## **Health & Family Newsletter**

Winter 2015

### Urgent Care vs. Emergency Room

Urgent Care Centers treat medical problems that can't wait until your next Primary Care Provider (PCP) visit, but are not life-threatening. Most Urgent Care Centers see you on a walk-in basis. Many are open evenings and weekends. Waiting time is shorter than in the Emergency Room (ER).

Urgent Care	<b>Emergency Room</b>
Use Urgent Care for conditions such as:	Use the Emergency Room (ER) for sudden injury or
<ul> <li>Sore throat, cough or runny nose</li> </ul>	sickness such as:
<ul> <li>Muscle strains/sprains</li> </ul>	<ul> <li>A lot of bleeding</li> </ul>
Minor cuts/ burns	<ul> <li>Poisoning (Poison Control Center (800) 222-1222)</li> </ul>
<ul> <li>Earache</li> </ul>	<ul> <li>A bad burn</li> </ul>
<ul> <li>Rashes</li> </ul>	<ul> <li>Trouble breathing</li> </ul>
<ul> <li>Fever</li> </ul>	<ul> <li>Drug overdose</li> </ul>
General wound care	<ul> <li>Miscarriage</li> </ul>
Animal bite	Chest pain
<ul> <li>Urinary tract infection</li> </ul>	Broken bones
Mild asthma	<ul> <li>Stroke</li> </ul>
Flu screening	

#### Molina Healthcare's 24-Hour Nurse Advice Line

Health issues can come up at night or on the weekend. As a Molina Healthcare member, you can talk to a nurse right away! The Nurse Advice Line is a covered service for Molina Healthcare members. The call is no cost to you.

English: (888) 275-8750 Spanish: (866) 648-3537 Deaf and Hard of Hearing: 711

When should you call Molina Healthcare's 24-Hour Nurse Advice Line?

- You may have a medical question during or after normal business hours.
- You may think of a question after you visit your provider.
- You may be sick and not sure what to do.
- You may be sick or hurt and not sure where to go for care.



#### MolinaHealthcare.com





**QI Department** 1520 Kensington Drive, Suite 212 Oak Brook, IL 60523



# Questions about Your Health?

Call Our Nurse Advice Line!

English: **(888)** 275-8750 Spanish: **(866)** 648-3537

**OPEN 24 HOURS!** 

Your health is our priority!

For the hearing impaired, please call TTY (English and Spanish): **711** 

MolinaHealthcare.com

