

Alcohol and Drug Use While Pregnant

Using drugs while pregnant can cause a baby to have health problems. Drinking alcohol while pregnant is the most common cause of health problems in newborn babies.



What are common health problems in newborn babies?

The baby might:

- Be born small
- Have problems eating and sleeping
- Have problems seeing, hearing and moving
- Be slow to develop

Some children may need special medical care all their lives. Some might not be able to live on their own when they grow up. Keep your baby healthy! Avoid drugs and alcohol while you are pregnant.

Call your provider if you are using alcohol and/or drugs while pregnant.



Do you have health questions?

Call our 24-hour Nurse Advice Line. We are here to help you.

English and other languages: **(888) 275-8750** Español: **(866) 648-3537** TTY/TDD: **711**

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