

## Do you have questions?

Call our 24-hour Nurse  
Advice Line.  
We are here to help you.



**(800) 606-9880**

TTY/TDD:  
**711**

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All material in this brochure is for  
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your provider's advice.

To get this information in other  
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please call Member Services. This  
number is on the back of your  
Member ID card.

[passporthealthplan.com](http://passporthealthplan.com)

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# Routine Tests During Pregnancy

Staying Healthy While  
You Are Pregnant

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**Your provider will use tests to check you and your baby’s health during your pregnancy.**

Test	When it is done	What it is	How it is done
<b>BLOOD TESTS</b>	At your first prenatal visit	Blood tests show blood type, anemia, infections, STDs, hormone levels and immunities.	Blood is drawn and sent to a lab.
<b>FIRST TRIMESTER SCREEN</b>	At 10-14 weeks of pregnancy	This test detects higher risk of defects in your baby. The blood test looks for certain substances. The ultrasound measures the thickness at the back of your baby’s neck.	Blood is drawn and sent to a lab. The ultrasound is done in your provider’s office.
<b>GLUCOSE CHALLENGE SCREENING</b>	At 26-28 weeks of pregnancy	This test detects a risk for gestational diabetes.	Your provider gives you a sugary drink. One hour later, you have blood drawn for testing your blood sugar level.
<b>URINE TEST</b>	Every prenatal visit	This test can detect diabetes, infection or preeclampsia.	You collect urine in a small cup. Your provider dips test strips in the urine to detect certain substances.
<b>GROUP B STREP</b>	At 35 - 37 weeks of pregnancy	This test detects Group B Strep (GBS) in your vagina. This can cause infection to pass to your baby during delivery.	Your provider will swab your vagina and rectum to test for GBS.

Tests and screenings help your provider keep you and your baby healthy during your pregnancy. These tests are very safe. If you have questions about tests, be sure to ask your provider.

