

2023 Summary of Benefits

Senior Whole Health Medicare Choice Care HMO

Massachusetts H2879-002

Serving Bristol, Essex, Plymouth, and Suffolk

Effective January 1 through December 31, 2023

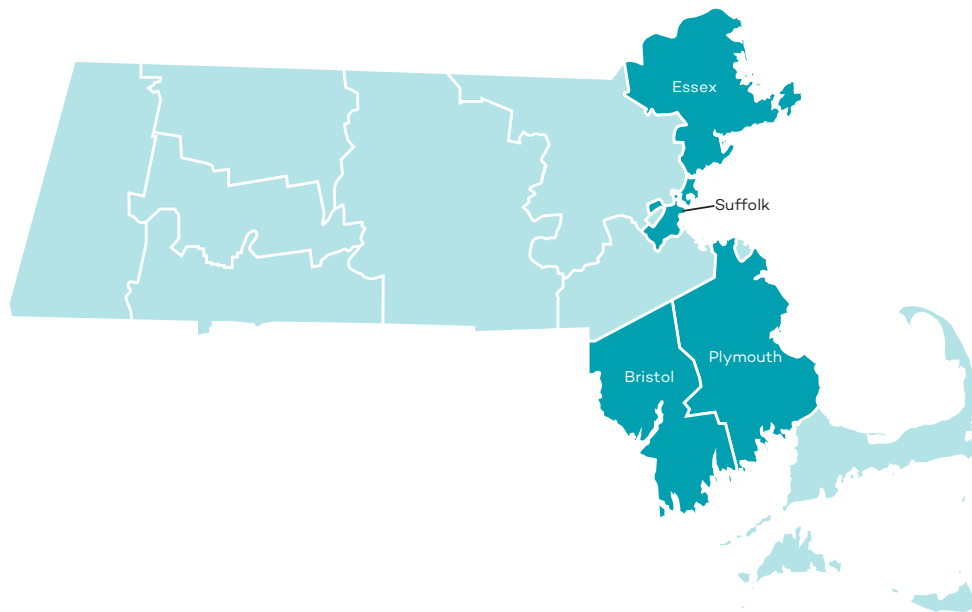
Introduction to the Summary of Benefits

Senior Whole Health Medicare Choice Care

Thank you for considering Molina Healthcare! Everyone deserves quality care. Since 1980, our members have been able to lean on Molina. Because today, as always, we put your needs first.

This document does not include every benefit and service that we cover or every limitation or exclusion. To get a complete list of services, please refer to the Evidence of Coverage (EOC). A copy of the EOC is located on our website at MolinaHealthcare.com/Medicare. You can also call Member Services at **(833) 685-2108, TTY/TDD 711**, and we will mail you a copy.

To join our plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Massachusetts: Bristol, Essex, Plymouth, and Suffolk.



Molina has a network of doctors, hospitals, pharmacies, and other providers. Except in emergency situations, if you use providers that are not in our network, we may not pay for those services. If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits or use the Medicare Plan Finder at medicare.gov.

For coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at medicare.gov or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**.

TTY users should call 1-877-486-2048. If you have any questions, please call our Member Service team at **(833) 685-2108, TTY/TDD 711**, 7 days a week, 8 a.m. to 8 p.m., local time.

About Medicare

Medicare is health insurance for people who are 65 years old or older, or under 65 years old with certain disabilities.

Original Medicare is a Federal Insurance Program. It pays a fee for your care directly to the doctors and hospitals you visit. Original Medicare does not cover most preventive care and has unpredictable out-of-pocket expenses.



Medicare Part A (Hospital Insurance) covers inpatient care in hospitals, skilled nursing facilities, hospice care, and some home health care services.



Medicare Part B (Medical Insurance) covers certain doctors' services, outpatient care, medical supplies and preventive services.



Medicare Part C (Medicare Advantage) is an all-in-one alternative to Original Medicare. Medicare Advantage plans include Parts A, B and usually Part D. Some Medicare Advantage plans may have lower out-of-pocket costs than Original Medicare and may cover extra benefits that Original Medicare doesn't – like dental, vision or hearing. Medicare pays a fixed fee to the plan for your care, and then the plan directly pays the doctors and hospitals. Medicare Advantage has predictable out-of-pocket expenses and offers preventive care and care coordination.




Medicare Part D (Prescription Drug Coverage) helps you pay for drugs you get from a pharmacy.


Summary of Premiums & Benefits

Senior Whole Health Medicare Choice Care


Monthly Premium \$0 per month

 You must keep paying your Medicare Part B premium.

Medical Deductible The plan does not have a deductible.



Maximum Out-of-Pocket Responsibility \$8,300 annually for services you receive from in-network providers. (does not include prescription drugs)



Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Senior Whole Health Medicare Choice Care

Inpatient Hospital Our plan covers 90 days for a hospital stay per benefit period.



Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days per benefit period.

- \$295 copay per day for days 1-6
- \$0 copay per day for days 7-90

Prior authorization may be required.

Outpatient Hospital \$225 copay per visit



Prior authorization may be required.

**Ambulatory
Surgical Center**

\$50 copay per visit



Prior authorization may be required.

Doctor Visits



Primary Care

\$0 copay per visit

Specialists

\$20 copay per visit

Preventive Care



\$0 copay

Look for the rows with the apple in the Chapter 4 Medical benefits chart in the Evidence of Coverage. Any additional preventive services approved by Medicare during the plan year will be covered.

Summary of Premiums & Benefits (Continued)

Senior Whole Health Medicare Choice Care

Emergency Care \$90 copay, waived if admitted to hospital within 24 hours.



Urgently Needed Services \$25 copay



Diagnostic Services/Labs/Imaging



Diagnostic tests and procedures
\$0 copay (freestanding location) or 20% of the cost (hospital)

Lab services
\$0 copay

Diagnostic radiology services (such as MRI, CT scan)
\$225 copay applies to complex Outpatient Diagnostic Radiological Services (CT, MRI, and PET scan).
\$125 copay applies to all other Outpatient Diagnostic Radiological Services (ultrasounds and x-rays with contrast).

Outpatient X-rays
\$0 copay

Therapeutic radiology
20% of the cost

Prior authorization may be required for some services.

No authorization is required for outpatient lab services and outpatient x-ray services. Genetic lab testing requires prior authorization.

Senior Whole Health Medicare Choice Care

Hearing Services



Medicare-covered diagnostic hearing and balance exams

\$10 copay

Routine hearing exam

\$0 copay

1 every year

Fitting for hearing aid/evaluation

\$0 copay

1 every year

Hearing aids

\$0 copay

Our plan covers up to 2 pre-selected hearing aids provided by a plan-approved provider every year.

Prior authorization may be required.

Summary of Premiums & Benefits (Continued)

Senior Whole Health Medicare Choice Care

Dental Services



Medicare-covered dental services

\$20 copay

Preventive dental

\$0 office visit copay

- Oral exams
- Prophylaxis (cleaning)
- Fluoride treatment
- Dental x-rays

Comprehensive dental

\$0 office visit copay

All comprehensive dental services listed below are covered up to the annual plan maximum benefit coverage amount of \$2,000:

- Extractions
- Endodontics
- Restorative services
- Intraoral and extraoral incision and drainage
- Dentures and denture adjustments
- Non-routine services such as scaling, full mouth debridement, periodontal maintenance, and palliative emergency treatment
- Other services such as deep sedation with oral surgery, and intravenous with oral surgery

Prior authorization may be required.

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Senior Whole Health Medicare Choice Care

Vision Services



Medicare-covered vision services

- Vision exam to diagnose/treat diseases of the eye (including yearly glaucoma screening): \$0 copay
- Eyeglasses or contact lenses after cataract surgery:\$0 copay

Supplemental routine eye exam

\$0 copay, 1 every year

Supplemental eyewear

\$0 copay; our plan pays up to \$200 every year for routine eyewear.

- Contact lenses
- Eyeglasses (frames and lenses)
- Eyeglass frames
- Eyeglass lenses
- Upgrades

Prior authorization may be required.

Summary of Premiums & Benefits (Continued)

Senior Whole Health Medicare Choice Care

Mental Health Services



Inpatient visit

Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.

Our plan covers 90 days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.

In 2022 the amounts for each benefit period were:

- \$1,556 deductible per benefit period
- \$0 for days 1 through 60
- \$389 copay per day for days 61 through 90
- \$778 copay per day for days 91 and beyond for each lifetime reserve day (up to 60 days over your lifetime)*
 - All costs beyond your Medicare lifetime reserve days

The amounts may change for 2023.

Prior authorization may be required.

Outpatient individual/group therapy visit

\$20 copay

Skilled Nursing Facility



Our plan covers up to 100 days in a skilled nursing facility per benefit period:

- \$0 copay for days 1-20
- \$184 copay per day for days 21-100

No prior hospitalization is required.

Prior authorization may be required.

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Senior Whole Health Medicare Choice Care

Physical Therapy



Physical therapy and speech therapy

\$30 copay

Prior authorization may be required.

Cardiac rehabilitation

\$30 copay

Prior authorization may be required.

Pulmonary rehabilitation

\$20 copay

Prior authorization may be required.

Supervised Exercise Therapy (SET)

\$25 copay

Prior authorization may be required.

Occupational therapy services

\$30 copay

Prior authorization may be required.

Ambulance



\$200 copay

Prior authorization required for non-emergent ambulance only.

Transportation



\$0 copay

24 one-way trips every year to plan-approved locations.

Prior authorization may be required.

Medicare Part B Drugs

Chemotherapy/ Radiation Drugs and other Part B Drugs

20% of the cost

Prior authorization may be required.

Summary of Drug Coverage

	Standard Retail Pharmacy	Mail Order Pharmacy
Tier 1: Preferred Generic	\$3 copay	\$3 copay
One-, two-, or three-month supply	\$6 copay	\$6 copay
	\$9 copay	\$6 copay
Tier 2: Generic	\$12 copay	\$12 copay
One-, two-, or three-month supply	\$24 copay	\$24 copay
	\$36 copay	\$24 copay
Tier 3: Preferred Brand	\$47 copay	\$47 copay
One-, two-, or three-month supply	\$94 copay	\$94 copay
	\$141 copay	\$94 copay
Select Insulins	\$35 copay	\$35 copay
One-, two-, or three-month supply	\$70 copay	\$70 copay
	\$70 copay	\$70 copay
Tier 4: Non-Preferred Drug	\$100 copay	\$100 copay
One-, two-, or three-month supply	\$200 copay	\$200 copay
	\$300 copay	\$300 copay
Tier 5: Specialty Tier	31% of the cost	31% of the cost
One-month supply (Specialty drugs are limited to a one-month supply.)		
Tier 6: Select Care	\$0 copay	\$0 copay
	\$0 copay	\$0 copay
	\$0 copay	\$0 copay

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Part D Coverage Stages

Stage 1: Deductible

You pay the full cost of Tier 1-5 drugs until you reach the yearly \$125 deductible. For drugs on Tier 6, you begin the Initial Coverage Stage when you fill your first prescription of the year.

Stage 2: Initial Coverage

During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost. If you reside in a long-term care facility, you pay the same as at a retail pharmacy. You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy. You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan payments) total \$4,660.

Stage 3: Gap Coverage

During this stage, you pay 25% of the price for brand name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs. You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$7,400. This amount and rules for counting costs toward this amount have been set by Medicare.

Stage 4: Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$7,400, you pay the greater of:

- 5% of the cost, or
- \$4.15 for a generic drug or a drug that is treated like a generic and \$10.35 for all other drugs.

Summary of Other Benefits

Senior Whole Health Medicare Choice Care

Acupuncture



Medicare-Covered Acupuncture

\$0 copay

Up to 12 visits in 90 days are covered for chronic lower back pain. Up to 8 additional sessions are covered in the same year for those patients demonstrating an improvement.

Routine Acupuncture

\$0 copay

Up to 12 visits every year for routine services

Additional Smoking and Tobacco Use Cessation



\$0 copay

8 counseling visits offered in addition to Medicare.

Annual Physical Exam



\$0 copay

Additional Telehealth Services



\$0 copay

Includes Primary Care Physician Services

Prior authorization may be required.

Chiropractic Care



Medicare-Covered Chiropractic Services

\$0 copay

Manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position)

Routine Chiropractic Services

\$0 copay

Up to 12 visits every year for routine services

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Senior Whole Health Medicare Choice Care

Dialysis

20% of the cost



Fitness Benefit

\$0 copay

You get a fitness center membership to participating fitness centers. If you are unable to visit a fitness center or prefer to also work out from home, you can select a Home Fitness kit.



Foot Care (Podiatry)

Medicare-Covered Foot Exam and Treatment

\$0 copay

Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions.



Routine Foot Care

\$0 copay

Up to 6 visits every year

Prior authorization may be required.

Health Education

\$0 copay

Programs to help you learn to manage your health conditions, including health education, learning materials, health advice, and care tips.



Home Health Care

\$0 copay



Prior authorization may be required.

In-Home Support Services

Members have access up to 90 hours every year.

You have access to in-home support services, including cleaning, household chores and meal preparation and assistance with other instrumental activities of daily living.



Summary of Other Benefits (Continued)

Senior Whole Health Medicare Choice Care

Meals Benefit



\$0 copay

Standard meal cycle is a 2-week menu with a total of 28 delivered meals, based on member need. Maximum of 56 meals and 4 weeks per year. Must meet criteria approved by the plan.

Prior authorization may be required.

Medical Equipment and Supplies



Durable Medical Equipment (such as wheelchairs, oxygen)

20% of the cost

Prosthetics/Medical Supplies

20% of the cost

Diabetic Supplies and Services:

\$0 copay

Prior authorization may be required for Durable Medical Equipment, Prosthetics/Medical supplies, and Diabetic supplies.

Prior authorization required for diabetic shoes and inserts.

Prior authorization not required for preferred manufacturer.

24-Hour Nurse Advice Line



\$0 copay

Available 24 hours a day, 7 days a week

Nutritional/Dietary Benefit



\$0 copay

12 individual or group sessions every year; individual telephonic nutrition counseling upon request.

Opioid Treatment Program Services



\$0 copay

Prior authorization may be required.

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Senior Whole Health Medicare Choice Care

Outpatient Substance Abuse



\$30 copay
Individual or group therapy visits

Prior authorization may be required.

Over-the-Counter Items



\$0 copay
\$90 allowance every 3 months.

Unused allowance does not carry over to the next quarter.

You must use your MyChoice Card to get the benefit and services. See MyChoice Card section for more information.

Outpatient Blood Services



\$0 copay
3-pint deductible waived

Remote Access Technologies



\$0 copay

Worldwide Emergency and Urgent Care



\$0 copay
You are covered for worldwide emergency and urgent care services up to \$10,000.

Summary of Other Benefits (Continued)

Senior Whole Health Medicare Choice Care

MyChoice Card



\$0 copay
You receive a prepaid debit card that may be used toward select supplemental plan benefits such as:

- Over-the-counter items
- Food and produce*
- Special Supplemental Benefits for Chronic Illnesses — Menu option*

Funds are loaded onto the card on each benefit period. A benefit period can be monthly, quarterly, or annually depending on the benefits. At the end of each benefit period, any unused allocated money will not carry over to the following period or plan year.

**Eligibility requirements applicable*

Special Supplemental Benefits for Chronic Illnesses



\$0 copay
\$150 allowance every 3 months for the following benefits:

- Mental health and wellness applications
- Service Animal supplies
- Pest control
- Non-Medicare covered genetic test kits

\$30 allowance every month for food and produce.
Unused allowance does not carry over to the next quarter.

Prior authorization may be required.

You must use your MyChoice Card to get the benefit and services. See MyChoice Card section for more information.

Members must complete a Health Risk Assessment and meet the criteria outlined in Chapter 4 of the Evidence of Coverage.

Questions? Call our team of Medicare Trusted Advisors at (866) 403-8293, TTY: 711.

Glossary of Terms

Coinsurance

The percentage you pay as your share of the cost for medical services or prescription drugs. For example, if you have 20 percent coinsurance, you pay 20 percent of the cost of your medical bill.

Copay

The fixed amount you pay as your share of the cost of a medical service or supply. For example, you might have a \$20 copay every time you see your primary care doctor.

Deductible

The amount you pay for health care services or prescriptions before your insurance begins to pay.

Extra Help

A Medicare program to help people with limited income and resources pay prescription drug program costs, like premiums, deductibles, and coinsurance.

Long-term care

Services and support for people who can't perform basic activities of daily living, like dressing and bathing. Medicare and most health insurance plans do not pay for long-term care.

Medicaid

A state and federal program that provides health coverage to low-income people.

Medicare Advantage

Also known as Part C. A type of Medicare plan offered by a private company approved by Medicare. A Medicare Advantage plan is an alternative to Original Medicare. It provides all of your Part A and Part B benefits and often offers extra benefits, like dental and vision care.

Original Medicare

Medicare Part A (hospital insurance) and Part B (medical insurance). Most people get it when they turn 65. The federal government manages Original Medicare.

Out-of-pocket maximum

The most you have to pay for covered services in one year. Once you reach this amount, your insurance covers 100 percent of your medically necessary care for the rest of the year.

Premium

The money you pay monthly to Medicare or a health care plan for coverage.

Preventive services

Health care to prevent or detect illness at an early stage. Most health plans must cover some important preventive services, like flu shots and blood pressure screening, at no cost to you.

How can you enroll?



Apply by Phone

Call **(866) 403-8293, TTY/TDD 711**, to enroll over the phone. Our team of Molina Medicare Trusted Advisors are happy to answer your questions and help you enroll.



Apply in Person

If you prefer to meet face-to-face with one of our Molina Medicare Trusted Advisors, please call us to schedule an appointment.



Apply by Mail

Simply complete the enrollment application and return it using the postage-paid envelope. If you do not already have an enrollment application, call us and we will be happy to mail one to you.



Apply Online

Visit **MolinaHealthcare.com/Medicare** to apply online.

Senior Whole Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, ethnicity, national origin, religion, gender, sex, age, mental or physical disability, health status, receipt of healthcare, claims experience, medical history, genetic information, evidence of insurability, geographic location. You can get this document for free in non-English language(s) or other formats, such as large print, braille, or audio. Call (833) 685-2108, TTY: 711. The call is free. Senior Whole Health is an HMO Health Plan with a Medicare Contract and a contract with the state Medicaid program. Enrollment depends on contract renewal.

Contact us

Ready to enroll or have questions?

Call **(866) 403-8293, TTY/TDD 711**

Current Members Call: **(833) 685-2108, TTY/TDD 711**

7 days a week, 8 a.m. to 8 p.m., local time

