauv computer. Hauv qab no yog tib txoj hauv kev uas Molina Healthcare tiv thaiv PHI, suav nrog cov ntaub ntawv haiv neeg, haiv neeg tsawg, thiab hom lus hais:

- Molina Healthcare siv cov cai thiab kev cai los tuav pov hwm koj li PHI.
- Molina muaj cwj ciam rau cov neeg yuav pom koj li PHI. Tsuas yog Molina cov neeg ua hauj lwm uas muaj hauj lwm tsim nyog paub PHI tej zaum thiaj paub xwb.
- Molina cov neeg ua hauj lwm puav leej raug cob qhia txog tias yuav tuav pov hwm thiab khaws PHI li cas. Molina cov neeg ua hauj lwm yuav tsum pom zoo ua ntaub ntawv zias kom ua raws cov cai thiab kev cai uas tuav pov hwm PHI
- Molina tuav pov hwm PHI zoo nyob hauv peb cov computers. PHI hauv peb cov computers mas cia zoo chaw uas muaj firewalls thiab zauv nkag mus thiaj qhiab tau.

Molina yuav ua li cas raws li kev cai lij choj?

- Khaws koj li PHI tsis pub leej twg paub.
- Qhia rau koj thaum uas muaj ib qho tsis nyab xeeb nyob rau ib ceg twg ntawm koj li PHI;
- Tsis siv koj xim nqaij tawv, haiv neeg me lossis cov lus uas sau ntawv thov lossis txwv tej txiaj ntsim kev duav tau
- Ua raws txoj cai ntawm Peb Tsab Ceeb Toom Ntiag Tug.

Koj yuav ua li cas yog tias koj hnov tias koj txoj cai ntiag tug tsis raug tuav pov hwm?

- Hu lossis rau ntawv rau Molina thiab hais qhov kev tsis txaus siab.
- Hais qhov tsis txaus siab mus rau Lub Chaw Haujlwm Saib Xyuas Kev Noj Qab Haus Huv thiab Tib Neeg (Department of Health and Human Services).

Peb yuav tsis ua ntsej lag muag dig txog kev tawm tsam koj. Koj qhov phiaj xwm yuav tsis hloov koj qhov phiaj xwm kho mob li.

Qhov hais los sab sauv tsuas yog hais luv luv xwb. Peb tsab Ntawv Ceeb Toom txog Kev Siv Cov Cai Tus Kheej Ntiag Tug muaj ntau cov ntsiab lus ntsig txog peb yuav siv thiab qhia peb cov tswvcuab li PHI li cas. Peb tsab Ceeb Toom Ntiag Tug nws muaj nyob rau Molina Tsab Ntawv Tos Txais. Nws kuj puav leej muaj nyob rau peb tus website ntawm **MolinaHealthcare.com**. Koj tej zaum kuj yuav tau peb ib tsab Ceeb Toom Ntiag Tug uas yog hu rau Rooj Tsav Xwm Pab Cov Tub Koom Xeeb ntawm 1 (888) 665-4621.

Txhais ntsiab

Cov lus txhais ntsiab nyob rau phau ntawv no yuav ua rau koj to taub ntau ntxiv txog phau ntawv no.

Kev Tso Cai lossis Tau Tso Cai txhais tias yog kev txiaj txim siab pom zoo tshwj xeeb lossis lwm yam Kev Kho Mob Tsim Nyog rau tus tswvcuab los ntawm tus tswvcuab pab pawg kws kho mob lossis Molina Healthcare. Tso cai kuj keev hu ua "pom zoo."

Cov Nyiaj Pab thiab Kev Pab Them txhais tias cov kev pab kho mob uas koj muaj cai txais los ntawm Molina Healthcare.

Daim Ntawv Foos Pov Thawj ntawm Cov Kev Pab Them thiab Kev Nthuav Tawm txhais tau tias yog phau ntawv qhia no, uas muaj cov ntsiab lus hais txog koj cov nyiaj pab. Kuj hu tias Tub Koom Xeeb Phau Ntawv Qhia lossis Yam Duav Tau.

Cuab Yeej Siv Kho Mob Ib Ntus yog cov khoom siv kho mob uas muab coj los kho neeg mob thiab yuav muab coj los siv dua. Cov piv txwv yog: Taub Oxygen, lub ntsuas ntshav qab zib, lub ntsuas ua pa, lub tshawb qhov ntswg, lub lim ntshav, lub laub zaum thiab ob tug pas nrig.

Daim Ntawv Muab Cai Rau Kws Lij Choj Ib Nrug Txhawm Rau Kho Mob (DPAHC) yog ib tsab ntawv sau qhia ib tug neeg txiaj txim siab yog tias lwm nws tsis tuaj yeem txiaj txim siab nws tus kheej.

Xwm Txheej Kub Ntxhov txhais tias muaj mob nyhav lossis mob hlwb uas muaj tws chwj pwm nyhav, xws li pw sawv tsis taus uas yuav tsum yog kho los ntawm cov kws txawj kho mob, yog tias tsis muaj kev kho kom ncav yuav ua muaj kev

tswm sim li no 1) ua rau tus neeg mob muaj kev phom sij loj txog qhov muaj teeb meem, 2) Muaj qhov puas tsuaj loj txog lub cev, lossis 3) lossis pem tsuaj txog ib yam khoom twg hauv tus neeg lub nruab nrog cev lossis ib feem ntawm lub cev.

Kev Sim lossis Tshawb Nrhiav Qhov Tseeb lossis Tshuaj Txhuas (E/I/U) txhais tau tias kev siv thev naus laus zis, tshuaj, cuab yeej siv, khomob lossis phais mob uas tseem tsis tau raug txhuaj xyuas los pab kho ib yam mob, muaj mob, kab mob, lossis raug mob uas tau kho.

Yam thev naus laus zis, tshuaj, cuab yeej siv, khomob lossis phais mob yuav raug tshuaj xyuas, sim, tshawb nrhiav qhov tseeb lossis tshuaj ntsuam xyuas los ntawm Molina Healthcare yog tias muaj ib txoj cai no:

1. tsis tau ua tiav qhov kev kuj sim Ntu III; thiab
2. tsis tau txais kev pom zoo los ntawm Lub Chaw Tswjhwam Khoom Noj thiab Tshuaj (FDA); thiab
3. tsis yog qhov kev khomob tseem ceeb rau tus kab mob lossis teebmeem kev noj qab haus huv uas koj muaj; thiab
4. qhov kev pab kuj tseem suav nrog kev kho cov tshuaj sab nraud (yam tshuaj lossis txheej txheem khomob uas zoo rau ib yam mob tab sis tsis yog yam mob uas koj muaj); thiab

Tag nrho tsib txoj kev cai no yuav tsum raug nthuav qhia txhawm rau tsim kev npaj khomob uas tsis tau kuaj sim/ nrhiav qhov tseeb:

1. Yam cuab yeej lossis kev saib xyuas yuav tsum tau txais kev pom zoo zaum kawg los ntawm tus neeg tso cai, thiab

2. Phau ntawv sau qhia kev sib pab kuaj xyuas yuav tsum pom cov pov thawj muaj txiaj ntsig zoo cuam tshuam txog kev siv/txheej txheem kev khomob ntsig txog koj tus mob, thiab
3. Phau ntawv sau qhia kev sib pab kuaj xyuas yuav tsum pom cov thev naus laus zis yuav tsum yog tib yam lossis sib xws li yam cuab yeej siv thiab kev khomob tam sim no rau koj tus mob, thiab
4. Phau ntawv sau qhia kev sib pab kuaj xyuas yuav tsum pom cov pov thawj uas yam thev naus laus zis pab dhau sijhawm rua koj tus mob, thiab
5. Yam cuab yeej lossis kev khomob yuav tsum muaj rau koj txhua lub sijhawm los ntawm koj tus kws khomob lossis tus neeg kho mob rau tsev neeg.

Lub Koom Haum Kws Kho Mob Tsis Nce Rau Leej Twg

(IPA): IPA yog ib lub tuam txhab uas muaj ib pab kws kho mob, kws kho mob tshwj xeeb, thiab lwm lub koom haum kho mob mus saib Molina Healthcare cov tub koom xeeb. Koj tus kws kho mob, nrog rau IPA pab saib xyuas koj txhua tus mob. Nov nrog rau tau txais kev tso cai mus cuag tus kws kho mob tshwj xeeb lossis pab kho mob xws li kuaj hauv tsev tov tshuaj, x-ray, thiab/lossis pw hauv tsev kho mob. Nyob rau qee zaum, Molina Healthcare kuj yog koj lub IPA.

Kev Kho Mob Tsim Nyog txhais tias kev kho mob uas yuav tsum tau kho txhawm rau tiv thaiv lub neej txoj sia, txhawm rau tiv thaiv kev mob loj thiab xiam oob khab, lossis txhawm rau ua kom txhob mob heev heev los ntawm kev kis kab mob lossis kho kab mob nrog rau kho thaum raug mob.

Molina Healthcare of California Partner Plan

(“Molina Healthcare”) yog lub tuam txhab uas tau kev tso cai pab them tus nqe kho mob thiab tsev kho mob ua ntej raws li Knox-Keene Health Care Services Plan Act of 1975, thiab muaj ntawv cog lus nrog Lub Chaw Haujlwm Saib Xyuas Kev Kho Mob.

Tub koom xeeb yog Medi-Cal ib tug neeg uas muaj cai txais kev sau npe nrog Molina Healthcare los ntawm Rooj Tsav Xwm Pab Kho Mob.

Tab Cai Hais Txog Kev Ploj Tuag pub lub sij hawm rau cov laus kos npe lees paub txog kev kho tus mob kev tuav tswj, kev noj haus, yog tus neeg laus no nws ho mob nyhav lossis muaj qhov tshwm sim txog rau lub neej txoj xia

Cov Kws Kho Mob Tsis-Koom Nrog nws hais txog cov kws kho mob, tsev kho mob, thiab lwm lub koom haum uas tsis tau sau npe cog lus koom nrog Molina Healthcare.

Cov Chaw Kho Mob Koom Tes Nrog nws hais txog cov koom haum uas ntiav los ntawm Molina Healthcare lossis muaj ntawv cog lus nrog Molina Healthcare txhawm rau muab kev pab kho mob rau cov tub koom xeeb.

Cov Kev Pab Kho Mob Ua Ntej txhais tias cov kev pab duav tau, ntsig txog kev kho mob ti tes ti taw uas muaj rau cov tub koom xeeb nyob twj ywm txhawm rau kom nyob li qub, lossis kom zoo lossis kho nws tus mob.

Thawj Tus Kws Pab Kho Mob (kuj yog “Thawj tus kws kho mob” lossis “PCP”) yog tus kws kho mob uas nws kho koj tus mob txhua yam. Koj tus PCP muaj tag nrho koj cov keeb kwm ntaub ntawv kho mob. Koj tus PCP yog tus yuav

ua kom koj tau kho mob txhua yam li uas xav tau. Tus PCP kuj yuav yog koj tus kws kho mob tshwj xeeb lossis lwm txoj kev pab. Tus PCP tej zaum kuj yog ib tug hauv qab no:

- Kws kho mob rau tsev neeg lossis cov kws kho mob li koj paub nws feem ntau tuaj yeem saib xyuas koj tsev neeg tag nrho
- Cov Kws Kho Mob Siv Tshuaj Kho Sab Hauv, feem ntau yog saib xyuas cov laus thiab me nyuam yaus uas muaj hnuv nyoog 14 xyoos nce mus
- Kws kho mob me nyuam yaus, cov kho me nyuam yaus thaum yug tshiab txog hnuv nyoog 18 lossis 21 xyoo
- Kws kho mob pab yug me nyuam (Obstetricians thiab Gynecologists (OB/GYNs))

Kev Tso Cai Ua Ntej lossis Pom Zoo Ua Ntej yog qhov kev thov rau cov kev pab los ntawm koj tus kws kho mob. Molina Healthcare cov Thawj Kws Kho Mob thiab koj tus kws kho mob yuav saib xyuas cov tshuaj uas yuav tsum ntseeg tias tau siv rau koj ua ntej muab kev pab lossis tshuaj kom haum rau koj tus mob. Qee zaum Txhawm Rau Kev Tso Cai thov kev Tso Cai ntxiv los ntawm Molina Healthcare lossis koj pab pawg mob.

Kev Xa Mus Kho txhais tau tias yog ib qho txheej txem uas Tus Tub Koom Xeeb tus kws kho mob qhia nws nrhiav kev duav tau loss ntawm lwm lub koom haum kho mob.

Thawj Chaw Muab Kev Pab txhais tau tias nyob rau ib cheeb tsam av uas Molina Healthcare muaj kev pab mus txog raws kev pom zoo los ntawm Department of Health Care Services thiab Department of Managed Health Care.

Kws Kho Mob Tshwj Xeeb txhais tau tias txhua tus uas muaj ntawv tso cai, ntawv-pov thawj, lossis ua tau kws kho mob uas mws muaj kev txawj ntse mus ib fab twg heev uas muaj ntawv cog lus nrog Molina Healthcare txhawm rau yuav muab kev pab rau cov neeg koom xeeb.

Ntsuas Mob lossis Kuaj Mob yog kev soj ntsuam neeg mob los ntawm tus kws kho mob lossis neeg tu mob cov uas tau kawm los lawm txhawm rau paub kho tej thaum maj rawm rau cov tub koom xeeb..

Kev Pab Kho Mob Maj Ceev lossis Kho Mob Maj Ceev txhais tau tias cov mob uas yuav tsum tau tiv thaiv kev mob ntawm ib tug neeg twg uas tsis tuaj yeem paub tau zoo tias yuav xeeb muaj tej yam xav tsis txog lossis raug mob.



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