

# Health & Family Newsletter

Winter 2014

## Urgent Care vs. Emergency Room

Urgent Care Centers treat medical problems that can't wait until your next Primary Care Provider (PCP) visit, but are not life-threatening. Most Urgent Care Centers see you on a walk-in basis. Many are open evenings and weekends. Waiting time is shorter than in the Emergency Room (ER).

Urgent Care	Emergency Room
Use Urgent Care for conditions such as: <ul style="list-style-type: none"><li>• Sore throat, cough or runny nose</li><li>• Muscle strains/sprains</li><li>• Minor cuts/ burns</li><li>• Earache</li><li>• Rashes</li><li>• Fever</li><li>• General wound care</li><li>• Animal bite</li><li>• Urinary tract infection</li><li>• Mild asthma</li><li>• Flu screening</li></ul>	Use the Emergency Room (ER) for sudden injury or sickness such as: <ul style="list-style-type: none"><li>• A lot of bleeding</li><li>• Poisoning (Poison Control Center (800) 222-1222)</li><li>• A bad burn</li><li>• Trouble breathing</li><li>• Drug overdose</li><li>• Miscarriage</li><li>• Chest pain</li><li>• Broken bones</li><li>• Stroke</li></ul>

## Molina Healthcare's 24-Hour Nurse Advice Line

Health issues can come up at night or on the weekend. As a Molina Healthcare member, you can talk to a nurse right away! The Nurse Advice Line is a covered service for Molina Healthcare members. The call is no cost to you.

**English: (888) 275-8750**  
**Spanish: (866) 648-3537**  
**Deaf and Hard of Hearing: 711**

When should you call Molina Healthcare's 24-Hour Nurse Advice Line?

- You may have a medical question during or after normal business hours.
- You may think of a question after you visit your provider.
- You may be sick and not sure what to do.
- You may be sick or hurt and not sure where to go for care.



[MolinaHealthcare.com](http://MolinaHealthcare.com)



Your Extended Family.



**QI Department**

1520 Kensington Drive, Suite 212  
Oak Brook, IL 60523



## Questions about Your Health?

Call Our Nurse Advice Line!

English: (888) 275-8750  
Spanish: (866) 648-3537

**OPEN 24 HOURS!**

Your health is our priority!

For the hearing impaired, please call  
TTY (English and Spanish): 711

[MolinaHealthcare.com](http://MolinaHealthcare.com)



Your Extended Family.