

COVID-19 Community Resources and Other Helpful Information

Below are links to community, county and state websites that contain links to helpful information that you may need during this crisis. The resources that are linked on these websites may include things such as assistance with housing, food, utilities, childcare, transportation, internet access, crisis and emotional support, and employment/unemployment. We have also included links to State, Federal and National Websites that contain information you may find useful such as COVID-19 information, hotlines for various issues, women's reproductive health, and other important information and support.



For additional information on resources that may be available to you, please call Member Services at (855) 687-7861; TTY 711. Representatives are available to help you Monday - Friday, from 8 a.m. to 5 p.m.

City/County/Regional Websites that contain links to helpful information

Northern Illinois

Chicago, IL Community Resource Page

<https://www.chicago.gov/city/en/sites/covid-19/home/resources.html>

Cook County Public Health Community Resource Page

<https://www.cookcountypublichealth.org/communicable-diseases/covid-19/resources/>

Rochelle, IL Community Resources Page

<https://www.cityofrochelle.net/news/city-news/covid-19-resident-resources.html>

Rockford, IL Community Resources Page

<https://rockfordil.gov/preparing-for-covid-19/>

Together Quad Cities

<https://www.scottcountyiowa.com/health/covid19/individuals-families-home>

Kankakee Public Health Department

<https://www.kankakeehealth.org/services/infectious-disease/#covid19>

Pontiac IL, Community Resource Page

<https://www.pontiac.org/722/COVID-19-Updates>

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Central Illinois

Springfield, IL Community Resources Page

<https://www.springfield.il.us/COVID19CommunityResources.aspx>

Heart of Illinois 2-1-1 (Peoria Area)

<http://211hoi.org/>

Bloomington, IL Community Resource Page

<https://www.cityblm.org/government/advanced-components/covid-19-microsite>

United Way of Champaign County

<https://www.uwayhelps.org/COVID19>

Danville, IL Community Resources

<https://coronavirus-response-danvilleil.hub.arcgis.com/>

Catholic Charities COPE Line

<https://cc.dio.org/news/administration-office/catholic-charities-announces-new-cope-line-help-people-deal-covid-19-related-stress/>

Adams County Together

<https://www.adamscountytogether.com/>

Macomb Area Business Hours and Operations

<https://www.macombareachamber.com/coronavirus-business-updates>

Metro East

Alton, IL Community Resource Page

<https://www.riversandroutes.com/covid-19-updates/>

Madison County Resource Page

https://www.co.madison.il.us/departments/health/corona_virus.php

Southern Illinois

Explore Carbondale

<https://www.explorecarbondale.com/656/Coronavirus-Disease-2019-COVID-19-Inform>

Egyptian Health Department

<https://egyptian.org/home/coronavirus-disease-2019-covid19/>

Healthy Southern Illinois Delta Network

<https://www.hsidn.org/covid19>

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Regional Foodbanks where you can find information on local food pantries

Greater Chicago Food Depository

<https://www.chicagosfoodbank.org/find-food/>

Northern Illinois Foodbank

<https://solvehungertoday.org/>

Riverbend Foodbank

<https://riverbendfoodbank.org/find-food/>

Central Illinois Foodbank

<https://www.centralilfoodbank.org/Get-Help/Food-Locator/>

East Central Illinois Foodbank

<https://www.eifoodbank.org/help/find.html>

Tri-State Foodbank

<http://www.tristatefoodbank.org/illinois-agencies.html>

St. Louis Area Foodbank

<https://stlfoodbank.org/programs-services/find-food/>



Statewide Websites and Hotlines that contain helpful information

Illinois Healthcare and Family Services Expedited Application for COVID-19 Involved Patients

<https://abe.illinois.gov/abe/access/>

Illinois Coronavirus Hotline **1-800-889-3931**

State of Illinois COVID-19 Response

<https://coronavirus.illinois.gov/s/>

Call4Calm

Text **"TALK," "HABLAR," "UNEMPLOYMENT," "FOOD,"** or **"SHELTER"** to **552020**

LIHEAP (Low Income Energy Assistance Program)

<https://www2.illinois.gov/dceo/CommunityServices/UtilityBillAssistance/Pages/default.aspx>

Illinois Extension Service Resources for COVID-19

<https://extension.illinois.edu/global/resources-responding-covid-19>

Illinois Partners for Human Services

<http://www.illinoispartners.org/>

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Special shopping hours for Seniors and other vulnerable populations

<https://irma.org/covid-19-senior-shopping/>

Planned Parenthood of Illinois

<https://www.plannedparenthood.org/planned-parenthood-illinois/stay-smart-stay-healthy>

Federal or National Websites and Hotlines that contain helpful information

Centers for Disease Control

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

CDC Coronavirus Self-Checker – Clara

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>

National Domestic Violence Hotline 1-800-799-7233

<https://www.thehotline.org/help/>

National Child Traumatic Stress Network

<https://www.nctsn.org>

National Suicide Prevention Lifeline 1-800-273-8255

<https://suicidepreventionlifeline.org/>

Book about Coronavirus for Children Under 7, in several languages

<https://www.mindheart.co/descargables>

While at Home

<https://whileathome.org/>

Aunt Bertha – network to search for services like medical care, food, job training and more

<https://www.auntbertha.com/>

MolinaHealthcare.com



Your Extended Family.



Molina Healthcare of Illinois (Molina) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Molina does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Molina provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need services, contact the Civil Rights Coordinator. If you believe that Molina has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Civil Rights Coordinator
200 Oceangate
Long Beach, CA 90802
Fax: (630) 203-3993
Email: Civil.Rights@MolinaHealthcare.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
(800) 368-1019, (800) 537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-855-687-7861 (TTY: 711).
Spanish	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-687-7861 (TTY: 711).
Polish	UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-855-687-7861 (TTY: 711).
Chinese	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-687-7861 (TTY: 711)。
Korean	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-687-7861 (TTY: 711) 번으로 전화해 주십시오.
Tagalog	PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-687-7861 (TTY: 711).
Arabic	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-687-7861 (رقم هاتف الصم والبكم: 711).
Russian	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-687-7861 (телетайп: 711).
Gujarati	સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-855-687-7861 (TTY: 711).
Urdu	خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-855-687-7861 (TTY: 711).
Vietnamese	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-687-7861 (TTY: 711).
Italian	ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-855-687-7861 (TTY: 711).
Hindi	ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-687-7861 (TTY: 711) पर कॉल करें।
French	ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-687-7861 (TTY : 711).
Greek	ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-855-687-7861 (TTY: 711).
German	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-687-7861 (TTY: 711).